Democratic Watchman.

Bellefonte, Pa., February 22, 1918.

THE COPYREADER SOLDIER.

From a line o' Type, in the Boston Herald. A copy-reader soldier lay full of holes in Erance. gray walls of correction. The old eyesore is being rapidly demolished and the new is taking form and shape. France;

He was punctured in the wishbone, he was riddled in the pants, A stretcher bearer found him, and knelt

to give him aid, And as he held the victim's head that

copyreader prayed: "Just tell them not to keep my job back degredation of their surroundings.

yonder on the Star, And tell them not to hold my chair behind McKenzie's bar.

Just say my copyreading days forever now are done;

I've written my last 'Rush 1' head for the which is only two miles from the State you have been wronged. home edition run.

"The rewrite staff-it loves me not-may chortle that I'm through,

But others there will be to take the work I used to do.

Tell my brethren at the desk to chop as in the days of yore,

And to keep the old traditions fresh of those who've gone before.

"Tell them for me."-his voice was choked. emotion filled his eye-

"To see that 'probe,' 'quiz,' 'rap,' and score' are not allowed to die."

The stricken soldier faltered-nearly '30' now for him-But he marshaled all his forces as

light of life burned dim.

The streatcher-bearer bowed his head to get his last faint word.

Then dropped a pitying tear or two, for this is what he heard:

"And tell them"-it was whispered-"when they're clear on all the news

Some day to send more grapevine than the make-up man can use.'

OBLITERATION OF OLD SING SING.

The old "Sing Sing" is being torn down and is to be replaced by a modern building or buildings. Since the year 1837 the old cell-block has stood a monument to ignorance in office and a crying shame upon the people of the State of New York, says a contributor to the Christian Science Monitor, hordes, of vermin. who had made a special investigation of prisons and prison conditions.

This cell-block was erected from stone quarried out of the side of the hill above the Hudson river near Os-morning (except one hour for relighill above the Hudson river near Ossining. This stone was carried by inmates across the New York Central of these cells. They still have the sitracks and gradually piled into a mammoth catacomb containing 1,200 cells of the old type-without ventilation, save a small opening at the back and without washing or toilet facili-

Each of these 1,200 cells arranged Representatives that these conditions in tiers of 50, is as like the others as cells in a beehive. Their length is approximately six feet, their height six feet, and their width but a few inches over four feet. They contain but one-fourth the cubical contents of air required by the New York State tenement laws.

