

Bellefonte, Pa., February 8, 1929.

Your Health, MISCHIEVOUS PREACHER

The First Concern.



INFLUENZA THE WORLD PLAGUE.

There is perhaps no other disease which in modern times has wrought more havoc of human life than the disease commonly known as the is a \$1000 fine, three years in prison, "flu" or influenza. The insidious or both. character of the disease and extreme rapidity with which it spreads over communities, States and even countries, causes this malady to be more dreaded than almost any other malrate of the disease in its virulent forms is under ordinary circumstan-ces very high, although, fortunately, the disease only now and then assumes a severe type.

Just now influenza is making its appearance in various widely seperated parts of the United States and has already led to the suspension of erty in jeopardy." several universities and threatens to become widespread throughout the country. For this reason it seems an opportune time to present a few points in relation to this disease. attention to which may reasonably be expected to result in the saving of many valuable lives

in a community for every person who experiences symptoms at all like those of influenza, to be isolated immediately so as to prevent spreading of the infection by personal contact. The afflicted person should avoid proby taking care to cover the nose and mouth with a handkerchief or cloth while sneezing or coughing, and noninfected persons who necessarily come in contact with influenza patients. as nurses or attendants, patient.

lips become livid. Unfortunately it is B. H. S. BASKET-BALLERS generally customary to resort to oxy-gen only when the patient seems al-most in extremis, thus using this remedy as a last resort. Employed by

this plan oxygen often fails to produce any pronounced benefit.

local armory.

half ended.

GETS DESERVED SET BACK.

With members of his former congregation aligned against him, the Rev. Elmo L. Bateman, deposed pastor of the Hilton Christian Church, of of them were there at eight o'clock tine's Day, girls. Probably you have Maplewood, N. J., was found guilty of criminal libel last week by a jury reaching Bellefonte and the game may have all sorts of schemes on in connection with his publication of was delayed until almost nine o'clock. foot for the celebration, but there a false fourth degree oath he attributed to the Knights of Columbus. The trial required only the day to tip off.

complete, and the jury, which re-ceived the case at 5 p. m., deliberated minutes of the game. Montgomery, who replaced Witmer, also had but twenty-five minutes. A recommendation for leniency was made. trouble in touching the ball. Maximum penalty for the offense

Action of the pastor in printing and circulating the bogus oath was in reality a part of the fanatic whispering campaign of the last presidential contest. The preacher, who was ady, and justly so, for the mortality an opponent of Governor Al Smith, long has been identified with Ku Klux Klan activities.

After the election was over, Bateman was indicted, and two weeks ago, at a stormy meeting of his congregation, was ousted as pastor for having caused a "public scandal" and for "having placed the church prop-

27260 Pupils Get Permits to Work.

Employment certificate reports submitted to the Department of Public Instruction by the various school disleher made a field goal. Philipsburg got a field goal. Jack shot a foul; tricts of the State show that during First of all, it is important to re- the past school year 27,260 general employment certificates were issued member that the disease is clearly for minors between the ages of 14 infectious and hence every infected and 16 years who were engaged in inperson should be isolated as soon as the first symptoms make their ap-pearance. Unfortunately the early symptoms of the disease differ so lit-issued during the year, that at the tle from those of an ordinary cold close of the year there were 23,335 that is not always possible to rec- active general employment certifiognize them. The only safe way ap- cates, and that 21,655 minors between pears to be when influenza is present the ages of 14 and 16 years attended continuation school during the last quarter of the year.

leading 38-35. The tabulation of these reports al-Bellefonte Kelleher industrial employment have completjecting infected particles into the air | ed the work of the sixth grade, 29 per Whippo Witmer cent have completed the work of the Derstine seventh grade, 27 per cent the work Confer of the eight grade and 8 per cent have completed at least one year's work in the high school.

These certificates and permits are tients, as nurses or attendants, should take great care to avoid breathing air which has been infected through coughing or sneezing by the those who wish to leave school per-

Numerous observers have noted that the severity of the disease is manently to engage in industrial should have been made. The game But the valentine part must not be employment. Vacation employment played at Philipsburg Friday night overlooked. If men are to be admitvery greatly lessened when the pa- certificates are secured for those who was a one sided affair. The score at ted to your celebration, request each tient is kept continually in the open air. The greatest fatality has been ment at times when school is not in Philipsburg dribblers with the Red in rhyme or in prose; or those who

WIN ONE AND LOSE TWO.

