

TIBETAN MENU NOT VARIED

Majority of the Population Subsists Almost Exclusively on Barley Meal and "Butter Tea."

Tibetans live almost the year round on two things, parched barley meal, called "tsamba," and "butter tea," according to Dr. A. L. Shelton, writing in the National Geographic Magazine.

Tsamba is made by parching barley and then grinding it into a very fine flour. It becomes a sort of emergency ration, for, being parched, it requires no cooking.

In preparing the other principal article of their diet the Tibetans first make a strong liquid by boiling the coarse Chinese tea, which they prize most highly. The concoction is strained into a churn and to it are added a lump of butter, more or less stale, and a handful of salt. The queer mixture is then churned into an emulsion.

The typical meal among the valley folk of Tibet, and among many of the nomads as well, begins with the drinking of two or three cupfuls of butter tea.

As the Tibetan drinks his hot butter tea, he continually blows back from the rim of his bowl the film of butter that rises to the top. After several bowls of the beverage have been drunk, there is a considerable accumulation of butter. The bowl is then half-filled with the tea emulsion. Into the hot liquid, rich in butter fat, tsamba is now poured, to be kneaded by the fingers into lumps and eaten.

Knives, forks, and spoons are unknown in Tibet—all eating is done with fingers. The wooden bowl is carried in the sheepskin garment next to the skin, and each time after being used it is licked clean with the tongue and replaced in the garment.

WORD CHANGED IN MEANING

Modern Filibuster is a Comparatively Harmless Proceeding, Considering What It Once Meant.

When a legislator attempts to delay the progress of a measure he disapproves of, in the hope of preventing its passage, spending hours upon hours debating it, he is called a "filibuster." The only parliamentary body in the world where filibustering to the extreme is countenanced and where it has a chance of success is the United States senate.

The real meaning of the word "filibuster" is a lawless adventurer, especially one in quest of plunder. The term is derived from the original filibusters, who were West Indian pirates. The name is traceable to that of the small, fast-sailing vessels which used to be called "fillibotes" or "fly-boats."

Gradually the meaning of the expression began to embrace all sorts of military adventure. American usage finally broadened the phrase to such an extent that it now includes those senators or congressmen who use obstructive and dilatory tactics to gain their ends.

Obstructed Vision.

An old merchant who resided in Ireland had a glass eye, which it was his custom to take out and deposit in a tumbler of water each night before retiring. He awoke one morning very thirsty, having on the previous night drunk not wisely but too well, and by mistake drank from the tumbler which contained his artificial optic, thereby swallowing same.

His wife, fully aroused and greatly alarmed at the semi-choking condition of her spouse, called to the valet, who was an Irishman, to render assistance.

Pat having promptly arrived, was requested to look down his master's throat to see what caused the obstruction. Proceeding to investigate he saw the eye in question lodged some distance down the passage. Meantime the anxious wife asked:

"Can't you see down, Pat?"

"How can I see down and another fellow looking up?"—London Answers.

Yale's Stone Bulldogs.

Four bulldogs in stone represent student life at Yale. The bulldog has been Old Eli's mascot for 101 these many years. One of the dogs, with a wrinkled brow, wears spectacles. He is the student. Another bulldog, brow not so much wrinkled, wears a football player's helmet, a nose-piece with its end gripped in his teeth. He is the hero of the gridiron. Another bulldog wears a soldier's campaign hat, depicting what Yale men have done in the various wars. Still another bulldog has a cap and gown, representing the completion of the college course. Of all the carvings found, these are the four most interesting, although there are faces representing Dr. Hadley, and a few of his predecessors.

The Royal Fish.

The sturgeon is a strange looking creature, being almost covered with flattened bony plates, in the center of each of which is a conical spine. It is said to live to a great age—two hundred years is one estimate, but we have no certain knowledge on the subject. Its air bladder is rich in isinglass, and caviar is prepared from its roe. Its flesh seems to combine the flavors of fish, fowl, and fowl, and is really excellent. It was Edward II, who made the sturgeon a royal fish, but it is only sturgeon caught in the Thames which can be claimed as the property of the crown. Sturgeon resembles salmon in that they work up rivers to spawn. The Volga is the principal sturgeon river of Europe.

WHEN DOWN IN THE MOUTH

THINK OF JONAH, HE CAME OUT ALL RIGHT.

Some folks are never comfortable unless they are miserable; they are always down in the mouth and only feel good when telling their troubles to their friends.

Pessimism is a habit of seeing only the gloomy side of life. It is just as easy to see the right side if your vision is perfect. Let me fit you with glasses that will remove the cloud.

DR. EVA B. ROAN, Optometrist, Both Phones.

BELLEFONTE.

Every Saturday, 9 a. m. to 4:30 p. m.

Also Evenings first Saturday of each month.

STATE COLLEGE

Every Day except Saturday. 66-42

A Fair Substitute.

"Hey, there!" shouted an acquaintance, peering in through the open doorway of an Arkansas domicile, wherein the head of the family was beating on a tin wash boiler and yelling at the top of his voice, while half a dozen or more dogs sat around and howled in admiration. "What in torment is coming off? Have you lost your mind?"