There is probably no country in the ment laws. In the year 1846 a grand jury con-demned the cell-block at Sing Sing. Eeach year that followed found other grand juries condemning the huge pile wherein men lived and expired like There is probably no country in the the walking sticks a cane, not only in the country; and, in where in the country; and, in where in men lived and expired like There is probably no country in the the walking sticks a cane, not only in the country; and, in where in the country; and, in the second ment days of the case these ment and here is the habit of saving that lobar pneutroglodytic apes, or Navajo cliff dwell- addition, there is a large demand for world to see these men, and here is the habit of saying that lobar pneu- measure, and think that it might be s. It remained for the present admin-It remained for the present admin-in at senside resorts, but not to a great "There is a business office where, "There is a business" office where, ers. istration at Albany to take action in at seaside resorts, but not to a great the matter. Governor Charles S. extent in the cities, reports Consul Whitman, seconded by James Carter, superintendent of prisons, of the The winter month The winter months are always State of New York, dropped down to rainy and even during the summer Sing Sing one day, and under the the weather is often very unsettled, guidance of Warden William Moyer, so that the use of umbrellas is also on November 7, 1917, they removed unusually great. These conditions of those useful volumes. In these the first stone from the old cell-block have made the manufacture of umand gave the orders to tear the struc- brellas and walking sticks an importure down as rapidly as possible. A new Sing Sing and a better Sing The United Kingdom has long tak-Sing will rise from the crumbling ru- en the lead in the manufacture of attempt to achieve as nearly as posins of the old cell-block. The plans, walking sticks, and a large proporambitious as they are, call for all tion of the output was made of raw that is modern in penology and the material grown in the British Isles, that the Mayos charge for an imporhousing of convicted men. Some of the old shops will remain. Most, how-lar woods. The importation of finishever, like the old cell-block, will be torn down and their foundations used but before the war a considerable for the new buildings and cell-houses. A phoenix is expected to rise from terial was imported, such as malacca cause it seems a fair and just fee in the ashes and the mistakes of the canes, ebony, wangees, roof bamboo, that particular case. The financial past. It was worse than useless to nilgherri, etc. Cherry sticks and diagnosis is made as carefully as the expect to reform men when the State what is known as "Congo" wood were physical. And people who know the housed them in tiny caves-cold in formerly imported from Germany inner history of that department aswinter, and reeking with dampness and Austria, where they are grown. sert that if errors in charging are and vermin in summer. German prison camps, Russian dun- the stocks on hand, both here and in patients and not to the benefit of the geons, the great prison of Peter and neutral countries, met the demand, Mayos. Petrograd, are far better but gradually, the trade has become Paul near than the old Sing Sing which is so happily passing. As a breeding place goods, and consequently a greatly in-ject of fees: for diseases, Sing Sing the old was a creased demand for domestic raw mafestering sore upon the entire body terials has arisen. of the State. A number of surprises are expected when the foundation stones of the old sticks, and there has been a large de- tle a bill of ours. We never sue for cells are removed. It was the custom mand during the past two or three a bill. Thirty per cent. of our patients under the old system of prison man- years for sticks and canes for mili- are charity cases. And about tewntyagement to enforce strict silence at tary use. These include plain knob-all times. This rule made for a sort bed canes, knobbed canes with leath- of treatment." of underground telegraphy which er handles, and swagger sticks. There passed from cell to cell so quickly the guards were puzzled. Investigation ordinary heavy crook canes, which are proved that the inmates could commu- now used to a considerable extent by nicate through the ventilation holes wounded soldiers. This increase in in the back of the cells. Articles were the demand for new styles has counoften hidden there when a search was terbalanced in quantity but not in valin progress. It is on record that one ue the former demand for higherinmate passed another \$300 in bills, which slipped from the other's hand priced walking sticks for city use. As regards prices, it has been found that both labor and material and went down to the bottom of the tiny shaft. Opium, in the gum form, have had a steady upward tendency was also peddled in this manner. since the war began. Some canes and Much of it fell in the early days. It sticks which were largely used have will be found, as well as knives, weapwill be found, as well as knives, weap-ons, contraband, and tiny trinkets, certain of the better kinds are now dear to the prisoner's heart, when the practically unobtainable. Generally last stone is removed. speaking, it may be said that an ap-Each gallery at Sing Sing, upon which are fifty cells, is numbered. proximate advance of 25 per cent. in price has taken place on the lower-The numbers run from 1 to 24. There grade goods and probably 30 to 40 is, however, another gallery of which per cent. on the higher qualities. Inlittle is known upon the outside. It is called "Gallery Twenty-five." This creasing difficulty is also being experienced by manufacturers in obtaining is the prison graveyard upon the hill sufficient supplies of metal fittings, just above the wall. Here are buried materials for umbrella frames, and all those who perished from diseases textile materials for umbrella covers. due to the unsanitary conditions of the old cell-block. The little white Orders is Orders. crosses of this graveyard bear dates further back than the memory of the Orderly Sergeant-Lights out oldest guard. there. Two years ago Thomas Mott Os-Voice from the Hut-It's the moon, borne, now warden of the military sergint. prison at Portsmouth, stated that the Orderly Sergeant-I don't give a old cell-block system at Sing Sing, d—n with its 1,200 cells, should be blown Punch. what it is. Put it out!--n

Soldiers' Commandments.

up with dynamite, draped with ivy

usage can exist among them.

trying to avoid the foul smell.

be done away with-maybe the Board

ruins of America.

and exhibited as one of the ancient Given forth primarily for the guid-ance and inspiration of the student Visitors to the modern Rhine, howofficers and drafted men who have ever, will see in the years to come a been summoned to the colors, nevernew Sing Sing with modern buildings, theless, "The Soldiers' Command-ments" as formulated by Major W. E. P. French, in the New York Times, sanitary cell-houses, large cells with running water and up-to-date workshops dotting the hillside within the are the embodiment of ideals and principles which should crowd the heart of not only the splendid young American manhood which is so gal-There are still other prisons in the lantly sustaining the prestige of American arms, but every American citizen in every walk of life. The State of New York which are little better than the old Sing Sing. Clin-ton prison, at Dannemora, and Au-Commandments are as follows: burn prison, at Auburn, have no place

