

Standards Vary as to

sarily enough for a man.

ten to the men.

"Eight for a man, nine for a woman

he would reverse the order and give

Even the lecturer's version of the

old standard seems more generous

than the facts; not eight hours' sleep

the famous health rules of Salerno,

and enough for either a young man

or an old one, and some ancient au-

thorities were ready to brand as sluggard the man who slept for longer

than six hours out of twenty-four.

Indeed, to judge by its proverbs and

precepts the world of three or four

hundred years ago was constantly at

war with the sluggards, and forever

maintaining a stiff fight against the

Here and there an isolated hero

like Sancho Panza stands up to praise

sleep and its inventor, or the Vene-

tians produce a proverb which recom-

mends slumber as a sort of medicine,

but in general both doctors of medi-

cine and divinity seem to have agreed

that sleep was the enemy of their age.

Like the Dormouse at the Mad Hat-

ter's tea party, the public at large

was always being well shaken and

told to cast off dull sloth and joyfu!

The picture is the more curious be-

cause so little is heard of such re-

bukes today; though we are fiercely

warned by our medical advisers not

to do many things, from overeating

to underexercising, we are hardly

ever expected to refrain from over-

sleeping. It is the one possible ex-

cess which no one bothers to rebuke;

and here one eminent authority boldly

declares that five-twelfths of the

whole day may be spent in sleeping without reproach. Are we, then, so

active that we need urging to slum-

ber? And were our forefathers so

sleepy that only the constant thunder

of the sages could keep them awake?

Strange as these conclusions seem, the

Early "Sunday Closing"

its first impetus from Peter Stuyves-

ant, governor of New Amsterdam.

about the middle of the Seventeenth

century, when he forbade the sale of

intoxicants on the Sabbath day until

In those days the town was dotted

with taverns. It has been estimated

that a fourth of the buildings were

devoted to the sale of brandy, tobacco

and beer. Some of the places had be-

The Sunday closing of saloons got

facts appear to justify them.

after preaching.

undue claims of sleep.

rise.

Bellefonte, Pa., May 20, 1927.

PLEASANT GAP.

Mrs. Harry Hockenberry is ill at this writing.

Mrs. Fred A. Clemens is visiting at Berwick and Nescopeck.

Joe Favuzza, our popular barber, is seriously ill at this writing.

John Strunk was taken to the Centre County hospital on Monday.

The Methodist congregation have decided to make a number of much needed repairs on their church.

Mr. and Mrs. Charles Corl, of Boals-burg, spent Sunday at T. D. Millbut seven was definitely laid down in wards.

Keep in mind the date of the W. T. U. medal contest, May 24th, at 7.45 in the evening. An interesting pro-gram has been prepared, with lots of good music.

Mrs. H. D. Gehret, of Sunbury, is visiting friends here. Mrs. Gehret made the trip to attend the funeral of Harry Jodon, who was a cousin of Mr. Gehret.

Quite a large number of Pleasant Gap people are patients in the Centre County hospital, and knowing that, the people ought to give their money willingly in the drive for funds.

H. C. Faust, of Sunbury, who has been a guest of J. T. Noll, has taken a job as an officer at Rockview penitentiary. Mr. Faust will move his family from Sunbury as soon as he can find a suitable location.

Sunday evening, May 15th, being the usual time of worship for the St. Mark's Lutheran congregation, they decided to render a "Mothers day" program. The songs and exercises by the children were particularly well delivered, and several solos and duets were rendered very creditably. Rev. Wagner then gave a most appropriate talk.

Television Duplicates Exactly Functions of Certain Human Organs.

Scientific experiments resulting in the recent successful demonstration of television over a two-hundred-mile telephone circuit have revealed the fact that electricity is duplicating functions hitherto performed only by the human body, says the Pennsylva-nia Public Service Information Committee.

