

PENNSYLVANIA PUBLIC HEALTH SCHOOL WHAT? HOW? WHEN?

One time in Chicago a cow kicked over a lantern. A bucket of water would have extinguished the blaze. It was not applied. The resultant fire destroyed 17,450 buildings (\$193,000,000), and 275 people.

If the man who brought smallpox to a certain city in Pennsylvania had been vaccinated, ten deaths, thirty cases of hideous scarring and a number of cases of permanent physical defects would have been prevented.

The State Health School will tell some true stories of what has happened, and some ways by which it may be prevented from happening again.

The lessons will be published in the Pennsylvania newspapers during the second and fourth week of each month. Each will be followed by three questions, which any one who has read the lesson can answer. The answers will not be marked, but will be graded as a whole as "good" or "poor." Any intelligent person can do the grading.

In this school should be numbered every Pennsylvanian who can read. The maximum cost is twenty-four cents—that is twenty-four postal cards, one to each lesson. To join, write on the postal card with the answers to the first set of questions in this pledge, or words to that effect:

"I promise to read the lessons of the Public Health School of Pennsylvania, and send my answers to the questions within three days from time of reading." The address to which the answers are sent will be given in the newspapers.

To handle the answers and to insure proper credit, each county has been organized under a Central Health School Committee consisting of: County Medical Director, County Executive Secretary, County Superintendent of Schools, County District Attorney, Chairman Board of County Commissioners, to which have been added as local conditions warrant, County Representatives of the Red Cross, of the Society for the Prevention of Tuberculosis or of other organized bodies.

This committee has appointed a temporary chairman for each county center, which chairman has selected a local committee and organized permanently.

The Local Health School Committees ask all churches, lodges and societies and organizations in their respective districts, including labor, to urge their individual members to join the school and to send their answers on postal cards to the address given in the paper.

The Secretary of the Local Subcommittee forwards to the County Executive Secretary, the number of satisfactory answers from that district. The County Executive Secretary tabulates these results for the county and forwards the report to the State Health Department.

These results may be regarded as an index of the county's health intelligence and educational standard.

In some parts of the state, prizes are being offered by business men, for local districts which have the best percentage and for individuals who send in the best answers.

Cities are organized after the same plan as counties. Local units being school districts, with the understanding that the plan of organization may be changed to meet local requirements.

Public, private, parochial schools, colleges, normal schools, Rotary and Kiwanis Clubs, Chambers of Commerce or any other organized society or association may lighten the labors of the local secretary of the sub-committee by sending their answers to the Secretary of their own organization, who will send the number of satisfactory answers to the local secretary or the County Executive Secretary of the proper county.

The answers to each lesson will be published with the succeeding lesson. The County and City Superintendents of Schools are asked to have organized in each school in their respective districts, a committee of alert and energetic pupils who will take from the teaching force the whole burden of organizing the schools, examining answers, and returning results to the local secretary of the sub-committee. The school children are urged to induce their parents to join the Health School.

Since these lessons will be available to all, some may think that sending answers to the questions is profitless and troublesome, and believe that they can derive as much benefit without doing this—perhaps they can; but they will not. For the credit of their county and community, they are urged to become members of the school. Even though times be hard, two postals a month are not an extravagance when the end desired and often attained is the saving of life, perhaps your own or that of the one nearest you.

Also, a large enrollment strengthens the hands of those laboring for a better state health.

With That Voice.

He—I have formed the habit of singing at my work.
She—How you must hate it.

COURT HOUSE NEWS

REAL ESTATE TRANSFERS.

W. B. Bower, et ux, to W. Riley Jackson, tract in Phillipsburg; \$600.
M. L. Beck, et ux, to Harry Stover, tract in Walker township; \$9500.

Harry C. Rothrock, et ux, to Wm. A. Rokey, tract in Harris township; \$2600.

Mina Grenoble, et bar, to Lizzie S. Ripka, tract in Spring township; \$1450.

Albert J. Moorehead to J. Lambert Heath, tract in Rush township; \$525.

John Delaney to Catherine Schenck, tract in Howard township; \$150.

Michael Shields, et al, to Catherine Schenck, tract in Howard township; \$1.

