

To Keep Human "Motor" in Its Best Condition

Here's a new way of putting some well-known rules of advice, which we believe will appeal to every motorist who thinks as much of himself as he does of his car. They are taken from "The City Health," and ought to be memorized by all people, young and old, who wish to keep fit:

Pull your machine up alongside a filling station regularly three times a day and put into it high-test fuel, such as leafy green vegetables, fresh fruit, milk, dark bread and real butter. Do not use substitutes—you wouldn't do it with a limousine. This high-test fuel is remarkable in that it builds up your automobile as well as puts pep in your motor.

Run your human automobile into the garage each night for eight hours of rest. Remember to turn on the fan by opening windows and getting plenty of fresh air. This will prevent flat tires.

Run your automobile body onto the wash rack daily.

Keep the chewing apparatus clean. Brush it night and morning.

Give your human car plenty of water to prevent a dry radiator.

Visit expert mechanics regularly (the doctor once a year and the dentist at least twice a year). They can help you overhaul your machine and discover a little knock in the motor before you even hear it.—Hampshire (Mass.) Gazette.

Dolphin Supreme Among Persecutors of Whales

Those "thresher sharks" of fabulous dimensions are reported from the south coast as fast becoming a formidable rival of the sea serpent and the big gosoeberry, writes Looker-on in the London Daily Chronicle. They are fairly common during summer around Cornwall, where they do vast damage to pilchard and mackerel nets, in which they completely wind themselves, like a caterpillar in his chrysalis. The thresher shark is also called the sea fox, from the remarkable tail which he uses to frighten shoals of fish, and so make them more easily caught. There are sailors' yarns that this whiplike tail is sometimes used for flogging whales to death. But the real persecutor of the whale is the gladiator dolphin or sword grampus (Dolphinus gladiator), a very carnivorous fellow, who kills and eats whales, seals, and even his brother porpoises.

Contrasting Inaugurations

Franklin Pierce, who took office in 1853, is said to have been the first President to deliver his inaugural address without notes. His voice was remarkably clear and he roused great enthusiasm by his handsome appearance, dignified bearing and unusual powers of oratory.

Jackson, whose induction into high office in 1829 was attended by some of the wildest scenes in inauguration-day history, delivered an inaugural that stands as one of the briefest on record. It took him only a few minutes to read it.

Prevent Infection

It is a good plan to have a small magnifying glass, such as an inexpensive linen tester, handy on the bathroom shelf to make sure the children's scratches, cuts and other minor wounds are perfectly clear of extraneous material. This tester will discover tiny bits of dirt, hair or fuzz that the naked eye can never see. Removed, the wound becomes simply a matter of healing. Many bad cases of infection might have been prevented by just such a simple device.

Over-Painted Bell

Much of the slang indulged in by seamen dates back to the Elizabethan period. In a little book entitled "Sea Slang," Frank Bowen traced the origin of many of these quaint terms. A seaman whose home port is Glasgow is a "boiled bell," a term of mild ridicule. The reference is to a traditional bell presented to Fort Glasgow, in which the sailors living there took such pride that they painted it so much that it would not ring. They then had to boil the paint off.—Detroit News.

Inauguration Coincidences

President McKinley's first inauguration took place on the centennial of Washington's retirement from public life, a coincidence that failed to attract public attention at the time. The ceremonies attending the beginning of McKinley's second term fell on the centennial of the first inauguration of Jefferson, first President to be inaugurated at our permanent seat of government at Washington.

He Man

Two lads were visiting their aunt. The older was very neat and made no objection to the daily bath demanded of them by the fastidious aunt. The younger lad had an aversion to water and his friend asked: "Why do you always howl about bathing? Your big brother never acts like that."

"Well, he is stuck on the girls and wants to look pretty. I'm a man's man," replied the aggrieved lad.

Not Crushed by Criticism

Criticism should not be taken too seriously. Edison, tinkering with his electric light bulb, was told by scientists that it couldn't be done. But he did it, because he was indifferent to other men's experience and criticism.—Critt.

