

# Democratic Watchman

Bellefonte, Pa., July 16, 1925.

## New Insurance Law on War Risk Policies.

Answering a flood of inquiries from local World War Veterans produced by conflicting rumors of new insurance legislation, H. J. Crosson, Philadelphia Regional Manager of the U. S. Veterans Bureau, announced recently, that the bill signed by President Coolidge has extended for one year the final date upon which War Risk Insurance policies could be reinstated and converted to permanent form. The final date therefore becomes July 2, 1927. The necessity of this extension in order to avoid an injustice to all concerned is demonstrated by the results of Mr. Crosson's educational campaign on government insurance during the past six months. During this period \$9,250,000 in government policies were placed among ex-service men in the Philadelphia metropolitan area as against only \$2,250,000 in the six months immediately preceding. In addition over 4,000 men thus aroused received full information as a result of personal application.

Mr. Crosson said he was advised by the Assistant Director in charge of Insurance at the Veterans Bureau at Washington, that the new law also authorizes a five-year level-premium term policy, exchangeable within the five year period for other forms of level-premium life or endowment policies. This was an entirely novel feature, he said, and was designed to offer complete protection to the lowest possible cost to the veteran and at the same time eliminate the undesirable annual increase in premium found in the original War Risk policy. He promised to broadcast detailed information about its provisions at an early date, after the considerable amount of necessary preliminary work by government actuaries in issuing it was completed.

## Municipal Light Plants in 269 Cities Shut Down or Sold During Past Year.

In the last year a total of 269 cities in the United States closed down or sold their municipal lighting plants to private companies, according to a power survey just completed by the National Electric Light Association, says the Pennsylvania Public Service Information Committee.

It was found that the chief reason for failure of the city-owned plants was the enormous advance in the cost of manufacturing electricity made in the industry as a whole. While municipal plants stood still, private plants installed new equipment that enabled them to get from their coal three times as many kilowatts of electricity as the average municipal plant obtained.

Development of super-power was another factor. It was often possible for a municipality to contract for power from a large central station at lower rates than the cost of production in its small isolated plant.

Employees of private plants, whose interest was centered on their business of producing electricity, were found to be three times as efficient as politically-appointed employees who often watched politics more closely than their electric power output.

The abandonment of the 269 plants, referred to above, brings the total of abandoned municipal plants up to 1,129 during a period of a little more than five years.

## Poultry Mites Reduce Egg Production

Many poultrymen in Centre county believe that culling the laying flock is the only way to keep up egg production during the summer.

An inspection of a number of poultry houses in the county has shown that poultry mites are a cause of low egg production, states county agent R. C. Blaney. These poultry mites are found on the under-side of the roosts and in cracks and crevices around the dropping boards. Early in the morning the mites, which are about the size of the head of a pin, can be seen flying in blood sucked from the hens during the night. It is surprising how quickly mites can lower the vitality of a laying hen, and in this way decrease egg production.

All poultry houses should be given a careful inspection he urges. If poultry mites are present the roosts and dropping boards should be painted with carbolineum or crank case oil to eliminate the poultry mites.

## Pennsylvania Fairs.

The State Department of Agriculture has announced the following dates for fairs to be held this year:

- Clearfield, Sept. 14, 15, 16, 17.
- Ford City, August 18, 22.
- Dayton, September 14, 19.
- Butler, August 24, 27.
- Ebensburg, September 6, 11.
- Clarion, August 31 to Sept. 3.
- Erie, August 9, 14.
- Indiana, September 7, 10.
- Brookville, Sept. 21, 24.
- New Castle, Sept. 28 to Oct. 1.
- Stoneboro, Sept. 4, 8.
- Mercer, Sept. 14, 16.
- Warren, Sept. 6, 10.

## Hunters' Licenses to Be Ready August 15.

The resident hunters' licenses for 1926 will be in the hands of county treasurers for issuance throughout the State by August 15th. Persons may use their 1925 hunters' licenses and tags to hunt unprotected birds and animals or any kind of game that may be in season until the 1926 licenses are available. If the 1925 license and tag have been mislaid or destroyed, a receipt from the county treasurer showing that the fee has been paid for a 1926 license will be recognized by game protectors.

