

# Democratic Watchman

Bellefonte, Pa., October 14, 1921.

## THE OLD FRONTIER.

Adown the trail with the buffalo herds  
And the tribes of the warlike Sioux,  
Are the roundup ways of the cowboy days  
And the old chuck wagon, too.

The trapper sleeps and the packer's gone  
With the coach and the bronco team,  
And the bunch grass range is growing strange  
To the lonely campfire's gleam.

The trails are dimming among the hills;  
Old wallows on the plain  
Are leveled now by the reaper's plow  
And there is no wagon train.

The bull team by old Time's corralled  
O'er custom's sharp divide,  
And shades galore of thrilling lore  
In its deepening thickets hide.

The trooper and the halfbreed scout,  
In a history-making mass,  
With the pioneer and the old frontiers,  
Have sifted through the pass.

But like echoes of the life we knew,  
A love that's deep and strange  
Is camping close to the fading host  
As it crosses men's hearts.

—Frank B. Linderman in Scribner's Magazine.

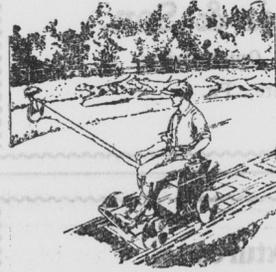
## NOVEL DOG-RACING DEVICE

Scheme of Chicago Man Dues Away  
With All Possibility of Cruelty  
to the Rabbit.

To encourage the sport of dog racing, Owen P. Smith, a Chicago man, has hit upon the idea of providing a stuffed rabbit, which, by mechanical means, is caused to run around an oval or circular track with a bunch of bow-wows in pursuit.

A small car, driven by an electric motor, makes the circuit of the track on rails. Outwardly from it is extended horizontally a long steel rod, which carries a rubber-tired wheel and a little platform supported above the wheel. Upon the platform is fastened a stuffed rabbit, for bait.

The dogs entered for the race are kept in a cage until the moment of the start. They are liberated after the rabbit has passed the cage—that is to say, when bunny has an allowance of 20 yards or so—and then comes the



Keeps Dogs "On the Hop."

test of canine speed, the winner being the dog that passes under the wire first.

It is not meant that the rabbit shall be caught, its speed being so adjusted as to enable it to keep ahead of its fastest pursuer. At the finish of the race the car is switched off onto a side track and into a little house, the doors of which close behind it. Thus bunny is saved from being mugged up and is good for the next contest on the program.

The device is said to be a success. — Milwaukee Sentinel.

## Pigeon Flies With Locomotive.

The following story of a pigeon which pilots trains between Morecambe and Hillfield comes from Leeds, England. Flying quite near the chimney stack on the windward side to avoid the smoke, this intelligent winged escort rises when the train approaches a bridge, and then flies over; it has never been known to go under the bridge. When the train stops at a station, the bird circles around and alights near the engine; it takes wing again as soon as the conductor blows his whistle. More or less tame, the pigeon is unresponsive to tempting food offered by passengers or railway officials. It never fails to return home at night.

## Expert Walkers on Stilts.

The department of Landis, in Gascony, France is famous as the home of stiltwalking. Owing to the impermeability of the sub-soil, low lying districts are converted into marshes, and shepherds and farmers have to spend the greater part of their lives on stilts. These are strapped to the leg below the knee, the foot resting in a stirrup five feet from the ground. A baker, of the Landes, walked on stilts from Paris to Moscow, 1,580 miles, in fifty-eight days in the spring of 1891.

## Jewish Records Buried.

The first ceremony of its kind in Scotland has taken place in the Jewish part of Piershill cemetery, Edinburgh, where a large number of Hebrew books, scrolls of the law, phylacteries, and utensils used in the synagogue were buried. The custom is observed to prevent misuse and for preservation, and was rendered necessary owing to the amalgamation of three Jewish synagogues. Relics accumulated during a hundred years were contained in ten sacks, and were lowered into a grave lined with boards.

## Teeth of Elephants.

Elephants have only eight teeth—two below and two above, on each side. All baby elephants' teeth fall out when the animal is about fourteen years old, when a new set grows.

# \$10,000,000 AID FOR VETERANS

Red Cross Provides Friendly Service of Many Kinds to Army of Disabled.

## BULK OF WORK BY CHAPTERS

2,397 of These Are Helping Ex-Servicemen Obtain Benefits U. S. Provides.

