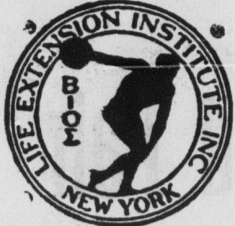


Your Health, The First Concern.



Remember that your heart, arteries and kidneys never stop working while life continues. Like the heart, a kidney is a good kidney so long as it can keep on working.

There is no reason why Cleveland should have been the oil center of the world. There are no oil wells there and shipping facilities are no better than a dozen others as far as oil is concerned.

It is not generally appreciated how serious a factor heart disease is in childhood. Between the ages of ten and fourteen, the death-rate from diseases of the heart is heavier than that from the four principal diseases of childhood combined.

Periodic health examinations commencing in early life and carried on regularly will materially aid in meeting these conditions. By such means a damaged heart may be regularly checked up and any progress in the circulatory deficiency noted and necessary adjustments made.

The fact that such a large proportion of the population sustains these injuries in childhood shows the great need for periodic examination of the supposedly healthy. When one considers the chances that may be taken by the people who have these heart defects and are not aware of them, the small expense of time and trouble involved in examinations is very cheap life insurance.

When a heart defect is found, there is no need for the individual to become panicky or depressed, for in most cases there is a fairly wide range of activities available and general improvement of health that will make life more livable and successful for these people than before the defect was ascertained.

The important thing is to impress people that, while the heart defect may reasonably call for certain precautions and restrictions, it does not necessarily constitute a progressive disease and such people may live longer and more happily, through the improved health resulting from the regulation of their activities, than other so-called "robust" individuals who are living carelessly and without restriction.

SPEAK WELL OF YOUR TOWN.

Don't sit around and damn your town. A town is just as good as the man who damns it.

Every town is just what its citizens want it to be. A desire on the part of our people for a better town is a prayer that is always answered.

The advantages of one town over another are the results of the people rather than natural conditions. In any event, it was the people who first saw the natural advantages—frequently some one individual saw them first.

There is no reason why Cleveland should have been the oil center of the world. There are no oil wells there and shipping facilities are no better than a dozen others as far as oil is concerned.

There is no reason why Boston should be the shoe manufacturing center of the world. No hides are there—they are all shipped from the West. Simply some man who knew how to make shoes on a large scale wanted to live there, and his success started others along the same line.

Cincinnati is still the mercantile supply point of all the territory south of the Smith and Wesson's line. Years ago, at the waning of the river traffic it was about to give place to Louisville and Memphis.

The citizens got busy and built the Cincinnati Southern railroad. This road was once a dream in one individual's mind. They called him a dreamer.

Yet his dream saved the town. You hear people of the West in mercantile, industrial, artistic and scientific pursuits, saying: "If we were only in Chicago we could get this or do that." In Chicago you hear people say: "If we were only in New York." When you are in New York you hear them say: "If only we were in London or Paris."

Any place is what the men who live in it make it. If your town is not to your liking get busy—it's all up to you.

The first process in the improvement of any town is to get rid of the men who are damning it.—The Lantern.

NO LEGAL OBSTACLE BARS EX-KAISER FROM GERMANY. Former Kaiser Wilhelm II, living in exile in Doorn, can return to Germany.

The former Emperor will find no legal obstacle to prevent him from his residence anywhere in the land in which he was once supreme ruler.

This possibility, fraught with all sorts of complications for the German republic is due to a recent vote of the Reichstag, when the two-thirds majority necessary for the prolongation of the law for the defense of the republic failed to be realized.

This law, passed in 1922, shortly after the assassination of Foreign Minister Rathenau, containing a paragraph legally barring the return of the ex-Kaiser, expired July 22.

But there is little danger of the ex-Kaiser returning to Germany. It would be sheer exaggeration even for a moment to entertain the belief that there is any chance of the former war lord going back as long as the Socialists hold the main balance of power in the republic.

But what is more to the point, the former Emperor refuses to return to Germany unless the monarchy is established, with himself as the monarch.

