

HEALTH SCHOOL

Pennsylvania State Department of Health.

Questions.

1. What is the purpose of quarantine?
2. Why is early quarantine important?
3. How is disease carried from one who has it, to a third party, by one who hasn't it?

THE HEALTH OFFICER

Because the doctor reported that "Jenny Maguire had Scarlet Fever," the Health Officer came to placard and quarantine the house.

Mrs. Maguire was hostile. "When me man, Mike, comes home from the St. Patrick's parade and sees that yellow sign on the house, he'll be after lickin' the man that put it there." The Health Officer told her that the color was not meant as a taunt to Irishmen, but was used because it could be seen at a distance, and indicated the presence of contagious disease and the establishment of quarantine.

"And phwat is quarantine?" asked Mrs. Maguire.

"Quarantine," answered the Health Officer, "means that no one but the doctor and nurse may leave the premises until there is no further danger of carrying the disease. The law fixes 30 days as the minimum period for scarlet fever."

"A fohne law," sneered Mrs. Maguire, "that kapes a strong man home from worruck fur a month, an' the rint due on the fifteenth."

The Health Officer continued: "For scarlet fever, only modified quarantine is required. If Jenny be kept in a room by herself, with the doorway covered with a sheet; if you hang a wrapper and a sunbonnet, or other covering for your hair, just inside the door, which you can put on when you go in and take off as you come out; if you wash your hands with soap and water every time you come from her room before touching anything else; if you boil her soiled clothing or whatever she touches, scald her eating utensils as soon as she is through with them; keep Mike out of Jenny's room and keep him from handling anything she has touched until it has been disinfected—he can go to work."

"Can Maggie and Mickey kape on goin' to school? They've never had the disease." "You can give them a hot bath, including the hair, put on clean clothes, send them to some other place which is free from the disease and where there are no children who have not had it, and if they do not get it in fourteen days, they can go to school." "And phwat if they do get it?" "The modified quarantine for another minimum period of 30 days counting from the beginning of the latest case. If they get running ears, it may be much longer."

The Health Officer told Mrs. Maguire the reason for quarantine and gave her a scarlet fever pamphlet. Mollified by this, she promised to obey, but said "Mulligan's boardin' house has the same thing. They didn't have a doctor for fear he'd shut them up."

Mulligan's boarding house was filled to capacity. Putting on his cap, gown and overshoes, strong with antiseptic, the Health Officer was lead to a room in which lay a fourteen-year-old boy, with scarlet fever. When the Health Officer came down stairs, as he thoroughly washed his hands at the kitchen sink, after having sprinkled with antiseptic his gown, head covering and overshoes, which he packed in his satchel, he told Mrs. Mulligan that "it must be the hospital for the boy, or absolute quarantine for the house."

An hour later an ambulance took the boy to the hospital. His room was sealed and disinfected; thereafter it and all the furniture were well scrubbed with soap and water, the clothing and sheets were boiled, the mattress and blankets wiped with soap and water and sundried, and the room thoroughly aired.

Nine boarders, none of whom had been near the boy, were released for their work on the railroad. Six, over twenty years of age, who worked in the stone quarry, were also released.

A young school teacher and a postal clerk who had looked after the boy that morning, were ordered a soap and sponging with disinfectant, disinfection and airing of their clothes, and were allowed to return to work the next day, providing they were kept under medical supervision.

Three children, who had had scarlet fever, were given directions for a clean-up and disinfection and were allowed to return to school.

The Health Officer finished his morning work by leaving on the steps of their suburban shack, a basket of provisions provided by the Poor Authorities, for Mose Johnson and his wife, an aged colored couple, absolutely quarantined for small-pox.

Quarantine (quarante-forty, the number of days which contagion carrying ships used to be cut off from shore) is useless unless it is thoroughly carried out. As a rule, acute diseases are most transmissible in their early stages. Therefore, early quarantine is necessary.

The main spreader of disease is the person who has it. When the disease is carried from one who has it, by one who hasn't it, to a third party, it is usually done by the hands. Thorough soap and water washing will prevent this; washing afterward in chlorinated lime water, a teaspoonful to the quart, is an added precaution.

Community safety demands that quarantined persons obey the imposed regulations. Failure to do so may spell DEATH to some one else—usually a child.

The same disease may be mild in one person and fatal in the next.

Sugar Profiteers Warned About Price.

Fair Price Commissioner McClain has issued a public warning that any merchant demanding a price higher than 20 cents for sugar will be subject to arrest for profiteering, notwithstanding that he may have purchased the sugar at a higher price from wholesalers or brokers.