Hannah McCommons to Catherine Schenck, tract in Howard township; \$1.

H. H. Regel, et ux, to William R. Schenck, tract in Liberty township; \$1100.

Sarah Ann Tressler's Exrs., to Annie E. Dale, tract in College township; \$600.

William E. Musser to William A. Green, tract in Gregg township; \$9250.

John Garver, et ux, to Charles A. Leister, tract in Gregg township; \$300.

Belle J. Hoover to Frank Sasser-man, tract in Bellefonte; \$1000.

H. F. Cogan, et ux, to George R. Miller, tract in Taylor township; \$1500.

Annie M. Hassinger, et bar, to Rachel J. Schad, tract in Spring township; \$1.

James R. Hughes, et ux, to Annie M. Hassinger, tract in Spring township; \$1000.

Henry F. Kessinger, trustee, to J. I. Wagner, tract in Liberty township; \$610.

Lewis E. Stover, et ux, to Coburn Farm Products Co., tract in Penn township; \$5000.

William Schenck, et ux, to John Lyons, tract in Liberty township; \$5000.

John Lyons, et ux, to Claire G. Lyons, tract in Howard; \$100.

Irvin Lucas' Exrs., to Henry J. Hinton, tract in Howard; \$1000.

John H. McCauley's heirs to Jacob S. Weaver, tract in Walker township; \$900.

William R. Grazier, et ux, to Alfred Albright, tract in Ferguson township; \$10,800.

Anna M. Hassinger, et bar, to Millie E. Jodon, tract in Spring township; \$600.

Russell Shirk, et ux, to Harry R. Hartman, tract in State College; \$6000.

T. V. Yothers, et ux, to John Smay, tract in Huston township; \$2700.

Irvin M. Harvey to Oscar C. Harvey, et al, tract in State College; \$6000.

B. W. Shaffer to Charles H. Shaffer, tract in Miles township; \$7000.

Antoinette Wian to Alfred J. Heverly, tract in Bellefonte; \$3250.

George S. Fisher to Henry J. Baker, tract in Walker township; \$1550.

Alfred J. Heverly, et ux, to John Coakley, tract in Bellefonte; \$1800.

Philip P. Frank to John E. Noll, tract in Potter township; \$3300.

Sarah Bushman, et al, to Lettie Goodhart, tract in Gregg township; \$12,500.

A. F. Markle to G. C. Cochran, tract in State College; \$1100.

Bettie M. Kimport's Exrs., to S. C. Shaver, tract in Harris township; \$6000.

Daniel W. Zeigler to Rosie F. Harter, et al, tract in Gregg township; \$15.

Rosie F. Harter, et al, to Lloyd E. Bartges, tract in Gregg township; \$13,800.

Isaac S. Frain's Exrs., to Mollie C. Fletcher, tract in Marion township; \$8500.

Belle J. Hoover, Exr., et al, to Lydia Agnes Moore, tract in Boggs township; \$414.

Tammie Taylor, et al, to M. O. Stover, tract in Millheim; \$1650.

Emanuel Vonada, et ux, to W. C. Wiedmire, tract in Gregg township; \$2550.

T. M. Gramley, et ux, to E. I. Wance, tract in Miles township; \$12,775.

L. P. Auman to S. W. Gramley, tract in Millheim; \$1250.

John Dewak, et ux, to George Beggno, tract in Snow Shoe township; \$525.

O. J. Harm, et ux, to George Beggno, tract in Snow Shoe township; \$100.

Jacob Ritzman to James E. Neese, tract in Howard township; \$3300.

Irving L. Foster, et ux, to W. O. Heckman, tract in State College; \$4200.

A. E. Garbrick, et ux, to McNitt, Huyett Lumber Co., tract in Spring township; \$11,500.

Wm. J. Emerick, et ux, to Thomas C. Galbraith, tract in Phillipsburg; \$1.

Alfred R. Lee, et al, to M. B. Martz, tract in Harris township; \$8800.

G. Oscar Gray, et ux, to Jacob F. Hoy, et al, tract in Bellefonte; \$3000.

Malinda Wetzel to James F. Wetzel, tract in Millheim; \$2200.

