

PINE GROVE MENTION.

Farmer W. S. Markle is steering a new Ford.

Henry Elder Jr. is ill with a general breakdown.

Col. D. W. Miller is again quite ill and confined to his room.

Jack Frost made his first appearance here on Tuesday morning.

Miss Nora Dearmit, of Gatesburg, was in town Friday on a shopping trip.

Harvest Home services were held in the Bethel church on Sunday afternoon.

Mrs. S. A. Homan spent the latter end of the week with friends in Altoona.

Melvin Barto and lady friend spent Sunday with relatives at Mount Union.

Mr. and Mrs. H. G. Sunday and family, of Tadpole, spent the Sabbath with friends in town.

E. H. Auman & Son are installing a thirty horse power oil engine in their flour mill in this place.

M. C. Wieland and family were Sunday guests at the Charles Rosenburg home, at Stormstown.

Mrs. Blair Miller was taken to the Altoona hospital last Thursday for an operation for appendicitis.

W. B. Ward, who has been confined to his room many weeks, is now able to take daily walks up town.

Frank Bryan, wife and son Robert, and Miss Helen Goss, spent last week at Niagara Falls and Buffalo.

Rev. J. Max Kirkpatrick and wife were entertained at dinner on Sunday at the J. H. Bailey home.

Farmer David Elder is having a new roof put on his barn. Robert Campbell has the job in charge.

Keller and Osmer, stock dealers, were in the valley last week hunting fresh cows, but did not find many.

Mr. and Mrs. Clayton Corl and two children, and Fred Corl, of Juniata, spent Sunday with relatives in town.

Charles H. Meyers and two sons and I. O. Campbell motored to Philadelphia last week and took a good look at the Sesqui.

Farmer Ed Frank is gunning for the thief who stole several nicely cured country hams from his smoke-house last week.

The Shoemaker brothers are erecting a seventy ton silo on the farm they recently purchased from James Glenn, south of State College.

"The Lunatics" is the name of a little playlet that will be given in the I. O. O. F. hall tomorrow evening. Admission, 25 and 35 cents.

Mr. and Mrs. William Strouse and Mr. and Mrs. H. L. Dale spent Sunday at the Dale home on the Branch, greeting William Strouse Jr. and bride.

Mr. and Mrs. F. E. Sancierman and twin daughters returned to their home in Altoona, last Thursday, after spending two weeks with friends in this section.

Mr. and Mrs. Charles Logan and Mr. and Mrs. Fred Randolph have returned from a trip through the South, which included Maryland, Virginia and Kentucky.

Harry G. Sunday and son, Harry Jr., have quit work on the experimental farms at State College and gone onto the Ellenberger lumbering job, on Tadpole.

Pierce Gray and Mr. and Mrs. Charles Ellenberger are back from Florida on a visit and greeted friends here last Thursday while on a trip to see the Woodward cave.

E. E. Ellenberger has purchased the Garner timber tract on Bachelor hill and has already started the cutting of timber. It will take a year or longer to clean up the tract.

Edna Woomey, the little daughter of Mr. and Mrs. E. K. Woomey, who recently underwent an operation at the Altoona hospital, has been brought home and is convalescing nicely.

Mrs. Sarah Goodhart and father, W. E. McWilliams, and aunt Nannie Bailey were members of a porch party at the home of the Goheen sisters, at Rock Springs, last Friday evening.

After a ten weeks visit with relatives in this section Mrs. Alice Buchwalter and son Henry have returned to their home at Lancaster, where the latter is a student at Franklin and Marshall college.

Budd Goss and sister Sadie spent last week visiting their uncle Charles and family, in Harrisburg. Mr. Goss accompanied them home on Saturday and remained over Sunday with his mother, Mrs. A. F. Goss.

After spending almost eight years with the C. M. Dale family, on the Branch, Miss Irene Fletcher has gone to the home of her parents, at Howard, to remain permanently. She will be greatly missed in the Dale home as well as the community.

A little son was a recent arrival in the T. M. Way home, making a family of four boys and three girls. On Wednesday of last week an eight pound boy arrived in the Basil Frank home, and a little daughter also arrived last week in the L. M. Stump home.