1. Keep your eyes at the ready, in modern penology where men who wish to reform are held down by the your ears at full cock, and your mouth Ine worst, or some of the worst, prisons in the country are to be found in the Eastern States. The oldest, but one, is the Charlestown State Prison, in Boston, or rather, in Charlestown

House in Boston. This prison was built in 1804, 33 years before Sing Sing, but still there has been no very der, and yourself as clean as you can; Sing, but still there has been no very insistent demand for any change. It treat your animals kindly and fairly may be that Massachusetts and Bos-ton have so long enjoyed a reputation for learning, culture and all that is advanced that they have lulled them-selves into the belief that only that which is proper and according to heat which is proper and according to best usage can exist among them. 3. Never try to fire an empty gun

This prison, however, in their midst is a disgrace to the State and to the people. Like Sing Sing, it is a mas-that at close quarters a bayonet beats

people. Like Sing Sing, it is a mas-sive stone building containing hun-dreds of little cells, tier above tier, like a honey-comb. These cells are entirely of stone, 7½ feet high, 8½ feet long and 4 feet wide. They are dark, damp and have no ventilation, except through the barred door. The only trible a percent of the state of Serbia, and Lusitania, Louvian, and the U-Boats of the Hun, and remem-

toilet arrangement is a bucket, emp-tied once in 24 hours, and the air be-comes so foul that, in the morning, when the guards unlock the doors they turn their faces the other way murderers and mutilators of children and non-combatants, the ruthless destroyers of homes the Hounds-of-the-The massive stone walls act as an

accumulator for dampness until the moisture sometimes stands on the Hohenzollern, the bestial Boches. 6. Be merciful to the women of your foe and shame them not. for you are a man, not a beast, and a woman bore you. And pity and shield the monwealth of Massachusetts—long children in your captured territory, live the Commonwealth—has here for you were once a helpless child, children in your captured territory, and only a dastard makes war on the weak.

7. You shall kill in the name and for the sake of Liberty, Equality, and Fraternity, until Right shall triumph over Might and Victory crown Justice.

Fear dishonor, dread defeat, be 8. of good cheer and high courage, and don't shirk work or danger; but fear follow in the prophylaxis and treatiosu service on Sunday) shut in one

dead brother or your fellow soldier nia as well as various forms of atyp-beaten or ashamed, whom you should ical and broncho pneumonia.

10. Do your best to keep very clear of Health would do something, but of course they are both State institu-tions. War and British Walking Sticks.

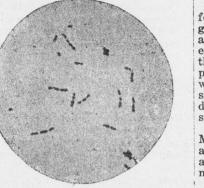


Number 35.

The Use of the Face Mask and Other Precautions Against Pneumonia. One of the Diseases Spread By Nasopharyngeal Secretions.

"Valuable as improvements in the determination of the types of the diseases, as measles and scarlet fever, pneumococcus and the development of curative serums are, the prevention of infection and the limitation of its spread are far more important.'

Victor C. Vaughan, Jour. Lab. and Clin. Med., Jan., 1918.



Streptococcus pneumonae in pure culture one day old. As it appears when seen under the microscope and highly magnified.

y discussed in an article by Dr. Henry Smith Williams published in this column, February 8, it has seemed advisable, owing to the prevalence of the Journal urges the universal wear- the teeth.

ing of a face mask by physicians, nurses and others when in attendance upon patients and observance of the same precautions that have been found efficacious in other communicable diseases. He says:

"Pneumonia is today the most serious acute infectious disease confront-ing the physician. Second only to tuberculosis among the acute infectious

diseases as a cause of death, it attacks suddenly and kills quickly

not death, dread not wounds, suffer in silence, and die game. 9. Bear in mind that the enemy is and natural course of the disease. silence, and die game. 9. Bear in mind that the enemy is your enemy of humanity until he is killed or captured; then he is your dead brother or your fellow soldior nin as well as well as well as well as a solution of the lungs includes acute lobar pneumo-

THE INFECTING ORGANISM.

