

Matter of Retaining Youth, State of Mind

Youth is a quality, a spiritual energy, and, properly speaking, there is no "old age," but spiritual decay. "The foot less prompt to meet the morning dew" is no valid evidence of growing old, any more than to lose a leg in battle. Fussy physical activities are not the only tests of youth, Richard Le Gallienne comments in Harper's Magazine. The brain of Sophocles which gave us the greatest play at ninety, is more to the point, as also that famous saying recorded of him, in reference to the cooling of the passions with the years, that to grow old was like being set free from service to a band of madmen.

"Because we grow wiser and stronger, less selfish and generally more useful to our fellows with the passage of the years is not to say that we have lost our youth. It only means that we have learned how to employ it. We do not run in every direction as we did. We know a little better what we are doing, or what we want to do; but the motive force that enables us to do it is that same energy which once drove us to make fools of ourselves at the beginning, and still provides the same "swift means to radiant ends."

Decay, disillusion, weariness; we mean these things when we speak of "growing old," but we fail to realize that these are no necessary accompaniments of the years. We may, unfortunately, inherit them, or acquire them, like bad habits, or through neglect of a proper care and exercise of our spiritual selves. Spiritual and intellectual laziness makes most people "old before their time." If we lose interest in life, life will soon lose interest in us; and it is just as possible to achieve a precocious senility in the twenties as at any later period of our lives.

Important in Life Is

"Trade" of Parenthood

Parenthood is a difficult trade and should be studied; it is as much your business as your wife's to learn all you can of child nature; of things to be done and avoided if your experience with your child is to be a mutual blessing and a mutual delight, is the admonition voiced by John P. Gavit, in Children's Magazine.

If you think your own elders made certain mistakes in dealing with you it was only because they did the best they knew, never having studied this most difficult trade of parenthood.

Begin now, during the babyhood of your child, to be his companion, chum and pal. It will reflect in your relationship with him in the years to come. While it is important, in a way, what you think of him, it is more important what he thinks of you; he will know you better than you know him, for one of the most essential preoccupations of every child is the study of his parents. Largely upon the intelligence with which you carry on your new job will depend the happiness and success of your son or daughter.

Fearless Men Vanishing

Human courage is of four distinct types, of which one is fast disappearing under education and industrial life. That is the conclusion of Dr. C. M. Wilson, of St. Mary's hospital, London, based on his psychological studies of soldiers and of people in civil life. The vanishing variety, says Doctor Wilson in Popular Science Monthly, is that of the person who actually feels no fear—rare in this age where there are so many things to be afraid of. Other types are of those who feel fear but hide it; those who show it but resolutely carry on; and, lastly, those who are so frightened that their fear is transformed into a reckless frenzy. Like that of the small boy who whips the bully who goaded him to desperation.

Rome's Legendary Tower

The medieval Torre delle Milizie, sometimes called the Tower of Nero, because of the legend which says that Nero stood on the top of it to look at the spectacle of the city in flames, has been opened to the public, writes the Rome correspondent of the Christian Science Monitor. The legend has, of course, no foundation, and the tower is one of the feudal fortresses of the Twelfth century. A magnificent view of the city, however, can be obtained from its top. It was erected by the sons of Peter Alerius, a baron attached to the party of Senator Pandolfo de Suburra, on the site of a building called "Hostium Militie," hence its present name. It leans to the southwest and was originally much higher, but the earthquake of 1348 brought it to its present dimensions.

Georgia "Crackers"

Authorities differ as to the origin of the term "Crackers," as applied to natives of Georgia. According to Olmstead, the nickname was applied to these people on account of their peculiar dialect, almost incomprehensible and difficult to report or describe. Another theory is that the name was given because cracked corn formed their chief article of diet. In a publication dated 1835, it is stated that the "Crackers" received their name because they were accustomed to using a particular form of whip, which had a piece of buckskin at the end known as a "cracker."

FARM NOTES.