—Subscribe for the "Watchman."

## FOR AND ABOUT WOMEN.

### THE OLD FLAG.

Off with your hat as the flag goes by  
And let the heart have its say!  
You're man enough for a tear in your eye  
That you will not wipe away.

You're man enough for a thrill that goes  
To your very finger tips.  
Aye, the lump just then in your throat  
Spoke more than your parted lips.  
—Henry C. Bunker.

### DAINTIES FOR PICNIC BASKETS.

It is at this time of the year that mothers are thinking of good things with which to fill the picnic baskets.

A splendid way to serve salad at a family picnic is in tomato shells. Scald smooth, round tomatoes by pouring boiling water over them, turn the hot water off and let the fruit stand in cold water while you are removing the skins. Cut off a slice at the stem end of each tomato, scoop out the core and seeds, invert, and leave in the refrigerator until time to pack the lunch basket. The following salads are delicious served in these shells:

Put canned pimentos through the food-chopper and blend them with three times the quantity of pineapple cut into small dice. Mayonnaise dressing diluted with whipped cream is used to hold the ingredients together.

and beat them into cream cheese. If Mince fine a small bottle of pimentos you can not get the stuffed olives use plain ones, pitted, with the canned pimentos.

Equal parts of Roquefort and Neufchâtel cheese blended with mayonnaise is another dainty that is greatly appreciated in summer and lends itself well to this method of serving.

When time to pack the lunch, fill the shells with the salad, wrap each tomato in a piece of oiled paper and pack them where they will keep as cool as possible. A jelly-glass full of mayonnaise dressing diluted with whipped cream to be poured over the tomatoes just before eating, helps to make the salad even more appetizing.

A variety of sandwiches is always appreciated. In making these there are a number of things to be remembered if one is to have them the best possible.

The first essential is bread that is at least 24 hours old, for unless it has been made that length of time it is almost impossible to slice it properly. Cut the pieces thin, keeping them in pairs unless you intend to shape the sandwiches after they are put together.

In packing, wrap each sandwich in paraffin paper or else put a number neatly together and wrap in a clean white cloth that has been wrung out of cold water.

Equal parts of chicken, and ham minced fine and moistened with heavy cream is delicious when spread between thin slices of white bread. A novel way to serve this filling or plain minced chicken is in tiny rolls out of which the centers have been scooped and the tops replaced before wrapping.

Stuffed eggs should find a place in every picnic basket, so well liked are they in hot weather.

Hot baked beans are liked by most men at a picnic. If the dish is removed from the oven before starting and while piping hot, covered, then wrapped in several thicknesses of newspaper, the beans will be just right for serving at noon.

Lemon tarts are a treat to adults as well as children.

Lemonade, of course, is the old standby for a picnic drink. Cold tea, with slices of lemon is liked quite as well by some of the older people.

If you are going to have a fire, put cheese sandwiches into the picnic basket for the young people to toast.

Radishes, small bottles of pickles, fruit and salt and pepper shakers should all find a place in the picnic basket.

It is an interesting speculation as to just why certain flowers should be set apart for certain months in the year, peculiarly their own, so to speak. The origin of the custom is, indeed, long back and associated with peculiar superstitions of the people from whom they came. As the inheritance has come down to the present generation it is as follows:

The precious stone: January, garnet; February, amethyst; March, bloodstone; April, diamond; May, emerald; June, agate; July, ruby; August, sardonyx; September, sapphire; October, opal; November, topaz; December, turquoise.

The flowers are: January, the snow-drops; February, the primrose; March, the violet; April, the daisy; May, the hawthorn; June the honeysuckle; July, waterlily; August, the poppy; September, the morning-glory; October, the hops; November, the chrysanthemum; December, the holly.

### GET A HOBBY.

No matter whether you live in the heart of the country or in a town, don't allow yourself to get lazy and morbid and uninterested things.

Read when you get the chance. Talk over what is happening in the world with anyone who will talk with you, and if you have not many duties to fill your time and give you an interest in life, start some hobby. There is nothing like a hobby for keeping young and happy.