Little Child Led Where Police Feared to Enter

"Teddy" is a dog, a police dog. Not a dog attached to the police force, but one of those up-standing-eared fellows alert from the tips of his paws to the tip of his bushy tail. The "police" refers to his breed and not to his affiliations.

Lieut. Maurice A. Kellher and Sergt. Oliver J. Barron found this out when they tried to persuade Teddy to let them enter his home in the absence of any members of the family. Teddy was just plain "tough" and the enthusiasm with which he indicated what he meant to do was very convincing.

Teddy's mistress, Mrs. Marcella Vashchilla, had been stabbed and taken away to a hospital. It was necessary for the detectives to enter the house, but Teddy said, "No." That Teddy would have been a target for the officers' bullets or a victim of gassing seemed the only way.

And then a small boy of the neighborhood appeared on the scene. Without hesitation he walked into the house. Teddy wagged his tail and said, "Hello, old sport." In the best dog language, submitting in the meantime to being tied so that he was no longer a menace to officers of the law.

Thus a little child did lead two husky bluecoats.—Worcester Telegram.

Coffee and Revolution Companions in History

One writer points out that "whatever may be said about causes and circumstances, the French revolution was not brought about until coffee as well as philosophy had come to Paris." And, had he known of it, doubtless he would have found further significance in certain events in our own country.

It was no other than a coffee house—the famous Burns coffee house, which once stood on the west side of Broadway just north of Bowling Green—that afforded a meeting place on October 31, 1765, for the rebellious merchants who adopted resolutions to import no more British goods until the stamp act should be repealed. Moreover, it was in the Green Dragon, most celebrated of Boston's coffee house taverns, that Paul Revere and John Adams, Warren and James Otis met for those conferences so fraught with consequence in 1776 of the War of Independence.—New York Herald Tribune.

Weasel's Mixed Diet

A weasel's winter store located by a German naturalist in a poplar tree about to be cut up in a saw mill proved interesting. No fewer than 44 mice had been carefully stacked one above the other, in an orderly pile with sand and mold between them to form an airtight mound. These mice were in as fresh condition as if they had just been caught. Two magpies had been placed on top of them, and a large collection of acorns filled the hollowed-out cavity to the entrance, which was just large enough for the weasel to slip inside. In the same poplar was another store, whose owner was a squirrel.

Precious Stones in History

At Rome there is an emerald which was sent to the pope from Peru after the conquest of that country by the Spaniards. In Egypt finely cut gems skillfully engraved, have been found beside mummies in tombs dating from a remote era. The conquerors of Mexico found many beautifully wrought stones among the Incas, cut and engraved with images from an early epoch of their history. The mythology of ancient India contains numerous references to precious stones, and they are frequently mentioned in the songs and ballads of that people.

Matter of Long Dispute

The true origin of the expression "O.K." is not definitely known, though several explanations have been derived from a Choctaw Indian word meaning "It is so"; it has been attributed to an Indian chief, Old Koo-kuk; it has been considered the initials of "Orl Korreck"; it has been called an error for "O. R." (ordered recorded). Another authority ascribes it to Aux Caves, pronounced o-lay, in Haiti, from which the best rum and tobacco were exported in Colonial days.

Crowds

As a matter of fact, the congregating impulse in human nature isn't what it once was, and for readily discernible reasons. In what we call our modern "community life," most of us are forced to congregate whether we like it or not. People must, of necessity, spend so much time in crowds—in streets, stores, trains and highways—that they are naturally anxious to escape from the turmoil in their leisure hours.—R. E. Sherwood, in Scribner's.

"Dragon's Blood" in the Arts

The "Dragon's Blood" of commerce is a red gum made from the ripe fruit of palm trees growing in Siam and the Dutch East Indies. It is used in the pharmacy and finds its way into the arts as a means for coloring varnish and also for use in photo engraving. It is secured from the nut by a process of steaming and crushing. The product is sent to Yunnan and Singapore and thence it is shipped half way around the world to points in Europe and America.