The functions of the human eye are duplicated exactly in television. The scene to be transmitted is scanned by photoelectric cells which translate light and shadows by variations of electric currents. Those currents are amplified and sent over telephone wires or radio waves to the receiving end where 2,500 pairs of wires trail back from a large circular disc into what seems to be a gigantic optic nerve. The electric current carried by each pair of wires correspond to the impulses carried from the retina of the human eye to the brain through

the optic nerve. The telephone equipment used in television also bears a striking re-semblance to parts of the body, both

FARM NOTES.

-Regulating farm practices by the "light" or "dark" of the moon is dis-couraged by the Department of Agri-culture. The efficacy of following be-liefs surrounding "moon farming" that have come down from the Middle Man's Hours of Sleep An older school of moralists, and possibly an older school of doctors. would have been gravely shocked by the suggestion, just made by an expert in mental diseases, that even Ages, says the Department, bears no scientific investigation, as the fac-tors that do affect the growth of crops are well known to scientists. eight hours' sleep a day is not neces-

The statement follows: and ten for a fool," was given by Sir Moon farming, according to the Weather Bureau of the United States Robert Armstrong Jones in his lecture to the Medical society of London Department of Agriculture, has absolutely no support from any scientific point of view. By "moon farming" as the old standard, but he added that or butchering, singing or shearing, or butchering, singing of shearing,

or any other farm activities supposed to be affected by the "dark" or the "light" or some other phase of the moon For example, up to the time of the French Revolution it was forclub. bidden to fell trees in France between

new moon and full moon. Many old sayings bear witness to the common belief in guiding farm practice by the state of the moon, such as:

"Sow peas and beans in the wane of the moon; Who soweth them sooner, he sow-

eth too soon."

The scientist points out that the chief things affecting the growth of crops at any stage are: temperature of soil and air; composition of adja-cent atmosphere; kind and intensity cent atmosphere; kind and intensity of light; presence or absence, and severity of plant disease; mechanical condition of the soil, loose or com-pact; fertility of soil; and quantity of other vegetation, or weeds, present. Metereologists can show that the moon has nothing to do with any of these conditions affecting crops. has no influence on weather or soil. Even the light of the full moon is not nearly intense enough to have any effect on plant growth or plant dis-

The conclusion therefore is neces-sarily that "moon farming" is "moon shine," and that the only good it ever did was through the systemizing of farm work, fixing a time for all activities, and the force it imparted to that very necessary injunction, "Do it now.

Early in the season the soil is usually wet. Tramping at this time easily kills many plants, especially seedlings. Furthermore, many plants are readily pulled out by the roots.

ers who grew over three hundred bushels an acre on an average of 10 bushels an acre on an average of 10 acres each. Through the use of bet-ter practices all of these growers have been able to produce bigger crops on fewer acres, thus cutting down the unit cost of production and increasing their profits increasing their profits.

Best Garden Club Member Gets Prize.

A unique organization is found at Lititz in Lancaster county. It is a garden club which meets monthly. At the last monthly get-together, two members joined the 12 already in the club.

The club follows the plans outlined in the Pennsylvania State College extension service vegetable gardening projects and each member keeps a complete record of all his operations. At the end of the year a prize is awarded to the best gardener in the

> Orders by telephone always receive prompt attention.

Meats.

Whether they be fresh,

smoked or the cold-ready to

serve-products, are always

the choicest when they are

We buy nothing but prime

stock on the hoof, kill and re-

frigerate it ourselves and we

know it is good because we

have had years of experience

in handling meat products.

purchased at our Market.