Several hundred fans assembled in

the armory to see the game. Most

got a two pointer. Next, Philips-

burg got a field goal and again Kel-

Witmer shot a foul; and then, Whip-po shot two fouls. This would have

put Bellefonte in the lead by one

point, but Philipsburg claimed that

the game ended in a tie, one of the

fouls being after the game was over.

At the end of the first extra per-iod the game ended 33 all, each team

getting a field goal and foul. In the

next period, Whippo shot a field goal

and Taylor shot a field goal and a

foul and Philipsburg shot two fouls.

The game then ended with Bellefonte

R. F.

Center

R. G.

L. G.

Referee-Piper from Hollidaysburg.

L. F.

James

Lingle

Mildon

any damage.

Gearhart

Smith (Cap't)

The lineup was as follows:

FOR AND ABOUT WOMEN. Daily Thought.

THE DIFFICULTY. Philipsburg High school's fast basket ball team took defeat back over About my darling's lovely eyes I've made no end of verses: the mountain Friday, January 23. About her precious little mouth Failure to meet Bellefonte's final ral-Songs, with each voice rehearses; ly in the two extra periods was the cause of their defeat. Philipsburg was well represented by their fast About my darling's little cheek I write a splendid sonnet team. The game was played in the And-if she only had a heart-I'd write an ode upon it.

-Heine.

It is time to plan for St. Valenbut referee Piper had trouble in waited until now to do it, and you But, when the game did finally start, are always some to whom an idea or thrills were had galore in getting the so may not come amiss, and these are especially welcome if they are not Witmer had trouble in the early expensive to cary out.

No doubt many of you who are connected with the Each and All Chapters-and I hope this may be The first point of the game was the case with most of you-are wonmade by Philipsburg on a foul. Next, dering just how to conduct a little Philipsburg got a field goal. Then, party for your own chapter on that Whippo, who played his first game day. There is always more pleasure as a regular, broke through Philips- in such a gathering if it has a disburg's defense twice and each time tinctive flavor that makes it differplaced the ball neatly through the ent from other parties, and St. Valenbasket. The next goal was made by tine's Day gives an opportunity for Philipsburg. Jack got a two pointer. a number of special features.

Philipsburg added two points to the score and Whippo got a field goal. Philipsburg got six points on the next four plays. Whippo and Montgomery each made a pair of field goals. Phil-tissue paper prominent, and there ipsburg then got two fouls and the are numerous other ways in which they will appear. One clever girl of Philipsburg for three fouls. Jack whom I heard had her Valentine parmade a goal and two fouls. Philips- ty take the form of a heart hunt. burg made a goal and three fouls, The hearts were most of them the followed by a goal by Kelleher. Phil- old-fashioned ones of candy, with ipsburg made a field goal. Whippo mottoes on them, but there were a few in other materials-heart-shaped boxes of candy, heart-shaped pincushions and the like, so that each hunter had the chance of getting a prize really worth having.

> of places— in the folds of the curtains, in the vases on the mantel, behind doors, in cupboards, under the cushions on the sofa, up-stairs, downstairs and in my lady's chamber. You can imagine the fun there was, and it was increased by the offer of two prizes-one for the guest who found the most candy hearts, the other for tor capacity in 1928 amounted to 15.4 the "booby" who had the poorest per cent. Those hatcherymen who luck. A heart shaped sofa cushion reported plans for 1929 indicated an was the first prize, a bladder that increase of only 4.2 per cent. in inwhen blown up was in the form of a Philipsburg heart was for the "booby."

Another idea is a heart grab-bag. The bag may be made of silesia or any similar material, in the shape of a heart, and the prizes must all be hearts. Heart-shaped boxes of candies, heart-shaped cards, cushions, pen-wipers, spectacle-wipers, heart-Its a poor team that resorts to al- shaped cakes wrapped in paper-Many shots were missed, that around as to which one one shall take.

ed in 1927.

FARM NOTES.

-Another season of hatching baby chicks in gigantic incubators, where thousands of eggs are handled at one time, is getting under way in this Commonwealth, according to the Pennsylvania department of Agriculture.

