Bellefonte, Pa., February 1, 1924.

THE AMERICAN FLAG AND HOW IT SHOULD BE DISPLAYED.

There is but one Federal statute which protects the flag throughout the country from desecration. This law provides that a trademark cannot be registered which consists of or comprises the flag, coat-of-arms or other insignia of the United States or any simulation thereof. Congress has also enacted legislation providing certain penalties for the desecration, mutilation or improper use of the flag

within the Ditsrict of Columbia. In adopting the Flag code, at the Flag conference, emphasis was laid on the following suggestions for State legislation regarding the flag. "Based upon the opinion of the Su-

preme court of the United States rendered by Justice John Marshall Harlan, every State should enact adequate laws for the protection of the National flag. State flag laws should include

1. That June 14th, Flag day, be set apart by proclamation of the Governor recommending that Flag day be observed by people generally by the display of the Flag of the United States and in such other ways as will be in harmony with the general character of the day.

2. That the Flag of the United

States be displayed on the main administration building of each public That the Flag of the United

States with staff or flag pole be provided for each school house and be

place.
5. That the use of the Flag of the United States as a receptacle for receiving, holding, carrying or deliver-

ing anything be prohibited. 6. That the use of the flag for advertising purposes in any manner be prohibited.

7. That the penalty (fine or imprisonment) be provided for public mutilation, abuse, or desecration of

The code recommends that bunting of the national colors should be used for covering speaker's desks, draping over front of platform and for deco-ration in general. Bunting should be arranged with the blue above, the white in the middle and the red below.

During the ceremony of hoisting or lowering the flag or when the flag is passing in review, the code recommends that all persons present should stand at attention facing the flag. Men's headdress should be removed with the right hand and held at the right hand salute. Women should stand at attention, facing the flag, as the flag is passing in parade, salute by placing the right hand over the by placing the right hand over the heart. If the National anthem is played and no flag is present, all stand at attention when uncovered and salute at the first note of the new," Dr. D'Albe declared, "it is highand salute at the first note of the an-them, retaining the position until the sit in a hall in London and actually facing the music. Women should a battle. I mean watch a moving picstand at attention and salute.

lows: "I pledge allegiance to the Flag of the United States and to the Republic for which it stands, one Nation indivisible, with liberty and jus-

ner of displaying the Flag are as

1. The flag should be displayed from sunrise to sunset only or be-tween such hours as designated by proper authority on National and

States.

6. When the flags of two or more nations are to be displayed they should be flown from separate staffs of the same height and the flags must be, and simplification is proceed-should be of equal size. Internationshould be of equal size. Internationing at a very great pace.

"Remember every successive picture of the same field that the s al usage forbids the display of the "Remember every successive pic-flag of one nation above that of any ture has to be completed in one-twen-

other in time of peace.

7. When the flag is displayed from a staff projecting horizontally or at an angle from a window sill, balcony or front of building the union of the flag should go clear to the head of the staff unless the flag is at half-mast.

8. When the Flag of the United States is displayed other than flown from a staff, it should be displayed flat, whether indoors or out, When displayed either horizontally or vertically against a wall, the union should be uppermost and to the flag's right, that is, to the observer's left. When displayed in a window it should be displayed the same way, that is, with the union or blue field to the left of the observer in the street. When of the observer in the street. When festoons or drapings of blue, white and red are desired, bunting should

be used, but never the flag. When displayed over the middle of the street as between buildings,

the Flag of the United States should be suspended vertically with the un-ion to the north in an east and west street or to the east in a north and

south street.

10. When used on a speaker's platform the flag should be displayed above and behind the speaker. It should never be used to cover the speaker's desk nor drape over the front of the platform. If flown from staff it should be on the speaker's

When used in unveiling a statue or monument the flag should not be allowed to fall to the ground but should be carried aloft to wave out, forming a distinctive feature during

the remainder of the ceremony.

