

Bellefonte, Pa., July 29, 1927.

THE DAY OF REST.

Sunday is the day of rest, meditation, and worship. Mr. Average Man s an honest soul, and so he endeavors to worship to the best of his ability. He works six days a week, and when Sunday comes he wants to get away from the maddening throng for rest, neditation, and the worship of God. Everyone knows that a man can worship better in God's great out-of-doors than in church.

Firm in his resolve to worship God through nature, he gets the old bus out, tinkers with it awhile, tanks it up with gas, oil, and water, and, lastly, gives it a shower bath. With one more fond "once over" glance he shouts toward the house, "O ma, are you ready?" Mother comes out with a lunch she has tried desperately to have ready in time to start. Mother has hurried so fast to get the work done that she is cross and the children are about to cry. But this is the day of rest, and the most must be made of it.

The members of the family get into the car and take the other fellow's dust and exhaust at forty miles per hour for the privilege of being in the open and getting the fresh air. At a little past noon they arrive at a mud-dy hole where all disembark for lunch. The flies are bad and the mosquitoes are worse, but that doesn't matter, as this is father's day of rest and it's God's great out-of-doors. Just before lunch is over a rainstorm sends them scurrying to the car. The flies go, too, splendid formation.

The storm over, father orders them out, as he has to give the car the "once over" before going back. The clutch isn't working right, and after an hour and a half of toil he decides he'll have to have a garage man look at it. In the meantime the baby has fallen into the mud and ruined his last pair of good stockings. Tired but greasy father consults his watch and discovers that it is past four o'clock and time to start the return trip. But Willie is missing. A search is instigated, and after much hollering and tramping father discovers him up and tramping father discovers him up the creek trying to catch minnows with his new hat. With the proper amount of: "Didn't I tell you not to leave the car?" "Now look at your nice, new hat" "Your mother has been worried to death," "Why don't you ever mind?" "Next time we will leave you home," they reach the car. leave you home," they reach the car. Willie seems thoroughly repentant and promises never to run away

As they settle in the car a report is heard and the car settles down. Father looks around and says rather cheery like, "Ah, ha, I guess it's that bad tire." Mother does not seem to have sense of humor, but the children do. A look from father seems to warn them that this is the day of worship and the outburst is stopped. Father doesn't The tire is adjusted. say much, but the reflection of nature is in his face as he climbs into the car once more.

By this time it is growing late, so father has to again drive fast in order to save time. This makes mother nervous, but this is unnecessary, for are they not having a day of rest in God's out-of-doors? Mother remarks about the beauty of the scenery. Father declares he's coming back some day to see it when there are not so many cars on the road. Traffic thickens. A great cloud of dust hangs over the road as they approach town. The children who are awake are crying for a drink. The youngest has gone to sleep in his mother's arms. Both of mother's arms have gone to sleep, and she can't move her feet on account of the luggage. But all hands are happy, as this is father's day of rest, and he does so enjoy getting out in the open. They have all had such a good time and "everything."

Traffic has become worse. Speed is cut to twelve miles per hour. The children want to know when they will get home. The lights blind and hurt father's eyes. Mother is past feeling anything. She can only think—of the pleasant day they have had. It seems that the whole county is out driving. Some fellow from behind dashes around father's car and scrapes the fender. Father rather jovial like shouts to the fleeing car something about being more careful in his driving just as he bumps the car ahead and locks fenders. The procession stops. Father asks the owner of the bumped car where he can go get the fender straightened. Twenty men of the rear procession explode violently.

Again at the wheel father presses on. The lights flash by in dazzling array. A quietness settles down on the little group, for is it not the close of the day of worship and of rest? True, everyone is exhausted but unspeakably happy.

Home is reached at last. Father isn't sure that he can move. He wonders why mother dosen't stir. With a supreme effort he gets out and helps mother, baby, and the children into the house. The car put away, father staggers in more dead than alive. He tells mother that being in the open makes one so sleepy that he thinks he will go right to bed.

Mother puts the children to bed, washes the camp dishes, and fixes Willie's hat. Somehow she feels more tired than usual, but it is so refreshing to get away on Sunday. However, she is glad that to-morrow is wash day so she can rest up a bit.

