

## Simple, healthful and economical

Just the right kind of food for hot weather. Ready-to-eat-no cooking to do. Just add milk and sugar or salt. Easy to digest - shredded and toasted grains of whole wheat in loose biscuit form. And about the most inexpensive food you can buy. Twelve large full size biscuits-twelve ounces of pure whole wheat in every package at a price Ask your grocer to send you a supply today.


Made by The Shredded Wheat Company at Niagara Falls no Visitors Welcome

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## \section*{ <br> <br> Success <br> <br> Success <br> <br> has no Favorites <br> <br> has no Favorites <br> <br> I <br> <br> IDEPENDS in large measure upDEPENDS in large measure upon the individual whether he oron the individual whether he or shall rise or fall. Take a shall rise or fall. Take a deposits with saving and make regular deposits with saving and make regular make good headway. make good headway. <br> <br> The First National Bank <br> <br> The First National Bank <br> <br> STATE COLLEGE,PA.} <br> <br> STATE COLLEGE,PA.

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TAKES many years to build an estate, yet how qulckly it may be destroyed. Incompetency, carelessness, extravagance, lack of dagment, sometimes combine to destroy what it has taken years to acquire.
Thoughtful men, after seeing how quickly money flies away, are moved to entrust the settlement of their estates and the care of funds from Life Insurance to experienced hands.

The Trust Departiment of this Bank is ready to act for you in any way relating to estates.

The First National Bank
BELLEFONTE, PA.