Acute lobar pneumonia is due to in-

tective face mask when in attendance on patients. This not only prevents the physician or other attendant from becoming infected, but also prevents the patients from becoming infected through their attendants with secondary infections with organisms which they do not already have.

The room in which the pneumonia patient lies should be cleansed daily to avoid dissemination of dust, and after the patient's recovery it should be thoroughly aired, washed and sunned to dispose of any remaining organisms.

Cases of the common contagious attending such cases may have the

protection offered by gauze masks, as recommended by Weaver. CARRIERS.

Finally, a search should be made for pneumococcus carriers of the or-ganisms of Types I and II especially, and these carriers should be instructed as to prevention of the spread of the organisms. They may also be provided with a disinfecting mouth wash or gargle, and should use it perdisappeared from the throat and the sputum.

Kolmer and Stienfield (Amer-Med. Jour., Jan. 5, 1918) have found as a mouth wash or gargle, the for-mula of which is as follows: Gm. or Ce.

Ethylhydrocuprein hydrochloride or

Although pneumonia was quite ful- twice daily by those in contact with pneumonia cases, and also by the pa-tients themselves and persons suffering with measles or other infections favoring the development of lobar visable, owing to the prevalence of pneumonia. Similar dilutions in un-the disease at this season, to add an diluted Dobell's solution may be used excerpt from the American Medical for spraying the nose, or, incorporat-Journal, February 9. The editor of ed in a dental cream, for cleansing

The slightly bitter taste remaining after the use of these washes is read-ily removed by rinsing the mouth with plain water.

The systematic use of either of these mixtures may serve to destroy or inhibit the multiplication of virulent and disease producing types of pneumococci among contacts, and thereby aid in the preventive treatment of lobar pneumonia."

WEAVER'S FACE MASK. The simple face mask recommended to be worn as a protective measure by the editor of the Journal is thus described by Dr. Weaver (Med. Jour., Jan. 12):

"The masks we have used consist of a double thickness of gauze, so shaped as to fit closely over the face from the chin well up over the nose, and held in place by two tapes tied behind the head. A mask is never worn twice until sterilized and washfection by the pneumococcus, usually ed, and is always replaced by a fresh runs a rapid course, and is character-ized by a diffuse exudative inflamma-tion of large parts of one or more lobes of the lungs. Broncho pneumo-lobes of the lungs area by a due to a one when evidently contaminated or when it becomes moist. Little objec-How the Drs. Mayo Get Their Pay. There is an article in the February There is an article in the February

recent studies have shown that strains caring for pneumonia patients. The importance of carriers in pneumonia as cultural properties are concerned and epidemic meningitis is apparently very great, and that those about such year. patients become carriers quite frequently is proven beyond doubt. The face mask not only protects the healthy person from infection and from becoming a carrier, but also prevents a carrier from spreading infec-tion to others. Masks can be used to sult. good advantage also in households in which are patients with diphtheria, pneumonia, scarlet fever, epidemic meningitis or other diseases spread by naso-pharyngeal discharges."

FARM NOTES.

-One rat will eat or spoil four bushels of grain a year. It costs \$2 or \$3 a year to feed a rat on your place.

-Provide 4 or 5 inches of good, clean litter on the floor of the poultry house in which to scatter the grain feed. The hens must exercise in order to get the grain, and this promotes health and egg production.

-There are many well known methods of supplying the necessary vegetable matter to the soil. Crop residue is usually the basis of more humus. Grass or sod crops are the most valuable in this respect. Stable manure is also of great value in increasing humus.

-----The seed corn scarcity will not take care of itself. Farmers, to be sure of seed for planting in the spring, must save it this winter. Unless they do save it they or other farmers will be without seed corn in the spring. The only choice is between making sure now or causing a scarcity in the planting season.

-A study of market prices of fat hogs for a period of ten years shows sistently until the organisms have that the market varies from "highs" to "lows" during certain months in the year. Highest prices usually ob-

tain during the months of April and September. The intervening months a mixture that may readily be used show lower prices, June and December representing the extremely low months.

The price drops in late fall and ear-rises, reaching the highest point about April, due to the fact that there are few fat hogs to market at that season. Following this time pigs farrowed the previous fall begin to arrive, the run being heaviest about June, reacting in a corresponding low market price. The price is generally highest in late August or September since both pigs and feed are scarce at that time.