On Monday morning father doesn't know why he should feel so tired, because they had such a wonderful day out in the open the day before. In fact, he feels more exhausted this morning than when he finished work Saturday night. But it does one good to have a day of rest once a week to recuperate from the toil of the six days by the right kind of rest—some-thing different. "One gets so much more out of worship in the open than in church!"—From the Christian Ad-

#### HOPE FOR TITANIC SHAFT IN 2 YEARS

Sponsors in Washington Seek More Funds in Congress.

Washington.-Obstacles which for fifteen years have blocked the erection in Washington of a statue commemorating the 1,500 victims of the Titanic disaster are slowly being cleared away. Members of the Woman's Titanic Memorial association hope that their objective will be reached in another two years.

Organized shortly after the disaster in 1912, the association promptly raised more than \$40,000 for the memorial, but it was not until 1917 that a bill authorizing use of public grounds for the purpose got through the legislative jam in congress. Then the site which had been selected was

A new site was chosen, on the Potomac near the ground dedicated to the Lincoln memorial, and Mrs. Harry Payne Whitney of New York went ahead with completion of the statue from a design approved by the Fine Arts commission several years ear-

The new site was under water, but plans had been made for construction of a sea wall as part of the program for linking Potomac and Rock parks. Appropriations for the wall were hard to get, however, and work on it had to be suspended in 1922, after only part of the riprap foundation had been put in. The last congress granted \$25,000 for resumption of the work. but that was enough to provide for little more than repairs on the old foundation. Engineers estimated that another \$175,000 would be needed.

Mrs. William Howard Taft is interested in the plan, which is under the guidance of Mrs. John Hays Hammond, first secretary of the association, and Mrs. Robert S. Chew.

These women are confident that the necessary appropriation will be granted by the next congress and that soon afterward they will be able to complete their task.

#### Colds in Head Prove

Impervious to Vaccine Manchester, England.-A cold in the

head is still a cold in the head at the Manchester university,, where for seven months experiments have been going on to determine the value of vaccination. Two hundred and eightysix persons took part in the test. The conclusion that vaccination

against colds has no preventive value was suggested by the results of an experiment carried on by Dr. A. F. C. Davey, Dr. F. R. Ferguson and Dr. W. W. C. Topley.

Students and members of the university staff offered their services for the experiment. Of these 138 were inoculated with a stock vaccine containing eight different kinds of microbes, and 148 were not inoculated.

Results showed that the 138 inocurated persons had 203 colds, the 148 uninoculated subjects had 163 colds during the period of the test and that the average duration of the colds among the inoculated was 13 days and among the others ten and one-

The investigators, however, consluded that the evidence does not juscify with certainty any conclusion that vaccine caused any harm.

#### One-Man Tugboats Now Being Used on West Coast

Anacortes, Wash.-Man power is too aluable these days for duplication, so one-man tugboats for towing have gained favor. Towing conditions on the British Columbia coast and in Puget sound are causing the change in methods. Navigation laws require boats of over 32 feet length and nine feet beam to carry certified captains. There is no limit to the power equipment. Thus 30-foot boats are being fitted with 45 to 100 horsepower oil engines and one man does the tending, steering, planting the towlines and stands watch.

#### Have Sweet Tooth

Atlantic City, N. J.-Americans seem to have a sweet tooth. They eat 825,000 tons of candy a year, but that's not enough for members of the National Confectioners' association.

#### \*\*\*\*\*\*\*\*\*\*\* Capital "Beauty" Plans

Prove Aid to Parking Washington, - Some decided contrasts between the old and the new are being furnished as the capital gets down to the actual work of beautifying the downtown section, parts of which for years have been a constant irritant to those artistically in-

clined. In the block adjoining the massive Post Office department building, whose foundations inclose labyrinths of cellars below the ground, an entire city block occupied by stores and other business houses was razed, and not a single basement was dis-

closed. When the brickwork and other walls were removed, a job requiring a very short time, the ground beneath was found to be so smooth that it was immediately pre-empted by motorists as a place where automobiles might be left indefinitely without the dread of finding them ticketed for parking too long.

