

## 

 ure, as love and hope, tends to stimu-lote the action of the heart and other
organs. A more brisk circulation
ducing healthy appetite.
On the other hand, it stands to rea-
son that opposite emotions are liante.
to tmpede the action of the liestr
to impode the netion of the heart.
Thus, fear. grief and doesnir pat the
brake on the working of the dimestive
organs.
The emotion produced hy fear en-
feebles the muscenlar and nervons sss.
tems., sometimes to such an extent
that indilyestion may set in for seen:-
ingly no reason at all.
So, before allowing yourself to get
ancry. remember the injurious after-
effects.
The longer you can malke. love or
any othler state of happiness last the
greater
FIRELESS COOKETS NOT MEW

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$$
\begin{gathered}
\text { Housen } \\
\text { AF }
\end{gathered}
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## br

\section*{| nus | $\begin{array}{c}\text { whi } \\ \text { at } \\ \text { of } \\ \text { her } \\ \text { here }\end{array}$ |
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| ere |  |}

## e

\section*{| y. |
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| of |
| -f | \(\begin{aligned} \& vate <br>

\& of ter <br>
\& were <br>
\& boill\end{aligned}\)}
n foot or two the fire. They nre tound :
nibly a soul atd invari: Either a woonden
stretclied trough or a stretched hide was in all probability
the utensil used. This was filled with
water and then the ret-liot flints were whter and then the reil-hot fints were
shoveled in. In this ways the witer was
sion broumt to a boil. The bones and
 while with these flint heaters imple
ments were found which inx the time
ms being in the early Bronze age.

Stones Once Used in casting Lots.
The custom of deciding doubtful The custom of deciding doubtrull
questions by lot is one of great extent and lighl antiquity, recommending it.
self as a sort of appeanto to the Almgiti.
sty secure from all influence of pasty, secure from all influence of pas-
sion or bias. It also is a sort of dirl-
nation sald to be employed eren by the nation sald to be employed even by the
gods thlemselves.
In the primitive method of casting lots stones were often us-m. These.
markend in some way, were placed in
the fold of a garment or more often an urn, helmet or a ressel of some so
The slhaking of the garment or vess The slaking of the garnent or vessel
would throw a stone out on the ground,
according to which the deciston was would t
accordi
given.
Tl:e
Ti:e lot was used to deternine sulie
ases as the inheritance of the tries
hence hence each tribers portion was winled
"the lot of its inheritance," A mode of divination among heath-
as was by means of arrows, two inens was by means of arrows,
scribed and one without mark.

> Says Girls Should Play More. Girls reguire more opportunities

Girls require more opportunities for
play than they get and boys should
ghe share domestic tasks with girls, in the
opinion of Dr. WV. H. Hamer, Lordon's school medical officer. He has come
to the conclusion that schoolgirls have
too much work to do and that in consequence they suffer more than
from defeetive vision, heart diseas from defective vision, heare
anemia and spinal curvature.
"These can all be traced to the same "These can all be trace, to the same
set of causes., he sass, "less oppor-
tunity for play than boys, less time
spent in the open air, the performspent in the open air, the perfifr.
ance of household dutes, and, in re.
and to ance of housenol diferent curricul
gard to school, a din
coconut Shell Mandolin. Compared with the rest of their
achevements, the African natives
have reached a high development in have reached a high development in
musti. Their instruments. while made
of crude materrals, are often orna.
mented with remarkable decorative mented with remarkable decorative
skill and the sounds otbaned are
highly effective. Coconut shells chosen or therretsize and shape are empeciolly
fand
arored for the boales of mandills, favored for the bodies of mandioins,
and with these quaint Instruments
musclans, who are privileged charasters, wander abiels and exert a great
bards and minstrels bards and minstreis and exer
influence over the chieftains.

$$
\begin{aligned}
& \text { Exaciation arom last summer in in } \\
& \text { Europe showts mate that the amount of rath }
\end{aligned}
$$ artion reecived from the sun on the

surface of the earth in a clear day is greater with a a dark biue than witin a
light blue sky. In the latter case light blue sky. In tha latter case
there is a higher tenslon of the water
vapor in the air. It is suggested that some instrument capable of measuripg
accurately the intensity of the blue of the sky would be useful in observa-
tono on the varinuble transmission of
the sun's heat throuch the stinus. the sun's heat through the atinus.
phere. $\left\lvert\, \begin{aligned} & \text { the } \\ & \text { pher }\end{aligned}\right.$


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