Telephone 450

P. L. Beezer Estate

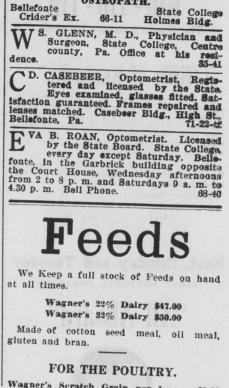
Market on the Diamond BELLEFONTE, PA. 34-34

Insurance

FIRE LIFE ACCIDENT AUTOMOBILE WINDSTORM BURGLARY PLATE GLASS LIABILITY OF ALL KINDS SURETY BONDS EXECUTED



Bellefonte, Penna. 71-33-tf



ATTORNEYS-AT-LAW

J KENNEDY JOHNSTON - Attorney-at Law, Bellefonte, Pa. Prompt at-tention given all legal business en-trusted to his care. Offices-No. 5, Mast High street. 57-44

J M. KEICHLINE. — Attorney-at-Law and Justice of the Peace. All pro-fessional business will receive prompt attention. Offices on second floor of Temple Court. 49-5-1y

W^{G.} RUNKLE. - Attorney-at-Law. Consultation in English and Ger-man. Office in Criders Exchange. Bellefonte, Pa. 58-5

PHYSICIANS

OSTEOPATH.

R. R. L. CAPERS.

S

D

Bellefonte

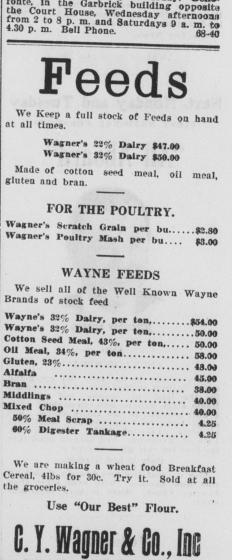
Exchange.

KLINE WOODRING. - Attorney-s: Law, Bellefonte, Pa. Practices in all courts. Office, room 18 Crider's bange. 51-1y

Brands of stock feed

Wayn	e's 32% Dairy, per ton,	\$54.00
Catton	e's 32% Dairy, per ten,	. 50.00
OULOR	Seed Meal, 43%, per ton,	50.00
JOH M	eal, 34%, per ton	59 00
Gluten	, 23%	49 00
Allalia		45 00
Dran	******	99 00
miaan	ngs	40.00
Mixed	Chop	40.00
00%	Meal Scrap	4.95
60%	Digester Tankage	4.25
	in the state of the state of the	

the groceries.



Are You "Toxic?" It Is Well, Then, to Learn the Importance of Good Elimination. FUNCTIONAL inactivity of the kidneys permits a retention of

PILLS

60c

waste poisons in the blood. Symptoms of this toxic condition are a dull, languid feeling, drowsy headaches and, sometimes, toxic backache and dizziness. That the kidneys are not functioning as they should is often shown by scanty or burning passage of secretions. Many readers have learned the value of Doan's Pills, stimulant diuretic to the kidneys, in this condition. Users everywhere endorse Doan's. Ask your

CHICHESTER S PILLS THE DIAMOND BRAND, A Chickester Blamond Brand Diamond Brand Diamond Brand Diamond Brand Pills, for ss park known as Best, Safest, Always Reliable

SOLD BY DRUGGISTS EVERYWHERE

neighbor! AN'S U

Stimulant Diuretic to the Kidneys Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

-Grazing of grasslands should not begin until most of the grasses are about six inches tall, or in the case of shorter grasses, until the stage when the flower heads are in the boot. If this practice is followed there will be less loss from poisonous plants, there will be greater production of forage, a better stand of the most palatable

plants and greater carrying capacity. When grazing is started too early the desired plants are stunted and the root system remains small. When large amounts of water are needed by the leaves later in the season the roots are not deep enough to supply the demand. Sufficient food is not stored in the roots. Fewer stems and leaves are produced with a result that flowers and seeds cannot form. So the plants become weakened and reproduction is prevented.

in appearance and in functions. The telephone transmitter is a metal ear drum. Cross sections of talephone cable are amazingly like cross sections of the spinal cord and serve the same purpose—that of carrying im-pulses to the brain which is represented by the switchboard.

Air Travel De Luxe.

