

Democratic Watchman

Bellefonte, Pa., November 14, 1924.

WHAT YOU EAT IN GRAPE.

One eats and drinks a remarkable collection of things when he lightly skids a luscious grape down his throat. It is quite surprising to know all that the chemists tell you have swallowed with one grape, a miniature drug store of beneficent prescriptions. You drink a large proportion of water and soluble substances in a grape, 79.997 per cent. water and 16.49 of various soluble matter. You get 13.78 per cent. of sugar; 1.020 per cent. free per cent. of albuminous substances, .832 per cent. of pectous substances, and .498 per cent. of the jelly-making constituent. It is small in the grape, which makes it harder to make grape jelly than it does currant.

This is what the chemist finds in prodding over the grape at first. Then he wants to find out just what the grape is made of, so he burns it and the ashes tell the story, the water and other substances being determined by weight before and after the burning. In one thousand parts of fertilizing material the grape has taken from the soil and air he finds 830 parts of water, 1.7 parts of nitrogen, 8.8 parts of ashes, 5 per cent. of potash, .1 per cent. of soda, 1 per cent. of lime, .4 per cent. of magnesium, 1.4 per cent. of phosphoric acid, .5 per cent. of sulphuric acid, .1 per cent. of chlorine and .3 per cent. of silicic acid.

A grape is much more complicated than it looks. And then if you swallow the seeds you get this much in addition: 110 per cent. water, 19 per cent. nitrogen, 22.7 per cent. ash, 6.9 per cent. potash, .5 per cent. soda, 5.6 per cent. lime, 1.4 per cent. magnesia, .7 per cent. phosphoric acid, .8 per cent. sulphuric acid, .1 per cent. chlorine and .2 per cent. silicic acid.

And most of us swallow the seeds. Did you ever realize how much you get out of a grape? No wonder it is a most healthful fruit.

BIRTHS.

Houser—On October 21, to Mr. and Mrs. Edward D. Houser, of Bellefonte, a daughter, Ethel Marie.

Corn—On October 12, to Mr. and Mrs. Fred Corn, of Spring township, a daughter, Geraldine Ruth.

Jarir—On October 11, to Mr. and Mrs. William Jarir, of Bellefonte, a son, Walter William.

Kushwarrar—On October 18, to Mr. and Mrs. Peter Kushwarrar, of Bellefonte, a daughter, Helen.

Halton—On October 15, to Mr. and Mrs. Robert F. Halton, of Fleming, a daughter, Naomi Jane.

Emel—On October 28, to Mr. and Mrs. John A. Emel, of Bellefonte, a daughter, Geraldine Irene.

Kelly—On October 28, to Mr. and Mrs. James H. Kelly, of Bellefonte, a daughter, Vivian Marie.

Gill—On October 22, to Mr. and Mrs. Ralph F. Gill, of Pleasant Gap, a son, LeRoy Russell.

Montague—On October 31, to Mr. and Mrs. Edwin N. Montague, of State College, a daughter, Sarah Wilfenden.

Derstine—On October 18, to Mr. and Mrs. John B. Derstine, of Bellefonte, a daughter, Mary Kathleen.

Whitman—On October 12, to Mr. and Mrs. Boyd Whitman, of Hubbersburg, a daughter.

Gettig—On October 17, to Mr. and Mrs. Harry E. Gettig, of Marion township, a daughter.

Dunkle—On October 4, to Mr. and Mrs. Wilbur Dunkle, of Nittany, a son.

Choosing the Storage Cellar.

A cellar with a dirt floor and without furnace, where the temperature may be held quite steadily just above freezing and where the air will be somewhat moist is a good place to keep Irish potatoes, cabbage, celery, and all root crops except sweet potatoes. If the main cellar is heated, one corner that has a window may be walled off with a double wooden wall and with regulation of temperature by means of the window, should serve the purpose very well.

Buy at Home

We pay taxes here and contribute to every public movement. And we sell Groceries that are as good as you can get anywhere.

City Cash Grocery

Fish and Oysters that Sell

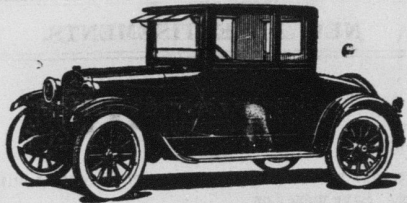
Fresh caught Fish and fresh shucked Oysters are the most important factors in our business. We are not only anxious to serve you, we want you to know that we want to create good will. Of course, you can disregard Best Quality and prompt service and merely buy Sea Food, but will that grade of goods be the "cheapest in the end."

Galaida's Fish and Oyster M'kt

In Ordering Bread

Don't forget to enrich your table with our other baked goods that lend variety and deliciousness to your meals at little expense. BREAKFAST ROLLS CRULLERS COFFEE RINGS CAKES FANCY BUNS RAISEN BREAD CURRANT BUNS PIES They give you the same food value as our wholesome Bread.

CITY BAKERY



Dodge Bros. Motor Cars
Graham Bros. Trucks
Hockman's Garage

...The...
Center Oil and Gas Co
Distributors of
 Products

Bottorf Bros.