—Feeder pigs pay on the dairy farm.

—Sheep can use profitably a lot of waste feed around the farm.

—Fall freshened cows give more and cheaper milk and butterfat.

—Milking ability is inherited. Raise the calves from your best cows.

—Alfalfa hay is one of the best feeds available for breeding ewes.

—The young hog will make better gains if he gets shade during hot weather.

—A dish rag is always dirty. One of these things should never touch a milk vessel.

—The cattle feeder who doesn't grow alfalfa hay is 100 years behind the times.

—Bring the farm accounts up to date and begin to complete records on crop costs.

—The size of the hog crop has a pronounced influence upon hog receipts and prices.

—The man who feeds the mother right will have no trouble in feeding the young litter of pigs.

—Common salt, lime, phosphorus and iodine are minerals most commonly lacking in live-stock rations.

—If you have ten milk cows you need a silo, if you have no cheaper method to provide green stuff for them next winter.

—The addition of chopped alfalfa hay and oilmeal to a ration of yellow corn and tankage for hogs greatly increases the efficiency of the ration.

—Remember that straining removes only the coarse material from milk. It does not reduce the bacteria count or remove the finer particles of dirt.

—Quality milk brings the best price and makes satisfied customers. The main essentials are cleanliness, prompt cooling, and holding at a low temperature.

—Keep the ram in the barn during day and feed him some bran and oats to keep him in good vigorous breeding condition. Turn him out with the flock at night.

—Where succulent materials which will produce odors or flavors are fed to cows, the proper methods of procedure is to feed such products shortly after milking.

—Demand for good horses is increasing, according to State College livestock men. Many farmers in the State are buying purebred stallions and registered mares.

—It is poor economy to purchase cheap utensils. A good quality of utensils, with smooth sides and bottoms, will do much to improve the quality of dairy products.

—Brood sows should not be fed for at least 24 hours after farrowing. If fed the sow may become restless and trample on the pigs and the little pigs may scour or acquire other digestive disorders.

—Select some of the finest apples in your orchard for the State Farm Products Show at Harrisburg. There is no better way of checking on the care given the orchard the previous season than by selecting show fruit.

—At this time of the year, many flocks of pullets will develop a slight cold, which if not cared for will result in roup. When the first indication of cold appears, try adding three

HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names. Abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

CROSS-WORD PUZZLE No. 1.

1		2	3	4	5		6	7	8	9	
			10				11		12		13
14	15		16				17		18		19
20		21		23				23		24	
25			26		27				28		29
	30			31		32				33	
34					35		36				37
			38				39		40		
41	42		43				44		45		46
47		48		49				50		51	
52			53		54				55		56
	57				58		59				61
											62

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|--|-----------------------------------|
| Horizontal. | Vertical. |
| 1—A beggar | 1—Condition existing between wars |
| 2—Poverty stricken | 2—Skyward |
| 3—Capital of France | 3—Animal's foot |
| 4—Disorderly demonstration | 4—God of love |
| 5—Part of "to be" | 5—Opponent |
| 6—Intertwined | 7—Conjunction |
| 7—Feudal landholder | 8—Lubricant |
| 8—Kind of fish | 9—Base |
| 9—Conserved | 11—To cut off |
| 10—Sailor | 13—To ensnare |
| 11—English school for boys | 15—Gas engine |
| 12—One of the simple machines | 17—At no time |
| 13—Jumbled type | 19—Falls in drops |
| 14—Across | 21—English sea port |
| 15—To caper | 23—County of southwestern England |
| 16—To pay in advance | 26—Roman historian |
| 17—Inhabitants of the capital of Italy | 28—To send in |
| 18—Rambles | 31—Acted wildly |
| 19—Exact | 33—Trussed with laces |
| 20—Preposition | 34—Heavy board |
| 21—Benches | 35—To long for |
| 22—Pair working in harmony | 37—Approaches |
| 23—Meshed material | 39—Precipitous |
| 24—To fear | 42—To thrive |
| 25—Arid | 44—Scandinavian legends |
| 26—African member of Ethiopian race | 46—Folk tales |
| 27—Street (abbr.) | 48—Same as 45 horizontal |
| 28—To post | 50—To fall in drops |
| 29—A repast | 52—Pastry |
| | 53—Single |
| | 58—Note of scale |
| | 61—South America (abbr.) |

teaspoonfuls of chloride of lime to each gallon of drinking water.