Artificial incubation of eggs has been known to the Chinese and Japanese for thousands of years, the department points out in selling of the history of one of Pennsylvania's most recent industries. In ancient times, heating manure placed around so-called ovens provided the medium for hatching eggs. Not until about 1850 was the present form of incubation described, but still the setting hen provided the only reliable hatching medium for many years. Later the small incubator was perfected, and then the discovery was made that baby chicks, when properly packag-ed, could be shipped long distances without ill effect. This led to the development of vast incubators which, along with the improved small incubators has changed the status of the setting hen from a necessity to a nuisance on many farms.

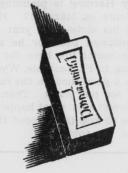
The hatching of baby chicks is now one of the most important branches of the poultry industry in this State. One Pennsylvania hatchery alone produced more than a million chicks last year, and these were marketed in practically every State of the Union. Almost half of the hatcherymen in Pennsylvania sell chicks in other States, some even sell in Canada.

The hatching season, according to a recent survey made by the bureau of statistics, opened last year on January 1 and closed October 30. Some hatcheries did not begin to produce chicks until May 20, while with others the season was over by March 15. The average date when the first hatch came off was March 1, and the last hatch June 9, making the average duration of the season over three The hearts were hidden in all sorts months, though one hatcheryman operated almost nine months of the

> Of hatcheries co-operating in the survey, 267 reported an incubator capacity of 5,458,004 eggs, that is the incubators would hold that many eggs if set full at one time. Compared with 1927, the increase in incubacubator capacity. Hatcheriesv numbering 244 set a

total of 16,037,072 eggs last season. Settings were approximately three and a third times the incubator capacity. Slightly more than two thirds of the hatcheries do custom hatching. From a total of 15, 835,257 eggs set in 1928 by 236 hatcheries, 9,981,051 salable chicks-63 per cent. of the 102.8 per cent. of the number hatch-

So important has the commercial chick hatchery become in the development of the poultry industry of the Commonwealth that the bureau of noted where patients have been session. Exemption permits are se- and White trying in vain to score. have no gift in either line may buy markets has well under way an "ac-crowded together in badly ventilated under who are required to The shots, called "Peep shots" in a valentine ready made—although the under way an "ac-credited hatchery plan" designed to



.. two weeks

of excellent

light for the

laundry costs

but the price

of a cake of

laundry soap.

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be kept in the open air day and night. domestic service. available, a large room should be kept widely open. The temperature of the air should be kept low, below 600 F. if possible. Cool air will not only aid in reducing fever but will greatly aid the respiratory process. When breathing cold air, the lungs automatically expand so as to take in at each breath three or four times the amount ordinarily taken. This increased absorption of oxygen is a matter of the highest importance in influenza because of the great embarrassment of the lungs which develops in severe types of the dis-ease. This increase in the automatic intake of air is doubtless the chief advantage gained by the open air treatment of pneumonia and various other acute and chronic respiratory diseases.

Influenza is most likely to attack persons whose resistance is low. Lowered resistance may be the result of overwork, underfeeding, lack of sleep, worry or any depressing in-fluence. The best protection against influenza is to maintain high resistance by good nutrition, especially by the free and regular use of foods rich in vitamins, such as greens, spinach, lettuce and other fresh fruits and vegetables. Sleeping out at night or in a room well flooded with cold, pure air is a potent means of building up resistance.

One of the best of all means of maintaining high resistance is light baths. Either natural sunlight or artificial light may be employed. At this season of the year sunlight is available only in southern portions of the country. Fortunately the artificial light has the advantage, that is available at all seasons nd at any hour, day or night. It has also the further advantage that the intensity of the application can be accurately determined and regulated. Those who accustom themselves to out-of doors sleeping and who spend as much time as possible in the open air and who keep their skins tanned a dark brown need have no fear of influenza.

In relation to the treatment of the disease three or four points are well worth noting. First, the patient should drink an abundance of water. A glassful every hour is none too much. Fruit juices may be advan-tageously employed. Orange juice is particularly good. It may be diluted with two or three parts of water and used in place of plain water. Free water drinking aids the kidneys in eliminating the poison produced by the disease and aids in keeping the resistance high and increasing the fighting power of the body.

