

Your Health, THE FIRST CONCERN.



The world right now is wonderful! As a place to live and play It has never been so great and fine, As it is just right today.

And so it is that people Upon this globe of life, All hope to live a hundred years To enjoy its fun and strife.

But more than hope is needed To give us length of days It is up and doing that does the trick, For thus old nature plays.

So work for health and hoary age, Give them much thought and time; And thus prevent an early trip

To another unknown clime.

-"Wash hands before eating or handling food. "Don't shake hands with persons

frogs, reptiles, fish and every other kind of flesh they can obtain. It who have a cold unless you wash hands carefully at once. is hardly probable, says Prof. Per-ry, that these bear were looking

"Keep away from common drinking cups, roller towels, pipes, pen-cils and other objects contaminated with fresh secretions. "Give coughers and sneezers and

spray talkers a wide berth. Don't let them aim at your face.

"Keep away from people who say they have the "flu." "Eat only from dishes washed

clean in hot soapy water. "Guard yourself against the predisposing causes. "Avoid sudden changes of tem-

perature, close and stuffy air, and fatigue.

"Maintain as high an internal reput similar marks above them. Failing to do this, they realize sistance against infectious agents as you can by daily attention to their physical deficiencies and slink away rather than risk a losing bodily cleanliness, exercise, elimina-tion of waste, rest and diet. combat by remaining in the neigh-borhood. They are wise.

"Suppose you have taken cold, in spite of all precautions; then you become a source of danger to others. Follow these rules:

"Be your own policeman. "Keep clean.

"Cover nose and mouth with cloth or paper handkerchief when coughing or sneezing. "Don't shake hands with others.

doing is not common enough to be

"The value of cleanliness as a care taken seriously, but is just another taken seriously, but is just another of preventing infection may be judg-ed by a careful test of hand-washing The average man, washing his hands al, which is full of playful pranks

BLACK BEAR PLAYFUL IN PINE TREE BOUGHS. Hunters in search of black bear

Woodsmen and forest lovers have often observed, says the report, how wild apples, cherries and serv-

iceberry trees are broken by bears climbing them for food. Evidence

Mont Alto. Some trees of small

for insects, since data collected on

red pine for some years past has shown that it has probably fewer

Pennsylvania.

soft green crowns.

Since 1860 Pennsylvania taxpay may expect to find these animals ers have paid upwards of \$200,000,-hiding in the branches of red pine 000 for the support of penal insti-

HAVE COST MILLIONS.

trees, if guided by recent observa- tutions. tions of foresters in the Pennsylvaciti-"That is the sum of money nia Department of Forests and Wazens have been assessed for ters, who have been engaged in a support of evildoers," but it is field study of this tree in northern only part of the huge cost of crime.

THE STATE PRISONS

That cost cannot be calculated in dollars and cents. It includes, of course, the loss of property, loss of earning power and loss of production, but the sorrow and heartache -cannot be measured by monetary standards."

now shows that the bear frequently Since 1860 the Commonwealth of climb red pine trees. Just what they have been looking for has not Pennsylvania has paid through the been determined. It is considered State Treasurer a total of \$37,836,unlikely that the bear have a support of penitentiaries and similar special antipathy toward red pine, institutions. To this must be addsince no fruit was found upon the ed an almost equal amount paid trees discovered, the foresters con-cluded that the bear delight to by the counties themselves for the support of inmates. In addition, romp and play in their attractive the taxpayers of the several counties are compelled to pay the cost The injury observed on the pine is of three kinds, according to Prof. George S. Perry, of the State Forest Research Station located at

of maintenance and operation of jails, workhouses and like prisons and even a casual investigation shows that since 1860 this sum totals more than \$100,000,000. General Martin, Treasurer

Mont Alto. Some trees of sman size have been scarred at five to seven feet above the ground, Claw and teeth marks are plainly seen on such trees and the injury is un-Pennsylvania, has completed the following tabulation, showing the expenditure at a number of penitentiaries and similar places since usually frequent on red pine. Bears are considered omnivorous in their 1905 : Penitentiary -Eastern State

food habits and devour almost everything they can find except wood and foliage. They eat suc-Maintenance, \$4,393,816.94; construction, \$127,454.20. culent fruits, insect larvae, honey,

Western State Penitentiary — Maintenance, \$5,382,312.26; con-Penitentiary struction, \$209,129.34; purchase of lands in Centre county, \$227,457.37. Rockview Penitentiary— Mainte-nance, \$410,397.65; construction, 000. nance, \$410 \$2,081,673.84.

State Industrial Home for Wom-en, Muncy-Maintenance, \$426,829.-69; construction, \$148,791.57. Pennsylvania Training School.