The EXIDE Battery Service Station
Automobile Accessories, Radios and Supplies and
Electrical Contractors
Bottorf Bros.

Service Quality Courtesy

Bellefonte Motor Service Co
W. F. McCOY

General Repairs All Cars
Tires Tubes Accessories
"The MOON SIX"
HUPMOBILE

UNBREAKABLE

Can't Break, Crack or Leak
A Le Boeuf Fountain Pen is Guaranteed Unbreakable
Come in and Try to Break One

The Mott Drug Co

Hunter's Book Store

All Standard Lines
Eaton's and Craine's Papers
Blair Tablets
Carter's and Stafford's Inks
Dennison Goods
Eversharp and Conklin Pencils
Conklin and Moore Pens

IT'S REAL SATISFACTION

SIX
We Invite you to drive it over any Mountain you suggest.
PENN STATE AUTO CO.

DON'T BUY FROM

The
Potter-Hoy Hdw. Co.
Unless you want Real Quality and Satisfaction for Your Money.

Before You Buy

Any LUMBER, FLOORING, FINISH, SASH, DOORS, MILL WORK
Get Shope's Prices
Bell 46 W United

Bellefonte Lumber Co

MILL WORK SHINGLES
BUILDING SUPPLIES
ROUGH LUMBER LATH
Bellefonte Lumber Co

\$1.00

Delivers a Hoosier Kitchen Cabinet
Hoosier Club Week
November 14--21
W. R. BRACHBILL
Furniture and Rugs

Good Morning!

We just want to tell you that
The Variety Shop
is one of the Busy Stores of Bellefonte.
There's a Reason. Kom & C why this is thus
G. R. SPIGELMYER & CO.

M. R. JOHNSON

Marble and Granite
CEMETERY WORK of every description

Before You Vote

BE SURE TO READ THIS
We have nominated as our leaders the
MODERN GLENWOOD STOVE
W. W. Lawrence & Co's
READY MIXED PAINTS, Valspar Varnishes, Enamels and Stains,
H. P. SCHAEFFER, Hardware

COAL!

Our careful selection has enabled us to sell and deliver at any time the Best Grade of Coal mined in Centre county.
Centre Co. Fuel & B'ldg Sup. Co
NATHAN KOFMAN, Prop.

Knisely's Market

Clean and Up-to-Date
FISH OYSTERS
BUTTER EGGS
SMOKED MEATS
West High Street

Lyon & Co Lyon & Co

We specialize in Ladies, Misses and Children's Ready-to-Wear
Come and see our Blankets and Comfortables
Visit our store before you do your Winter buying. It will be a Big Saving to you.
LYON & CO.

Bellefonte Filling Station and Rest Room

A Service Station for Impatient Motorists
GREASES OILS GAS
Confectionery Tobacco
Oil Changed Free
FRANK SASSERMAN, Prop.

Russ-Bell's

Sodas, Ice Cream, Candy
Martha Washington
CANDIES
Old Time Home Made

Christmas

Only a Few Weeks Off.
Watch Casebeer's Windows For Suggestions
C. D. CASEBEER
Jeweler and Optometrist

POWER OF DOLLAR IS EASILY SHOWN

Keep One Moving and See What It Will Do for Your Community.

PAYS MULTITUDE OF DEBTS

When It Is Sent Out of Town, However, to Pay for What Can Be Bought at Home It Is Gone Forever.

(Copyright.)
It is a rather wonderful thing, when you stop to think about it what one lone dollar will do, if it is kept at work. This has been illustrated in a striking manner on several occasions by means of a very simple experiment. If you want to see just how important a role a silver dollar or a dollar bill plays in the life of a community here is the way to do it. Just attach a tag to the dollar and turn it loose, with the request that every person who receives the dollar make a note on the tag as to how he received it. The result will be an eye-opener.

Here is the way it works: Smith, the lumber dealer, who first possesses the dollar, buys some groceries from Brown and pays for them with the dollar. About that time Jones, the plumber, who had done some work for Brown, sends his collector around and Brown pays the bill with this dollar. Jones owes Green, the printer, a small advertising bill, so he sends this dollar with possibly some others, to Green to pay his bill. Green had just put the dollar in his cash drawer when it comes Black, the milkman, to whom Green owes a dollar for milk delivered at his house. Green takes the dollar out of his cash drawer and pays Black. For some time Black has owed White, the carpenter, for some work done on his dairy house, so now he takes the dollar that Green has paid him and pays up what he owes White. White still owes for some lumber that he bought from Smith, the lumber dealer, so he takes the dollar and squares up his account with Smith. Smith now has his dollar back. Brown has been able to pay his plumbing bill, Jones has squared up with the printer, and so on, all around the circle.

What Might Have Happened.
Now suppose that Smith, instead of buying his groceries from Brown, had purchased them from a mail order house in a far distant city and sent his dollar to pay for them. Brown would not have had that dollar to pay Jones, the plumber; Jones could not have paid his printing bill; the printer would have had to stand off the milk man; White, the carpenter, would not have got the money for the work he had done for the milkman and Smith would not have got the money which White owed him for lumber.