Luxury crowds on the heels of safety in new ways of transportation. The latest illustration of a tendency which has been evident in the railway and the automobile appears in air-craft. The super-Zeppelin which is being built at Friedrichshafen for the Spanish-South American service may challenge comparison with many an ocean liner for contrivances designed to make passengers forget they are not on terra firma.

There is to be an electrical operated kitchen which will be able to provide a wide array of tempting dishes for forty persons. The dining room, occupying a gondola of its own, is to be capable of being transformed into a ballroom. Rich carpets will help to create the illusion of a modern hotel in some social capital instead of a giant vessel swinging through the air, while strains from the radio will sup-ply the dance music. Only the best limited trains can vie with this type

of airship in sleeping arrangemnts. Ventilation on the other hand, de-mands original treatment, for the Zeppelin will be flying over snow-capped mountains and sultry plains in court concession and the mainter in quick succession and the maintenance of an even temperature under these changing conditions is not easy. Travel, which once was a synonym for discomfort, has become another name for ease.-Exchange.

Wet April and Cool May.

The time honored prophecy among agriculturists that "a wet April and cool May bring a lot of wheat and hay," is watched this year by many of those who till soil. From present indications the prophecy will come true, as the wheat and grass fields nearer locked more promising. With never looked more promising. With practically little frost in the ground during the winter, the tiny wheat sprouts grew during the entire period, with the result that now they are far ahead of last year's growth. When the winter is severe the sprouts lie dormant until the springtime, when the warm rains rouse them from the winter's nap. The wheat at this time has a good stand and the grass fields appear as if they will produce one of the heaviest hay crops in years. With the continued rains the remainder of the month those engaged in agriculture expect these two crops to be far above the average.

Too Low a Bid.

"I'll give you a nickel for a kiss," said a visitor to the little daughter. "No thank you," said she sweetly, "I can make more money taking cas-tor oil."-Capper's Weekly.

come nothing more than fight clubs. with a brawl every night. Stuyvesant bent on cleaning up the town, ordered that no new taverns should be licensed except by the unanimous consent of the town's officials. He also ordered the proprietors to occupy decent houses, report all brawls, and stop selling liquor to the savages, who were given to getting full of "firewater" and testing their lung power and their tomahawks in the public streets.

Victorian Orators

The marquis of Huntly knew most of the leading political figures of the Victorian era, and in his recent book of reminiscences he contrasts the methods of some of the great parliamentarians. The most successful speakers, he says, are not those who wave their arms with perfervid declamation. Parnell, who never moved from an erect attitude, and spoke in measured sentences, with a cynical manner, was very effective. Dilke, on the other hand, in speeches crammed full of knowledge, was too verbose, and seemed to tire the house. Joseph Chamberlain, in his clear-cut tones with a penetrating and incisive voice, his right arm moving slowly to point or emphasize a remark, was one of the most delightful speakers to listen to. The marquis of Huntly adds that Sir William Harcourt was fluent and bombastic.

Strawberries Beauty Aid

Dr. Walter J. Swingle, a field agent of the Department of Agriculture, has arrived at San Francisco with specimens of strange and exotic fruits from the Orient. Among them is what is described as a giant strawberry, a strawberry wonder said to grow on a tree. The idea of plucking strawberries from trees is sufficiently novel in itself, but it is further set forth that this fruit of the tree has remarkable beauty-giving powers. Those who eat of it may, as a result, reduce their weight, and, at the same time, beautify the complexion. Its native habitat

Largest Loom

At Rodewisch, in Saxony, the center of the German textile industry, there is in operation what is thought to be the largest weaving loom in the world. This huge crank loom is 77 feet long and 60 feet wide. It stands 10 feet high and weighs 35 tons. The shuttle is of corresponding proportions, and travels to and fro at the rate of 15 times a minute. This machine is capable of turning

out seamless disks of felt, such as are used in paper mills, up to 233 feet in circumference.