Explaining Bent Cross on Crown of Hungary

With reference to a question recently asked concerning the famous St. Stephen's crown of Hungary and the reason why the cross on top of it is bent, a Hungarian reader, B. S., writes as follows: "As a painter I painted signs which bear the Hungarian royal crown. My master told me they had a revolution in 1848 and some one buried the crown in the forest of Lakwa, southeast of Zlatica. Nobody knew of it for years until Franz Josef was to be crowned. The government sent men to look for it and by the help of a Serbian shepherd they found it with its cross bent." This story is confirmed by Henri de Wendel's book, "The Real Francis-Joseph," which states: "Before Kossuth left, he buried with his own hands the Hungarian crown, the old crown of St. Stephen, in the neighborhood of the frontier village of Orsova. When it was recovered later, the little cross on the top was found bent on one side. From this time onward the arms of Hungary have borne a crown with a cross bent toward the left."—Detroit News.

Beaver's Powerful Tail Serves Many Purposes

There is a popular belief that the beaver's tail is shaped as it is to enable him to use it as a trowel in his construction work. Scientists, however, have observed that the beaver usually carries in his fore paws the mud, rock or sticks with which he builds and that he uses the tail to steady himself, either by planting it on the ground or by waving it from side to side. In the water he uses it as a rudder and sometimes as a propeller.

The beaver's tail is flat and wide. Its steering power is taxed to the limit as the beaver swims, tuglike, by the side of a pole or log that he is towing to the house, dam, or food cache. It keeps him from moving in circles. By its loud slaps on the surface of the water, the tail also serves as a "signal gun" which acts as a warning to friends or enemies.

Weasel's Store

In a recent issue we mentioned a bird that provides stores for the winter. Weasels share this foresight.

When slicing a poplar at a sawmill it was found that no fewer than 44 mice had been carefully stacked, one above the other, in an ordered pile, with sand and mold between them, to form an airtight mound. These mice were in as fresh condition as if they had just been caught.

Two magpies had been placed on top of them, and a large collection of acorns filled the hollowed-out cavity to the entrance, which was just large enough for the weasel to slip inside.—London Tit-Bits.

Coconut Propagation

Coconuts are propagated differently from almost any form of fruit or nuts. The coconut, as it forms in the outer hull, is buried in the ground, and the embryo gains nourishment first from the coconut milk, and as the growth of the plant advances the white meat which we eat becomes soft and spongy and also feeds the young plant. After a certain stage of development has been reached small roots reach out into the ground, and by the time they are sufficiently long and strong enough to feed the nourishment to the plant from the earth the original coconut has entirely disintegrated.

Milton and Music

Much depends upon when and where you read a book. In the five or six impatient minutes before the dinner is quite ready, who would think of taking up the "Faerie Queene" for a stop gap, or a volume of Bishop Andrew's sermons?

Milton almost requires a solemn service of music to be played before you enter upon him. But he brings his music, to which you listen had need bring docile thoughts, and purged ears.—Lamb, in "Detached Thoughts."

Galileo's Discovery

It is recorded that Galileo was one evening in the cathedral of Pisa. The swinging of a high chandelier caught his attention, and he watched it closely as its distance of travel diminished. Suddenly he observed a significant fact—no matter how wide the arc described by the chandelier, the time consumed in one complete oscillation was always the same. From this observation came the construction of a clock, the forerunner of the modern pendulum timepieces.

Alarming Moment

Eight-year-old Barbara had spent a happy afternoon on the shores of Lake Wawasee, gathering live mussels, hitherto unknown to her. She took them up to her room, and evidently the night light that was left burning when she went to bed stimulated the captives to action, for her mother heard her calling in great alarm: "O, mother, come here! Those shells opened their mouths at me!"—Indianapolis News.

Finding Key of Music

Every key signature stands for two keys, a major and its relative minor. This is determined by the chords, and if in a minor key the accidental must appear to define the leading note. The fast note in the bass is almost always the key note.

