

BY P. GRAY MEEK

INK SLINGS.

-Dr. Munyon is dead, but "there is hope" left.

-In less than a week the first day of Spring will be here. -Licking a thrift stamp is an-easy

way to help lick the Kaiser. -Russia's autocrat went, Roman off. Her democrat went, Trot sky.

-The President is determined not to let Russia slip into the arms of Germany if he can help it and he is

-It is awful to contemplate but it is none the less to be expected that the more we read of brilliant American raids in France the longer we can expect the appended casualty list to

going "over the top" in France and the Governor's offer to take the stump all the qualifications required by presrecent reports are to the effect that for him by declaring that he has no ent day leaders of all parties. That every time they do there are a goodly number of Germans who have "gone

so hot for the Huns who venture into done by State employees and at pubit that they now record it as II and the state of t

penalty for having profiteered on food conducting an educational campaign was not influenced to this course by penalty for naving pronteered on rood selves are in better physical conditions. It's a wise grocer who takes in the interest of good roads he is conscience. He discerned the sentino chances with the government regulations these days.

-If you don't want the other fellow to bear all the burdens imposed by wartime regulations. If you really and truly don't and aren't grumbling because some of them rest on you, you have patriotism.

first telling them all about it.

-Mr. Scott's platform for a third was well the devil a monk was he."

for omce in Pennsylvania are declaring for the ratification of the Prohiing for the ratifica ing for the ratification of the Pronibition amendments must start the sonal Liberty party composed entirement and the Governor cannot exerment and the Governor cannot exerfellow who is still on the fence to ly of liquor dealers though he was cise the veto power on their action. thinking that it is a good time to get ostentatiously professing to be a If the Governor is willing to trade pain out of the wet.

-Potatoes are getting down toward fifty cents a bushel. That is where they ought to be, at least until the war is over. We can grow potatoes and we can live on potatoes almost alone so let us keep planting more and more of them and thereby Democrat Governor. keep them as cheap as possible.

-Local Prohobitionists might do the town a good turn if they were to point out to Highway Commissioner and Prohibition candidate for Governor O'Neil the fact that it would be easy to make a portion of Bellefonte dry if he were to push that Water street paving proposition to speedy

completion. -In talking with a thrifty housekeeper in Bellefonte Monday she told me that up to that time she had not had to buy a can of vegetables or fruit since her garden began to produce last summer. For the first time in many years she canned all her suraccount. That's what gardening and

canning will do for everyone.

-That Standard oil tank truck will fool around until it gets into real trouble some of these days. It has been operating out of Bellefonte only a few years, yet in that time it has knocked the front out of Wallace White's house at Axe Mann; tried to push a freight train off the tracks at Milesburg and on Monday morning caught fire on a main street in Bellefonte while it was loaded with 720 gallons of gasoline. If that load had ever let go the whole southern end of our town might have been in ruins

to enlist High school and other boys for work on farms in Pennsylvania for Lieutenant Governor. "Enough during the summer wouldn't it be well said." In other words the danger of to begin right now a series of talks putting a man on the Pardon Board Hutchinson, president of the Internato find in the way of housing comforts the perversion of his power as presiand what they will have to do in or- dent of the Board of Pardons is inferder to make themselves useful. Any boy can be useful on a farm, but few town boys are, for the reason that they are not accustomed to rising at 4:30 in the morning and crab when teen years of age can make a full tions of a bunch of gunmen brought that he might give his tale of woe difarm hand by doing nothing more than the chores: that is getting down maries "at any cost." The man mainwere done by a boy he would be reslights the chores and convinces the farmer that he is of no use whatever. If the boys are to go onto the farms they should go only with the thought that no matter how early and late they may have to work, no matter put up with they will be suffering less for their country than their elder brothers in the trenches are doing and it is really for their elder brothers in the trenches that they are to be enrolled for farm work.

STATE RIGHTS AND FEDERAL UNION.

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O'Neil and Sproul Spatting.

the Republican nomination for Gov- tirely surprising. Correctly or oth- sia can hardly fail to have a heartenernor lists the support of Governor erwise there is a current impression ing influence on the patriotic people Brumbaugh as a liability rather than that Prohibition sentiment is surging an asset. Some days ago he emphatically protested against the Gover-wave. Senator Sproul wants to be nor's order to job holders to circulate Governor and he has every right to likely, moreover, to exercise a helphis petitions and since he answered entertain such an ambition. He has ful influence on the minds of those of entangling alliances and is no man's is to say he has a big barrel of money candidate. The protest against the and a willingness to spend it freely. activities of the job holders didn't What more could be desired? Just of sympathy for those who are sacri-There is no "No-Man's land" in stop their operations, however. They one thing and his declaration for Profront of the American first line continued to circulate his petitions hibition proves he has that too. It ance of substantial support to any on a strict economy fare doled out to trenches in France. Our boys make it and his campaign work has all been is an accommodating conscience which government which the Russian people is an accommodating conscience which

