

Your Health.

THE FIRST CONCERN.



HEALTH MAXIMS

Sinusitis is Self-Limited and Seldom Requires Operation—Easy-operating nose and throat specialists to the contrary notwithstanding, surgery can seldom be credited with a complete cure of sinusitis.

I believe far too many operations have been done for mastoiditis, thanks to the ardor of born specialists, if you know what they are.

I care not who he is. There is only one school that fits a real specialist, the kind good doctors call in when special knowledge or skill seems necessary.

Our laws "regulating" the healing business are a ridiculous jumble at present.

Even now, there is an increasing conservatism in the ranks of the nose and throat specialists.

All this has changed. Your turbinates have to be just awful, and you have to have a genuine sinusitis and no mistake, and your nasal septum must be as crooked as Bull what's his name in the movies.

One of my delusions—I admit I have 'em—is that I have been chosen by the American people to draw up a new code of statutes regulating the practice of healing.

—My suggestion is that you use olive oil in some of your recipes in place of butter.

—Infantile paralysis can be recognized by a headache, followed by nausea and a fever around 103 in the early stages before complete paralysis sets in.

—An expensive outlay is not necessary for fattening beef calves.

—Poultry need more mineral feed in proportion to their total feed requirements than do most other classes of animals.

—Owners of bees are advised to contract the entrances of hives occupied by weak colonies.

—Improve the tilth of garden soil by applying at least 20 tons of well-rotted animal manure per acre or by plowing under a green manure crop.

ELSIE WAS FAT AND FORTY, BUT SUCKERS FELL FOR HER

Supported Husband and Two Children by Selling Her Charms by Mail.

Los Angeles.—She was fat and forty, and had a husband and, if you believe the government's postal inspectors, she had a sweetheart in every port, too.

The lady in question is Mrs. Elsie Weisert, who supported friend husband and their two children by selling her charms for cash by mail.

Wouldn't some one like a nice German wife? A buxom girl of thirty who was a swell cook? Didn't some lad want to marry her?

The romantic suckers replied that they did. The practical Mrs. Weisert and the chuckling husband wrote to the new boy friends asking for railroad fare with which to hasten to waiting arms.

But in stalked grim tragedy. The poor little German girl's mother had died in Europe. She had to go home. So another romance was knocked on the head.

"Yes, that's the way we worked it," Weisert said in the county jail, where he is held in lieu of \$2,000 bond.

"It's all my fault, though. I wrote most of the letters. Say, I wrote so many letters that I was almost ready to marry some one myself."

The "bride-to-be" was released on her own recognizance to care for their two young children.

According to postal inspectors a Denver matrimonial magazine was used in the alleged scheme.

And such nice German names—Anna Wolf, Elsie Schlitt, Elsie Hammer, Martha Schmidt, Martha Bowman.

Then the magazine would send the name of the "lonely girl" to an inquiring "lonely man." But when the suckers started to protest about the railroad fares, the magazine turned the matter over to the postal inspectors and the Weiserts were traced through some of the addresses listed as the home of the buxom German girl.

Finds Real Van Dyck; Loses It at Bargain

Mexico City.—Here's a hard luck story told by J. Thurston of London, who is in Mexico in search of antiques.

At "Thieves' Market," popular Mexican City bazaar, Mr. Thurston found among an assortment of valueless paintings a picture of a boy that attracted his attention.

He examined the painting closely and was struck by its color and technique. With a moistened handkerchief he rubbed a corner of the picture and discovered the signature "Van Dyck, 1621."

He offered 5 pesos for the picture, but was told the price was 40 pesos. He did not have that amount on his person and promised to return the following day.

Get 68,500,000 Trees for Reforestation

Washington.—The forest service of the Agriculture department announced that 68,505,291 trees were furnished by 34 states, Hawaii and Porto Rico last year for re-stocking farm timberlands.

Coincidental with the department's announcement, George Pratt, president of the American Forestry association, long a leader in the cause of forest preservation, called at the White House to urge increased appropriations of \$2,500,000 for forest fire fighting purposes.

Pratt told President Hoover much of last year's \$8,000,000 damage to the country's forests could have been averted had there been adequate funds with which to combat fire.

Most of the trees were furnished farmers at cost, the Agriculture department said in its announcement, although several states distributed nursery stock free.

China Mandate Orders Use of New Calendar

Shanghai.—Documents dated by China's old style lunar calendar will not be valid after January 1, 1930, according to a mandate issued by the national government.

