## Your Health,

The First Concern.



"The regulations of the State Health Department call for certain fundamental sanitary rules in connection with automobile tourist camps. And while regular inspections on the part of official personnel materially assist in the proper observance of the regulations, the tourist himself really holds the key to the situation," said Dr. Theodore B. Appel, Secretary of Health, today.

"Camps in Pennsylvania to comply with the rules must afford a safe water supply at all times. The display of the Department's safe drinking water sign is the best indication that this regulation is being observed.

"The grounds must be maintained in a sanitary condition at all times and proper disposition of garbage must be made. This regulation is easily enforced and will not be disregarded by camp operators if tourists refuse to patronize establishments that plainly violate this requirement. And the same may be said for the public toilet facilities which, under the regulations, must be kept clean and free from fly breeding possibili-

"Other factors such as throwing garbage into a stream or otherwise polluting it is for the most part a matter within the province of the tourist himself, as is also the extinguishing of fires used for cooking

"Outdoor life in the summer season is one of humanity's greatest boons. Tourist and picnicking camps add much to such possibilities. However, to attain the maximum benefit from such camps both proprietor and patron must use care. Insanitary or unsafe camps can readily backfire in

terms of disease and death. "Therefore, to the camp ownerkeep it clean and sanitary, scrupulous ly adhere to all the rules and regulations. To the camp user-patronize only those camps that can show a clean bill of health and by your own care keep them that way.

"And incidentally, but quite as important, do not throw picnic offal by the side of the road. Millions of dollars have been expended to afford the finest type of highways in Pennsylvania, thousands have been spent to make them safe, but individual in-terest and care alone will keep them clean. Cooperate!"

"When one is finished reading the sun ads he can not but be convinced that the efficiency of that shining orb as a healer and maintainer of health is beyond expression. And this is one time where the excusable extravagances of the average writer of advertisements may be taken for the literal truth. But there are reservations to be considered. In this connection man-made sunlight must be examined carefully.

"Indoor sunlight produced by lamps undoubtedly possess therapeutic virtue. However, two facts need to coexist before proper results can thus be obtained. In the first place the lamp must be able to give forth ultra-violet rays in sufficient quantities; and secondly, the application of the rays must be guided by one thoroughly experienced in such usage.

"A large number of so-called sun lamps are actually deficient in their advertised qualities; as a matter of fact, only a small minority are capable of producing the necessary rays. Moreover, one who uses an effective lamp without professional guidance is likely to inflict more harn than good upon himself.

"Those whose appreciation of the sun goes beyond the desires for a sun-lamp and is expressed by a few miles of brisk walking in the sunlight, or even moonlight, or no light at all, will in all probability, not need the indoor variety. It is at

least worth a try.
"If a real need for the indoor lamp arises, the doctor is the proper per-son to discover it and guide its ap-for the fifth six weeks' period, which plication."

"It is quite true and equally as that the juniors continue to hold first trite that familiarity breeds conplace in scholarship. tempt. However, when contempt takes a toll of 40,000 lives annually in the United States, when it results in many tuberculosis infections and when it causes thousands of infants' death from diarrhea it is time to consider the wisdom of such an attitude," said Dr. Theodore B. Appel, secretary of Health.

"Because it has always been around and because it does not sting are no good reasons for tolerating the fly. Yet one's familiarity with this pest is the biggest reason for the general attitude of indifference exhibited to-

ward it. "True, much progress has been made against this disease breeding Juniors insect. Screening the house, and a sanitary consciousness particularly in urban sections, as well as swatthe-fly campaigns have done much to limit the fly's disease and death dealing power. However, one has but to step outdoors, even in the cities, to realize that this general enemy of mankind is far from being sub-

dued. "Exposed garbage and filth in general represent the most potent fly breeding spots. And in this connection it is a shame that, owing to individual carelessness, uncomfortable flies are each year bred to spread their damage among humans.

-Read the Watchman for the news

for Economical Transportation

Sale Opened April 27

Sale Closes May 11

ESSEX COACH '28

This good 6 cylinder car is in a perfect transportation unit. Fully equipped and reconditioned. Let us demonstrate this one to you to-day. You'll like it.

CHEVROLET COUPE '27

This perfect little beauty won't be here long. It is fully equipped, reconditioned and guaranteed. Hurry on this one.

FORD ROADSTER '24 Will make you the proud owner of this car. Tires are in the finest condition, guaranteed.

