

Your Health,

The First Concern.



An effective treatment for ivy poisoning is lead acetate or sugar of lead dissolved in 50 to 75 per cent grade alcohol. Use as much of the sugar of lead as will dissolve in a chosen amount of alcohol to form a milky fluid. Apply this solution to milk of magnesia purchased at the mixture. drug store is another effective remedy if applied to the affective parts and allowed to dry. And if caught in the early stages washing with warm soap suds and water is effective, especially if the ordinary yellow laundry soap cantaining a high per-centage of lye is used. Sugar of lead is poisonous and cannot be taken internally. Keep it out of reach of children

to those of middle age or over," said Dr. heodore B. Appel, Secretary of Health of Health.

"The business man who is fat and mitting one's affection for a sport ure daily and preventing accumulato get the better of one's judgmentthen something happens.

the kid who was twenty and a control hand, there growers that a stupid mechanical toy, and every time lege tennis 'flash.' Well he didn't do poor job of spraying, or did not the young man became more bored. it but in his attempt he so injured spray at all, had the highest unit At first he suffered, but only for a his heart which was entirely unaccustomed to such strenuous demands that he now is flat on his back, broken of cold fact, lucky to be alive. "The business of imagining at

ly over-exercising or indulging violently in outdoor sports.

"Sunshine and exercise are among the cardinal necessities for allyoung and old alike. But sudden or even protracted exertion

## FARM NOTES.

-Thousands will attend the annual Farmers' Field Day on June 20 and 21 at the Pennsylvania State College.

-Climbing vines need training and careful attention every few days in their early stages. This is particularly important with perma-nent hardy types nent hardy types.

-Good pasture for growing pigs, brood sows, and all classes of swine is so valuable that it often makes the difference between profit and loss in the hog business.

-Lice and mites are poultry pests which can be controlled effectively. Use nicotine sulphate for lice and creosote or carbolineum for mites. Apply the chemicals on the roosts.

-Dairymen find feeding grain to cows on pasture is absolutely essen-econds tial for high searly milk production. They supplement the pasture with good quality hay, summer silage, or soiling crops, in addition to a grain

at tennis tomorrow at half past ten, so we ought not to be too late." -A simple outdoor shelter for chicks will relieve crowded conditions in the brooder house. It will also provide ample ventilation and cool roosting quarters during the summer months. A sanitary range shelter Tresholm's. friend," she murmured. should be provided.

-One of the best methods of con-trolling Canada thistle in fields is to starve out the plants by keeping green shoots cut back. If in a corn -At this time of year when out-door sports are of geenral interest, a tivation with knives or sweeps innote of warning needs to be sounded stead of shovels will keep the thistles

-Flies are a serious pest around forty, or at least forty, suddenly de- the stable and milkhouse. Screened always," she whispered. velops a logical enthusiasm for ten- windows and darkened stables will nis, golf and baseball at this outdoor help protect the cattle. Windows season. And while such an inclination and doors to the milkhouse should be should be indulged to a reasonable screened also. Destroy all breeding places of flies by hauling away manby of mine to speculate upon human nature and its byways of which gambling is one. I figured to myself tion of any filth. that, after the first agony of watch-

"For instance, at a recent opening —Spraying is an essential practice of some new tennis courts a 'father' in successful potato culture. Farming in, the flatness of it would begin who happened to weigh 175 pounds ers who applied timely and thorough to depress. That was my theory. and was forty-seven years old, boast-fully took his racket in hand 'to lick sprays last year grew their crops at the lowest cost per oushel. On the the kid' who was twenty and a col- other hand, those growers who did a stupid mechanical toy, and every time lege tennis 'flash.' Well he didn't do poor job of spraying, or aid not the young man became more broad cost of production.

-Buckhorn is a weed found abunin body and spirit and, as a matter dantly in all parts of the State. It injures lawns, meadows, and pastures. Where only a few plants forty or fifty years of age that one are growing in the lawn, they can be forty or firty years of age that one are growing in the lawn, they can be is just as young as ever is a mighty removed by hand-digging. If plenti-poor proposition if one deliberately ful each plant should be cut with a sets out to prove it after a winter's hoe and the fresh surface treated physical lassitude, by way of sudden- with crude carbolic acid. Badly infested pastures should be plowed and patient." planted to inter-tilled crops for two seasons.

Then the lights went down; strange Close mowing of the lawn dur-shadows crept through the place. dulged in safely by the middle-aged for a fair length of growth is needed The music wi word they rose. will not be too long.