During the late war English physicians discovered that the inhalation of oxygen is a measure of very great importance in this disease when it is ment have always been classed accompanied by pneumonia of a se-vere type. In these cases oxygen in-halation should begin early in the dis-the high school may look forward to February 10—Canada iand by February 11—Thomas case and before the patient's face and a delightful evening.

wards. An influenza patient should leave school to engage in farm or basketball, were missed by our team others are far more amusing. Each Of course care must be taken to avoid mits are secured for those who wish Philipsburg team played just the op- one for a man. All must be sent to chilling. If a sleeping porch is not to engage in farm work or domestic service for a temporary period.

> Enormous Power of Resistance in a Barrel.

Nobody knows who invented the barrel. It has been used since time immemorial.

Barrels are used for all manner of articles, solid and liquid. There are 13-33 in the opponents favor. barrels for holding sugar, sait, apples, potatoes and so on: for all sorts of oils, from the heaviest lubricants to the most volatile products of petroleum; for all sorts of beverages. It is contended that the barrel is the strongest structure of its size that can be made from an equal amount of wood. Its contents are

frequently the strongest that can be made from liquids.

The barrel possesses tremendous power of resistance to pressure from within and from without. A barret set on end will, it is claimed, support half the weight of a railway car while the truck is taken from beneath for repairs. Yet the primitive barrel is put together without nails, screws, bolts or pins; it is entirely seif-fastened.

The barrel is smaller at its ends than it is in the middle, so that the wooden hoops, self-locking, may be driven on, tightening the staves and pressing the heads into the chines. Although not calked, barrels are water tight. A small barrel is a keg, a big barrel is a cask, and a still bigger barrel is a hogshead.

ADVICE TO STUDENTS.

(With apologies to Riley) You'd better mind your teachers And learn your lessons well Do all your outside reading, Make your reports sound swell, Keep your note books up-to-date, See Webster in doubt-

Or a little test will get you If

You Don't Watch

> Out! -The Lore-

Bellefonte High Girls To Give Party.

The girls of the Household Arts department will give their annual party F and dance on Friday evening, February 15. Arrangements are being made for Valentine decorations and

refreshments that will carry out the color scheme. The dances given by this depart-

Emergency per- an abundance of times while the man must provide one for a woman,

posite. Making long shots and fouls, the hostess before the day of the with good clean shooting. Again the party. Those intended for the men best playing was done by our guards, must be placed in one basket, those "Norb" and "Sam." Very few shots for the women in the other, and the were made in their territory. The baskets are then passed around, letlast quarter of this game was more ting each guest take one at random. like a football game than basketball; If desired, each man may attach his technical fouls were called left and name to his valentine, and the girl right by the referee. After a game who draws it may be his partner at of poor basketball the Red and White supper. Or it may be the girls who left the floor, defeated with the score inclose their names and thus fix upon

Philipsburg Bellefonte L. G. Mildon | valentine he or she has received. Derstine Smith (Cap't) Confer R. G. Witmer Center Gearhart toy archery, the target in the form of Kellegher L. F.

Whippo Whippo R. F. James in hitting the centre of it wins a Substitutes—Thal for Kellegher, Mont- prize. This is excellent in a large R. F. gomery for Witmer.

HOUTZDALE

The Red and White passers tore The Red and White passers tore For supper at an affair of this into this game with a spirit that sort one has the usual refreshments, could not be beaten easily. They ice cream and cake, with perhaps fought and played good offensive basketball, but much better defensive. At more than this, salad and sandwiches. the end of the first quarter the score The cakes must be heart-shaped, of stood 5-1 in our favor. This score course, and little favors of paper or than anything, but it didn't matter; place. we were winning. The next quarter changed from good to bad and the score at half time was 7-6 in Houtz-dale's favor. Our team made four of her and wishes to give her pleasout of seventeen fouls. I think you ure. Or if you have not time for a

shooting. The third quarter ended room on it beside the picture for a with Houtzdale's lead still increasing, word of greeting and good will. Or 14-8.

The fourth and final period was tiny gift or remembrance, so much the only period in which either team the better. It may be only a little showed real basketball playing. Both roll of silk pieces. It may be a patch teams fought hard and the last few for the woman who is making a quilt, minutes were filled with excitement, a few monograms or stamps for the as the Bellefonte aggregation crept up girl who collects these. But with within two points of their opponents. The whistle ended the game with the score 22-18 in favor of Houtzdale. every one should go the word of good will, of kindly thoughtfulness that means far more than the gift.