This is all so simple that it requires no student of economics or professor of mathematics to figure it out. Any one can see that when Smith sends that dollar to Chicago or some other city where the mail order houses flourish, that dollar is gone so far as Smith and Jones and Green and the rest of the people in Smith's town are concerned. That dollar will never come back to pay any bills in Smith's town. And the thing that stands out most striking, but is most often overlooked, is that Smith, the man who first spends the dollar, is hurt just as much when he sends that dollar out of town as is the home grocer from whom he might have bought his groceries.
Now just multiply this one dollar by a hundred or a thousand or ten thousand. One dollar may not seem to make much difference in the average town, but a thousand dollars or even a hundred dollars does make a difference. Just as one dollar will pay a dozen or a hundred small bills, a hundred or a thousand dollars will pay a dozen or a hundred big bills. When Brown, the grocer man, owes a thousand dollars and can't pay it, he is headed for the bankruptcy courts. When Jones, the plumber, can't collect the money which is due him from Brown or maybe a dozen Browns, he is headed in the same direction as Brown. And so it goes all around the circle until it hits Smith or a dozen Smiths who have sent their money out of town to add to the fortunes of the mail order men.

Buyer One Who Is Hurt.
Thus, it will be seen that this buy-at-home proposition is really a selfish one with the man who buys the goods. He is not hurting the home merchant when he sends his money out of town, any more than he is hurting himself. Every sensible man knows that his livelihood depends upon whether business in his town is good or not. If business is not good, he cannot make a good living for himself and his family, no matter how hard he may work, and business cannot be good if the business men in the town are not making money. This is a plain business proposition for every man and woman in the community. By spending their money at home they are helping the home merchant only incidentally. They are buttering their own bread. When they send their money to the mail order house, they are not only hurting the home merchant incidentally but—a thing more important to them—they are likely to be taking the bread out of the mouths of their own children.

The Best at Less

in
Pianos Radios
Phonographs
HARTER'S MUSIC STORE
18 N. Allegheny St.

TIRE CHAINS

I have tire chains to fit the new Balloon Tires.
I also have them for the old style tires.
Better See that you are ready for the first snow and ice. By having a new set of chains to fit the tires you are now using. Be prepared!
S. H. POORMAN'S GARAGE
BELLEFONTE, PA.

Your Satisfaction

IS OUR RECORD FOR SERVICE
That Good GULF Gasoline
on the edge of town, on the State College road.
EDGEFONT FILLING STATION and REST ROOM
BOND C. WHITE, Prop.

The Scenic Moose Temple Theatre

Good PICTURES SHOWS

Have You Been

getting everything that's coming to you when buying groceries
We give you Service and Good Groceries at Right Prices
THOMAS S. HAZEL
DEALER IN
Staple and Fancy Groceries

\$1.75 \$1.75

Ladies' Silk Hose
(Guaranteed)
We will give a new pair free for any pair that shows a runner in the leg or a hole in the heel or toe.
Yeager's Shoe Store

BEEZERS GARAGE

STUDEBAKER
International Trucks
See the "Duplex" Car
GEO. A. BEEZER

TRADE Serv-us BRAND REGISTERED

G. F. Musser Co
WHOLESALE GROCERS

FRANK M. MAYER

Manufacturer of
Snow-flake and White-lily FLOUR
We carry a large stock of All Kinds of Feed in both our Mills. We are always in the market for Grain.
Bellefonte Mill Roopsburg Mill

Special! A few Good Used Cars

NASH SIX OVERLAND CHEVROLET NASH FOUR
Sales - Nash 6s - Service
WION Garage

Bring Health and Happiness

to your home with a convenient
"Heatmore" Pipeless Furnace
CLEAN AND SANITARY
Saves Fuel Saves Work
Extra Heavy Castings
Deep Cup Joints
Revolving Cinder
Crushing Grates

Properly installed in your Home at a price that will surprise you. Carload buying gives us this advantage. A few remain unsold of the carload. Place your order now and save some real money.

Bellefonte Hardware Co.

Montgomery & Co

BELLEFONTE, PA.
Genuine
ENGLISH BROAD CLOTH SHIRTS
Specially Priced
\$2.45
Blue — Tan — White — Gray

Quality Counts

The RIGHT PLACE
For the RIGHT GOODS
At the RIGHT PRICE
Olewine's Hardware

The Talk of the Town!

Selby's and Just Wrights
Arch Support Shoes
FOR MEN AND WOMEN
Mingle's Shoe Store

Kissel's Meat Market

is in on the Buy at Home Campaign because it offers such Choice Meats at the Right Prices that there is no reason for anybody buying elsewhere.

Fruits Vegetables

EVERYTHING IN SEASON
EVERYTHING OF THE BEST
Carpeneto's

Buy in Centre County

Buy from whom you please
BUT
Buy in Centre County
Hazel & Company

... THE ...

Bon Mot
EVERYTHING THAT
IT'S NAME IMPLIES

Schlow's Quality Shop

Offers you Many Opportunities in Quality and Service that you can't get by buying abroad