## REAL ESTATE TRANSFERS

Chestie L. Rote to Viola G. Parks, ract in State College; \$1. they had watched the game hour

Barbara M. Kelly, et bar, to E. E. Widdowson, tract in Bellefonte; \$1. after hour for the last four days. 'I'resholm's eyes followed the whirling Margaret O. Greib to Jennie H. Thomas, tract in State College; \$1. David A. Campbell, et ux, to James T. Larkins, tract in State College; \$1.

should never have thought of nine-teen. What are you for, Bartoldi? James T. Larkins to David A. Campbell, et ux, tract in State Col-Maximums on seven, fourteen, twenty-nine, I suppose?" Lena's hand stole through the young man's arm. lege; \$1.

THE BIG WINNER.

(Continued from page 2, Col. 6.)

"Nineteen," he announced.

go on up to the Carlton? You and I have to play against those fellows

your second secretary who had the affair with Signor Cortoni's wife.

ing a game of chance when one was

"Afternoon after afternoon, night

nas felt all the surfeit of the cigar-

et-smoking youth set to watch over a

tobacconist's shop and given carte

blanche. By comparison, the tennis

we arranged for him, the golf, the

companionship of your delightful

Lena gained every hour in value. To-night I am certain he was honest.

The game did not attract him. The poison had gone. I am proud of my

"And you, the wonderful physi-cian!" she murmured. "Is there no

one who can pay youru fee?"

hopelessly without the means of join-

of the ball.

Lester Cori, et ux, to J. A. Mc-Allister, tract in Ferguson Twp.; "I may stand by you?" she whis-pered. "I do not disturb?" \$3600.

Bellefonte Cemetery Association to P. Smith, tract in Bellefonte; \$100. Tresholm was watching his companion closely. Bartoldi's attitude was that of a genuine spectator-Centre County Commissioners to if anything a trifle bored. He held a packet of notes in his hand, but Alfred Hassinger, tract in Bellefonte;

he was whispering to Lena and they both laughed. Then he leaned for-Olie G. Watson to Leon Yorks, et ux, tract in Milesburg; \$16. ward to look at the table and watch-

Olie G. Watson to P. B. Yorks, et ix, tract in Boggs Twp.; \$10. Mary J. C. MacWilliams, et bar, "What a silly game!" he exclaimed suddenly. "I say," he added, turn-ing to Tresholm, "do you mind if we to J. Calvin Graham, et ux, tract in

State College; \$4500. Ella E. Smull to Robert M. Smull, tract in Miles Twp.; \$1.

George H. Smull, et ux, to Charles H. Smull, tract in Miles Twp.; \$100. The little procession passed down Ella E. Smull to Margaret E. Conthe stairs, Lena's arm through her fer, tract in Miles Twp.; \$1.

fiance's, the princess' head close to Ella E. Smull to Robert M. Smull, "But you are a magician, dear tract in Miles Twp.; \$1.

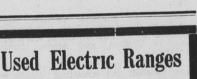
Ella E. Smull to Margaret E. Confer, tract in Miles Twp.; \$1. Later in the evening they found

themselves alone for a few minutes. William B. Gates, et ux, to A. W. "Ever since I knew you, dear An-Johnston, et ux, tract in State Coldrew," she said, "you've been helping lege; \$6150. people out of trouble. There was

Leopard J. LaSalle, et ux, to Theta Chi of Penn State, Inc., tract in State College; \$1.

Harrison Watson to William Swan-"Don't make me out too much of a busy-body," he begged. "Dear Mar-gherita—you permit?" cer, tract in Snow Shoe Twp.; \$75. William G. Stine to John G. Stine, "Margherita, and nothing else, for tract in Halfmoon Twp.; \$5000.

James J. Markle, et ux, to C. C. "Then, Margherita," he went on, Peters, et ux, tract in State College; "believe me, this little episode has given me real pleasure. It is a hob-\$1.



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that is not so sudden cannot be in- ing hot, dry who are unaccustomed to it. It is to shade the roots and prevent their not even good for the college man. being scorched. The mower blades This fact is recognized by all trainers who regulate and step-up atheltic mowed frequently. so the clippings activities.

'Play golf and other outdoor games ular fancy. But don't go in for this just- as young as I used to be performanec. It can cripple, and sometimes kills."

ailments and other more serious ones. One of the latter is rickets, This diseases appears between the time. A good mixture consists of 100 sixth and eighteenth month. It is pounds cornmeal, 50 pounds ground unusual to see it in younger infants oatmeal, 50 pounds middlings, and 30 and it rarely comes later than the

tend that more than half of them have the disease in one form or another.

This disease is founded on a failure in the nourishment of the child. Its effects are not confined to one part of the body, all of the tissues are involved. But, of course, it, is the abnormal condition of the bones that is most important.

Everybody knows about the "soft skull do not harden and knit together until the brain is developed. That is Nature's way to protect the thinking machinery.

gradually closes. eighteenth month is reached the closure should be complete. But in rickets there may be delay in this process and the soft spot persists until the third or fourth year.