It is hoped that if the government can compel business houses to follow the "foreign style calendar," the general public will do so likewise.

SEEDS COME FROM VARIED SOURCES.

Although the Department of Forests and Waters depends primarily upon its own resources for the seeds used in its nurseries a shortage in some kinds, even in far Japan may curtail planting, officials say.

A report received by Charles R. Meek, chief of the bureau of extension, from Japanese growers said the larch seed crop was a failure and that they were unable to furnish any this year.

Last year's supply of larch seed came from Japan, Norway spruce from the Silicia district in Germany, and the Scotch pine from the Rega district in Russia.

More than 1,000 pounds of pine and spruce seed were planted in the State nurseries last year. In addition to this, 46 bushels of black walnuts, 42 bushels of red oak acorns and a considerable quantity of white ash, hemlock, tulip, aliantus, silver fir and basswood seed were planted.

Great care is exercised in the purchase of seeds of the highest quality. For this reason as much seed as possible is collected in Pennsylvania on State Forest as well as private land.

Three forest tree seed supply stations have been established in Pennsylvania, one in Scotch pine on the Mont Alto State Forest, Franklin county; one in white pine on the Logan State Forest at Greenwood Furnace, Huntingdon county; and one in European larch near Ansonia, on the Tioga State Forest.

One pound of white pine seed contains 28,600 seeds, while a pound of red-pine contains over 60,000 seeds.

Bobbed Hair Proved to Have Been Viking "Fad"

It has been definitely proved: Bobbed hair was the fashion over a thousand years ago. It cannot be claimed that it conquered the entire world at that time, but we know absolutely that the ancient Vikings, the robbers and seafarers of old, knew the style.

Together with many others of perhaps less interest but even greater scientific importance, has been established through the discovery near Tilsit, East Prussia, of a huge Viking burial place, dating from the Ninth, Tenth and Eleventh centuries.

Each man's grave contains three or four iron swords, as many as a dozen lanceheads, bronze belt buckles, stirrups and snaffles. In the women's graves jewelry of all kinds was found, bronze bracelets, rings, necklaces, all beautifully wrought.

Human beings like to drink ice water but livestock prefer warm water. Dairy cattle and poultry will maintain normal production if provided with water of the correct temperature.

Baby Carriages First Used by Royal Families

Baby carriages did not make their appearance until the middle of the Nineteenth century, when, according to a historical sketch published by a carriage company, a man appeared on a street in New York and attracted a good deal of attention by pushing a baby carriage which he had designed and made.

—Dry skim milk, or milk powder, is nothing more than fresh, sweet skim milk from which the water has been driven off by heat, leaving a fine white powder which will be sweet a long time and can be shipped a great distance.

—Pigs of three to six weeks of age that are raised indoors are most subject to anemia. Supplementing sow's milk with an iron salt or such a salt carrying impurities of copper is said by investigators to be the only way of preventing the disease in suckling pigs.

—Covering silage with blankets or burlap and preventing circulation of air in the silo are ways to keep silage from freezing in severely cold weather.

And They Got the Point

A negro evangelist was preaching concerning the horrors of hell. In front of him was a coffin piled high with flowers. Newspapers had announced that it was to be the funeral of a neighbor.

—Bees, which have always been literature's shining example of industry and thrift, are now accused by specialists in apiculture at Michigan State college, of robbery.

—Owners of bees are advised to contract the entrances of hives occupied by weak colonies. This enables the few defenders within the hive to bar their door to predatory strangers.

—Steamed bone meal, which contains lime and phosphorus, may also be given, usually mixed in with mash ration.

—An expensive outlay is not necessary for fattening beef calves. A small, well-fenced lot, a shed open on the south with a good roof, feed troughs or tank for water are practically all that is required.

—Poultry need more mineral feed in proportion to their total feed requirements than do most other classes of animals.

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—Improve the tilth of garden soil by applying at least 20 tons of well-rotted animal manure per acre or by plowing under a green manure crop.

LUMBER? Oh, Yes! Call Bellefonte 43. W. R. Shope Lumber Co. Lumber, Sash, Doors, Millwork and Roofing.

FARM NOTES.

—Owing to the good crop of red clover seed produced in the country last year, prices are lower than usual. Farmers are urged, however, to buy from reliable seedsmen.

—New fertilizers contain less bulk than the older kinds. A ton of the concentrated fertilizer may contain between two and four times as much plant food as the fertilizer mixtures formerly used.