12. When flown to half-staff the flag is first hoisted briskly to the peak and then lowered to the half-staff position, but before lowering the flag for the day it is raised again to the peak. On Memorial day, May 30th, the flag is displayed at half-staff from sunrise until noon and at full staff from noon until sunset for the Nation lives and the flag is the symbol of the living Nation.

13. When used to cover a casket the flag should be placed so that the union is at the head and over the left shoulder. The flag should not be lowered into the grave nor allowed to touch the ground. The casket should

be carried foot first.

14. When the flag is displayed in church it should be from a staff placed on the congregations right as they face the clergyman with the service flag, State flag or other flags on the left wall. If in the chancel the Flag of the United States should be placed on the clergyman's right as he

faces the congregation.
15. When the flag is in such a condition that it is no longer a fitting displayed during school days either from a flag staff or in inclement weather within the school building.

4. That the Flag of the United States be displayed in every polling place.

dition that it is no longer a fitting emblem for display, it should not be cast aside or used in any way that might be viewed as disrespectful to the National colors but should be destroyed as a whole, privately, preferably by hypering or by some other might be viewed as disrespectful to the National colors but should be de-stroyed as a whole, privately, prefer-ably by burning or by some other method in harmony with the reverence and respect we owe to the emblem representing our country.
HELEN E. C. OVERTON,

Regent Bellefonte D. A. R.

RADIO MOVIES COMING SOON, SAYS SCIENTIST.

London.-Ten years from now, peraps years before that, people may sit in a hall in London and watch the inauguration of a new President in Washington, or folks in Washington or New York may assemble and witness on the motion picture screen the coronation of an English King simultaneously with the progress of the ceremon

That is just one of the wonders of television which Dr. Fournier D'Albe, noted British scientist and inventor, is willing to stake his professional reputation will be as common in the next decade as broadcasting by wireless has become in the present day. Television, he predicts, will make it possible to display on a screen thous-

last note of the anthem is played. If watch the Derby or the Varsity boat tand at attention and salute.

The pledge of the Flag is as fol
The pledge of the Flag is as fol
Screen at the moment they are hap
Southland.

pening.

"Then, perhaps a little later, will come exploration pictures. Explorers will carry television cameras with "The Star Spangled Banner" is recommended for universal recognition as the National anthem.

them. They will climb Mount Everett, or penetrate to the North Pole, or stalk big game in Central Africa, or examine the floor of the ocean in sub-The code rules for the proper man- marines, and we-sitting in ordinary picture theatres hundreds or perhaps thousands of miles away—will accompany them step by step so far as vis-

Dr. D'Albe, who is the inventor of the optophone, which enables the proper authority on National and State holidays, and on historic and special occasion. The flag should always be hoisted briskly and lowered slowly and ceremoniously.

2. When carried in a procession with another flag or flags the place of the Flag of the United States is on the right, that is, the flag's own right, or when there is a line of other flags, the Flag of the United States may be in front of the centre of that line.

3. When displayed with another the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States are the place of the Flag of the United States is on the right, that is, the flag's own right, or when there is a line of other flags, the Flag of the United States are the place of the Flag of the United States is on the right, that is, the flag's own right, or when there is a line of other flags, the Flag of the United States are the place of the Flag of the United States is on the right. Flag of the United States is on the right the tonoscope, which renders speech legible to the deaf, is convinced that television will be accomplished during 1924. Early developments may be crude, he admits, but the fact of television—which means seeing by wireless—will be established.

"As we know that wireless waves can be relayed almost indefinitely I seen no reason why in ten years' time we should not be able to see which renders, and of the tonoscope, which renders speech legible to the deaf, is convinced that television will be accomplished during 1924. Early developments may be crude, he admits, but the fact of television—which means seeing by wireless—will be e

3. When displayed with another flag, against a wall from crossed staffs, the Flag of the United States should be on the right, the flag's own right, and its staff should be in front of the staff of the other flag.