Sproul and Penrose with hypocrisy seeker and on the outside, he got his them mercilessly betrayed them into Sproul and Penrose with hypocrisy and false pretense in declaring for ear to the ground and caught the Bolsheviki, whatever its original purthe Federal constitutional amendment. rumble of the approaching force while Bolsheviki, whatever its original pur-"Mr. Sproul," he declares in a state- Sproul, on the inside, was oblivious pose may have been, degenerated into ment recently issued, "has been the of the noise. But he heard finally and a gang of traitorous pirates whose ontool and the beneficiary of liquor deal- got out of the "wet," just as O'Neil ly aim was to enrich themselves. —Secretary Baker is in France and is really supprising that up to this is really supprising that up to this it is really surprising that up to this true and it might be added that Mr. school and are equally proficient. As moment none of our trouble-making moment none of our trouble-making O'Neil has not always been. When senators have introduced a resolution it is really surprising that up to this moment none of our trouble-making Senators have introduced a resolution of criticism because he was a servile follower of Quay he was for what the boss wanted all the was for what the boss wanted all the senor and are equally producted. Such as for political death. But there is hope in the jaws of politic of criticism because he went without was for what the boss wanted all the as the more artful in the tricks of the President Wilson has addressed his

time. But there is no use in the "pot deto be a play for Prohibition support.
"When the devil was sick, the devil a monk would be; but when the devil a monk would be; but when the devil a monk was be;"

of little consequence, so far as promoting the policy of Prohibition is concerned, whether the Governor be a monk would be; but when the devil a monk was be;"

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of little consequence, so far as promoting the policy of Prohibition is concerned, whether the Governor be a monk would be; but when the devil a monk would be; but when the devil a monk was be." want to be Governor and while pro-fessing prohibition they are equally est and conscientious Governor. The est and conscientious Governor. The -The fact that so many aspirants willing to accept support from the Senators and Representatives in the hand. The administration of Kerenfor office in Pennsylvania are declar- liquor dealers. Four years ago Brum- General Assembly will ratify or rehe was a grafter just as O'Neil is and solicited the votes of everybody he of the constitution, his oath of office details for the hope that now lies in solicited the votes of everybody ne could fool with false pretenses of being a reformer. The only way to stop the official corruption is to defeat both these false pretenders and elect a performer of the constitution, his oath of office and every principle of integrity. What is really needed by the people is an honest and capable Governor and the these false pretenders and elect a power for evil and created the four dation for the hope that now lies in dation for the hope that now lies in the impending Congress of the Soviets. Let us hope that the President's with this disease. This is due chiefly to the necessary restriction in the expectations will not be disappointed.

> censured LaFollette he may resign. Not on your tin type. Poltroons never do anything decent and LaFollette will hold on to the good thing he has as long as possible.

Other Important Questions.

already passed both branches of Congress and will be before the next session of the Legislature for ratificaplus vegetables and has just begun to tion. The other has passed the House discover that it has netted her quite a and will soon be up for consideration little balance in her house expenditure in the Senate. They are equally popular and deserve support. They are twin reforms and make for moral important public questions before the people. There are other matters of pressing importance to be determined. The political calendar is very full and quite interesting.

phia contemporary, the Record, of a statement of facts: "The Lieutenant Governor of Pennsylvania is by virtue of his office chairman of the State Board of Pardons. Pardons are issued by the Governor only on recommendation of the Board of Pardons. —Since there is to be a campaign extensive criminal practice, is a can-ready in the trenches, prolonging the or anything which pertains to the food didate for the Republican nomination war indefinitely and adding hardships control.

For example, an esteemed Philadel-

entially reprobated. Then there are other important questions to be considered. At the strike in the ship yards on the Atlanfall a policeman was murdered be- would continue until the President incause he interfered with the opera- vited him to a personal conference over from New York to carry the pri- rect. The President declined to isly responsible for this outrage is now

-The boy who runs away to enlist because his parents refuse to conwhat discomforts they may have to sent may be a trifle naughty but he is not fundamentally bad.

> -Somebody in London has discovered that heart-beats may be taken by telephone. Must have been the ing in that Missouri habit of demandkind that go "pitty-pat."

Democrats Will Furnish the Man.