—With the 1930 State Farm Products Show now passed into history many farm groups already are planning for participation in the 1931 event which will be held in the new building now being erected by the State.

—Bracing is recommended by Penn State fruit specialists for apple trees broken down by heavy loads of fruit.

—The best vegetable seeds usually are obtained by ordering early. Later the best varieties will be exhausted.

—Vegetable seeds of doubtful vitality, or those left over from last spring should be tested before planting. In testing count 20 to 100 seeds and place them between moist cloths or blotters in a shallow dish covered by another dish.

—The Klever Device Company of Harrisburg finds itself in possession of the plate "10 U," which bears a strong resemblance to "I O U."

Requests have been made for the plates "1930 AD" and "AD 1930," but Pennsylvania plates no longer bear more than five characters.

Human beings like to drink ice water but livestock prefer warm water. Dairy cattle and poultry will maintain normal production if provided with water of the correct temperature.

Each Monday at noon timely farm and garden suggestions are broadcast from the Pennsylvania State College radio station, WFSC.

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QUEER COMBINATIONS ON AUTO TAGS IN STATE.

Numbers of Pennsylvanians have been amused at the published story that the hearse of a Chambersburg undertaker has the license plate bearing the depressing prophecy "U 2," and the story is just as entertaining as though true.

Motor Vehicles Commissioner Eynon has received a request for tag "1 1 1 UP" when it is reached in plate sequence.

Requests have been made for the plates "1930 AD" and "AD 1930," but Pennsylvania plates no longer bear more than five characters.

So far as Motor Vehicle officials know only one tag so far issued spells the name of the holder.

Commissioner Eynon called attention to the fact that motorists are disregarding that section of the Motor code which provides that license plates must be kept clean.

It is true that street and road grime are particularly present in late winter and early spring.

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ATTORNEYS-AT-LAW

KLINGE, WOODRING.—Attorney at Law, Bellefonte, Pa. Practices in all courts. Office, room 18 Crider's Exchange.

KENNEDY, JOHNSTON.—Attorney-at-Law, Bellefonte, Pa. Prompt attention given all legal business entrusted to his care. Offices—No. 5, East High Street.

KEICHLINE.—Attorney-at-Law and Justice of the Peace. All professional business will receive prompt attention. Offices on second floor of Temple Court.

RUNKLE.—Attorney-at-Law, Consultation in English and German. Office in Crider's Exchange, Bellefonte, Pa.

PHYSICIANS

GLENN, M. D., Physician and Surgeon, State College, Centre county, Pa. Office at his residence.

R. L. CAPERS, OSTEOPATH. Bellefonte, Pa. State College Crider's Ex. 66-11 Holmes Bldg.

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EVA B. ROAN, Optometrist, Licensed by the State Board, State College, Pa. Consultation in English and German. Office in Crider's Exchange, from 2 to 8 p. m. and Saturdays 9 a. m. to 4:30 p. m. Bell Phone.

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A. W. KEICHLINE, Registered Architect, Bellefonte, Pa.

FEEDS!

We have taken on the line of Purina Feeds. We also carry the line of Wayne Feeds.

Purina Cow Chow, 34% \$3.90 per H. Purina Cow Chow, 24% 2.75 per H. Purina Calf meal 5.00 per H.

Wayne dairy, 32% 3.00 per H. Wayne dairy 24% 2.75 per H. Wayne Egg mash 3.25 per H.

Wayne Calf meal 4.25 per H. Wayne Horse feed 2.50 per H. Wayne all mash chick starter 4.00 per H.

Wayne all mash grower 3.40 per H. Wagner's dairy, 32% 2.70 per H. Wagner's dairy, 20% 2.40 per H.

Wagner's Pig meal 2.80 per H. Wagner's Egg mash, 18% 3.00 per H. Wagner's Scratch feed 2.40 per H.

Oil meal 3.10 per H. Cotton Seed meal 2.70 per H. Gluten feed 2.50 per H.

Alfalfa feed 2.25 per H. Meat meal 4.00 per H. Tankage, 60% 4.25 per H.

Oyster shell 1.10 per H. Fine Stock Salt 1.10 per H. Let us grind your corn and oats and make up your Dairy Feeds with Cotton Seed Meal, Oil Meal, Alfalfa, Gluten Feed and Bran Molasses.

We will make delivery of two ton lots. No charge. When You Want Good Bread or Pastry Flour USE "OUR BEST" OR "GOLD COIN" FLOUR

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Full Line of Pipe and Fittings and Mill Supplies

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