4. When a number of flags are

right, and its staff should be in front of the staff of the other flag.

4. When a number of flags are grouped and displayed from staffs the Flag of the United States should be in the center or at the highest point of the group.

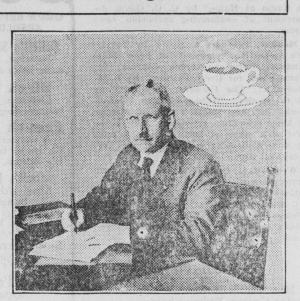
5. When flags of States or cities or pennants of societies are flown on the same halyard with the Flag of the United States the Flag of the United States must always be at the peak. When flown from adjacent is necessary to send 200,000 wireless peak. When flown from adjacent is necessary to send 200,000 wireless staffs the Flag of the United States signals per second in order to reproduce a good wireless picture. "The pennant should be placed above or to the right of the Flag of the United trouble begins," he said, "when you try to disentangle these signals as States.

in even slices, a quarter of an inch thick, and always cream the butter to be used, so as not to crumble the bread when spreading.

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OFESSOR SAMUEL C. PRESCOTT Massachusetts Institute of Technology

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echnology, after three years of who have been attacking coffee. about the great American drink. of the earth. During the continuous experiments

Great Benefactor

'It may be stated," Professor ing the evidence a dispassionate rious beverage for the great mass satisfactory stimulation.'

cal activities and may be regarded the fact that coffee is a beverage as the servant rather than the de- which properly prepared and rightfully used gives comfort and in-Professor Samuel C. Prescott, of spiration, augments mental and Massachusetts Institute of physical activities, and may be regarded as the servant rather than scientific research on the subject, the destroyer of civilization. The akes this sweeping reply to those time and place do not permit a redital of the great mas erp.ec s of As head of the Department of literature, music and art which Biology and Public Health of Mas- have been produced under its be-

sachetts Tech., Professor Prescott neficent exhibaration or mor shan had direct supervision of the long a suggestion as to the place caffein study which cost \$40,000 to make. containing beverages take in the H's purpose was to learn the truth dietary of the progressive nations

"Coffee if properly prepared has the entire laboratory was given a remarkable stimulating and faever exclusively to purposes of tigue relieving effect due to the of e research and more than action of the caffein which acts on the central nervous system. It 100 reports were reviewed and promotes heart action, mildly increases the power to do muscular work and increases the power of concentration of mental effort, and Presco.t stated, "that after weigh- therefore is an aid to sustained brain work. It has no depressing evaluation of the data so compre- after effect. It is not habit formhensively surveyed has led to no ing and does not require continuconclusions that coffee is an inju- ally increasing quantities to give

FOR AND ABOUT WOMEN. DAILY THOUGHT.

any event is worth far more than 1,000 pounds a year .- Dr. Johnson It is reported that the Chinese influence is strongly evidenced in the new colors being developed for spring,

The habit of looking at the best side of

Airead in civilian dress and covered, men should uncover and stand at attention, fight in America; or, for that matter, riety. The first of these old-time fariety. The first of these old-time favorites will undoubtedly be much worn at the winter resorts in the

> The circular handkerchief edged with lace, or footing, and delicately embroidered as a further embellish-ment, is a holiday novelty already

Square and oblong veils of the decorative order are much in vogue; ribbonized or floss embroidery is the accepted mode of trimming, and two-color effects as well as single-color veils are in good style.

The shops report the constantly increasing vogue of neckwear, and by spring, when new tailor-made suits and dresses make their appearance, the neckwear vogue will surely be well established.

Silk or chiffon evening scarfs edged with ostrich of matching color serve as lovely accessories for evening and

Knitted fabrics in wool and in silk are so varied and beautiful in color, design and texture that an entire wardrobe made of these interesting materials is a possible and desirable achievement.