CHEVROLET TRUCK '27

FORD TOURING '24

CHEVROLET COACH '28

CADILLAC TOURING

CHEVROLET TOURING '26

FORD COUPE '24

FORD 4-DOOR SEDAN '24

CHEVROLET ROADSTER '26 This little beauty has been reconditionel, all good tires. "Economy" the very best.

CHEVROLET COUPE '27

Ownership of this car will make you as happy as a bird on wing. Natural wood wheels fully equipped.

CHEVROLET SEDAN \$25.00

No balance. Why pay car fare? Buy this one to-day.

MAXWELL COACH '25

Let us demonstrate this car, all good tires repainted and reconditioned. Ready for work or play.

JEWETT SEDAN '25

A real family car reconditioned throughly

CHEVROLET COACH '25

New Duco, Motor in 1st class condition.

CHEVROLET SEDAN '28

perfect tires, bumpers, motor-meter c. Can't be told from a new car.

5 good tires, upholstery like new, neat in appearance. Paint very neat.

Trade or Down payment ...

Down payment only

Down payment

Down payment

Down payment

Down payment

Down payment

Down payment or trade....

Hurry on this one.

Down payment

Look these over and you will realize the Sensational Values we are offering in

In order to enable everyone to know of the wonderful values we are offering, we are going to keep open until 11 o'clock each evening from April 27 to May 11, inclusive, because many interested buyers cannot come during the day time.

Due to the tremendous popularity of the new Chevrolet Six, we now have on hand the finest selection of High Grade Used Cars in our history. The high quality and extremely low price of the new Chevrolet Six has caused people to trade in many used cars which ordinarily would be driven much longer.

Small Down-payments

Be sure to see these great values. You can get a high grade used car at an exceptionally low price.

This one is fully equipped and neat and clean as a "Follies Beauty" see this one to-day. while stocks are complete.

Corner of High and Spring Sts.

# BELLEFONTE, PA.

PHONE 405

BELLEFONTE HIGH GRADES

A survey of the grades of the four classes in the Bellefonte High school,

ended on Monday, April 22, shows

The Honor Roll is increased by the

addition of several seniors and fresh-

men, but the sophomores are repre-

sented by only one—Helen Crust.

The grades, in general, show a

slight improvement, owing no doubt

to the fact that most students realize

the importance of having a high rec-

ord to withstand the disasters that

Average

.93

.92

.93

.92

.92

..90

accompany final examinations.

Warren Wilson.

Grace Zeigler.

Carolyn Kalin.

Eleanor Hoy.

David Fortney

Barbara Sloop.

Samuel Bricker.

Glen Blackwood.

Dorothy Runkle.

Christine Smith.

Emily Keatley.

Martha Brugger....

-Subscribe for the Watchman.

Dorothy Yorks...

Betty Campbell...

Helen Crust...

Jane Musser.

Paul Taylor.

Marian Volynch.

The honor roll is as follows:

JUNIOR CLASS LEADS

OPEN ALL HOURS

All cars carry a 3 day guarantee. If unsatisfactory can be returned for equal value on any car at the same price or higher. Balance, 12 months GMAC terms. Small Down payments.

PONTIAC COUPE '27 5 good tires, fully equipped, bumpers, finished like new at an amazingly low price.

All good tires, reconditioned, thoroughly, repainted, 1st one here, 1st one served. Down payment All good tires. Motor and body in A No. 1 condition. Complete ownership Trade or down payment ... 6 very good tires. Motor and body in the finest of condition. Down payment .... Reconditioned throughly, all good tires, re-ducoed. Don't wait on this one. Down payment . 5 good tires. Cheaper than bus fare. A good unit at a low price and easy terms. Down payment . 1929 FORD 11/2 T. TRUCK "A" MODEL Look! very small mileage, on the road just 24 days. Stake body, inspect it your-

are exceptionally low. See the typical values in the column at the right. These cars have been completely reconditioned where necessary and carry the red "OK That Counts" tag. This red tag is your assurance of honest value, dependability and satisfaction. These cars have been throughly checked by expert mechanics, and will give you thousands of miles of satisfactory service. Come in early-and make your selection

Easy Terms

April 19-The Battle of Lexington and Concord, 1775. April 21—Alexander the Great, who conquered his worlds, died, 323 B. C.

ferred to the United States by contract, 1904. The great Bard of Avon born, 1564.

IMPORTANT ANNIVERSARIES

Wlliam Wordsworth died, 1850.