There are certain general symptoms. Among them are sweating of the head, paleness of the skin, weakness, restlessness and much crying.

Of course the muscles are soft and flabby. They always are in general debility from any cause. But in rickets the weakness of the muscles may be so pronounced that the baby can't sit up and is very late in at-tempting at'walking.

Because of the muscle weakness, the abdominal walls gives way. In consequence there is "pot belly."

The poor little legs cannot support themselves. There is "knock-knees." The child is too frail to stand. The bones are so soft they bend. Flatfoot is another effect of rickets.

decay of the baby teeth is another sign of the disease.

and to lack of sunlight. Unless the producer can have. food given a baby is rich in lime, phosphorous and the vitamins there is sure to be trouble.

In a curative way the most valuable food is cod liver oli. As a preventive of rickets, too, it is very important.

-Friday of this week is Farmers' if you like them. You should even adopt one if you don't have a partic-voltage for a day

-Chicks fed unlimited amounts

of a complete ration are likely to be Babies are subject to many little as broilers. Poorly fleshed birds should get a special fattening ration for about two weeks before selling pounds meat scrap. Milk can be used instead of meat scrap and the mix-It is really remarkable the propor-tion of the baby population that has rickets. Students of the subject con-

Abundant pasture of a sort that is tender and remains green for a long of 184 acres fully equipped for farm period is the most economical basis operations, are six massive stone for the raising of geese. A stream or buildings for the activities of the pond, or even tanks of water may Home for Children, conducted not on serve for the aquatic needs of the institutional lines, but under home birds, and shelter may be reduced to customs, forms and relations. When a minimum. In the South none is Pennsylvania sought the best service required and in the North a simple plant for care of children it selected shed open to the south is sufficient. for its display at the Philadelphia spot" in the head. The bones of the Geese can be raised successfully and Sesqui-Centennial the Home operatprofitably in all parts of the United ed by the Methodists. The property States, but are more abundant in the debt is \$110,000. Nature's way to protect the think-ng machinery. This soft spot, normal in early life radually closes. By the time the geese, Kenutcky, Tennessee, Minne-sota, North Carolina and Texas followed, but this group of States was much behind the four leaders.

-Many poultryman who are wanting a better market for their poultry products would find better profits in a direct to the consumer trade, according to W. A. Sumner, University of Wisconsin who points out that a classified ad in city papers often will bring more customers than a farmer can supply.

He points out the necessity of the farmer poultry producer being in position to take care of orders in prompt and efficient manner and to be able to supply a good reliable product, which in the case of eggs would mean, fresh, large-sized and clean

eggs. Tihs direct to the consumer business depends upon repeat orders and foot is another effect of "bending" of "Pigeon breast and "bending" of the ribs are other symptoms. Early the ribbs are other symptoms. Ea customers will not look elsewhere for

eggs or poultry. A satisfied customer we go at once to errors in feeding is the best advertisement that the

It pays to have neat cartons and crates for marketing eggs and some times a producer can develop a trademark name that will help bring more orders and customers.

-Read the Watchman for the news both of Clarence.

ling of leaves, the sighing of a south wind, stole into form. Without a wind, stole into form.

"The last thing the true physician thinks of is his fee," Tresholm confided.

Her lips almost brushed his in that subdued light. "So the patient has to offer," she whispered.-Hearsts' International Cosmopolitan.

METHODISTS WILL PAY DEBT ON THREE HOMES.

Representatives of the Central Pennsylvania conference of the Methodist Episcopal church, which operates in twenty-six counties and has a membership beyond 100,000, have decided to put on an intensive drive to pay the debts on the prop-erties of the Methodist Home for Children, near Mechanicsburg, the Methodist Home for the Aged, at Tyrone, and the Wesley Foundation at State College.

On the farm near Mechanicsburg,

world, under the auspices of Methodists. Its debt is \$80,000. For Wesley Foundation with its fine annex for the student life of State College, the debt need is \$10,000.

The Rev. H. C. Burkholder, of Harrisburg, is field secretary; W. G. Murtorff, of State College, office manager, and the Rev. B. H. Hart, of Hollidaysburg, is the treasurer of this campaign. The board of philanthropies, composed of nineteen represen-tatives of three benevolences mentioned and the trustees and Home Missionary Society, together with the four district superintendents, will have general direction of this campaign, which has aroused already thoughtful laymen of the church. The campaign will run from October 20 to December 4.

Marriage Licenses

Winfield G. Colwell, of Susquehanna, and Marguerite Louise Barnes, of State College.

Harold D. Johnson, of Pittston, and Mary Kathryn Eckenroth, of State College.

Anthony Pavlick, and Helen Hydock, both of Philipsburg. Paul J. Mayes and Inez Ioretta

Dixon, both of Philipsburg. Mike Surovec and Anna Vangor,

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