The two-thirds majority could not be obtained because members of the economic party, a very small group, refuse to join the Socialists and Republicans against the Nationalists, Fascists and Communists.

As a result the minister of the interior is planning the creation of a law for the defense of the republic which will contain a ban against the Kaiser so framed that none of its provisions will in any way amend the constitution and will therefore require a simple majority rather than a two-thirds vote.

FARM NOTES.

Next winter's fuel supply should come from dead and down trees and from crooked and weed trees. Thus will the woodlot be improved.

Fewer mistakes in culling hens will be made when the flock has been properly fed and the hens given a chance to lay as many eggs as they are capable of producing.

Sweet peas should be picked daily to prevent them from going to seed. Apply a heavy mulch of grass clippings to conserve moisture. Water thoroughly in dry weather.

Quality products bring prices high enough above the market quotation for ordinary products to make it profitable and economical to produce them. They also make satisfied customers and bring repeat orders.

When watering the garden artificially, an occasional liberal application is more effective than frequent light waterings. Late afternoon or evening is the best time, and a spray or slowly moving stream of water is most desirable. The overhead system of irrigation is good where there is sufficient pressure.

Be sure to attend the potato exposition at State College, August 19 to 22. A complete program, covering the consumption, distribution, and production phases of the potato industry, has been provided. Talks, demonstrations, exhibits, experiments, and field tests will spread the latest available information.

Guard against off-flavor in milk during the cold weather when barns are closed and conditions congested, warns R. G. Connelly, extension specialist in dairying at the New Jersey State Agricultural college.

Milk has the absorbing qualities of a sponge, so that wherever foreign odors exist near milk, it will have an off-flavor highly distasteful to the consumer.

The great American bird is not the hen nor the eagle, but the turkey gobbler. The gobbler is lord of the barnyard and field marshal among the fowls. See him strut in the fullness of his pride, tall feathers spreading, head up, wings trailing, but not ingloriously! His crimson comb and purplish wattles give him the appearance of a red-faced and important gentleman who is querulously concerned in everything going on about him.

The turkey has been closely associated with American history from the beginning. It will be remembered that at the famous Thanksgiving feast of the Pilgrim Fathers in November, 1621, in which the friendly Indians participated, wild turkey was the chief delicacy. Once this elusive bird was plentiful but now the wild turkey is all but extinct. In only a few sections of the country the wild turkey may be found. It begins to look as though the domestic turkey is destined to go the way of its progenitor. Young turkeys are hard to raise and the Thanksgiving and the Christmas demands exceed the supply. No one wants to see the day when the turkey has disappeared from the land and the proud gobbler struts and fumes no more.

There is no substitute for the turkey gobbler in sight. As compared with him the rooster is plebeian and the chicken "a lesser breed without the law." The gobbler is a symbol of prosperity and a token of hospitality as well.

"Cut, dig out and destroy all weeds." "Why? Because they cost the Pennsylvania farmers 40 millions of dollars annually. They are his worst foe. This is sufficient argument for their destruction.

"When should this work be done? 'Behold, now is the accepted time.' While in bloom, before the seeds form, grind your sythe, sharpen your hoes and get busy.

"Who should cut the weeds? All farmers, all owners or operators of uncultivated land (who are as a rule our worst offenders); the highway department, manufacturers, coal operators, railroad operators, both steam and electric, school directors, borough and city councils, and all other persons responsible for lands overgrown by weeds.

"The law of Pennsylvania gives public officials the authority to cut and destroy two of our worst weeds—Canada thistle and chicory, and charge the cost to the owner of the land. My suggestion is that you cut your own weeds, save officials the trouble, and keep the money for the work in your pocket.

"Canada thistle and chicory are not the only destructive weeds. The ox-eye daisy is spreading very rapidly in Pennsylvania and should be cut or dug out before the seed forms. Wild mustard is practically taking thousands of acres of land in our Commonwealth. Get after it. The morning glory is a real pest in many localities. Turn your hogs in. They will dig out the large juicy roots as they seem to like them almost as well as corn. Quack grass should be hoed out or mowed down before the seed forms. Destroy the devil's plant brush before it devils you to death.

