

Varied Ideas About Money and Its Uses

Probably more has been said and written about money than any other subject under the sun.

No article about money would be complete without quoting an American. It seems typical of the American mind always to couple money with work.

Authors Who Evince Interest in Cookery

If the stories of Brillat-Savarin which it is proposed to publish in commemoration of his centenary reveal their author to the world as a successful writer of fiction as well as a gastronomer, he may perhaps be regarded as repaying the interest which some noted novelists have taken in matters of the table.

Food and Hibernation

Hibernating animals enter the state of hibernation more quickly and remain in it much longer when they do not get much to eat and when their air supply is limited.

Old-Time Hosiery

Hose is really the old term for what amounted to our modern trousers and stockings combined, our ancestors at one period wearing a garment something like the "legginette" now so popular for small children.

Has Benefit of Climate

The homes of the ancient Romans were imperishable because they were erected in a climate wherein there was practically no freezing and thawing.

Supported by Eight

Calhoun Clay was a typical modern parent. As he loafed in front of the garage a minister stopped and said: "Cal, why don't you go to work?"

FOR AND ABOUT WOMEN.

Take heed and listen while I speak A solemn word to thee; Earth's fairest, yea, but swiftest gift, Is opportunity.

No costume is smarter than its slightest detail, and as you fare forth these first spring days do not neglect the never more important incidentals of the mode.

One or two-strap shoes of kid and the simple pump in the same leather are worn by the majority of French women.

The handbag the Parisienne carries in the morning hours now, to do her shopping or for a simple walk, may be made of leather and rather big.

The gloves are worn with turnover cuffs. The cuff one really can decorate at home, simply putting a stripe of bright silk on it or a strip of leather of a different shade.

The only evening coiffure one sees in these days is the classical bandeau which goes straight around the head.

Bracelets are more than ever the fashion. You must wear quite a series of them, nearly from the wrist to the elbow.

Cleanse the face with cream, soft, melting, put on with an up-and-out stroke; then wipe off cleanly with a tissue or soft cloth.

Lie there till the cream has dried. Now wet a face-cloth in cold water. Lay it over your face until the cream is all soft and will wash off easily.

Dry the face. Pat a bit with a pad of absorbent cotton wrung in cold water, and then wet with cold face tonic.

Now take the powder base, dilute it a little with water—it is sent out in concentrated form—pat or work it in well for three or five minutes; then run a piece of ice swiftly over face and throat.

Then a dash of rouge right where that artist, Nature, put the color when you were seventeen; then a fluff of powder. Look! You not only feel as if you had been lying for an hour in an apple-orchard with the trees in full bloom or the apples hanging on the trees in October ripeness, but you look astonishingly new as please-to-be!

Lines are relieved and sometimes, unless they are too deep and permanent, are wiped out, and your skin glowing softly, all the tenseness gone.

THE CHILDREN WHO WON'T EAT. First and foremost, don't let them form the habit of not taking food. Tackle the problem in infancy, and you can solve it.

There are two things to consider; the kind of food and the way in which it is given. I can not go at length in this article into the question of the child's diet from babyhood through school age, except to say in a general way that he should be given simple food, and that important health builders, such as milk, cereals, vegetables and fruit, should constitute the greater part of his menu.

Highly seasoned food is not good for children, nor is it well to use a great variety of flavors to conceal the taste of milk.

Foods other than milk may be introduced into the diet early, as it is best not to keep a child on an exclusively soft solid diet after the teeth have made their appearance.

Nor should the baby be fed on the bottle more than a week or two longer than the first birthday.

Another point: Don't let meal-time be turned into play-time, either for the infant or the school child. It is not a good thing to tease the baby while he is eating, or to try to amuse him, or to make him the center of a ring of admiring relatives.

Training Tomorrow's Screen Stars.

In the first school of its kind, sixteen hand-picked students from thirty thousand applicants for movie honors go through a rigorous course of training in the technique of motion-picture acting.

I spent the day with Sam Wood and his pupils—the Paramount Junior Stars they voted to call themselves, and the name has been adopted officially. It would be difficult to conceive of a more enlightening day for a lover of the movies.

"How did you start these kids?" I asked him. "I set them to getting into perfect physical condition. Both girls and boys were taught swimming, horseback riding and general calisthenics.

The girls were also given esthetic dancing, and the boys fencing and boxing. These exercises are part of the course, and will be continued till the end.

"As an important factor in physical training, the students are required to keep regular hours. They are quartered in hotels in New York City, chosen by the company. They must be in bed by 10:30 every evening, except once a week when they may stay out until about two o'clock.

The boys have been placed upon their honor to observe the rules. The girls are in charge of a chaperone, Mrs. F. Walter Taylor, the widow of a celebrated painter.

"With athletics well under way, the next steps were to teach the students how to use theatrical make-up, how to carry their bodies gracefully on the stage, how to express themselves in pantomime.

At fixed intervals, they were required to attend lectures on etiquette, on applied psychology, on the technical aspects of producing motion pictures.

Under this last head, for instance, lighting and photography have been thoroughly explained to them. They're already wiser than the average movie actor, who knows nothing about the camera."

Urges Students to Play Piano.

Considerable interest and astonishment has been caused in both the professions of music and medicine by a recent letter in the British Medical Journal from the pen of a doctor in Gloucester advocating the practice of instrumental music as an aid to surgical skill.

He argues that for the development of manual dexterity, as in the case, for instance, of eye surgery and, indeed all operations of a delicate character, there is no better training for the hand and wrist than learning to play the organ or piano—preferably the latter.

Such a training, he says, gives precision and ambidexterity, independence and flexibility of fingers and wrist, delicacy and lightness to touch in manipulation in a degree difficult to overestimate.

Dr. Dykes Bower, the author of the article, recalls an occasion, many years ago, when he was going the round of a hospital with a very eminent British surgeon. The latter asked one of the students who accompanied him to percuss the chest of one of the public patients.

After the student had completed the operation under the eye of the great man, the latter said, "I think, young man, we may safely conclude that you do not play the pianoforte."

The Problems Presented to the small Bank

may seem trivial compared with the immense and complicated affairs of a billion dollar institution. But the respective burden of responsibility is almost exactly the same. The one calls for the same intelligent care and management as the other.

The country professional or business man is often the peer of the more eminent city operator.

Judgment, Experience, Knowledge, Skill

are necessary accompaniments, wherever the field may be.

The First National Bank BELLEFONTE, PA.

been on the suffering patient. It goes without saying that gentleness of touch, even when sureness and firmness are likewise necessary, are a great asset to a doctor in gaining the regard of his patients.

—After the football game a student went into a crowded restaurant and ordered six cups of coffee, which the waitress brought in massive mugs. "You don't want all that coffee, Joe," suggested a companion. "Maybe not, but in case anything starts I'll need a little artillery."

—Subscribe for the "Watchman."

To stop squeaks advertisement for Gulf Penetrating Oil. Includes image of a bottle and text describing its uses for lubricating various parts of a car.

CHICHESTER'S PILLS advertisement. Includes image of a pill bottle and text describing its benefits for various ailments.

The Biggest Clothing Bargain we Ever Offered advertisement for A. Fauble. Features 200 Mens Suits for \$25.00 and 60 Mens Top Coats for \$18.50.

Lyon & Company advertisement. Features a woman in a dress and text promoting various clothing items like coats, draperies, and curtains.

A restful night on Lake Erie advertisement. Promotes a cruise on the C & B Line with details on ship names, routes, and fares.