Italian Rooster Must Not Disturb Neighbors

Italians love their sleep and would be to any one or anything which tends to disturb it. Because of the determination of authorities to preserve quiet during the hours of slumber, even the most time-honored of natural alarm clocks, the rooster, has been put onto the blacklist in several communities. Recently in the commune of Volosca Abbazia, in the neighborhood of Fiume, a storm of protest was raised because an amateur poultry raiser insisted upon keeping a loud-winded male among his flock of hens, contrary to the local laws. The police lost no time in calling upon the lawbreaker, and a public execution of the miscreant (the rooster) was held. Now the citizens of the community are able to sleep until their normal hours of rising, albeit the local chicken keepers find their business less profitable than might be if they were able to sell eggs. Apparently there is no law preventing a person from keeping hens on the premises, simply because a her "annot crow."

Working Way Through College No New Thing

The practice of earning one's way through college is just about as old in America as are colleges themselves. Some one who has been poring over Harvard college records has discovered that Zachariah Bridgen, who entered as freshman in 1657, when but fourteen years old, earned his way, at least in part, by "ringing the bell and waytine."

The bureau of education at Washington refers to this as the first instance on record of a student working his way; but Harvard was twenty-one years old when Bridgen entered, and as students were not, as a rule, wealthy in those days, the chances are altogether in favor of the presumption that in every one of those twenty-one years there were students working to pay their way, whether the work was done for the college itself, as in Bridgen's case, or for some private employer.

His Staunch Belief

Rev. Cole Black, negro minister of Muddy Waters, La., was baptizing his converts in the river. Clepsydra Melonwater was among them. As Reverend Black was bringing Clepsydra out of the water he asked:

"Does yo' believe?"

"No, sah," replied Clepsydra.

Reverend Black scowled. Clepsydra was ducked again and the minister asked: "Now, does yo' believe?"

"Yes, sah, Ah surely does," replied the gasping Clepsydra.

"Tell de people what yo' believe," directed the good man.

"Well," Clepsydra addressed the crowd, "Ah believe de ol' son-o'-a-gun was tryin' to drown me."—Capper's Weekly.

Work a Necessity

Work is really as much a necessity to a man's well being as eating and sleeping. There is a penalty for the neglect of food or of sleep. The neglect of work has also its penalty—degeneration of character. Work is too often regarded in the light of a punishment—an evil which has to be endured, unless happily it can be avoided. Work is a supreme good. It is the most lasting pleasure. The knowledge of work well done "makes music at midnight!" Carlyle, speaking of industry, says: "Work is the cure for all the maladies and miseries of man—honest work, which you intend getting done."—Mrs. Carl Kemahan.

Martyr Patron of Toothache

St. Apollonia, in almost all Christian countries, is known as the patron of toothache and she is appealed to in countless chapels for a cure. The original tale has it that St. Apollonia was a virgin of advanced age who suffered martyrdom in A. D. 248 at Alexandria, when the Christians were being persecuted. The peculiar method of torture to which she was subjected was having her teeth knocked out, her jaws crushed, and then, when a pyre had been lighted and she had been asked to abjure Christianity, she leaped into the flames and died a martyr's death.—New York Sunday World.

Human Mineral

A large deposit of vermiculite, a recently discovered mineral, was found near Libby, Mont., by a prospector. This substance, flaky and mica-like in appearance, is unique in that it exhibits human characteristics when brought into contact with heat. Upon introduction to a flame the mineral commences to twist and writhe as if making an agonized attempt to escape the burn, meanwhile giving off drops of water, apparently perspiration caused by its violent effort and the heat.

Chinese Queue Disappearing

Many Chinese still wear the pigtail, although since the establishment of the republic the number to retain this style of dressing the hair has diminished rapidly. In 1644 when the Tartar or Manchu emperors began to reign in China the people were compelled to shave the forehead and adopt the queue as a symbol of submission and loyalty to their new masters. At first the people resented the imposition but opposition to it soon died out and the queue became the most characteristic and cherished feature of the national dress.

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SNOW had fallen generously for several days in Western Pennsylvania and the country sides rang with the merry tinkle of sleigh bells, that had long hung rusting in the barns. One cheery member of the farm community had turned to his telephone and passed along the word for a general sleighing party by moonlight—an evening's entertainment which proved the social event of the year.

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