

A HEALTH TO THE FIGHTING MAN.

A health to the fighting man! The man with a red glint in his eye— A glint that glows to a tender gleam for the old flag in the sky; To the man who dares, and the man who cares for the good old U. S. A. Who bears the brunt in the battle front and hurries to the fray. A health to him—our soldier grim—with his faith that makes his might; Who tunes his life to the thrilling fray and knows the way to fight!

Saving Food by Killing Animals.

A good bit of our meat and grain goes into the systems of "evil beasts," as Scripture calls them—wolves, bears, and wildcats of all sorts, not to mention such small fry as woodchucks, gophers, rabbits, and rats. By killing off these we are increasing the food-production of the country—not that most of them are edible, but because we no longer have to keep them alive in idleness by feeding them things that ought to be nourishing human beings.

When Grant was made a full General, W. T. Sherman was promoted to Lieutenant-General. In 1867, Congress provided that all orders relating to military operations should be issued by the General of the army. Thus Grant was given chief control of affairs relating to the construction of the South. His position was delicate and embarrassing; he was compelled to execute the laws of Congress at the risk of appearing insubordinate to his official commander-in-chief. But his course was commended by the people and he became the eighteenth President.

How the Body is Nourished. The bodily process known as assimilation is well explained in these words: "As the blood in its circulation, approaches any organ, the portions that are appropriate for this organ feel its attractive force, obey it, and leaving the others, mingle with the substance of its tissue and are changed into its own true and proper nature."

PROPOSED AMENDMENTS TO THE CONSTITUTION SUBMITTED TO THE CITIZENS OF THE COMMONWEALTH FOR THEIR APPROVAL AT THE ELECTION AT THE STATE HOUSE TO BE HELD ON TUESDAY, NOVEMBER 5, 1918, BY THE GENERAL ASSEMBLY OF THE COMMONWEALTH OF PENNSYLVANIA.

Section 1. Be it resolved by the Senate and House of Representatives of the Commonwealth of Pennsylvania in General Assembly met, that the following amendment to the Constitution of Pennsylvania be, and the same is hereby proposed, in accordance with the eighteenth article thereof.

tiveness, their disease-carrying habits, and methods of destroying them, has been launched.—The Literary Digest.

United States Generals.

By a recent act of Congress, the rank of General was revived. Previous to this act only three men, U. S. Grant, W. T. Sherman and P. H. Sheridan, have been honored by holding this title.

Generals John J. Pershing and Tacker H. Bliss now wear the four stars on their shoulders which designate their rank as General. This makes a total of five men who have held the title of General since the United States army was organized on September 29, 1789.

Contrary to the usual opinion, George Washington was never a General in the United States army. In July, 1798, Washington was appointed Lieutenant-General and Commander of the army, which rank he held until his death on December 14, 1799. That was the highest rank Washington ever held in the United States army.

After the death of Washington, the rank of Lieutenant-General was abolished. During the Civil war this title was revived by Congress. In February of 1864, Congress created and conferred upon Grant the rank of Lieutenant-General in recognition of his victory over General Bragg at Chattanooga. A month later he assumed command of the armies of the United States and moved against Lee.

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When Grant entered the White House in 1869, W. T. Sherman succeeded to the command of the army. He was given the rank of General, and Philip H. Sheridan, Lieutenant-General, with the understanding that both these titles should disappear with the death of the men holding them.

In 1884, Sherman was retired at his own request, in order to make Sheridan commander of the army. Sheridan was made commander of the army, but he received no increase in rank and he seemed to feel this rather keenly. It was not until 1888, when he became quite ill, that a bill was passed by Congress and promptly signed by President Cleveland, bestowing on him the full rank and salary of General. Three months later he passed away.

From that time until the present date, the rank was not used. It was found necessary to revive it during this war as Major-General Pershing would be handicapped by the fact that he would be brought into contact with Allied commanders, who, while holding minor positions, would outrank him.

Pershing as a General, can be considered subordinate only to Field Marshal Sir Douglas Haig and General Petain. The salary of a General in our army is \$10,000 a year. A Lieutenant-General is paid \$9,000.—Reformatory Record.

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First Aid Lessons FOR BOYS and GIRLS

By Ruth Plumly Thompson, in Public Ledger.

FAINTING—You know in the olden times every modest and ladylike young woman fainted every once in a while just to show how very ladylike she was. Wasn't that silly? The idea of any one WANTING to do such a thing!

Of course, some persons do faint very often, but not, I am sure, because they wish it. And if you, my dear, do any such foolish thing, you had better take eggs and milk and build yourself up, because that is what is nearly always the matter—not enough good red blood.

rebuilding the highways of the Commonwealth. Section 2. Said proposed amendment shall be submitted to the qualified electors of the State, at the general election to be held on the Tuesday next following the first Monday of November in the year nineteen hundred and eighteen.

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Cold air and cold water will help if a person feels faint; but if he actually does faint, lay him out flat, with his feet higher than his head. Loosen any tight clothing, especially around the neck. Open the windows and sprinkle face and chest with cold water. Hold smelling salts or ammonia to the nose. Rub hands and feet toward the body. When he can swallow, give twenty drops of aromatic ammonia in a little water, and make him lie still until he is all right again.

If you cannot bring him to, send some one for a doctor right away; and keep on with the first-aid until he arrives.

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Shoes. Shoes.

YEAGER'S SHOE STORE

Shoes Reduced Shoes Reduced

All my stock of Ladies' Low Shoes at cost and less than cost. On account of labor shortage and other conditions the firm from whom I purchase my stock of Ladies' Low Shoes for spring could not deliver the shoes until this last week—they should have reached me on March 1st.

Realizing that the season is far advanced I am going to sell these shoes at cost and less than cost. These shoes were purchased to sell for \$6 and \$7. They are made of the very best leather that can be put in shoes and in the very latest styles. These shoes will be put on sale at once for

\$4.85 Per Pair. Here is an opportunity to purchase your needs in low shoes at a saving of over \$2 per pair.

YEAGER'S SHOE STORE THE SHOE STORE FOR THE POOR MAN

Bush Arcade Building 58-27 BELLEFONTE, PA.

LYON & COMPANY. COATS AND SUITS

150 different styles of Coats to select from. All exclusive models in all the new cloths, wool and silk plushes. The new collars and cuffs, and trimmed in fur, plush and velvet, from \$14 to \$75. These garments were contracted for six months ago which means lower prices than if bought today. All colors in Coat Suits at prices less than cost to manufacture today.

NEW FURS GLOVES

Neck pieces in all the new shapes; white, black and all new colors. New Fall Gloves in kid and fabric. Prices the lowest.

SHOES SHOES

Our line of Shoes for men and women are here for your inspection. School Shoes for the girls and boys at prices that are a big saving.

RUGS

See our Rugs first before buying. It will mean a big saving to you. Lyon & Co. 60-10 Bellefonte.