Poisonous plants such as larkspur, locoweed and death camas begin growth early in the spring. When the grasses are still short the poisonous. plants are much taller and succulent forming a tempting bunch of green forage. The grasses at this time are low in feed value and often fail to satisfy the hunger of the stock, so a large bunch of green larkspur or oth-er poisonous plant is greedily eaten. Late in the season the poisonous plants are not so tempting.

When the grasses are given a chance to start vigorous growth in the spring they will help prevent the spread of unpalatable and poisonous plants.

-Hog quarters arranged to give the brood sows plenty of exercise show results at farrowing time, say specialists at the Pennsylvania State College. Sufficient protein and min-eral matter for the maintenance of body weight also have a telling effect on the strength of litters produced.

-Septic tanks contribute to better sanitation about the farm home. Community forms are quite generally used in many Pennsylvania counties. Ask your county agent about the procedure necessary to obtain the advantages of a modern sewage dis-posal plant.

-Stopping the ravages of the Eu-ropean corn borer will be an import-ant part of the farm operations throughout the infested area this year. Individual farmers will have opportunities to deal death-blows to this hungry insect pest.

A number of practical points are suggested by Pennsylvania State Coilege extension entomologists for the repelling of the invader. Corn stalks should be kept out of the barnyard and pasture, and they should not be permitted in manure. All shredded stalks should be plowed under deeply. Unused stover is either shredded or burned.

These are all spring practices and should be done by May 15. The disk arrow is recommended instead of the spring-tooth harrow because the latter pulls stalks to the surface, allowing the borers to emerge and lay

fy the complexion. Its native habitat is on the Chinese coast, south of the Yangtse river, but it is believed that it may be grown in many parts of the United States.—Boston Transcript. Largest Loom

-Twenty per cent. of the potato acreage in Pennsylavnia produced two-thirds of the State crop last year, cording to E. L. Nixon, extension plant pathologist of the Pennsylvania State College. Those growers are the ones who sprayed their potatoes consistently.

Ninety-seven Keystone potato growers became members of the 400-Bush-el Club in 1926. Their average production was 450 bushels per acre and their average acreage 12¹/₂. Produc-ing within 15 bushels of the 400-mark were 123 men having an average of 11¹/₂ acres. Then there were 235 oth-

Decker Chevrolet Co.,

Used Car Bargains

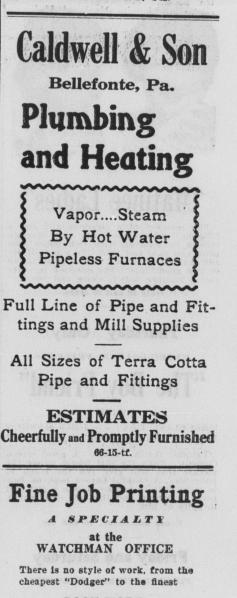
AT

-:-

Small Down Payments and Easy Terms..

Ford Ton Truck \$	20.00
1926 Chev. Sedan	500.00
Any Model Ford Tourings as low as (with Starters)	40.00
1925 Ford Roadster	150.00
1924 Sports Model Chev. Touring	160.00
1925 Ford Coupe, balloon tires	250.00
1923 Overland Touring	95.00
1924 Dodge Truck	150.00
1923 Chev. Coupe	200.00
1922 Ford Sedan	50.00
1923 Chev. Touring	100.00
1923 Chev. Sedan, Duco paint, disc clutch	275.00





BOOK WORK that we can not do in the most satisfactory manner, and at Prices consistent with the class of work. Call on or communicate with this office

Employers This Interests You

The Workman's Compensation Law went into effect Jan. 1, 1916. It makes insurance compulsory. We specialize in placing such insurance. We inspect Plants and recommend Accident Prevention Safe Guards which Reduce Insurance rates.

It will be to your interest to consult us before placing your Insurance.

JOHN F. GRAY & SON.

Bellefonte 43-18-1yr. State College