FOR AND ABOUT WOMEN.

DAILY THOUGHT. It is a sign of a great mind to despise greatness, and to prefer things in measure to things in excess.-Seneca.

Tanners have obtained a "new" color—henna—which evidently was adopted after Mrs. Woodrow Wilson had returned from Paris with a "hen-na gown." The name is derived from a tree found in Asia. "Henna" is perhaps nearer the mahogany color, which has been in vogue for a year or two for shoes, than any other. Lynn shoe manufacturers say a lot of hen-

Straight-line slit skirts, as the mo-diste calls them, were responsible for much of a new style of walk, for which no specific name has yet been found, unless it might be called the chalk-line trip. Mademoiselle trips along with short steps, putting one foot ahead of the other. The perimeter of the skirt at the bottom edge is so short, even with the gap of the slit in the back, where a row of buttons ends, like the buttons on a man's "wescut," that slow and sure stepping is necessary to avoid a sartorial

Generally speaking, the women were attired in last winter's raiment, excepting headgear and footwear. The hats were mostly straw turbans or narrow-brimmed sailors, trimmed with ribbon, or with flowers, grapes, or cherries, which seemed to have just come from the taxidermist's. The footwear favored black pumps with silver buckles or brown oxfords. Stockings seemed to adhere rather strictly to the plain black silk, the full-fashioned brand, with clock design black and part of the full-fashioned brand, with clock design black at the full-fashioned brand, which clock design black at the full-f sign absent almost entirely.

It might be said that the high wind, which played havoc with the skirts around the bottom, made it possible to tell about the fashion in hosiery, for the skirts ran close to the ground, and there was a marked scarcity of the high-water kind so prevalent but

a short time ago. The furs were gorgeous. The material included seal, sable, mink, martin, three colors of fox, red, black and silver—yes, and skunk; and in all the variety of material there was not such a lot of imitation noticed. It was the real article, and it came in handy for the day it was. The styles of furs ran from long stole and shoulder with stole dependents to costees and neck stole dependents to coatees and neck scarfs. The value of the furs would come near paying Germany's indemnity for one year.

Gowns were as rare as a day in June, and one hundred women would pass with suits of broadcloth, serge, itersey or good of the later that show Queen.—The nerd of Holsteins on the government farm at Beltsville, Md., has a new queen. She is as unassuming and peace lovpass with suits of broadcloth, serge, jersey, or goods of that class, to the

ones of summer showed up occasionally.—Easter Sunday at Atlantic City.

Definite rules may be formed which, if followed, will make silk and wool washing more successful. Here are a good set:

Use water about the temperature of the hand—98 to 100 degrees Fahren-

heit.

Use a fine, white soap, by making it into suds with the wash water.

Use no alkalis other than a few drops of ammonia or a little borax

Wash by not rubbing, but by pressing and squeezing in the soap suds.

Do not boil.

Dry in the same temperature in which it was washed, and preferably out of the direct rays of the sun. Having made these rules, the next step is how to follow them. Prepare a suds by using one cake of some white soap that would be used for washing the hands. Heat gently in two quarts of water. This soap solution had better not be boiled, as boiling it would eause it to derive mere

ing it would cause it to darken, making it more or less unfit for white wools and silks.

wools and silks.

This suds may be added to water which is just a trifle warmer than the hand, and enough soap should be used to make the lather hold. The wash water should be changed until the last suds is quite clean, but remember that the point in washing these fabrics, especially the woolens, is that there be no change of temperature.

Always prepare the tub of water before putting in the garment. Very soiled spots may be specially cleaned soiled spots may be specially cleaned

by applying some of the soap solu-tion with the palm of the hand. Woolens should be dried with the thought of drying to shape.

Bake at Home.—The first need of a sound body is food to burn as fuel, hence the value and importance of good bread. Have you ever noticed how proud a husband always is of his wife's good bread?

wife's good bread? For variations, cooked cereals may be added to the sponge, such as oatmeal, boiled rice, mashed potatoes, the process of mixing is practically the same in all cases; flour should be sifted before measuring

the same in all cases; flour should be sifted before measuring.

Breads are made light by the addition of bicarbonate of soda in connection with yeast; this is very desirable in hot weather to prevent souring

over night.