Senator Sproul's conversion to the way Commissioner and candidate for policy of the Prohibition is not en- to the Congress of the Soviets in Rus-

ers, never was and is not now and would have got in if the signs had Lenine and Trotsky with German tion. Overeating is a crime of which never will be a sincere advocate of nabeen on the other side. Both gentle-

trade. As a matter of fact, however, it is Prohibitionist. As a matter of fact tronage for votes he might help eithhe was a grafter just as O'Neil is and er side but that would be a violation equally wise because it impaired their the principle of pariable and pa

> absurd. The last three successful discovered that female suffrage is not excess, therefore, is evidently frankcandidates of the Democratic party such a bad thing. in Pennsylvania were poor.

Pen Mr. Hutchinson Up.

Mr. William L. Hutchinson, presishortage of ship caulkers in the plants ficiency. But Mr. Hutchinson refuses um of the newspapers. progress. But they are not the only to allow apprentices to work. He unless conditions which he had previthings are met they will not be allowed to work either.

The one present great need of the service abroad. Working up to the full hundred per cent. of efficiency the ship yards would be incapable of meeting the requirements of the gov- and of Pennsylvania. ernment. Impairing the producing power of the ship builders, therefore, to the other horrors of the war. In the face of these facts Mr. William L. building industry and inviting all the ever seen by the Ides of November.

evils involved. A few weeks ago he ordered a tone of voice that meant business. operations from behind prison bars.

velop into a decent Commonwealth.

The German people may not be bad but there is something convincing a show down.

Do We Eat Too Much Food? Timely Sympathy for Russia. From the Pittsburgh Post.

NO. 11.

It is now acknowledged by many

age in the American market.

out of the body. Besides this, a not

In Germany, Doctor Boas, a physi-

reduction in the intake of food. Any

ly injurious, as well as being waste

ful. How many physicians are called

it in variety. A mixed diet of small proportions is far better than a mo-

notonous diet of one or two things,

poor comes not from lack of quantity,

as a rule, for they are generally heavy

eaters, but from lack of variety in the

food. They try to get enough vita-mins for all the needs of the body

out of one or two elements and un-

For this reason, foolish and hap-

hazard attempts to limit the amount

of food we eat must be avoided. No

real good will be accomplished unless

a careful study is made of the subject.

When this is done, then we may with

safety cut down the wholly unessen-

tial and excessive amount of food

The well-known malnutrition of the

without any change or variety.

ill by over-feeding!

The message of President Wilson gency, which has come upon us beof that country and we are persuaded

Sam's front yard.

—A great Pittsburgh grocery house has had to close for two months as a property for house has been precised by the state. Under the pretense that he is property for house has been precised to this course by the state. Under the pretense that he is conducting an educational comparison.

Moreover all his campaign trips deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny has been preaching to get away from the most rotten beat and in the property of the contrary, the exact opposite the true, for Denny has been preaching to get away from the most rotten beat and in the property of the contrary, the exact opposite true, for Denny has been preaching to get away from the most rotten beat and in the property of the contrary, the exact opposite true, for Denny has been preaching to get away from the most rotten beat and in the property of the contrary, the exact opposite true, for Denny has been preaching to get away from the most rotten beat and in the property of the contrary. The property of the contrary the exact opposite true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny has been preaching the property of the contrary, the exact opposite true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, for Denny O'Neil beat him to it, it is deserving of pity. In their struggle true, f been frankly pooh-poohed or ignored entirely.

Now we are compelled to face the truth squarely and without equivoca-

The first government of the Russian revolution had the virtue of in- inconsiderable quantity of food recountry to it was wisely placed. Re-fusing to extend aid or comfort to the

There are a hundred Democrats in Pennsylvania who would make admirable Governors and the notion that a candidate must be wealthy is cause the Wisconsin Legislature has mirable Governors and the notion Congress districts which filled vacanthat a candidate must be wealthy is cies last week. After all it may be

> Must Get Information from News- upon to prescribe in illnesses due to papers.

Howard Heinz, food administrator dent of the International Brotherhood for Pennsylvania, has great faith in terest in the pending amendments to of Ship Carpenters and Joiners, is the power of the press and in a rulthe Federal constitution. That providing for nation-wide prohibition has the ship building of the government that beginning Monday, March 10th, as much as one-third or one-half, under the mistaken notion that he can and thereafter until further notice, do as he likes about everything. It all orders, regulations, rulings, de-appears that there is a considerable cisions, appeals, and other communi-results. But in doing this, especial appears that there is a considerable cisions, appeals, and other communications intended to inform the public where wooden ships are being built of actions taken by the United States and the builders wanted to put ap- Food Administration for Pennsylvaprentices to work to make up the de- nia will be issued through the medi-

Such communications will not be says there are plenty of caulkers but put forth in any other way and all persons interested will understand ously declared with respect to other that they are to depend on the public prints for information as to their duties in connection with the conservation, distribution and purveying of country is ships to convey troops, sup- food in Pennsylvania. It will be of recent date contained the following plies and munitions to the soldiers in prime importance to keep in touch with the newspaper reports to prevent diet. Only when we are sure that the possible trouble and prosecution under the food laws of the United States safely cut down the quantity.