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#### Healthy Play Tends to Check Morbidity

A New York physician, commenting on the perhaps unusual number of snicides that have occurred lately among boys and girls of high school and college age, says that his study of the subject has disclosed the fact that not one of the snicides was that of an athlete. His conclusion is that athletics makes for a condition of bodily health and of nervous equilibrium that preserves a boy or girl from the self-examination and worry that are so likely to break down the morals of the mind.

It is probable enough that this is so. The old Romans knew what they were talking about when they prayed for a sound mind in a sound body. Plenty of lively exercise in the open air, cheerful association with others in the friendly competition of sport, regularly recurring periods when you are taken out of your preoccupation with yourself, your doubts and your problems by the necessity of exercising violently your muscles and your will, all help to keep youth normal and contented. By such means the blood is urged to a healthy circulation, and the clouds and vapors that settle on a solitary and introspective mind are cleared away. We agree with the New York physician that tennis, golf, baseball, track sports, hockey, football are all of them useful ministers to the mind that has any tendency to morbidity. If your son or daughter is genuinely devoted to any of these games you need not have much fear that the idea of selfdestruction will ever occur to that sop or daughter.

Still more effective, of course, is genuine religious faith. The young people who brood themselves into despair are those who have no conviction of the sacredness of life and no assurance of purpose in this world or of hope for the next. "Happiness" is their only goal, and when they find that life inevitably brings responsibilities, disappointments, griefs and disillusionments, they become panicstricken and look for the quickest way out. Youth needs the firm support of faith as much as maturity or old age-more, perhaps, since it has not yet worked out its own philosophy of experience. If parents will see that children are encouraged in the healthful exercise of their bodies and grounded in a strong and reasonable conviction of the meaning of life as a preparation for the existence that lies beyond, the newspapers will have no youthful suicides to talk about.-Youth's Companion.

#### Blood Has Its Tides

In the blood stream, pumped from the heart to give us life, there are daily tides like the ebb and flow of the tides of the sea. Dr. A. F. Bernard Shaw of Newcastle, England, recently made this discovery while studying the white corpuscles of the blood. These white cells, whose duty it is to fight disease germs which enter the blood, are known to vary in numbers from time to time. Doctor Shaw found that the number increases and decreases in two regular daily

The high tide of white corpuscies usually comes just after midnight and again in the afternoon. Doctor Shaw suggests that these tides may bear some relation to the hours of eating and sleeping, or may be due to changing positions of sun and earth .- Popular Science Monthly.

#### Ancient Deben Rings

For many years students of ancient Egypt have asked, What is a deben

Often they encountered the word in their studies, but they were never sure what sort of ring it was. Now. in the opening of the tomb of Queen Hetepheres at Gizeh, men have found a box inscribed: "The mother of the king of Upper and Lower Egypt, Hetepheres; box containing deben rings."

It is easy to imagine the eagerness with which the excavators awaited the opening of the box which would solve the mystery of that long-lost word. Soon the meaning of "deben" was made clear, for inside the box were found two sets of ten anklets, inlaid with dragon flies of lapis lazuli, red cornelian and malachite.

#### Clock Without a Dial

Lullington church, Burton-on-Trent, England, contains a public clock with neither face nor hands. By striking the hours on the church bells it has given the parishioners accurate time

for nearly four centuries. Built in the Sixteenth century by the village blacksmith, it comprises two heavy stones, a rope 30 feet long and a crude escapement. It is wound daily by the sexton. The winding barrels are of oak, like the beams in which the iron bearings work.

A Burton clockmaker declares that chere is no reason why the cleck should not continue working for cen-

#### "A Million-Dollar Smile"

We have heard the remark made before now: "That man's smile is worth a fortune to him." We have not seen many business men of whom we could say that. However, there is one young lady we know of whom we can say "Her smile is worth a million." It is not a cultivated smile, either, but is natural and spontaneous. It does not matter whether it is the "old man" or his son, the elderly woman or her daughter, rich or poor, white or colored, she always greets them with a cheery, sunny smile. We always feel better for having met her.-Bunceton

#### GAVE PASSION PLAY IN THIRD CENTURY

#### First Drama of the Kind Is Credited to Jew.

The first Passion play, such as that at Oberammergau, is said to have been the product of one Ezekiel, a Jew, who, in the Third century, adapted the story of Israel's exodus from Egypt to the Grecian stage. His object was to arouse the patriotism of his exiled and despondent country. men and excite in them a hope for the re-establishment of their kingdom in Palestine.

