# Democratic Watchman.

### Bellefonte, Pa., February 22, 1918.

### NOTHING WASTED BY CHINESE

#### Flowery Kingdom's Farmers Even Utilize the Prolific Weeds for Fertilizer and Fuel.

Nothing goes to waste on the Chinese farm-not even the weeds. According to the farmer's ideas, there are good weeds and bad weeds, states a writer. The good weeds are put into compost heaps and return fertilization to the soil. The coarse weeds with woody stems which will not easily rot are cut down and allowed to dry until the son of the family has time to rake them up for use as winter fuel.

Nowhere as in China do the dead rob the living. Millions of graves are scattered over the fields, their location directed by the complicated rules of feng shui. In some sections of the country more than one-sixth of the tillable area is covered with graves of estimable but now useless ancestors, and sometimes when a young man falls heir to a farm he finds that it is a farm full of graves, and his biggest crop is a crop of duty to dead and half-forgotten ancestors.

Chinese women didn't wait for the outbreak of war to put on trousers and volunteer for work in the fields. They have been wearing trousers for many centuries and for many more they have been helping the beans and potatoes to do their bit for their country. The Chinese sages have had a great deal to say about the inferiority of woman, but when it comes to digging in the fields the Chinese woman is equal to any man.

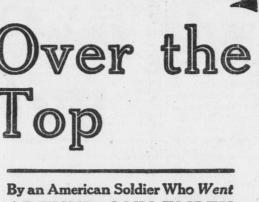
### HUMPBACKED MEN IN DEMAND

Affliction Proved Qualification Where Strange and Successful Experiment Was Tried in Factory.

An unusual advertisement appeared in a Chicago paper recently, desiring the services of five humpbacked men. The explanation of this strange want is even more interesting than the announcement, says Popular Mechanics Magazine.

It seems that a large envelope factory, unable to fill its orders, decided to work nights as well as days. Long experience had demonstrated that in the use of certain machines women were better operators than men by reason of their hands being more delicate and nimble.

The owner does not believe in factory work at night for women, and the men proved clumsy and slow. It was then he set about to seek men who were well but physically incapable of heavy work. He decided that humpbacks had the necessary qualifications



ARTHUR GUY EMPEY

When the Lusitania was sunk Arthur Guy Empey decided that he could not wait for his country to declare war - so he sailed without orders for England, and enlisted as a Canadian.

He recounts this incident in "OVER THE TOP" in less than five hundred words. In a few thousand more words he completes his experiences in England -and after that he is in France-for the greater part of the eighteen months before he was invalided home, in the "Front Line Trenches."

"OVER THE TOP" is the first story by one of the American soldiers who went to France, has been a real combatant and has seen long service in the trenches.

Sergeant Empey tells what it actually means and feels like:

to be wounded seven times; to live for a year and a half with mud and rats and shells:

to be covered with "cooties" and never to get rid of them;

to go "over the top" in a charge; to grasp for your gas helmet when a

second's delay mean's death; to capture a Prussian;

to get tangled up in barb-wire with that machine gun working a few yards away; to lie for thirty-six hours wounded and unconscious in "No Man's Land."

For a year and a half, until he fell wounded in "No Man's Land" this American soldier saw more actual fighting and real warfare than any war correspondent who has written about the war. His experiences are grim, but they are thrilling, and lightened by a touch of humor as original as the Soldiers Three. And they are True.

We take pleasure in announcing that we have secured serial rights to this remarkable story and that it will appear in installments IN THIS NEWSPAPER It Is the Real Stuff!

tities and for long periods, no case of

indigestion, constipation or other dis-

turbance was observed in those who

Dust in the Sweeper.

woman registered a mental resolve

Out of His Range.

A young man stepped into a sporting

goods store recently, relates the Indian-

apolis News, and asked to see some

guns. His remarks indicated that he

was a sportsman of a decidedly ama-

teurish sort. The obliging salesman

brought forth all manner and varieties

of weapons, from a .22-caliber rifle to

latest model "pump" gun, but nothing

brought any response of satisfaction

into the young fellow's face. Finally

the salesman handed him a high-power

rifle, used for big game, with the re-

mark, "This beautiful little gun, sir, is

"No," he said, "I am afraid I couldn't

Increasing Use of Rare Metals.