The public is urged to watch the columns of the newspapers carefully John R. K. Scott, a lawyer with an is imperiling the lives of troops al- for new orders, rulings, regulations

which we are at present consuming. -If it is true that there are 2,-100,000 German soldiers on the West-ern front that section is likely to be the biggest grave yard the world has an impending food famine safely aver seen by the Ides of November. to the boys on what they may expect who could serve his own clients by tional Brotherhood of Ship Carpenters ern front that section is likely to be and Joiners, is crippling the ship the biggest grave yard the world has

-The trout fishing season will open just one month from today and natprimary election in Philadelphia last tic coast and impudently declared it urally lovers of the sport are wondering whether trout will be plentiful this year or scarce. The long spell of sue the invitation, however, and in a have resulted in the destruction of some fish but the chances are they ing, slopping the pigs, watering the being solicited by the leaders of both Then the strike was called off and the sought deeper water down stream. stock, etc. All of this takes hours of factions of the Republican party to important work of building ships was The high waters that followed the the farmer's time each day and if it support their candidate for Governor. resumed. But the vanity of Mr. breaking up were hardly swift enough The candidate of at least one of these Hutchinson has again asserted itself to carry the trout down stream and and he is interfering with work on the probability is that when the openthe fields. But the average boy isn't ate with liquor men but entirely all the Pacific coast. In this he is rendercontent to do what he can do well, right to fraternize with murderers. ing most valuable service to the enenot the only subject of human inter- him so that he would have to direct the water has been too cloudy to even get any idea as to their number or lo--With Berger indicted and La- cation, but before the snow melted Follette denounced by the Legislature and Spring creek became high and there is a chance for Wisconsin to de- muddy, quite a lot of trout could be seen in it, right opposite the "Watchman" office.

> -On April 6th next, we will celebrate the first anniversary of our declaration of war on Germany.

SPAWLS FROM THE KEYSTONE

-Doctors are puzzled over the sudden going blind of Miss Hazel Still, aged 19 years, of Shamokin Dam. She was at work in a silk mill when she says her vision became blurred and then she went

-It is likely that Lock Haven will have a big demonstration on July 4th, to celebrate the almost complete recovery from the flood and in honor of the firemen from other towns and cities who worked so faithfully to pump the city dry.

-Joseph Cattron, of Altoona, a miner and totally blind is numbered among the employees of the Altoona Coal & Coke Co., at their Delaney mines. He works every day and earns as much as \$200 a month, doing his work as well as those who can

-When the ice moved off Penns Creek, at New Berlin, the piers of the big covered bridge in that place were so badly damprominent members of the medical profession that the recent food strinfigure that the cost will reach approximately between \$500 and \$600. cause of the war and its attendant

-Lumbering along like a big tank over essing in disguise.

This is distinctly reassuring in view Shore on Monday passed over a street of the panic-stricken attitude of the ditch which its driver failed to see and majority of housekeepers who view the axle of the car carried away the hat with increasing alarm the imminent of Benjamin Biery, who was digging the prospect of an undeniable food-short- ditch, and ripped off a portion of his scalp.

-Unusual sad circumstances surround A careful examination of the fightthe death of three children of Mr. and ing morale of the European soldiers Mrs. John Clark, of Snyder county. Their who have lived for several years now five year old daughter died of diphtheria and the day she was buried the three year old son died of the same disease and the day he was buried the parents returned means a deterioration of physical and found their eight year old daughter dead.

-An illicit whiskey still, estimated to be worth \$1,000, and more than 1,000 gallons of newly-made liquor, were seized by Federal revenue agents in a raid on a house in East Pittsburgh on Friday night. Mike Eshik and Karl Kuncz were arrested. The officers said that it was the most daring attempt at moonshining ever made near a large city.

-Convicted of spreading propaganda to obstruct the draft law, Charles T. Schenck, general secretary of the Socialist party, in Philadelphia, was sentenced to six months imprisonment and Dr. Elizabeth Baer, recording secretary of the executive of the party, was fined \$500 and sentenced to 90 days in prison by Judge Thompson in the Federal court on Monday. They were later admitted to bail pending an appeal.