Cube and melon shaped beads in imitation of Chinese antique are stressed in necklaces, both long and of the choker variety. Beads of carved wood combined with galalith beads are used for long costume chains. Crystal, imitation jade, rock amber in a pleasing selection of colors are used for both the waist-length and the choker chains. Ear rings to match these various chains are considered necessary to complete the costume.

It is very chic, for the moment, to match the color of your fur with shoes and gloves. If your costume is green with gray fur, gloves and shoes are gray; but, then, the hat should be black. In the recherche for ensemble effects, in all-dipped-in-the-same-vat effect must, just the same, be avoided.

Tins and indeed all metal cooking utensils should be laid out to dry for a while before putting away; and, by the way, even the most careful of cooks is apt to neglect her pot lids, yet these get caked and dusty just as do the pots to which they belong.

A pot once burned on the bottom is prone to let its contents stick and

burn again. Preserving kettles, for instance, even with their enamel in-teriors, should be carefully watched for the mischief once done, subsequent preserves may burn at any

Enamel utensils are pretty and clean looking, but they are spoiled if chipped or scratched, for not only do they stain, but they crack and break off if hard used. They should not be washed with soda nor should alumi-

viser of the Pennsylvania Department of Agriculture.

"It is a balanced food, containing the correct proportion of protein and energy. It is a very digestible food and the fat in milk is the easiest digested fat in all the dietary of many. It is rich in the needed minerals readily assimilable. For real complete nourishment there is no food like it. There is no waste as it is all digesti-

market when we consider all the nutrients contained. A quart of 5 per cent. milk is worth as much as four-teen ounces of the best beef. The beef costs 30 cents and the milk less than half as much and why not use the milk?

"We have formed a lot of bad habits and now is a good time to quit them. Many dishes are served with a sugar sauce or brandy sauce so called that would be much more palatable served with whole milk and a very lit-tle sugar. Milk as a sauce adds a complete food while sugar sauce gives nothing but energy.

"We must get over the idea that milk is a beverage only. It is an unsurpassed beverage we admit, but it is a most valuable food and must be considered as such.

"Learn once for all the real truth that when milk sours, it is not spoiled for food, but is improved. Sour milk is one of the best tonics. Thousands think highly of buttermilk, and sour milk is the same with the butterfat incorporated with it.

"As the professional cooks and cook books increased, the proportion of milk consumption decreased and furthermore at the same time and in the same proportion the doctors increased. I am not a centenarian, but I well remember when practically everybody made one meal of the day on some form of baked or cooked corn meal with an abundance of whole milk and a little sugar.

"I also know that at that time we had one doctor, physician they call him now, to cover a radius of ten miles and the poor fellow could hard-ly make a living because there was no one sick except when some epidemic like mumps or other infantile trouble

struck the country.

"Do you know that there is Life in milk? What is life? It is that which the Creator gives us and no man has defined it. But the scientific man has found life or the life principle in milk and he calls it vitamines. Vitamines are absolutely essential to the healthy body and by no food can you get this element in so perfect a form and conelement in so perfect a form and condition as in whole milk. Does that explain why we now need and furnish a living and fortune to retire on to six doctors in a territory where one nearly starved for want of patients? "If you eat and drink more milk you will be healthier and stronger and sweeter tempered."

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Constant gas causes inflammation which may involve the appendix. Simple glycerine, buckthorn bark, etc., as mixed in Adlerika helps any case gas on the stomach in TEN minutes. Most medicines act only on lower bowel but Adlerika acts on BOTH upper and lower bowel and removes all gas and poisons. Excellent for obstinate con-"Why do city people not use more stipation and to guard against appenmilk?" asks L. W. Lighty, farm addicitis. Sold by all druggists. 69-6



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he newspapers recently told of a robbery in which the robbers narrowly missed the hiding place of thousands of dollars, that the owner had concealed in his house.

The next day he took it to a bank.

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The First National Bank Bellefonte, Pa.

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