A small loaf or rolls will require much greater heat than large loaves.

New tin reflects heat, black iron absorbs it, which explains why some loaves brown better on the bottom

In a gas oven the light may be turned out ten minutes before the bread is to be removed.

Use all your bacon rinds. Just scald them and cook with stews or stocks for flavoring or when placed with dried lima beans when cooking it makes them rich and delicious.

-Subscribe for the "Watchman."

FARM NOTES.

—Six breeds of geese have been admitted to the American Standard of Perfection, namely: Toulouse, Embden, Chinese, African, Wild or Canadian, and Egyptian. In addition to the standard breeds there is the social Moneral goods, which is a hypersulation. called Mongrel goose, which is a hybrid made by crossing one of these varieties or the common goose with wild geese. Crosses of the varieties of geese, especially of the Toulouse and Embden, are occasionally made, but without any apparent gain. The Toulouse, Embden, Chinese, and African are easily the most nonular breeds can are easily the most popular breeds of geese in this country, the first two greatly leading the other breeds. All economic breeds of geese are kept primarily for the production of flesh and feathers, and although their eggs are occasionally used for culinary purposes on the farm there is no demand for them for food purposes in the

The Toulouse, the largest of the standard breeds of geese, is a good layer, producing from 20 to 35 eggs a year, is docile, grows rapidly, and makes a good market bird. However, its dark pinfeathers make it a slightly less attractive market goose than

its dark pinfeathers make it a slightly less attractive market goose than the Embden.

The Embden, a large, white goose, slightly smaller and with somewhat longer legs than the Toulouse, is only a fair layer and is usually less prolific than the Toulouse. This breed has white pinfeathers, is a rapid grower, and matures early.

The African, a gray goose with a

The African, a gray goose with a distinct brown shade, about the size of the Embden, is a good layer and makes a good market goose, although it has the objectionable dark pinfeathers. It is a rapid grower and matures early.

There are two standard varieties of

Chinese geese, the brown and the white. Both varieties mature early and are said to be prolific layers and rapid growers, but shy and rather difficult to handle.

The wild goose is bred to some ex-tent in captivity, and the young are sold to hunters to use as decoys. The wild gander is used to cross with either the common or the pure-bred goose, producing the so-called Mon-grel goose. This Mongrel goose is highly prized as a market goose, but

is sterile and can not be bred.

The Egyptian goose is a small, brightly colored goose kept for ornamental purposes and rarely seen in this country. It resembles the wild goose in shape and weighs 2 pounds less in each class.

—The dry mash provides a suita-ble medium for feeding beef scraps, a certain amount of which may or may not be necessary, depending upon the amount of meat scraps available in table waste feed.

-Herd Has New Queen.-The herd jersey, or goods of that class, to one who came along with Georgette, she bears the name Calamity wayne crepe de chine, or the thousand and a test in which she produced in a year than eleven tons of milk. In

long capes or dolmans, and in that case the furs were merely neck scarfs. Muffs were not in style at all. Some few were seen, but they were carried, not worn.

Every woman had a bouquet, worn with corsage effect or at the belt line and these consisted of large bunches of orchids, violets or sweet peas. Roses were few, although the first long and the second and the at the age of 8 years. The test was run through the coldest winter that section had experienced in 40 years, and a summer that was extremely hot. The test for advanced registry was conducted under the rules of the Holstein-Friesian Association. During the year the animal was handled by

two different herdsmen.

A son of Calamity Wayne Pauline
2nd has been placed at one of the government substations, and one of her the Michigan Agricultural College. Calamity 305-day record was 19,256.-6 pounds of milk, averaging 3.7 per

cent. butter fat, making a total of 718.14 pounds of fat.

All the dairy cattle on the Beltsville farm are used for experimental purposes and will be given at least two advanced registry tests to determine their capacity production.

—The State Department of Agriculture has issued a warning that there are too many varieties of potatoes grown in Pennsylvania. The lack of uniformity is declared the chief ob-stacle to the business of the State in the vegetable because it prevents

the vegetable because it prevents large lots being made up of any one standard variety.