Loss of milk to careless refrigeration has led to the introduction of jackets to insure the proper temperature. It follows the principle of the fireless cooker. A layer of chemically-treated felt about one inch thick is placed between the inner and outer canvas covers of the jacket. This reduces the heat radiation and keeps the contents of the can from souring. Holes through the jacket allow the handles of the can to protrude and aid in handling the can.

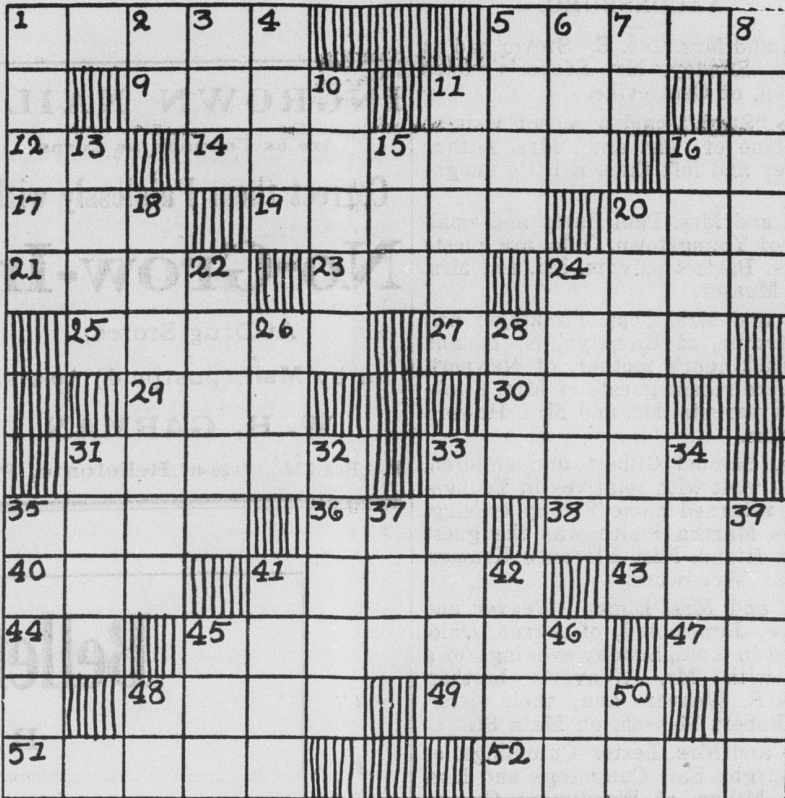
### RUSSIAN VEGETABLE SALAD.

Cook some carrots and turnips in boiling water, adding a little butter when nearly done. Have one or two beets boiled until tender, then peeled. With a vegetable scoop cut the vegetables into round, olive-shaped and sized balls—about a cupful of each.

## HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill all the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names. Abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

### CROSS-WORD PUZZLE No. 4.



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### Horizontal.

- 1—To reject
- 5—Burglar's tool
- 9—To toll a bell
- 11—To detest
- 12—Bone
- 14—Head rests on a bed
- 15—To exist
- 17—Thing
- 19—Dens
- 20—Everything
- 21—Fresh information
- 23—Humans
- 24—To poke
- 25—Island in Pacific
- 27—A sudden dash
- 29—Meadow
- 30—Period of time
- 31—Apartments
- 35—One who acts for another
- 35—Opening into a room
- 36—Heavy weight
- 38—Self (pl.)
- 40—Flight
- 41—Flat boat
- 43—Young lamb
- 44—Commercial announcement
- 45—Deters
- 47—North America (abbr.)
- 48—Obey
- 49—Kind of soil
- 51—Native of Switzerland
- 52—Bridges

### Vertical.

- 1—To despise
- 2—Sixty
- 3—Ribbed material
- 4—Spike
- 5—Part of a face
- 6—Impersonal possessive pronoun
- 7—This person
- 8—To give up
- 10—South American ruminant
- 11—Wind instruments
- 13—Observes
- 15—To fabricate
- 16—Smear of ink
- 18—To gulp
- 20—To put in place
- 22—A smudge
- 24—Thick kind of soup
- 26—Cereal
- 28—Small plug of wood
- 31—Anything edible
- 32—To be in an upright position
- 33—Heavenly personage
- 34—Small city
- 35—Pulls after
- 37—Ordinance (abbr.)
- 39—Closes
- 42—God of love
- 45—Belonging to him
- 46—Juice of a tree.
- 48—Note of scale
- 50—Mother

Solution will appear in next issue.