His statement is as follows: "The legal refiners' and wholesalers' price of sugar is well known to all retail dealers, and any one who buys sugar at higher prices does so at his own risk as 20 cents is the established price to consumers. If the retailer wishes to buy sugar at such a high price that he cannot re-sell it at the fixed price and make a profit, that is his lookout.

"Under these conditions, when a retailer buys sugar knowing he cannot make a profit on it at 20 cents, I see no reason why the fair price commission should uphold or protect him in charging a higher price in order to get his profit."

MEDICAL.

Act Quickly

Do the right thing at the right time.

Act quickly in time of danger. In time of kidney danger, Doan's Kidney Pills are most effective.

Plenty of Bellefonte evidence of their worth.

Mrs. Elmer Yergler, 306 N. Beaver St., Bellefonte, says: "About ten years ago I had kidney trouble in its worst form. My back was so weak I could hardly get around. My kidneys acted very irregularly and I was in constant misery. Dropsical swellings set in. I tried different remedies, but received no benefit. Doan's Kidney Pills were recommended to me and I at once began their use. In a few days the trouble was relieved and I continued their use for about three months. They entirely removed the distressing kidney disorders. My back was strengthened and I had no further trouble with my kidneys. I think Doan's is the best kidney medicine to be had." (Statement given April 22, 1914).

On October 18, 1918, Mrs. Yergler said: "It is a pleasure and a great privilege for me to again speak a good word for Doan's Kidney Pills. Others in my family have since had the same good results from Doan's as I had. I confirm all I said in my former statement."

60c. at all dealers. Foster-Milburn Co., Mfrs., Buffalo, N. Y. 65-19

Building Your Wealth

A bank works for you night and day, week after week, adding cents to dollars. Little by little the amounts grow till each addition is a respectable sum.

Where does the gain come from? Not from your pocket. Nor from ours. It is the result of production. Money placed in a bank is given an opportunity to work and to produce.

Thus a bank builds your wealth.

Start with a small deposit if you will. Add to it when you can—regularly if you can do so. It will not be long till you can fairly see it grow. Let us earn wealth for you.

CENTRE COUNTY BANKING CO

60-4 BELLEFONTE, PA.

Bellefonte Trust Company

Bellefonte, Pa.

Why You Should Make a Will

To protect your loved ones.

To safeguard your estate.

By making a Will you can appoint the Bellefonte Trust Company as your Executor or Trustee.

You can thus assure to your heirs the business management and financial responsibility which this institution affords.

Your wishes can be observed in the distribution of your property, for if you do not leave a Will the law may divide up your possessions in a way that you might not desire.

How Have You Made Your Will?

Do not write your own Will. "Home-made" Wills are dangerous and often cause law-suits, because, when drawing a Will the law must be known, both as to wording and terms. Consult a lawyer today about the making of your Will and have him name the Bellefonte Trust Company to act as your Executor and Trustee.

J. L. Spangler, C. T. Gerberich, N. E. Robb,
65-3-1f President Vice President Treasurer



Ten miles used to be a long way

WHAT a difference in these motor-car days, when every point in the county is hardly more than "just around the corner."

People's ideas are changing, too.

They're beginning to figure out how much it is costing them to keep a car. And the man who is doing the greatest amount of figuring is the man with the moderate-price car.

There still seems to be a notion in some quarters that any tire is good enough for a small car.

That's not what the man who owns it thinks.

In recommending and selling U. S. Tires we are trying to see his side of the propo-

sition—finding out what he wants in a tire and giving him that.

Large or small, U. S. Tires are built to only one standard of quality—the standard that produced the first straight side automobile tire, the first pneumatic truck tire.

Every tire that bears the name "U. S." is built the best way its makers know how. It isn't the car, but the man who owns the car, that counts with the oldest and largest rubber concern in the world.

As representatives of U. S. Tires in this town, we offer you the benefit of our experience and advice in settling your tire problem.

Select your tires according to the roads they have to travel:

In sandy or hilly country, wherever the going is apt to be heavy—The U. S. Nobby.

For ordinary country roads—The U. S. Chain or Usco.

For front wheels—The U. S. Plain.

For best results—everywhere—U. S. Royal Cords.



ROYAL CORD—NOBBY—CHAIN—USCO—PLAIN

The Omega Watch

WE have acquired the agency for the celebrated Omega Watch—a Watch of character.

We will be very glad to explain to you the unusual merits of this time piece.

F. P. Blair & Son,
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United States Tires

For Sale by P. H. McGARVEY, Bellefonte, Pa.