One field of Red Cross service alone, that of assisting disabled veterans of the World War, entails expenditures \$4,000,000 greater than the aggregate receipts of the Annual Roll Call of 1920, the American Red Cross announces in a statement urging a widespread increase in membership at the Annual Roll Call, November 11 to 24. At the present time National Headquarters and the nation-wide chain of Chapters of the Red Cross is spending approximately \$10,000,000 annually for the relief of disabled ex-service men and their families, while the aggregate receipts from last year's Roll Call were approximately \$6,000,000.

It is in the 2,289 of the 3,800 Red Cross Chapters which still are helping solve the veteran's problem of adjusting himself to a normal civilian status that the greater part of the cost of this service is borne. Of the total sum spent for veterans' relief last year, National Headquarters expended a total of more than \$2,600,000, while the remaining disbursement of approximately \$7,000,000 represents the contribution of Chapters in this country-wide effort to assist the Government in providing the aid sorely needed by these men and their families.

## An Ever Expanding Problem

That the problem of the disabled service man is ever-expanding and probably will not reach the peak before 1925, is the assertion of well-informed Government officials and that 2,397 Red Cross Chapters regard it as their most important work is evidence that the expansion is in nowise confined to a particular section but is, on the contrary, nation-wide. At the end of the fiscal year, June 30, 1921, there were 26,500 disabled service men in the 1,692 United States Public Health Service, Contract and Government Hospitals and Soldiers Homes, and that number is increasing at a rate of 1,000 a month.

Thousands of these men receiving medical treatment, compensation and vocational training from the Government today, started their efforts to obtain them through the Red Cross Chapter. The Chapter, acting as the disabled man's agent in claims against the Government, informs the man as to the procedure necessary to gain for him that which is provided him by Federal statute. His applications for compensation, medical treatment and training are properly filed with the aid of the Red Cross Chapter.

## Many Forms of Assistance

If there is delay before the man's claim is acted upon, the Red Cross Chapter lends the man money to meet the imperative needs of himself and his dependents.

Most vital to the man's gaining full benefit from the Government's care is keeping his mind free from worry about his home. Keeping the veteran's family from hardship of every kind and informing him of its welfare is another province of the Chapter. Free from fear on this score, the man's recovery and advancement usually is rapid.

Every month during the last year, the American Red Cross has given service of one kind or another to an average of 129,215 former service men and their families. An indication of the extent of the faith reposed in the Red Cross Chapter is to be found in the fact that there were 356,544 requests for friendly aid in the solution of personal problems.

## 448 Workers in Hospitals

While the man prior to entering Government care deals largely with the Chapter, afterward he comes into contact with the service provided by National Headquarters. There are 448 Red Cross workers in the United States Public Health Service and contract hospitals and other institutions in which these men are being cared for, whose duty is to provide for his recreation, help him with his compensation claims, keep him in touch with his family; in short, meeting his every need outside of that provided by the Government. While these are a few of the responsibilities of the National Organization, they are by no means all. Among other Red Cross accomplishments for the year are:

It handled 70,732 allotment and allowance claims.

It delivered through its Chapter organization 63,656 allotment checks to veterans who had moved from the addresses furnished to the Bureau of War Risk Insurance.

It provided a special fund of \$10,000 for medical assistance to men under vocational training.

It made 32,495 loans totaling \$450,000 to men taking vocational training, of which 85 per cent has been repaid.

## NOTES FROM STATE DEPARTMENT OF HEALTH.

With inspectors at the York fair this week, the Division of Restaurant Hygiene, State Department of Health, nears the end of a strenuous campaign to clean up eating and drinking places at fairs.

House Bill No. 937, enacted by the recent Legislature, gives this Division ample authority to compel medical examination of all food and drink handlers in the State; the use of hot water and soap for washing dishes and cooking utensils; and a general sanitary condition of places where food or drink is served.

Mr. John M. Delaney, chief of the Division of Restaurant Hygiene, reports that as many as 1100 food handlers at one fair were visited by inspectors from his Division, and that at all fairs held during the season there was only one instance where an inspector met with refusal to obey the law. Mr. Delaney says, "The re-appearance of the inspector flanked by two state policemen was all that was necessary. The required certificates from physicians were immediately forthcoming, and a general clean-up of eating places was made."