Have also the same amount asparagus points and string beans. Cut in to small pieces two dozen stoned olives and a tablespoonful each capers and minced pickle. Add to the vegetables, together with a teaspoonful each chives, tarragon and chervil. Toss lightly together, heap in a salad bowl and cover with mayonnaise. Garnish with olives, pickles and hard-boiled eggs.

## State Keeps Close Tab on Sale of Soft Drink.

Dispensers of soft drinks at fair grounds, carnivals, circus grounds, parks and resorts are being closely watched by State food agents this summer to make sure that they keep the drinks properly cooled.

The law specifically prohibits the addition of ice to the drink itself, states James W. Kellogg, director of the Bureau of Foods and Chemistry, Pennsylvania Department of Agriculture. The reason for prohibiting the use of ice in the drink is to avoid contamination by using ice made in an unsanitary manner as well as to prevent dilution of the drink to such an extent that it would be largely ice water instead of what it was originally purported to be. Heretofore when ice was used in fruit juice drinks at the end of the day the drink dispensed was more likely to be composed almost entirely of melted ice and only a small percentage of fruit juice. The new beverage law prevents this form of misrepresentation.

The only proper way for soft drinks to be sold is from closed containers which are cooled by means of a circulating or cooling medium or ice which does not come in direct contact with the drink itself. Persons, therefore, who do not co-operate with the department in dispensing soft drinks in a lawful and sanitary manner and thereby protecting the public health will be prosecuted, Dr. Kellogg asserts.

### 3100 Teachers Graduated.

Thirty-one hundred trained school teachers were graduated recently from the fourteen State and two city normal schools of Pennsylvania, the State Department of Public Instruction has announced.

This is the largest number of normal school graduates in one year in the history of the State.

The department points out that all entered the normal schools with four years' high school training or its equivalent.

Nine hundred more teachers are expected to receive diplomas during the summer school sessions which have already opened.

The number of male graduates of normal schools shows an increase, and of the 3100 teachers graduated 90 per cent. are prepared to teach elementary schools.—From the Huntingdon Monitor.

### Don't Follow the Leader.

Driving behind another car when crossing a railroad track is bad policy. He may not have looked where he was going, or may have planned to get over just in time. The next driver is the sufferer.

—The "Watchman" gives all the news when it is news. Read it.

### Solution to Cross-word Puzzle No. 4

MAYFLOWER SPA  
AEROS MASTER  
NO ARCH WORSE  
HOP DAIS BIT  
AZAN READ PEW  
TENET DIRT RA  
T GEAR LOOP N  
AT DRAW FOUN  
NAB TIRE TREE  
RUB DART EAR  
STRAP PEAR RE  
LANDED CRAB R  
YRS PRETENSES

### Boys Seek Data on College Courses.

Daily requests for one or two technical vocational guidance booklets published by the Pennsylvania State College are being received at the college from boys just graduated from high school and who are in doubt as to which one of the many industrial professions they should take up at college.

For the past month about 75 copies of "Engineering," the vocational booklet published by the School of Engineering, have been sent each week to boys requesting it through their high school principals. The book tells of the various engineering courses, qualifications necessary to enroll, and what opportunities are open to graduates.

The same idea is followed in a booklet on "Preparation for the Industrial Professions," published jointly by the School of Chemistry and Physics and the School Mines and Metallurgy. Either book may be had on request to the dean of the respective school.

—Despite the late, cool season there is already room in many gardens for securing plantings, where early radishes, lettuce, spinach, and scallions have been removed. Make use of the garden space by planting succession crops of suitable vegetables.

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