"George A. Stuart, of the bureau of markets, Pennsylvania department of agriculture, can tell you how to get rid of your wild garlic. Do you have wild carrots? Turn in your sheep and they will take care of them. Sheep are the best weed destroyers we have and also give the farmer his easiest money. They will clean up your farm and fill your pocketbook. Cows will take care of elder bushes and other brush and at the same time will furnish cream for your strawberries."

NEW ADVERTISEMENTS.

CHURCH BUILDING FOR SALE.—The old Catholic church building in Snow Shoe is for sale to the highest bidder. It is a frame structure, 45x70, and has many fine pine timbers of large sizes such as could not be found anywhere now. Buyer must salvage and remove building. If interested write or inquire personally of Father JOSEPH HESSER, Snow Shoe, Pa. 74-29-3t

EXECUTOR'S NOTICE.—Letters testamentary upon the estate of Joseph W. Beezer, late of Bellefonte borough, deceased, having been granted to the undersigned all persons knowing themselves indebted to said estate are requested to make prompt payment, and those having claims against the same must present them, duly authenticated, for settlement. BENJ. BEEZER, Executor, RUSSELL P. BEEZER, Attorney, Bellefonte, Pa. 74-26-6t

NOTICE OF PRIMARY ELECTION.—In accordance with the Act of Assembly known as the Uniform Primary Act approved July 12th, 1913, and supplements thereto, notice is hereby given that a Primary Election will be held.

TUESDAY, SEPTEMBER 17, 1929, at which time the polls will be open from 7:00 o'clock A. M. to 7:00 o'clock P. M., for the purpose of nominating candidates for the following offices to be voted for at the Municipal Election to be held Tuesday, November 5th, 1929: State Offices:—Two Judges of the Superior Court.

County Offices:—One District Attorney for the County of Centre, two Jury Commissioners for the County of Centre. Township, Precinct, Borough and Ward Offices: High Constable, Justices of the Peace and Tax Collector.

Also all other township and borough offices which have become vacant by resignations or otherwise, or where appointments have been made which will expire December 31, 1929.

Notice is also given that petitions to have the names of candidates printed upon the ballots for the township, precinct, borough and ward offices for which nominations are to be made, may be filed in the Office of the County Commissioners at Bellefonte, Centre County, Pennsylvania, on or before August 13th, 1929.

HOWARD M. MILES, JOHN S. SPEARLY, JOHN S. WILSON, County Commissioners. Attest: Fred B. Healy, Clerk 74-30-3t

SHERIFF'S SALE.—By virtue of a writ of Fieri Facias issued out of the Court of Common Pleas of Centre County, to me directed, will be exposed to public sale at the Court House in the Borough of Bellefonte on FRIDAY, AUGUST 16th, 1929.

The Following Property: ALL those two certain messuages, tenements and tracts of land situate in Potter Township, Centre County, Pennsylvania, bounded and described as follows: No. 1. BEGINNING at a stone by land of A. F. Heckman, thence by same North 61 degrees East 54 perches to a stone, thence by same South 16 1/2 degrees East 174.7 perches to stone, thence by Church lot South 36 1/2 degrees West 12.9 perches to a stone, thence by same North 87 1/2 degrees South 87 1/2 degrees West 68.7 perches to a stone, thence by same North 59 degrees West 132.3 perches to the place of beginning.

CONTAINING 48 acres, 143 perches and allowances. No. 2. BEGINNING at stone corner, thence along the centre of the public road known as "Indian Grave Lane," North 18 1/2 degrees West 92.7 perches to stone, thence by land of J. H. DeWitt North 61 degrees East 73.5 perches to a stone, thence by land of P. E. Mersinger South 106 1/2 degrees East 106 1/2 degrees East 25.5 perches to a stone, thence by land now or late of Peter Smith South 34 1/2 degrees West 9 perches to a stone, thence by same North 57 1/2 degrees West 29.8 perches to a post, thence by same South 63 degrees West 29.9 perches to the place of beginning.