"Nope!" replied Gap Johnson, of Rumpus Ridge, Ark. "But wife has took the children to visit their grom-maw over beyond Mount Piggy, and I'm so lonesome that I've just nacherly got to do something."—Kansas City Star.

Marriage Licenses.

Philip J. Haler, State College, and Eleanor M. Weston, Bellefonte.

Theodore Shay, Howard, and Catherine C. Bryan, Curtin.

Stuart Cameron, Madison, Wis., and Ruth E. Winter, State College.

Elmer P. Shaffer, Pleasant Gap, and Marie E. Spicer, Bellefonte.

John M. Hess, Bellefonte, and Sarah K. McKinney, Potters Mills.

—Albert Matthews, colored, was arrested on Wednesday afternoon for stealing a check for \$150.00 from Mrs. Betty Orvis Harvey, and attempting to cash the same at the Centre County bank.

What It Costs to Stop Train.

An ordinary passenger locomotive consumes a pound of fuel for every 52 feet it travels. Each unnecessary stop made with a heavy freight or passenger train represents a fuel loss of from 500 to 750 pounds of coal, depending on the weight of the train, the length of the stop and the grade conditions. A brake-line air leak on a train of 50 freight cars has been known to cause a loss of as much as 2,540 pounds of coal in a ten-hour period. The loss of coal each time a modern locomotive pops off for five minutes is about 75 pounds. If locomotive firemen were to save a little more than one shovelful of coal out of each ton used the total saving would be equal to nearly 1 per cent of all the coal handled. Floyd W. Parsons in the World's Work.

Bird Migration to Siberia.

With the autumn season comes the migration of birds. From Britain they migrate to Africa; in Australia the birds fly away to eastern Siberia. During the Australian winter the snow melts in Siberia and it becomes an elysium for birds from every country of the East. A few days after the snow has gone pansies, anemones, and dwarf roses appear in flower and the birds find a rich store of cranberries, crowberries, and Arctic strawberries for food. The influx of birds into eastern Siberia at migration times is one of the most marvelous sights in the world; every pool left by the melting snow is black with them. The Australian birds have the long journey to make of all, coming from 8,000 miles away.

NEW ADVERTISEMENTS.

ROOMS FOR RENT.—No. 27 Curtin St. Apply on premises, or Bell phone 110-R. 43-1*

EXECUTOR'S NOTICE.—Letters testamentary upon the estate of Robert Hackenberg, late of Miles township, deceased, having been granted to the undersigned, all persons knowing themselves indebted to said estate are requested to make prompt payment, and those having claims against the same must present them, duly authenticated for payment.

SUSAN M. HACKENBERG, WESLEY J. HACKENBERG, Executors, Rebersburg, Pa. W. Harrison Walker, Attorney 66-43-6t

NEW ADVERTISEMENTS

EXECUTOR'S NOTICE.—In the Estate of W. L. Daggett, late of the borough of Bellefonte, Centre county, Pennsylvania, deceased.

Letters testamentary in the above named estate having been granted to the undersigned, all persons having claims or demands against the estate of the said decedent are requested to make the same known, and all persons indebted to the said decedent are requested to make payment thereof without delay, to

CAROLINE BOYNTON DAGGETT, Executrix, Bellefonte, Pa. 66-43-6t

REAL ESTATE.—J. M. KEICHLINE, real estate operator in Centre county buys and sells real estate. If you want to buy or sell real estate write to him or call at his office in Temple court, Bellefonte, Pa. 63-28-6m

AUDITOR'S NOTICE.—In the Orphan's Court of Centre County, in the Estate of James Galbraith, late of Harris township, deceased.

The undersigned, an Auditor appointed by the afore named Court to make distribution of the funds in the Estate to and among those legally entitled thereto, will meet to perform the duties of his appointment on Friday, the 18th day of November, A. D., 1921, at 10 o'clock in the forenoon, at his office, Room 14, Crider's Exchange, Bellefonte, Pa., when and where all parties interested may attend who see proper.

KLINE WOODRING, Auditor. 66-42-3t

FARMERS AND OTHERS TAKE NOTICE.

I will insure dwellings at \$1.00 a hundred and barns at \$1.00 a hundred on the cash plan, for three years, as against fire and lightning.

J. M. KEICHLINE, Bellefonte, Pa. 60-16-6m

Col. J. L. Spangler Offers CHOICE LOTS FOR SALE.

Three lots on North Allegheny Street, opposite the Beaver residence. These lots are 47x200 feet in size.

Three other lots on East Curtin Street opposite residence of Mr. L. A. Schaeffer. These lots are 47 feet front, and extending back to alley 200 feet. Terms Reasonable. Apply to

J. L. SPANGLER, Bellefonte, Pa. 66-43-3t

Christmas is Coming, Cheer Up Your Home.

Paint with "Velvocate," that soft, velvety oil color paint. Sold direct from factory only. Write for color cards and prices.

STERLING PRODUCTS CO., Cleveland, Ohio 66-39-4*

NEW ADVERTISEMENTS.