Pigs farrowed in the spring, for instance may easily be made ready for the September market, provided they have access to good pasture or forage crops and are given in addition heavy grain feed from early June throughout the summer.

-Because they do not realize that Michigan, Wisconsin, Minnesota, the Dakotas, Oklahoma, Texas, etc., are seriously in need of seed of adapted varieties, there are farmers here and there throughout the United States who are feeding corn that would be more valuable if used for seed. To the detriment of the 1918 crop

such corn is being used to some extent in some portions of the States men-tioned. This is especially regrettable because the corn is adapted to the conditions and is not a great distance from where it will be sadly needed next spring.

Ordinarily seed corn should not be obtained from a distance. The nicestlooking seed may be entirely unadapted and cause the loss of a crop. As there is but little "hold-over," the frost-stricken and drought-stricken areas must get their seed from other points. It should be obtained from a locality having a similar climate, and obtained now.

If you have a large amount, or but few bushels, of a 90-day corn which germinates well, let your county agent, your State experiment station, and the United States Department of Agriculture know about it. Prompt co-operation should prove profitable to all and prevent many failures next -Young growing stands of timber, if very thick, need to be thinned out so that those trees which are left will grow faster. If young trees stand too closely together slow growth will re-Trees like vegetable crops need to be thinned. As trees grow in height the crowns expand. Room must be given for this development or fast growth will not be obtained. As trees grow larger a fewer number can stand on an acre. Many dead trees can be seen overtopped by the others in nearly every stand of trees. Their crowns being cut off from light, they could no longer manufacture food and died. Trees naturally thin their own stand in this way, but they do so at the expense of fast growth. Practice forestry, says Professor J. A. Ferguson, of The Pennsylvania State College, by going into a young stand and cutting out the trees that are falling behind, that have small crowns, that are low in the canopy. at They will die sooner or later. Removing them now will prevent them from being killed later by the remaining Trees thus removed can be trees. utilized for fuel. Do not break the

walls in large drops and on the floors in pools. Then so that the misery of the poor human beings that the Comconfined for punishment, may be complete, there is allowed to share these cells with them hordes, literally

Many of the cells are dark and it may be imagined what a man goes through from 4 o'clock on Saturday

lent system in Massachusetts. The

men also eat in these cells. One won-ders if the good people of Massachu-setts (for they are good people) knew what is done in the name of justice, if they would not demand of their no further humiliate.

how they pay for their treatment. monia is caused by the pneumococcus, used to advantage also by persons

mation to be had in Dun's and Bradstreet's is on tap. But a second glance at the majority of the patients isn't necessary to convince you that their names never got into the pages cases the friend or relative who accompanies the patient is questioned.

"This sounds like cold-blooded commercialism. On the contrary, it is an sible absolute fairness and justice. There is a rather widespread notion tant operation a fixed percentage-commonly given as ten per cent.—of a patient's income.

This may be true sometimes. If

For a time after the outbreak of war made, they are in the interest of the

"Driven for once to the point of speech, Dr. Will said this on the sub-

"'We have never taken notes terials has arisen. The military vogue has also had great effect on the style of walking has ever been given on a home to set-

> A LINE O' CHEER. I see no use In sharp abuse Of those who don't agree with me. I sometimes find In my own mind

> That with myself I don't agree. So truly I

Cannot see why We can't dwell smiling side by side. You on your line,

And I on mine. And both completely satisfied.

-John Kendrick Bangs.

To Help Teachers.

Teachers who wish to interest their pupils in home floriculture and land-scaping will find the circular on this partment of Agriculture helpful and practical. It gives outlines for a course of study and classroom prac-tice and suggests methods for course of study and classroom praclating school study with home practice.

Saw Mr. Hoover's Ice Warning.

Gay-Well, thank heaven the warm

are still widely separated in their biologic qualities.

When the study of pneumonia was undertaken at the Hospital of the Rockefeller Institute, a large number of races of pneumococci were isolated and studied as to the immune reactions. As a result of these studies the strains of pneumococci grouped themselves into four classes or types. These four groups of pneumococci are spoken of as Types I, II, III, and IV. Type I is found in 33 per cent. of cases of lobar pneumonia; Type II in

pneumococci found in normal months belong to Type IV. * * * * PREVENTION.