In the Fourth century St. Gregory Nazianzen, bishop of Constantinople, having noticed the effect of the Greek drama upon the people, concluded that the readiest method of extending the church was the dramatic presentation of the sufferings of Christ, which he accomplished in a drama called "The

When the barbarians made their inroads into southern Europe, and the church began to extend its influence northward into the lands of the Germans, Normans and Saxons, it found great difficulty in coping with the fascination which the heathen festivals and performances exercised. The solution was the adoption of the festivals, and miracle plays were intro-

Adapting the drama to the surrounding circumstances, many of the heathen characters, slightly changed, were retained. The play was supplied with humor by the artful caprices of the impersonated devil.

Soon after the Reformation the miracle plays began to decline, and now they are performed in only a few places, as in southern Bavaria and the Tyrol. The Passion play of Oberammergau is the most celebrated sur-

In 1633 the flax in the neighborhood of Oberammergau became diseased and unfit for the spindle. To prevent the recurrence of any such calamity, the peasants made a vow that every ten years they would present the sufferings of Christ upon the stage.

The vow was kept until the beginning of the Nineteenth century, when further performances were prohibited. The peasants, however, appealed to King Maximilian, who granted permission to renew the celebrations if certain features were removed. This was agreed to, and in 1811 the drama, written by Pastor Weise, was first presented devoid of the devil and comie personages.

Since then, save for a brief interruption occasioned by the World war, the drama has been given at the usual interval. The gospel story commences with Christ's triumphal entry into Jerusalem, and closes with a scene prefous to the ascension.

A Bourges (France) tradesman was drowsing while his assistant was opening the shop below when a great weight suddenly landed on the bed. M. Cotineau opened his eyes and came face to face with a lion.

Such an unusual sight was enough to upset any peaceable grocer, and we can forgive M. Cotineau for darting under the bedclothes. Strange to say, the suddenness of his movement seemed to frighten the lion, which leaped off the bed and ran into another room. We may be sure M. Cotineau lost no

time in barricading his door. Meanwhile the assistant, who had seen the lion enter the shop, ran to the local menagerie, and keepers soon arrived to remove the king of beasts.

### Bismuth Meal

Ine of the drawbacks in the use of X-ray photography in surgery has been that the internal organs do not show upon the plate nearly so boldly as solid parts, such as the bones. This difficulty has been partly surmounted by giving the patient a meal containing a proportion of bismuth an hour or so prior to the operation, according to the Washington Star.

The opacity of the bismuth causes most of the organs to stand out boldly, but even so it is ineffective for certain parts of the human organism, such as the lungs. Quite recently, however, a scientific worker discovered that a certain oil, the name of which has not been disclosed, injected a few hours prior to the operation, renders the lung cavities clearly visible.

#### Illiteracy in India

Although there was an increase of 482,000 pupils and 9,113 recognized educational institutions in India in the school year of 1925 over those of the preceding period, it would require forty years, at the present rate, to enroll all the children into schools, according to recent estimates. Only 82,000 of the increase in the number of pupils were above primary school status, and as 90 per cent of the 320,000,000 people in that country are illiterate, the progress of education is shown to be slow.

#### Conscientious Judge

'Judge Johnston," began Police Judge C. S. Johnston of Stockton, Calif., "you are charged with making a left turn. Guilty or not guilty?" "I'm guilty," replied the judge to himself, "but you see it was like this-" "I know that story," the judge interrupted himself. "The usual fine is \$1 for making a left turn, but because you ought to know better it will be \$5 in your case." After fining himself Judge Johnston complimented the po liceman for citing him to accuse

## Insure against such delays

Recently a woman complained to us about the Executor of an estate, in which she was interested. Almost a year and a half has passed since the probate of the will but she has not received her legacy, or had any word from the Executor.

Such a condition would not exist if this bank had been made Executor. We do business on time. The testator could have felt assured that the provisions of his will would be promptly and conscientiously carried out.

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