"Among the remarkable industrial

denum, used in making steel, seem to

be the leaders. Of these three perhaps

the least familiar to American steel

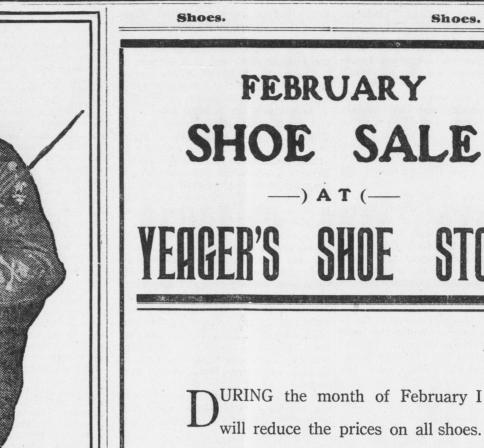
makers is molybdenum, which, though

well-known to Europeon forge mas-

ters, has but comparatively limited

she would do the same.

"Only last week I found Mary's ear-



will reduce the prices on all shoes. This is not a sale of another store's stock, but a sale of my own good quality of shoes at Reduced Prices.

Shoes.

To

## NOW IS YOUR TIME

to purchase your needs in the shoe line, even though you may not need them for months to come.

Girls \$7.00 Tan, High Top, Low Heel Shoes Reduced to \$5.00.



Come to the "Watchman" office for High Class Job work.

of more agile and sensitive touch, and OLD TOMBS OF PATRIARCHS an actual test proved such to be the fact. Hence the advertisement.

Rubber in India.

In southern India a factory at which high-grade rubber is made resembles a dairy, the milklike appearance of the salem, the cave of Machpelah, which latex adding to this illusion, as well as the precautions taken to insure absolute cleanliness, says the Family Herald. One of two methods of manufacture is generally adopted. If the estate is young and only a few trees are being tapped the rubber is made in the form of biscuits or sheets. The latex is put into shallow, round dishes or oblong pans and a certain quantity of acetic acid added to it. This is the coagulating agent most generally used. After standing for some hours the rubber is found floating on the top of the dish in a white, spougy clot. the priest in charge of the mosque. This is removed and washed and rolled by hand and through a mangle until clean. The biscuits are placed on racks in a warm room or an artificial dryer and allowed to remain there until dry. The finished biscuits are pale ambercolored and transparent, and for this reason are popular on the market, for their purity and freedom from dirt can be judged by holding them to the light and looking through them.

#### The Grant Monument.

The monument to General Grant in front of the capitol in Washington was contracted for on August 10, 1903. The contract provided that the work should be completed in five years, but the contractors asked, and were granted, several extensions. All of the architectural work is finished, the cavalry and the artillery groups are in position at either end of the platform. the lions and lamps called for by the design are in place and there remains to complete the memorial only the placing of the equestrian group, i. e., the figure of General Grant on horseback on the central pedestal, and affixing the two bas reliefs which are to go on either side of the pedestal. The total cost authorized by congress for the memorial is \$240,000, exclusive of \$10,000 which was appropriated for use in procuring designs.

King Has Many Namesakes Now. His majesty has sundry namesakes in London now that he has adopted his new surname, says the London Globe. There is a solicitor in Bishopsgate and a cabinetmaker in Dalston, to name two. There is also a Miss Windsor,

who has a respectable business in South Kensington. Likewise a Mr. Cornelius Windsor lives in North London, and another Windsor has a grocery shop in Lewisham. A firm of ironmongers at Roehampton and some clothiers at Finsbury Park can also claim the same surname as the royal family.

Cave of Machpelah, Bought by Abra-

ham for a Burying Place, Has Stood Ravages of Time.

ate it. One person who ate cheese as The tombs of the patriarchs in Jeruthe chief source of protein and energy, eating an average of 9.27 ounces daily Abraham bought for "a possession of for more than two years, did a fair a burying place," is still in existence. amount of muscular work and kept in For forty centuries it withstood the good health. ravages of time and men, relates a writer.

It is situated in the town of Hebron, 16 miles south-southwest of Jerusalem, ring here," said the experienced houseand sheltered from profanation by a wife to a younger woman as yet quite Mahometan mosque that rises above it. inexperienced in housekeeping ways The tomb contains the whole patriwho had wondered why the speaker archal family, with the exception of should look over the accumulated dust Rachel. The cave is divided into an that she had just shaken out of a upper and a lower compartment. Only carpet sweeper; the Mary referred to the upper compartment is accessible to being the maid employed in this home. "Mary came to me," the speaker conbut he only enters it in times of great tinued, "and said she had lost one of calamity, and for the sole purpose of her earrings and she had looked everypraying. As to the lower compartwhere for it, but just simply couldn't ment, where repose the illustrious fafind it; but I knew the likeliest place thers of the Jewish nation, they reto look for it, and there I did find it, mained completely closed until the in the dust of the carpet sweeper, year 1862, when, for the first time, where many a jewel has been found be-King Edward VII, then the prince fore this, and where, no doubt, many a of, Wales, together with Doctor Stanjewel has been lost. I always look ley, the dean of Westminster Abbey, over the dust out of a carpet sweeper and two other friends, were granted before throwing it away." Upon hearadmission. ing which the inexperienced young

The six tombs are arranged symmetrically in rows of twos; a seventh, in that when she went to housekeeping the wall, is believed to belong to Joseph. Abraham's tomb, which has the form of a coffin with a shelving ridge, is about eight feet high, and is set in the cemented stone and marble. It is covered with three gold embroidered green carpets, which are the gifts of the emperor of Constantinople, Mahomet II, the conqueror of Egypt, Selim II, and the Sultan Abdul Medjid.