—Ventilate the storage cellar whenever it can be done without raising the temperature. If the floor is concrete it may be well to dampen it to prevent shriveling of the fruit.

—Make out a crop summary for your farm, giving acreages and yields of all crops. Compare these with the average of the State and of the best farm in your community, say from management specialists of the Pennsylvania State College.

—Last year during the first three weeks in November, the peak of egg prices for the year was reached. Each year the peak seems to be a little earlier than in previous years, and this brings out very forcefully the fact that eggs produced during the late summer and fall rather than those laid during the winter are the money makers.

—The use of protein supplements with corn has long been advanced by leading authorities. Since tankage is

Solution to Last Week's Puzzle.

B	R	A	G	S	M	A	R	T	S
P	O	O	R	S	H	A	R	E	M
C	O	L	D	T	H	A	N	E	P
O	L	D	B	O	O	T	Y	S	A
N	O	P	L	E	A	T	E	M	I
F	P	I	E	L	E	O	N	I	N
I	S	L	A	N	D	R	O	T	T
S	L	A	N	D	E	R	Z	E	E
C	A	T	O	M	O	W	E	R	O
A	T	E	B	O	W	E	D	B	U
E	R	A	K	E	D	P	E	L	T
S	P	A	R	E	S	T	I	E	D

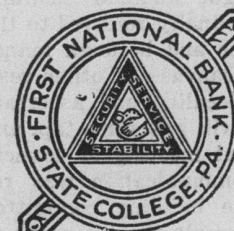
The Figures were Impressive

Last week we published a condensed Statement showing Resources and Surplus over Liabilities.

The Figures were Impressive.

Why not safeguard your estate by naming this Bank your Executor. Individual Executors are often inexperienced. Individual Executors may die. The Bank is a continuing Institution.

The First National Bank BELLEFONTE, PA.



Never Get Discouraged.

Be brave and never get discouraged. Work with a will and have the determination to save for a good purpose. Maintain an account with this Bank.

3 per cent Interest Paid on Savings Accounts

THE FIRST NATIONAL BANK STATE COLLEGE, PA. MEMBER FEDERAL RESERVE SYSTEM

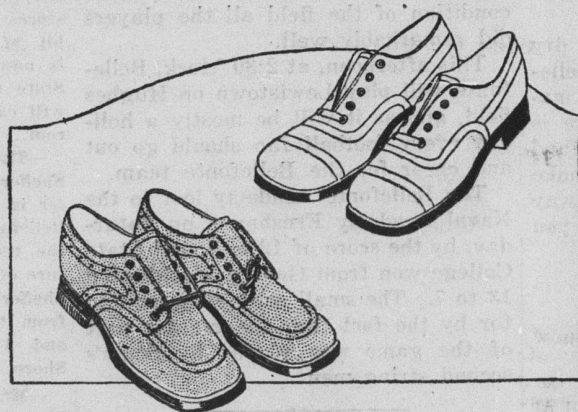
Keep Your Boy Warm and Healthy



Keeping your boy well and warmly dressed is not such a big problem as you might imagine—that is, of course, if you come here to get his clothing.

We do all the initial work by providing the proper selections from which you may choose just what you like—at a moderate cost, too.

FAUBLES



Children's Shoes

Sturdy FOOTWEAR in common-sense lasts for active and growing feet. Repeated tests by children in your own neighborhood have proven the extra service this FOOTWEAR gives.