The department estimated that farmers of the State were holding 7,308,000 bushels, or 29.5 per cent. of the 1918 crop on March 1, which is 3,000,000 less than on March 1, 1918. The wheat holdings on March 1 were 14.5 per cent., or 3,758,000 bushels, or 2,000,00 less than on the same day last year. The wheat and rye crops were reported in better shape than known in years.

-At a grange meeting held at

Hood's Sarsaparilla.

A Good Friend Worse This Spring

Owing to Run-Down Condition Caused

by the War. Anxiety and worry have a bad effect on the nervous system, and derange the bodily functions, especially digestion and excretion. Who escaped them during the war? They have

made nervousness, paleness, lack of vitality worse this Spring.

The very best medicine to take now is Peptiron. It strengthens and tones the nerves. It gives a good color to the lips and cheeks. It is the great vitalizer, giving healthy activity to all the vital organs.

This good medicine, which is a real

iron tonic, makes the blood rich in red corpuscles, an abundance of which is indispensable to perfect health. It promptly relieves mental and physical exhaustion, creates an appetite, and promotes sweet, re-freshing sleep. Peptiron is in the form of chocolate-coated tablets, and is pleasant to take. 64-16

figured in the farmer is lucky to break even. His argument was answered by a man who said that the trouble with some farmers is that they are soil robbers instead of soil builders. The farmer should look

further than the money involved in buying, feeding and selling the cattle. He must figure the value of the fertil-izer produced. It is cheaper to feed the soil that way than buying western manure or using too much phosphate. -Here are some facts not general-

ly noticed: The sassafras tree has a leaf like a mitten; the seeds of the white elm look like earrings; the bark of the buttonball peels off once a year; the sweet gum tree has a leaf like a starfish; the swamp maple has blossoms like bunches of grapes; the hon-ey locust has most tiny leaves, but a very long thorn; the linden tree has a broad leaf and a narrow leaf, and the seeds grow out of the midrib of the narrow leaf.

-According to one of the experiment stations, it takes 25 per cent. more feed to put a pound of gain on a 350-pound hog than it does on the 130-pound hog, and 85 per cent. more feed for the pound of gain on the older hog than on the 40-pound hog.

-For high class Job Work come to the "Watchman" Office.

Novel Use for Seaweed.

London.—A novel use has been found here for seaweed. Combined with crushed slag and other heretofore neglected waste mineral products, it is used to make a kind of the control out of which have been forced. concrete out of which are being fash-ioned building bricks and blocks. The seaweed acts as a binding and strengthening element.

Arrangements are being made to put up a large number of houses composed entirely of these blocks, and it is predicted that the material, owing

to its cheapness, will aid in solving the housing problem. Not only the foundations and walls, but the doors, window frames and mantlepieces are to be constructed of the new concrete. The houses are to be made in sections and bolted together. The window frame is a new idea in itself. The glass, in one large pane, slips into a slot, and the edges of molding are then turned over, so as to grip it. To mend a broken window will be a simple matter and will not require the services of a glazier.

It is said that dwellings made of the concrete will be warm and thoroughly damp-proof.

A Wise Salesman.

Mr. Babcock was driving through the country trying to buy a mule. He

was directed to a colored man who had one for sale. "Do you want to sell a mule?" asked Babcock.

"Yaas sah," replied the owner.
"May I ask whah yo' live, sah?"
"What has that got to do with it,"

Twice Proven

If you suffer backache, sleepless nights, tired, dull days and distressing urinary disorders, don't experiment. Read this twice-told testimony. It's Bellefonte evidence-doubly Mrs. Elmer Yerger, 306 N. Beaver

St., Bellefonte, says: "About ten years ago I had kidney trouble in its worst form. My back was so weak that I could hardly crawl around. My kidneys acted very irregularly and I was in content mison." was in constant misery. Dropsical swellings set in. I tried different remedies, but received no benefit. Doan's Kidney Pills were recommended to me and I at once began their use. In a few days the trouble was relieved and I continued their use for about three received. about three months. They entirely removed the distressing kidney disorders. My back was strengthened and I had no further trouble with my kid-

I had no further trouble with my kidneys. I think Doan's are the best kidney medicine to be had. I recommend them to everyone in need of a kidney medicine." (Statement given April 22, 1914).