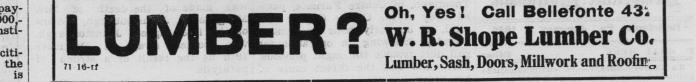
enemies than any promising forest tree in the Keystone State. os; construction, \$145,791.57. Pennsylvania Training School. Morganza — Maintenance, \$1,770,-138,83; construction, \$1,106,150.18. Pennsylvania Reform School, Huntingdon — Maintenance, \$3,755,-002,82; construction, \$166,042,20 A tradition among older woods-men has it that marks made upon tree bark at five or so feet above ground are made by bears standupright and scarring the trees with their front claws, with the idea that the scars will be a chal-lenge to fellow bears that later pass that way. Later comers are 092.82; construction, \$166,943.39. House of Refuge, Philadelphia. Maintenance, \$631,525,77; construc-tion, \$238,051.72. These payments supposed to measure their height ceased in 1911. with the first scars and attempt to

Ceased in 1911. Philadelphia Protectory for Boys —Maintenance, \$631,525.77; con-struction, \$114,752.24. New Eastern Penitentiary—Con-struction, \$1,002,893.96.

LARGEST MASONIC TEMPLE.

ed.

A large number of trees from three to ten feet tall show that The finest Masonic Temple in the their tops have been bitten off a their tops have been bitten off a foot or two below the tip. Other trees 20 to 40 feet tall have been climbed and have their tops bitten out at a considerable height. This latter injury is believed to have been done by cubs, since in some inwith soap and hot water. "Stay in bed if possible, or at least away from other people, dur-ing the first three days of your cold. "See to it that your dishes are thoroughly washed in hot water and soap.



WILLIAMSBURG DONS

tures **ITS OLDTIME GARB** worn brick, but found them Williamsburg, the seventeenth and eighteenth century capital of the old dominion, at last is emerg-ing from a century's-long sleep in

Tourists are flocking to the town at the rate of 1,000 a day and grass and weeds-not to modernize itself, but to don anew the curled

TITLES OF 65,876 CARS

86 per cent of the property before the inhabitants learned Rockefeller was the moving spirit. Now prices are skyrocketing. One house, pur-chased by a newcomer for \$100 two years ago, is selling for \$20,motor vehicles.

Some owners have found a gold mine in Rockefeller's undertaking. Forty old houses have to be restored. As many more must be re-placed. Seventy-five modern buildcars. ings and residences and buildings will be razed or moved away. One historic dwelling is being moved in 60 miles from the country so it can be fitted into the architectural

scheme. There is something to be done to almost every building. Only the insane asylum—the first built in America by the Colonial governor of George III -is untouched. · Escapes from it are frequent, but it fits the period, so will not be mov-

An idea of the cost of the patriotic project is given in the an-nouncement that the new high high school, which cost \$40.000, is to be razed and rebuilt elsewhere at a

cost of \$80,000 in order to make room for a \$500,000 replica of the old capitol.

Paved streets will be ripped up and laid out with topsoil as of old.

tidewater. Virginia's Colonial struc-Rockefeller first tried to buy up too reddish, and then installed his own kiln.

taxing the capacity of its small hotel, its hot dog stands and its two restaurants. Norfolk and Portsmouth are handling the overflow. There is an air of finality about the operations which promises, despite the tourists, the early demolition of the hotel and hot dog stands and every thing else not strictly his-torical. The number of regular residents, now 2,000, is dwindling. In five years they will either have to live in the outskirts or move elsewhere.

JUNKED LAST YEAR.

Titles of 65,876 motor vehicles were junked between January 1 and November 7 of last year, according to a report of the bureau of

Junk certificates were issued for 1.321 cars. These certificates are issued to owners who sell their machines as scrap. No certificate of title may be issued again for these

The title of 20,824 other vehicles were cancelled during the same period. Approximately 3,000 cars and trucks which were submitted for examination during the recent compulsory inspection period, were refused approval by the official in-

spection stations in the State. The presence on the road of cars and trucks for which approval was refused is a menace to public safety, and the bureau of motor vehicles is considering the cancella-tion of the registration of all such machines.

RABBIT MALADY FATAL.

After a three weeks' illness of tularemia, the disease with which rabbits a r e infected, Wallace Sinclear, 63, died at the home of Edgar Harrison, of Sherwood, his son-in-law.

The disease was contracted while Sinclair was skinning rabbits he had killed in a hunting expedition.

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PHYSICIANS

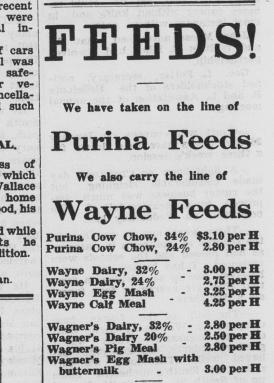
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wigs and buckled shoes of its forgotten cavalier glory. John D. Richefeller Jr's, millions have bought the town in virtual

entirely, and slowly are transforming it into the nation's first indigenous museum-for unlike Henry Ford's Dearborn museum, all its old-time life. With expenditure averaging

000,000 a year, a fact learned yes-terday it is expected that work will be completed in five years at an approximate cost of \$30,000,000. Dr. W. A. R. Goodwin, heading the work for Rockefeller bought up

in warm, clear water, contributes about 1,600,000 organisms from that Penn's Woods in increasing numsource alone. In warm, soapy water his contribution rises to 4,000,000 organisms. This indicates that soapy water is more than two and a half times as effective as warm water of the total number of bear killed without soap, and many times as effective as cold water without soap. "Therefore in advising frequent washing of the hands to avoid infection we mean thoroughly cleansing with soap and warm water."