FOR SALE.—Chester White Service Boars and September 1921, eligibles to registry.—JOSEPH L. FLEMING, Pennsylvania Furnace, Pa. 66-40-5t*

FOR SALE.—Single comb Rhode Island Red Cockerels. We have a nice lot of them raised on free range. Very dark and large boned fellows. Prices, from \$5 to \$10.

FRANK A. FOX, Hollidaysburg, Pa. 66-40-4t

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J. M. KEICHLINE, Bellefonte, Pa. 60-16-6m

Ira D. Garman Diamonds, Watches, Jewelry "JEWELRY MADE OVER"

11th Street Below Chestnut, PHILADELPHIA, PA. 63-34-6m

ARMISTICE SUNDAY--NOVEMBER 6th.

Go to Church next Sunday, even if you are not in the habit of going.

Go in memory of our Heroic Dead.

Go as a Lover of Peace.

Go as a Good Citizen.

Go as a Patriot.

THE BELLEFONTE MINISTERIUM.

Scenic Theatre

Week-Ahead Program

(Cut this out and save for reference.)

SATURDAY, NOVEMBER 5:

SHIRLEY MASON in "LOVETIME," a pretty picture with a love story nicely told amid attractive surroundings. Also, Snub Pollard Comedy.

MONDAY, NOVEMBER 7:

ANNA L. NILSSON in "HEART OF A FOOL," with James Kirkwood, Mary Thurman and many other stars. Seven reels. A fascinating study of the marriage problem. A powerful epic of real life. Don't miss it. Also, Pathe News, Topics and Vod-a-vil.

TUESDAY, NOVEMBER 8:

MARY MILES MINTER in "HER WINNING WAY," a story of a girl writer becomes a waitress to get interview with author. Also, two 2-reel comedies.

WEDNESDAY, NOVEMBER 9:

Pala Negri in "GYPSY BLOOD," a six reel excellent production of a version of Carmen. See the wonderful cigarette girl fight. A wonderful show. Don't miss it. Also, 2-reel Sunshine Comedy.

THURSDAY, NOVEMBER 10:

ALICE BRADY in "LITTLE ITALY," a very fine piece of work by this vivacious star, in which she is well suited. It is a good one. Also, Pathe News, Review and Comedy.

FRIDAY, NOVEMBER 11:

FRANK MAYO in "THE SHARK MASTER," is an interesting South Sea Island story with May Collings, an adorable savage, as the other part of a God witness marriage. Also, 13th episode of "THE YELLOW ARM."

OPERA HOUSE.

(Keep these dates in mind, as all are big ones.)

FRIDAY AND SATURDAY, NOVEMBER 4 AND 5:

KING VIDOR in "THE SKY PILOT," a seven reel western story in which a young minister reforms a whole town. Lots of thrills. Also, Buster Keaton Comedy.

SATURDAY, NOVEMBER 12:

Big double show. MACK SENNETT 5-reel comedy, "LOVE, HONOR AND BEHAVE." Good. All the favorites. Also, FRANKLYN FARNUM in "THE GALLOPING DEVIL." A great show. 11 reels altogether.

Locomotive Engineers, Firemen, Conductors, Trainmen and Yardmen!

Application may be made for employment to take places made vacant by such men as may leave the service.

Give age, previous experience, if any, names of not less than two references or enclose letters of recommendation.

Physical examination at expense of Company is required

Address, Employment Bureau, Tyrone Division, P. R. R.

Tyrone, Penna.

66 411f

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Plumbing and Heating

By Hot Water

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Pipeless Furnaces

Full Line of Pipe and Fittings

AND MILL SUPPLIES

ALL SIZES OF

Terra Cotta Pipe and Fittings

Estimates Cheerfully and Promptly Furnished. 51-99

Attention Farmers

This is the time to fatten your hogs for Fall

There is Nothing Better

Than Fresh Skimmed Milk

Our price only 25c. per

ten-gallon can.

Western Maryland Dairy

Bellefonte, Pa.

66-24-tf

NEW AND ATTRACTIVE

NOVELTIES AND LAMPS

---ARRIVING DAILY.---

F. P. Blair & Son,

Jewelers and Optometrists

Bellefonte, Pa.

64-22-tf

\$ The Dollar \$

MORE THAN REGAINS ITS OLD TIME VALUE IN OUR

November Sale of Aluminum

1½ Qt. Percolator	-	98c
2 Qt. Percolator	-	\$1.29
10 Qt. Dish Pan	-	1.69

(\$7.50 VALUE FOR \$3.69.)

Watch for the Special on Aluminum Roasters

Tumblers Reg. 10c—Now	-	6c
100 Piece Dinner Set—Best Grade English Porcelain	-	\$45.00
Reg. price \$60.00—Now	-	
Food Choppers—Reg. \$3.50—Special	-	\$ 2.00

The Potter-Hoy Hardware Co.

66-6-tf

A Bank's Service

A Bank should be more than a place to keep money. Its equipment is not complete unless it can give reliable information, advice, counsel—help when needed.

It is our desire to give to our patrons every service possible.

The First National Bank

Bellefonte, Pa.

61-46