April 25—Oliver Cromwell, born 1800. April 27—To be a great General and dents, and only 10 fatal.

President, Ulysses S. Grant, "Unconditional Surrender," born, 1832. April 28-A President, James Mon-

roe, born, 1758. April 29-Napoleon, the Little Corporal, is banished to Elba,

April 30—George Washington was inaugurated President of these United States, 1789. The Louisiana Purchase, a good stroke of business, was made, 1803.

Doctor—"I believe that if you go to the country you will be cured." Patient-"I don't think so." Doctor-"Why not?"

Patient—"Because I already live there."—Scholastic.

131 DEATHS FROM

AUTO ACCIDENTS.

Motor vehicle accidents druing March caused 131 deaths and injuries to 1,894 persons, the bureau of mo- has been started by the Department tor vehicles of the department of of Justice following Attorney Generhighways announced after a final al Mitchell's announcement that offi-April 22—The Panama Canal is trans- check of belated accident reports. A ces of all United States attorneys will

total of 2584 accidents were reported. be investigated. Saturday's accidents led all others, recording a total of 510, with 24 fatal and 486 non-fatal. Sunday was next with 450 accidents, 25 fatal and 425 non-fatal; Wednesday third with 346 accidents, 18 fatal; Friday fourth April 24—Daniel Defoe, with whose within 333 accidents, 18 deaths being partment and the White House. Robinson Crusoe you are recorded; Tuesday fifth with 362 acwell acquainted, died 1731. cidents, 13 fatal; Thursday sixth with 315 accidents, 13 fatal; Monday's total was lighest of all with 268 acci-

### BABE RUTH ADVISES EARLY START IN BASEBALL.

ball player, lay the foundation at an out of the White House until the spe-If you would have your son a star early age-that is Babe Ruth's advice.

"Start the kid young. That's the only way he can get in the game," he

'If a boy wants to be a good ball player, there's no use waiting until he is around 16 and 18. The grade school is the place to start. The neighborhood gang also offers fine

hood lots.'

-Subscribe for the Watchman.

WEEDING OF U.S.

OFFICIALS IS ON. Weeding out of federal officials whose records have not been too good

The process will not be confined to the district attorneys but will extend to United States marshals, commissioners and others who serve appointive terms in the federal service, it was learned both in the Justice De-

The administration is preparing to get reports on all officials who will come up for reappointment. Already many of these officials are serving beyond their appointed time while the Justice Department is being organiz-

Names of attorneys, marshals, postmasters and other appointees for minor offices did not start coming cial session which began April 15.

The Postoffice Department already issued stringent instructions as to how appointments will be made under the new Hoover patronage program. The same instructions will be applied by the Justice Department, it is said, except that applicants do not have to qualify under Civil Service for many of the positions.

'I got my start as a kid. I liked baseball and I played around home, in grade school and on the nighbor-dents; in fact, last week was the first time he had to receive medical treatment for injuries received in an airplane accident.



week of good light for the cellar costs as little as a shovel of coal . . . .

FOR BETTER LIVING USE ELECTRICITY



Standard Time
- 7.55 P. M.
- 8.05 P. M.
- 8.15 P. M.
- 9.10 P. M.
- 9.39 P. M.
- 10.00 P. M. Port Matilda Julian -Unionville Lv. Bellefonte Returning, leaves New York, Penna. Sta., 5.10 P. M. Newark (Market Street) 5.33 P. M. Pennsylvania Railroad

FIRE INSURANCE At a Reduced Rate, 20%

73-36 J. M. KEICHLINE, Agent

Free SILK HOSE Free Mendel's Knit Silk Hose for Wo-men, guaranteed to wear six months without runners in leg or holes in heels or toe. A new pair FREE if they fail. Price \$1.00.

YEAGER'S TINY BOOT SHOP.

## **Employers** This Interests You

The Workman's Compensation Law went into effect Jan. 1, 1916. It makes insurance compulsory. We specialize in placing such in-surance. We inspect Plants and recommend Accident Prevention Safe Guards which Reduce Insur-

It will be to your interest to consult us before placing your Insur-

JOHN F. GRAY & SON. State College

### Fine Job Printing A SPECIALTY

at the

WATCHMAN OFFICE

There is no style of work, from the cheapest "Dodger" to the finest

that we can not do in the most satisfactory manner, and at Prices consistent with the class of work. Call on or communicate with this