CONTAINING 32 acres and 29 perches. House, Barn and other improvements thereon. Seized, taken in execution and to be sold as the property of Wm. R. Homan, Gdn., of Susan Homan and J. C. Homan. Sale to commence at 1:45 o'clock P. M. of said day. H. E. DUNLAP, Sheriff Sheriff's Office, Bellefonte, Pa. 74-29-3t

SHERIFF'S SALE.—By virtue of a writ of Fieri Facias issued out of the Court of Common Pleas of Centre County, to me directed, will be exposed to public sale at the Court House in the Borough of Bellefonte on FRIDAY, AUGUST 23rd, 1929.

The Following Properties: ALL those four certain lots or pieces of land situate in the town of Casanova, Rush Township, Centre County, Pennsylvania, bounded and described as follows: No. 1. BEGINNING at a post at the Southwest corner of Turnpike street and Foster street; thence South 9 degrees East 150 feet by line of said Foster street to a post on Alley; thence South 81 degrees West 100 feet to a post; thence North 9 degrees West 205 feet to a post on Turnpike street; thence South 70 degrees 15' East by line of Turnpike street to place of beginning.

Being Lots Nos. 530 and 531 in the Plan of Casanova Town. No. 2. BEGINNING at a post on the North side of Turnpike street 50 feet corner of Lot No. 539, on the Plot of the Town of Casanova; thence North 74 1/2 degrees West 188 feet to line of said Turnpike street to a post; thence North 81 degrees East 164.6 feet to line of an Alley to a post; thence by Western line of Lot No. 539 94 feet to a post on Turnpike street; thence South 70 degrees 15' East by line of Turnpike street to place of beginning.

Being Lots Nos. 540 and 541 in the Plan of Casanova Town. RESERVING AND EXCEPTING mineral &c., as contained in deeds of conveyance to Fred Eisenhauer or in former Deeds. No. 3. BEGINNING at a point on the Southern side of Turnpike street 50 feet Easterly from the corner formed by the Southern side of Turnpike street and the Eastern side of Foster street and at the Northeast corner of Lot No. 539, thence along said Turnpike street in an Easterly direction a distance of 97 feet to a post on line of land now or formerly of George W. Ricketts; thence along the line of same South 90 degrees East 60 feet to a post; thence North 81 degrees East a distance of three feet to post on line of land now or formerly of George W. Ricketts; thence South 90 degrees East a distance of 100 feet to the Southeast corner of Lot No. 1; and thence Northward along line of Lot No. 1 a distance of 150 feet to a post on the Southern line of Turnpike street and the place of beginning.

No. 4. BEGINNING at a point formed by the intersection of the Southern side of Turnpike street and the Easterly side of Foster street; running thence Southerly along Foster street as laid down on said Map 150 feet more or less to an Alley; thence North 81 degrees East 50 feet to Lot No. 3, on said Map; thence Northerly along said Lot No. 3, 150 feet to Turnpike street; thence Westerly along said Turnpike street 50 feet to the place of beginning. Said Lot being known as Lot No. 1, on Map of Town of Casanova. Seized, taken in execution and to be sold as the property of Fred Eisenhauer. Sale to commence at 1:30 o'clock P. M. of said day. H. E. DUNLAP, Sheriff Sheriff's Office, Bellefonte, Pa. 74-30-3t

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It will be to your interest to consult us before placing your insurance.

JOHN F. GRAY & SON.

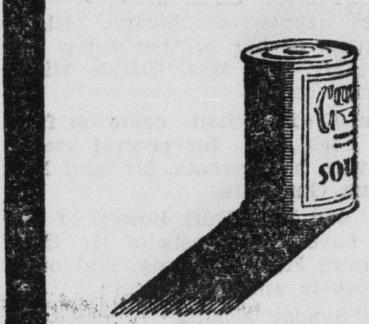
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