Several weeks ago Miss Belle Woomey ran a splinter in the middle finger of her right hand. Infection followed and last week the finger was amputated at the Altoona hospital. She is now recovering and expects to be able to resume her work as a school teacher in the near future.

Moses Thompson Lytle, who fifty years ago took Greeley's advice, went west and grew into a prosperous banker in Nebraska, is here looking over the scenes of his boyhood days, and notes the fact that a big garage now occupies the site of the old tavern where he first saw the light of day.

FOR AND ABOUT WOMEN.

DAILY THOUGHT.

Hard things are put in our way not to stop, but to call out our courage and our strength.—Anon.

DINNER PARTNERS.

A novel plan for pairing off girls and men at dinner parties, one which takes the responsibility of this feat off the hostess and is often productive of interesting or amusing results, is in the form of a game, which is concerned with likenesses of taste. The hostess makes out a list of modern novelists, for instance. Each name she prints twice on separate slips of paper. Each set of slips is dropped into a hat or on a tray and passed among the girls and men respectively. The different members of the party pick out their favorite writer, and the man and woman who agree in this selection are partners for dinner. Musicians, artists, famous paintings, poems and various other persons or things may be utilized in this way, this method often gives rise to considerable interesting conversation, particularly where there are one or more strangers in the party.

CHILDREN'S SHOES.

Mothers often hesitate to put their small children into dainty white and light-colored shoes because of the problem of keeping these shoes clean.

If they are very dirty they may be cleaned in gasoline.

The regular white shoe polish is made with whiting and powder, made medium thick and applied with a cloth.

This may be used on white canvas and white colored buckskin shoes.

Rub the shoes free from dry powder after they have dried.

"Booties" made of chamois may be washed in ammonia water.

Wash them in a suds with ammonia in it, rinse in more ammonia and wipe them dry with a towel or cloth. Do not dry near artificial heat.

THE EFFECTS OF DIET ON THE SKIN.

While overweight is a disadvantage, before reduction, an attempt should be made to determine the normal weight of the individual, and the reduction of weight should not be carried much below that point. Too rapid and ill-advised reduction is also dangerous. The skin in such cases loses some of its resistance, and stubborn infection sometimes occurs. When reduction of weight is undertaken in middle life, it has to be done very gradually in order not to show marked effects on the appearance of the skin. The loss of a few pounds will frequently make the skin of the face wrinkled and baggy.

If the reduction is carried too far or is carried out too rapidly, this effect is also seen in the hands. Their skin becomes loose and the loss of some of the small amount of subcutaneous fat allows the veins of the back of the hands to cause an unsightly appearance by their prominence and color. Frequently, in such cases, the face takes on an anemic appearance, absence of healthy color, and a sallowness which gives the distinct appearance of weariness and age.

As women of forty and over who wish to reduce are common, these well-known facts should not be overlooked, for reduction is undertaken in many cases to improve the appearance. It takes considerable attention to prevent the disappearing of some of the charm of the skin while diminishing the unattractiveness of the excess of fat, for the charm which is lost in this way often takes months to be restored after the individual affected has returned to a sufficient and well balanced diet.

Most faddists believe in a panacea, and food faddists are no exception. They are of infinite sorts, and each one thinks he has solved the problem, either eliminating some class of foods or by eating only another sort. They perform miracles; for, as Osborne remarks, "The enthusiasm of converts to new cults often leads them to most remarkable accomplishments." But these accomplishments do not last long, and if, during their brief success, the converts had less of the missionary spirit, the lives of the objects of their attempted salvation would be more comfortable. Doctor Rabelais' advice is still sound: "And if you desire to live in peace, joy, health, making yourselves always merry, never trust those men that always peep out at one hole."

EXPERT ADVICE ON THE TRAINING OF BABIES.

Begin training your babies in sound habit formation early. Many desirable habits can be established during the first three months of life.

Healthy babies do not require a two-o'clock-in-the-morning feeding. Start at three or four weeks to deprive him of this feeding.

Children should have an afternoon sleep period until well into their sixth year.

Establish the habit of early and regular bedtime.

Discourage baby's habit of depending on his bottle. Substitute for it as

soon as advisable the habit of feeding himself with appropriate solid food.