John D. Dreibelbis, et ux, to Walter E. Dreibelbis, tract in Ferguson township; \$3500.

Harry P. Fulton, et ux, to John T. Spangler, tract in State College; \$2500.

Anna McClure McIntire to Mary A. Rodgers, tract in Bellefonte; \$3000.

Jane M. Ebock, et bar, to John A. Erb, tract in Rush township; \$600.

Eva May McClellan, et al, to Edward C. Strohm, tract in Walker township; \$200.

Clayton B. Stover to Elmer D. Ripka, tract in Gregg township; \$250.

Mary C. Bumgardner, Exr., to Thomas E. Gray, tract in State College; \$6000.

Jesse U. Irvin, et ux, to T. V. Ste-

vens, tract in Union township; \$2800.
Catherine J. Lauck, et bar, to John H. Frizzell, tract in State College; \$8000.
Willard W. Smith, et ux, to R. H. Breon, et al, tract in State College; \$20,000.

Trying Times.

The reconstruction period after the great war is characterized by what may be called high pressure days. The demands of business, the wants of the family, the requirements of society, are more numerous now than ever before.

The first effect of the praiseworthy effort to keep up with all these things is com-

monly seen in a weakened or debilitated condition of the nervous system, which results in dyspepsia, defective nutrition of both body and brain, and, in extreme cases, in complete nervous prostration. It is clearly seen that what is needed is what will sustain the system, give vigor and tone to the nerves, and keep the digestive and assimilative functions healthy and active. Many persons from their own experience recommend Hood's Sarsaparilla for this purpose. It acts on the vital organs, builds up the system, and fits men and women for these trying times. In cases where there is biliousness or constipation, it is well to take Hood's Pills. They are a thorough cathartic, a gentle laxative.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of

Chas. H. Fletcher

and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Protecting Your Family

Keeping the wolf from your door is often taken too figuratively. But it is not an idle joke, to be ridiculed or ignored.

To keep the wolf from your door requires weapons more powerful than implements of war. It requires a defense that cannot be bought or borrowed—it is gained through practice of thrift.

To save is to insure yourself and your family protection.

Every man owes himself and his family the protection of a savings account in a good substantial bank such as this one. Start an account to protect your family at the

CENTRE COUNTY BANKING CO

60-4 BELLEFONTE, PA.

The Omega Watch

WE have acquired the agency for the celebrated Omega Watch—a Watch of character.

We will be very glad to explain to you the unusual merits of this time piece.

F. P. Blair & Son,

Jewelers and Optometrists

Bellefonte, Pa.

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Shoes.

Shoes.

Pumps and Oxfords

AT \$10.

AT \$10.

Our line of Pumps and Oxfords for women at \$10 is the very best to be had. The quality is just as good as the very best that sell in other stores at \$15 and \$16 per pair.

The leather is the very best, and the soles are Good-year Welts and guaranteed not to squeak when you walk. You can always tell cheap shoes by the squeak.

We will be pleased to show you our line of Pumps and Oxfords.

Yeager's Shoe Store

THE SHOE STORE FOR THE POOR MAN
Bush Arcade Building 58-27 BELLEFONTE, PA.

Come to the "Watchman" office for High Class Job work.

Lyon & Co.

Lyon & Co.

Spring is here

and you will need search no further than through our splendid stock for all your season's requirements.

Gloves

Kid, Silk and Fabric Gloves, all colors, black and white.

New Neckwear

The Vandyke Points, new frillings, new collar sets.

Blouses and Shirt Waists

The largest assortment of new Shirt Waists in Georgette crepe, crepe de chene, silk striped and plain voiles. All light shades and navy blue; smocks in rose and Copenhagen.

Silk Hose

The celebrated Silver Star brand Silk and Cotton Hosiery; all colors in silk and lisle for men, women and children.

Coats and Coat Suits

The most remarkable qualities, styles and workmanship, at prices that will make it easy for all coat and suit buyers.

Our \$50.00 Tricotine Suit is as good in style, quality and finish as our competitors' \$70.00 suits.

See our \$30.00 Suits.

Lyon & Co.

64-10

Lyon & Co.