-Alex Dale, who was convicted of murder in the first degree at Pottsville on Saturday for the killing of Charles Swartz, of Mahanoy Valley, will figure as an important witness against Mrs. Swartz, for whom a warrant has been issued charging her with complicity in the murder. Dale says Mrs. Swartz so constantly importuned him to "knock her husband in the head" that the suggestion stuck in his mind and he finally did it without contemplating the seriousness of the crime.

-Mayor Adam Haag, of DuBois, dropped a sensation bomb into the municipal police mess at the council meeting Monday night when he directed the hazy hand of suspicion at practically every policeman who has served DuBois since it became a city, by having read into the records partial report of the amount of costs collected by the policemen for legal work they had done, without turning those sum over to the city. As a result the city con

-What is generally thought to be the last virgin tract of pine timber in the central part of Pennsylvania, except the Cook tract, will soon be a thing of the past. In a week or two the woodsmen will the effects of under-feeding? A very begin the cutting of the timber on the Joe small percentage. On the other hand, M. Magill farm one mile north of Baxter, how many there are whose entire Jefferson county. In the tract is about practice is made up of patients made 300,000 feet of virgin pine and about 400,-000 feet of hardwood. One tree on the We must conclude, then, that our tract has been estimated to contain 5,000 diet can be restricted in quantity, even feet. It might also be interesting to note that not a single raft was sent down the without any direct harm, and even, north branch of the Susquehanna this spring, the first time such a thing occurred in more than half a century. care must be exercised not to restrict

-The State Supreme court on Monday dismissed the appeal of William H. Berry, collector of the port at Philadelphia, from the decision of the Chester county court, which refused to grant a change of venue for the trial of the suit brought against him by State Senator T. Larry Eyre, of Chester county, to recover \$50,000 damages for illegal libel. The court says it was not shown that the judge especially presiding in the lower court had abused his thinkingly imagine that bulk will make up for variety. Accordingly, considerable thought must be given to discretion in dismissing Mr. Berry's petition for the trial of the suit, to be held outside of Chester county. Mr. Berry in political speeches is alleged to have conthe matter of securing a well rounded nected Mr. Eyre's name with the State necessary variety is obtained can we capitol scandal.

-At the home of Eliza Jane Maffett ninety years old, a spinster, in Duquesne Way, Pittsburgh, last Saturday, relatives of the aged woman found a small fortune hidden in various parts of the house. They had gone to the house to clean it, the woman having been removed to a hospital after she had been found unconscious from the fumes of a small gas stove. Forty thousand dollars in cash and bank ooks showing deposits in Pittsburgh banks aggregating \$100,000 were found in the house. Independent and refusing aid from relatives who believed her in poor circumstances, the woman had lived virtually in seclusion for many years. Repeated attempts to have her abandon the place were futile. Her relatives are unable to explain how she obtained her great

-The automobile bandit who on August 15, 1917, wounded Dr. J. L. Mansuy, of Ralston, after Mrs. Mansuy had thwarted an attempted hold-up on the highway near Marsh Hill, Lyconming county, has been itself from falling into the hands of identified by Mrs. Mansuy as "William Harris," a convict who was sent to the Huntingdon reformatory from Sullivan county for assaulting a girl near Eaglesmere a few days after the hold-up. The case against Harris was worked up by Peter L. Link, a member of the State police force, located at Muncy, whose atten-Officers scoured the mountains for days and a number of mounted men from Bat-Mrs. Mansuy on Saturday.

eral bodily health of the whole na-Why Not Face the Facts?

a wonderful improvement in the gen-

From the New York Herald. There still is a harping at Washington upon what public sentiment in Russia may think of the Allies through Japan preventing war supplies in Siberia and Eastern Siberia

Why not face the actuali-Germany. Why not face the actualities? What is the sense of permittion action to be delayed by consideration of something that does not exist? The only public sentiment in Russia able to manifest itself is that In other words the liquor question is my and it would be a good idea to fix ermen are able to catch them. So far of the Bolsheviki, and that is for surrender and destruction. There are tion to the Sullivan county case was patriots in Russia, many of them; as drawn by a description of the culprit individuals they deplore the plight of their country, but in one of the great had wounded Dr. Mansuy he was capturcrises that test the quality of men ed, but shot his way out of the posse, sethey have proved themselves very im- riously wounding constable Harry French. potent. If there is any doubt of the wisdom of Japanese action toward and in Siberia, that ought to be distery D, First Pennsylvania field artillery, pelled by the discovery that such action is being strongly opposed by Hancock, took part in the chase. The every element in this country which identification at Huntingdon was made by is openly or overtly pro-German.