Dr. Mary Riggs Noble, the recently appointed director of the Division of Child Health, State Department of Health, is well qualified for the important service of that Division. Dr. Noble, who is a graduate of Colorado College, and the Woman's College of Philadelphia, gave ten years' service as gynecologist and vice principal of

the non-denominational and international medical college at Ludhiana, India. During the war Dr. Noble was with the National Board of the Y. W. C. A., serving as a social morality lecturer throughout the south and middle west. For the past year she has been associate director of the Division of Child Health, working with Dr. Ellen C. Potter, who resigned to assume the position of director, Division of Child Welfare, under the Department of Public Welfare.

## Scrofula Most Progressive Now.

Sudden changes of weather are especially trying, and probably to none more so than to the scrofulous and consumptive.

The progress of scrofula during a normal autumn is commonly great. It is probable that few people ever think of scrofula—its lumps, eruptions, and wasting of the body—without thinking of the benefit many sufferers from it have derived from Hood's Sarsaparilla, whose success in the treatment of this one disease alone would be enough to make it what it is, one of the most famous medicines in the world.

There is probably not a city or town where Hood's Sarsaparilla has not proved its merit in more homes than one, in eradicating and completely eradicating scrofula, which is almost as serious and as much to be feared as its near relative, consumption.

Hood's Pills, the cathartic to take with Hood's Sarsaparilla, in cases where one is necessary, are gentle in action and thorough in effect.

## ROBBING BABY'S MILK.

Milk fed to babies and young children in hospitals and other institutions was frequently pasteurized by slow heating to the boiling point. The method is alleged to be open to criticism. Recent experiments with young rats have shown that when fed on milk thus treated they grow at only about half the normal rate.

This seems to be due to the fact that with slow heating the milk loses a large part of its calcium salts, which settles to the bottom and along the sides of the container in the form of an insoluble precipitate. These salts are very necessary for growth of bones. They are mainly phosphate of calcium, which is the stuff bones are made of. Unsweetened evaporated milk when tried on young rats gave similar unfavorable results, and for a like reason.

The above mentioned inference was confirmed by adding calcium phosphate to the slowly heated milk, which then proved productive of rat growth at a normal and satisfactory rate. The same favorable result was obtained when scrapings from the sides and bottom of the container were added.

It was found that young rats fed on milk brought quickly to boiling point grew normally. They gained weight nearly as fast on undiluted condensed milk, because it retains its calcium salts, holding them in suspension.

## MEDICAL.

# Household Cares

Tax the Women of Bellefonte the Same as Elsewhere.

Hard to attend to household duties. With a constantly aching back.

A woman should not have a bad back.

And she seldom would if the kidneys were well. Doan's Kidney Pills are endorsed by thousands.

Have been used in kidney trouble over 50 years. Ask your neighbor. Read what this Bellefonte woman says:

Mrs. J. T. Gordon, 130 E. Beaver St., says: "My trouble was a dull, constant backache which kept me in misery. Mornings I was so sore and lame I dreaded to begin my household work, for it was a burden. Doan's Kidney Pills, bought at Parrish's Drug Store restored my kidneys to a normal condition. I have had no return of kidney disorder."

After four years, Mrs. Gordon said: "I gladly confirm my previous statement as I certainly have found Doan's to be all that is claimed for them. Doan's Kidney Pills cured me, for which I am very thankful."

60c. at all dealers. Foster-Milburn Co., Mrs., Buffalo, N. Y. 66-40

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# CLOTHES of DISTINCTION

Style creations as attractive as a debutante's smile

Wherever men of substantial position gather, Alco Clothes play a distinctive role. In their dignified, quiet way they serve to emphasize the personality of the wearer

These suits and overcoats will show their worth from the minute you try them on to the last minute of wear. Their styles are as persuasive as "Please"—their quality as unyielding as "No!"—their tailoring can be equaled, but seldom is.

Alco Clothes are worthy of the painstaking efforts expended in their making. And lest you forget—money back if you are not satisfied.

## Alco Suits

Single or double breasted, in blue, grays and browns, striped and mixtures. For the ultra-fashionable or conservative dresser.

\$30 to \$45

## Overcoats

Usters and ulsterettes—belted or plain. Dignified Chesterfields. A variety of other models in all of the popular shades.

\$30 to \$45