If your child develops the habit of being fussy and overparticular about his food, try to replace it with the habit of eating whatever is set before him.

Don't neglect training in habits of bodily elimination. Regularity of bowel and bladder emptying can be taught early, and benefits both mother and child.

Last of all, remember that weeks and months are usually necessary to instill any of these habits. The secret lies in keeping at it until success is indicated. Other mothers are doing it every day—why not you?

While the health value of lemons taken morning and evening cannot be overestimated, particularly to one of bilious tendency, certain precautions must be observed if full benefit is to be had.

Do not make mistake of taking too much lemon at once. To put the juice of a large or small fruit in a glass of water is too much acid for the ordinary stomach. Not more than a half lemon should be used to the glass.

Primitive Foods.

Return to food conditions much more primitive than those in vogue will be necessary if ravages of dental diseases are to be checked. This is the lesson derived by Dr. T. D. Campbell of Adelaide university from an exhaustive examination of teeth and jaws of Australian aborigines, which he finds are strikingly large, well formed and healthy, says Science Magazine. "There is in every respect," Doctor Campbell says, "a very marked difference between the well-formed Australian dentition and the ill-formed, disease-stricken masticatory outfit with which modern civilized people are burdened."

The marked immunity from dental diseases among the aboriginal children and grownups he attributed to the coarse, tough food which formed their diet and the crude methods of preparation and cooking. Even children's teeth he found were well worn from chewing tough substances at an early age.

Million Pounds of Old Clothes.

Enough cast-off clothing and old shoes, consigned to refugee camps in Greece, Syria and Armenia was shipped out of Chicago in July to clothe a small European nation. During the first twenty days of August more than a million pounds of refugee clothing were handled by the Illinois Central, Missouri Pacific and Wabash lines, whose officials contributed free transportation to the seaboard.

The bulk of the shipments was gathered by the pupils of Chicago schools under the auspices of the Near East Relief. Similar contributions came from schools in a dozen cities in Indiana, Illinois and Minnesota. According to a statement from the railroads, last year's contributions of free freight to the Near East cause provided transportation for 3,250,000 pounds of refugee clothing and 550,000 pairs of shoes. Free ocean freight to Greece and Armenia was contributed by the steamship companies.—Ex.

—A cranberry crop approximating 430,000 barrels is predicted from Cape Cod, but nothing has come from Vermont yet as to what the turkeys are doing to meet this record.—Ex.

—The "Watchman" gives all the news when it is news. Read it.

Better Than Pills For Liver Ills.

You can't feel so good but what **NR** will make you feel better.

Get a 25c. Box.

Nature's Remedy

Your Druggist

RUNKLE'S DRUG STORE.

Insurance

Fire... Automobile

ALL OTHER LINES

Bonds of All Kinds

Hugh M. Quigley

Successor to H. E. FENLON

Temple Court BELLEFONTE, PA. 71-33-1f

Dairymen---Notice

A special sale of Mayer's Dairy Feed—a Ready-Mixed Ration, 22% protein

\$40.00 per Ton

Delivery Charge \$2.00 per Load

Frank M. Mayer

BELLEFONTE, PA.

71-11-1f

Keep in Trim!

Good Elimination Is Essential to Good Health.

THE kidneys are the blood filters. If they fail to function properly there is apt to be a retention of toxic poisons in the blood. A dull, languid feeling and, sometimes, toxic backaches, headaches, and dizziness are symptoms of this condition. Further evidence of improper kidney function is often found in burning or scanty passage of secretions. Each year more and more people are learning the value of **Doan's Pills**, a stimulant diuretic, in this condition. Scarcely a nook or hamlet anywhere but has many enthusiastic users. Ask your neighbor!

DOAN'S PILLS

60c

Stimulant Diuretic to the Kidneys

Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

Home-Builder Gets Good Investment Plus Comfort



ECONOMY of space in this five-room English town house has not meant a sacrifice of an artistic exterior. Built of variegated or common brick, whitewashed, with a roof of stained shingles or slate, it presents an unusually attractive and compact appearance. The portico is arched and roofed, and has a red brick floor. The shutters of solid, weathered boards give an interesting departure from the usual New England type.