The lineup was as follows: Bellefonte-Derstine, L. G., Confer, R. G., Montgomery, Center, Thal, L. F., and Whippo, R. F.

ANNIVERSARIES OF THE WEEK		moulded with these. For rewill show presently, a libe
February	1—Screw steamship pro- peller patented, 1883.	portion of these should be therefore butterless, hearts. When all are baked, have ready upon slips of paper number of proper names, m and feminine; fold each neat across, not to take too much lay upon the underside of a wash the inner edges of t with white of egg and fit heart of the same size upon inclosing the folded bit of Have an equal number of m and feminine names thus
February	2-Candlemas Day.	
February	3-Ex-President Wilson died, 1924.	
February	4—First Confederate Con- gress, 1861.	
February	6-Aaron Burr born, 1820.	
February	7—First telephone mes- sage sent from New York to Chicago, 1892.	
February	8-General Sherman died, 1892.	
February	9-Weather Bureau estab- lished, 1891.	
February	10-Canada ceded to Eng- land by France, 1763.	

born, 1847.

improve the quality of baby chicks offered for sale. More than fifty hatcheries co-operated in this work in 1928.

-Beef breeding cattle should have suitable protection and adequate feed. Breed cows must not only maintain themselves but also the unborn calves. A good legume or mixed hay, with a small amount of grain or liberal quantities of silage, will keep the cows in gaining condition. Corn, oats, and bran are standard grains for such herds, State College specialtheir supper partners. Then at the ists say. table each one may read aloud the

-Water, and lots of it, is very im-Another amusement suggested is portant in dairy cattle feeding. Cows in milk should have water twice dai-Lingle a heart, and the one most successful ly and it should not be ice cold. It pays to put a heater in the water tank if it is outside in freezing temproom where there is space to shoot erature. If water has the chill rethe arrow and no danger of doing moved cows will drink more and give more milk.

-Greenhouse men are starting the early cabbage plants. They can regchocolate or coffee, and if one wishes ulate their sowings better if you will give them your order now. In this way there will be fewer disappointstood 5-1 in our favor. This score course, and little favors of paper or ments next spring when some people reminds us more of a baseball score cardboard hearts may be laid at each usually have to be turned away.

The very best valentine is a good -Garden arbors can often be usletter of cheer, that will show the one ed to screen out unsightly objects. These can be made easily now and of her and wishes to give her pleasset out later. Vines, such as climbing roses, clematis, polygonum, and can see from that how we were letter, send a pretty postcard, with wistaria, may be planted in the spring and trained over the arbors.

if you can make it possible to send a -Have you started your farm account book? A farm business with-out records is like a clock without hands; you cannot tell whether it is gaining or losing. See your County Agent.

> -Results obtained in 1928 show that chick losses can be reduced to

means far more than the gift. Before the Valentine rush begins let her provide herself with several adopted. Over half of the loss last sizes and patterns of heart-shaped cake cutters and moulds. The day year occurred during the first four weeks. This reveals the need of betbefore the affair let her make a bounter breeding management during the ous store of small cakes, cut and first few weeks.

ilded with these. For reasons I -From all indications now, beshow presently, a liberal protween 500 and 600 Pennsylvania ion of these should be sponge, farmers will do some constructive cutting in their home woodlands this hen all are baked, have written winter. From one to ten acres will ly upon slips of paper a given be systematically thinned of the ber of proper names, masculine feminine; fold each neatly, once crooked, defective, scrubby and ss, not to take too much room; worthless trees. Those who began the work in other years are steadily enlarging the area of improved woodupon the underside of a heart, the inner edges of the cake h white of egg and fit another rt of the same size upon the first, osing the folded bit of paper. re an equal number of masculine lot each winter.

-After the seed order arrives it is important to keep the seed in a dry feminine names thus hidden, place, where an even temperature is maintained. Seeds will lose their germinating power and vitality very ing the sexes carefully separated you go on. When each heart is rapidly in a damp place where the temperature fluctuates. Dryness is ted" and made fast to his comon, frost it all over, and let it A. Edison at the last, let the icing of one set say State College vegetable special-of cakes be white, the other pink, ists.

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