On October 18, 1918, Mrs. Yerger said: "It is a pleasure and a great privilege for me to again speak a good word for Doan's Kidney Pills. Others in my family have since had the same good results from Doan's as I had. I confirm all I said in my for-I had. I confirm all I said in my former statement."

60c, at all dealers. Foster-Milburn Co., Mfrs., Buffalo, N. Y. 64-18

Get the Best Meats.

High Street.

You save nothing by buying poor, thin or gristly meats. I use only the LARGEST AND FATTEST CATTLE and supply my customers with the fresh-est, choicest, best blood and muscle mak-ing Steaks and Roasts. My prices are no higher than poorer meats are elsewhere, I always have

--- DRESSED POULTRY ---Game in season, and any kinds of good meats you want.

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At first signs of a cold or grip take Lane's Cold & Grip Tablets

Don't wait. Delay often leads to

pneumonia. Results are guaran At your druggists.

Rothsville in a debate one of the agriculturists advanced the theory that cattle feeding was a poor paying investment, and that if the labor was Four Years' Suffering Four Years' Suffering.

Mrs. S. D. HAINES, OF MILL HALL, PRAISES GOLDINE.

What It Has Done for Her is Enough to Make Any One a Friend of Such a Remedy.

She says: For years I suffered with stomach, kidney and bladder trouble, I had such a pain in my back all the time I could hardly do my work. Nights it would ache so badly I could not sleep and at times my shoulders and limbs would pain. The doctors said it was rheumatism perhaps it was, but since I have been taking Goldine Alterac it is all gone. My stomach gave me a great deal of trouble. I bloated badly with gas, became short of breath at times and frequently had bilious headache. I was scarcely ever free from a feeling of dizziness. My appetite was not good and I became weak.

stomach and nerves, and I am surprisstomach and nerves, and I am surpris-ed at the results. I haven't had a spell of indigestion or shortness in breath since taking it. My appetite is good and I feel stronger. I have no more spells of headache either, which is a great relief to me. Before I got Goldine and Goldine Alterna I was up about three or four

I got a bottle of Goldine for the

Alterac I was up about three or four times every night. I am more than satisfied with Goldine and am glad to recommend it to any one. For sale by Green's Pharmacy.
64-18

Sunday Baseball and Movies Now Permitted in New York.

Albany.—Governor Smith has signed the bills authorizing Sunday baseball and moving-picture shows in New

Under the two bills baseball games may be played and moving pictures exhibited on Sundays, providing con-sent is given by the local governing body. The bills were fought by the Lord's Day Alliance and other relig ious organizations, but were supported by the State Federation of Labor and numerous business and politica

In announcing his approval of the Sunday baseball and Sunday movie bills Governor Smith's statement

"After a thorough consideration of the matter, I am of the firm opinion that those members of a community who oppose all recreation on Sunday or at least recreation permitted by this amendatory bill, has no right, in law or in morals, where they consti-tute a minority of a community, to impose their views upon the majority, who disagree with them, and to prohibit the latter from exercising rights and privileges to which they deem themselves to be entitled, the exercise of which will in nowise interfere

Both measures take effect immediately and games and exhibitions will be pemitted as soon as local odinances are adopted.



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Practice in all the courts. Consultation in English or German. Office in Crider's Exchange, Bellefonte Pa.

S. TAYLOR—Attorney and Counsellor at Law. Office in Temple Court, Bellefonte, Pa. All kinds of legal business attended to promptly. 40-46

KENNEDY JOHNSTON—Attorney-at-law, Bellefonte, Pa. Prompt at-tention given all legal business en-trusted to his care. Offices—No. 5 East High street.

M. KEICHLINE—Attorney-at law and Justice of the Peace. All professional business will receive prompt attention. Office on second floor of Temple Court. 49-5-1y

W G. RUNKLE—Attorney-at-law. Con-sultation in English and German. Office in Crider's Exchange, Belle-fonte, Pa. 58-5

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Steaks, Chops, Roasts, Oysters on the half shell or in any style desired, Sandwiches, Soups, and anything eatable, can be had in a few minutes any time. In addition I have a complete plant prepared to furnish Soft Drinks in bottles such as

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for pic-nics, families and the public gener-ally all of which are manufactured out of the purest syrups and properly carbonated.

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This Interests You

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5,000 loss of both hands,
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