A number of features provide for exceptional comfort and convenience. The living room has an oriel bay window that affords a window seat or fernery within. Every room has windows on two sides, giving cross-ventilation. The house is insulated, walls and roof, with celotex as protection against cold and waste of fuel in the winter, and the hot rays of the sun in summer. The floors are hardwood throughout, and have a layer of celotex placed between them to deaden noises within the house, a feature that is especially appreciated where there are small children and noisy boys in the house.

The living room has an open fireplace and built-in book case. The porch or sun room may open off the living room or dining room, and can well have a sleeping porch above if extra sleeping quarters are needed. The service entry is conveniently placed at the side, to save the housewife steps. The kitchen has built-in cupboards, ironing-board and breakfast-nook.

The Celotex Institute, Chicago, 1926.

The New Fall Showing OF Mens, Boys and Childrens Clothing AND Furnishings

Is now ready. It's by far the Most Complete Showing of Mens and Boys Wearables ever seen in Bellefonte. Priced so they are easy to buy. All sold the Fauble way—"Your Money Back" at any time.

Let us Show You

A. Fauble

ATTORNEYS-AT-LAW

S. KLINE WOODRING—Attorney-at-Law, Bellefonte, Pa. Practices in all courts. Office, room 18 Crider's Exchange.

J. KENNEDY JOHNSTON—Attorney-at-Law, Bellefonte, Pa. Prompt attention given all legal business entrusted to his care. Office—No. 5, East High street.

J. M. KEICHLINE—Attorney-at-Law and Justice of the Peace. All professional business will receive prompt attention. Offices on second floor of Temple Court.

W. G. RUNKLE—Attorney-at-Law. Consultation in English and German. Office in Crider's Exchange.

PHYSICIANS

D. R. L. CAPERS, OSTEOPATH. Bellefonte, Crider's Ex. 66-11. State College, Holmes Bldg.

W. S. GLENN, M. D., Physician and Surgeon. State College, Centre county, Pa. Office at his residence.

C. D. CASEBEER, Optometrist, Registered and Licensed by the State. Eyes examined, glasses fitted. Satisfaction guaranteed. Frames repaired and lenses matched. Casebeer Bldg., High St., Bellefonte, Pa.

E. VA. B. ROAN, Optometrist. Licensed by the State Board. State College, every day except Saturday. Bellefonte, in the Garbick building opposite the Court House, Wednesday afternoons and Saturdays 9 a. m. to 4.30 p. m. Bell Phone.

Feeds

We Keep a Full Line of Feeds in Stock

Try Our Dairy Mixtures

—22% protein; made of all Clean, Pure Feeds—

\$46.00 per Ton

We manufacture a Poultry Mash good as any that you can buy, \$2.90 per hundred.

Furina Cow Chow	\$52.00 per ton
Oil Meal, 34 per cent. protein	54.00 "
Cotton Seed, 43 pr. ct. prot.	50.00 "
Gluten, 23 per cent. protein	48.00 "
Alfalfa Meal	45.00 "
Bran	34.00 "
Middlings	36.00 "

(These Prices are at the Mill.)

\$2.00 per Ton Extra for Delivery.

We are discontinuing the storage of wheat. After July 1st, 1926, all wheat must be sold when delivered to our mill.

C. Y. Wagner & Co., Inc

66-11-1yr. BELLEFONTE, PA.

Caldwell & Son

Bellefonte, Pa.

Plumbing and Heating

Vapor...Steam
By Hot Water
Pipeless Furnaces

Full Line of Pipe and Fittings and Mill Supplies

All Sizes of Terra Cotta Pipe and Fittings

ESTIMATES
Cheerfully and Promptly Furnished

Fine Job Printing

A SPECIALTY at the

WATCHMAN OFFICE

There is no style of work, from the cheapest "Dodger" to the finest

BOOK WORK

that we can not do in the most satisfactory manner, and at prices consistent with the class of work. Call on or communicate with this office

Employers This Interests You

The Workman's Compensation Law went into effect Jan. 1, 1916. It makes insurance compulsory. We specialize in placing such insurance. We inspect Plants and recommend Accident Prevention Safe Guards which Reduce Insurance rates.

It will be to your interest to consult us before placing your Insurance.

JOHN F. GRAY & SON.
Bellefonte 43-15-1yr. State College