It has generally been considered that all persons harbor the pneumococcus in the throat, and that it is thus ever ready to attack the person who becomes debilitated, and especially to add its attack to that of the influenza bacillus or to follow a streptococcal infection of the throat or nose. It is no doubt true that exposure and a weakening of individual re- Berne. sistance do play a prominent part. Recent studies of the incidence of the various types of pneumococci in the throat of normal persons, in the throats Mrs. Edward V. Stockham. of those suffering with pneumonia, in healthy persons in contact with cases of pneumonia, as compared with those rooms in which lobar pneumonia had not occurred, as compared with the dust of rooms in which cases of pneumonia had occurred, all show that pneumonia, in a considerable proportion of cases at least, arises chiefly

by infection from without. It was shown definitely that pneumococci of Types I and II are practically never found except in the environment of persons ill with the disease or in the environment of carriers.

seems advisable, therefore, It henceforth to regard every case of pneumonia as a focus for the spread of the infection, and the same meas-ures should be instituted as have been found efficacious in other communicable diseases. These include primarily (a) isolation of the patient as far as possible and convenient, (b) collection of the sputum in special contain ers and its disinfection, and (c) sterilization and prevention of contamina-

monia should practice the greatest care in order to avoid transmitting the disease to others. This involves the wearing of a clean gown when attending patients, the thorough cleansing of the hands by soap and water

What Women are Doing.

Women workers in Puerto Rico have a minimum wage law.

It is predicted that at the close of the war women will replace men as stewards on the large ocean liners. Commissions as second lieutenants in the Massachusetts Guard will be

given to the nurses in that State. The Swiss Women's committee for a Lasting Peace has called an international woman's conference

The first shell fired on the new government proving grounds at Aberdeen, Md., was fired by a woman,

Hundreds of women have answered the call for recruits in the English Flying Corps. Those needed immedinot in contact, and in the dust of ately by the Royal Flying Corps are: One hundred and forty-four fitters (general machine and turners). 52 instrument repairers, 20 acetylene welders, 37 electricians, 12 draftswomen, 56 painters, 2 tracers and 145 storekeepers.

German women have been granted nothing except the most insignificant rights.

Miss Margaret Mahanay, who operates an extensive poultry farm near Concord, Mass., is an authority on turkey problems.

In the West from 50 to 67 per cent. of the women graduates marry, while in the East the per centage is from 40 to 50.

The United States Government plans to establish rehabilitation and vocational schools for disabled sol-diers and sailors. The teachers will be women.

Between August 1914, and June 1917, over two hundred thousand marriages have been recorded in England which had there been no war would not have been consummated.

Mme Melba, the noted opera sing er, has established a school in Melbourne, Australia, where she has over one hundred pupils, many of whom she expects to become great singers.

-More than 44,000,000 acres of coal lands in the 14 States of the weather is approaching anyway. Grump—Huh! Coal bin trouble over, refrigerator trouble begins. before and after attending each pa-tient, and, as has been suggested by Weaver, the wearing of a simple pro-United States are to be opened in 1918. before and after attending each pa-tient, and as has been suggested by Weaver, the wearing of a simple pro-

canopy too much. Large openings let in too much sun-light to the forest floor, and cause thick growth of grass and weeds. Thinnings should be made every few years during the life of a young growing woodlot.

-Testing seed corn is a form of crop insurance which should not be overlooked by farmers and is of special importance this year in view of the high prices which have prevailed during the past winter. Tests should be made before the corn is shelled and every ear should be tested.

A simple method is to place two inches of wet sawdust, well packed down, in a box about twenty inches square and three inches deep. Lay over the sawdust a sheet of muslin of the same size as the box, marked off into two-inch squares and numbered from 1 to 100.

The germinator will then hold seed from 100 ears.

The ears to be tested should be laid out in a row and every fifth one numbered. Beginning with the first ear,

pick out two grains near the tip, two near the middle and two near the butt, and place these six grains on the square numbered "1." Likewise, take six grains from each of the other ears until the germinator is full. Then cover the corn with a wet burlap bag. If the germinator is kept at room

temperature for five or six days it may then be opened and the vitality each ear determined. An ear of should not be regarded as first class for seed unless all six grains from it