### CHEESE DIET IS WHOLESOME

One Pound of the Food Supplies More Than Twice as Much Energy as Same Amount of Steak.

Too many people use cheese merely just what you want, I believe. It kills as an appetizer, says the Scientific at 3,000 yards." The young man shook his head, more in doubt than ever. American in commenting on a recent bulletin of the United States departuse it at all. You see, I have to get ment of agriculture. According to this much closer than that." bulletin and to the universal practice in the great cheese-producing countries of Europe, cheese is one of the most

valuable of foods and a most satisfactory substitute for meat. developments to which the European war has given impetus has been the A pound of cheese supplies more than twice as much energy as a pound enlarged use of the rare metals," says Maj. William A. Mensch of San Diego, of fowl or round steak and almost Cal. "Tungsten, vanadium and molybtwice as much protein as the same

smount of fowl or ham. Contrary to the opinion of many, cheddar or "store" cheese is not usually indigestible and constipating. Extensive digestion experiments conducted by the department have demonstrated that more than 95 per cent of use in this country.

the protein in cheese is digested and HEALTH THAT MAKES WEALTH that 90 per cent of its energy is available. Even when eaten in large quan-

The Greatest War

Story Ever Written

Nervous Energy Which Enables One to Think New Thoughts and Initiate New Plans Important.

Probably the majority of men do not know what real health means. It means more than the capacity to sit up and eat, to walk, to board a car and to bend over a desk. Real health means more than the real ability to do the same thing day after day. Real health means a degree of stirring, nervous energy that enables one to think new thoughts, conceive new plans and initiate new enterprises. Superabundant nervous energy is back of exceptional mental activity. It is the basis of all those qualities which are most essential in the struggle for success.

It is not sufficient to have health that will enable you to do a commonplace day's work, Hugo Masters writes in Physical Culture. The right kind of health should give you the energy with which to perform far more than a day's work, if necessary, even from; a quantitative standpoint. It is commonly the man with an unlimited capacity for work who gets on. He is able to work long hours without tiring. Successful men invariably enjoy the possession of this degree of nervous endurance or working endurance. But it is not this that is most im-

portant. The possession of energy is essential, not so much for the sake of the capacity for long hours of work, but on account of the quality of work which it enables one to perform. Quality of effort is more important than quantity of work and the greatest value of unlimited energy lies in giving one the capacity for concentration. the capacity for an intensity of effort that is beyond the average man.

Ski in Land of Summer. Californians are not denied the winter sports of tobogganing, ski-running, sleighing and skating, but in order to enjoy them they are obliged to ascend into the Sierra Nevadas, a mile above the coast and the central valleys. There, amidst the fragrant pine forests of the highlands, they enter into keen out-of-doors recreation with all the zest of people who see snow usually from a distance. The winter sports season at Truckee, near the summit of the Sierra, has become well established as an annual event.

Record Broken.

The total value of the mineral production of the country in 1916 was more than \$3,470,000,000, increasing \$1,076,200,000, or 45 per cent over the \$2,393,800,000 recorded for 1915, and exceeding the former record year (1913) by more than \$1,000,000,000, according to the geological survey. department of the interior.

# LYON @ COMPANY.

# **Spring Coats and Suits**

We are showing the latest styles in Ladies' and Misses' Coats and Coat Suits. Every week something different and exclusive in this department.

# Spring Goods.

We are receiving every few days a large assortment of new Dress Fabrics in wool, silk and cotton.

Owing to inventory of stock, we are making big reductions on Shoes for men, women and children.

## Winter Coats and Suits.

Our entire stock of Winter Coats and Suits must go now. Save money and get the best values. This season's goods at less than cost of manufacture.

9 handsome Plush Coats, 12 Cloth Coats in all colors, 7 Black Kersey and Chiffon Broadcloth Coats, all this season's styles and all sold at sacrifice prices. A cordial invitation to all. The best styles and qualities always sell first.

Lyon & Co. 60-10-1y Bellefonte.