-The most rapid decline in the birth rate has taken place in the last twenty years, and it is interesting to note that the same years have witnessed the most rapid decline in the death rate and in the infant mortality rate. In fact the actual increase in population through excess of births over deaths was greater in 1928 than it was in 1920. The decline in infant mortality alone, has more than counterbalanc-ed the decline in the birth rate. In 1910 there were 203,510 live births registered, but in the same year there were 28,377 deaths of infants under the age of one year. Some of these deaths were of childrn born in 1909, but on the other hand some children born in 1910 died in 1911 before reaching the age of one year. In any case there were fewer than 178,000 of these children born in 1910 who survived their first year. In 1928 there were approximately 200,000 live births and between 14,-000 and 15,000 deaths under the age of one year. So we may safely es-timate that the number of children born in 1928 who survive their first year will be greater by 7,000 than the number born in 1910, while those who survive to a productive and reproductive age the gain over 1910 would undoubtedly be even more

impressive. It has long been noted by vital statisticians that birth rates tend to vary with death rates. In the long run it is fortunate that this is the case, for if the birth rate in the United States were 40 per 1,000 pop-ulation, as it may have been a hundred years ago, instead of 20, along with a death rate of only 11.4, we would have a natural increase in population so great as to outrun the food supply and force a decline in the standard of living.

The causes of the declining birth rate are many and varied. Prob-ably the most effective cause is the advancing age at marriage. A couple marrying at 30 will have fewer children than they would have had if they had married at 20. The advance in the average age at marriage has been shown frequently by com-parative statistics, but it hardly needs to be demonstrated as it is a matter of common knowledge in nearly every family that the young people of the present generation are postponing marriage beyond the age at which their parents and grandparents were married and bringing ip their families. Then there has been an actual decline in the marriage rate which has been practically parallel with the declines in the birth and death rates.

bers. From 125 to 175 bear are usually killed annually within the State Forests. Last year 168 were annually in Pennsylvania.

POLITICAL CALENDAR FOR THE YEAR 1930.

The primary election at which candidates will be nominated for State and National offices will be held in Pennsylvania, Tuesday, May 20, George D. Thorn, chief of the election bureau, has announced. The general election will be held Tuesday Nov. 4.

These dates were listed in the election calendar as announced by Thorn and included the various days for filing petitions and other acts incidental to the elections next year.

The registration days for the general election are Thursday, Sept. 4; Tuesday, Sept. 16 and Saturday Oct. 4.

The last day for filing petitions with the Secretary of the Com-monwealth for the primary will be up to 5 p. m., Monday, March 31, and for filing petitions with the County Commissioners for party offices Monday April 14.

Other important dates on the calendar are:

First day for filing petitions with the Secretary of the Common-wealth, Wednesday, Feb. 19, and first day for obtaining signatures on petitions to be filed with Coun-ty Commissioners Monday, March

Last day for filing nomination papers by independent bodies of citizens, for any office, Fruay, Sept. 5.

Last day when candidates may withdraw before the primary, Tues-day, April 8 up to 4 o'clock, p. m. Last day when candidates nominated at the primary may with-draw from nomination Monday, draw Sept. 15.

Last day to file nominations, to fill vacancies caused by withdrawal of candidates nominated at primary election, Monday, Sept. 29. Last days to be assessed for No-vember election are Friday and

Saturday, Sept. 5 and 6. Last day to pay tax to qualify for November election, Saturday, Oct.

Last day to be registered for those

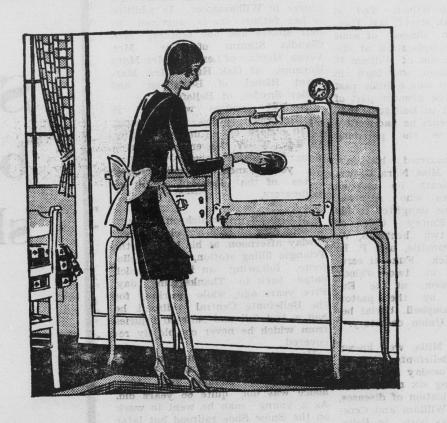
who were not registered for the November election of 1929 in Philadelphia, Pittsburgh and Scranton, to qualify them to vote at the Spring primary, Wednesday, April

Last day to be registered for Spring primary in all other cities by voters not registered for last Wednesday, election, November April 30. Last day for registration and en-

rollment in boroughs and townships for the Spring primary, May 10.

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