

**Let Us Make Health Contagious Instead of Disease.**

(Continued from page 1 column 4).  
72 Valvular heart-disease  
81 Arterio-sclerosis

Or, out of eight deaths this month, 4 are from diseases of the heart and arteries, 2 from Bright's disease and nephritis, 1 from lung disease and 1 from cancer.

Out of a total number of 34 deaths in six months, January to June, 26 are adults over 25 years of age and the causes of death distributed as follows: 12 deaths from diseases of heart and arteries, 6 from lung diseases, 3 from Bright's disease or nephritis, 3 from cancer and 2 from diseases of liver and intestines.

In speaking of the mortality from the two chief types of lung disease—pneumonia and tuberculosis—Dr. Williams says, "If a report were to come from 'Somewhere in France' that six thousand American soldiers had been killed outright in the current week, we should all listen with bated breath. But the death of a corresponding number here at home—every week, year in and year out—causes no comment whatever." With the hope of interesting a certain number of readers—some, at least, of the half million individuals who are already in the toils of the "Great White Plague"—he tells of a new line of treatment that promises to aid in retarding the progress of the two deadly maladies from which twenty million people now living in the United States will ultimately die unless medical science deals more effectively with them in the future than it has been able to do in the past.

Believing with Dr. Williams that "Since four-fifths of us have cause, present or prospective, for personal interest in the matter, it seems worth while to take up in sequence a popular study of each of the five peculiarly fatal maladies of middle age with reference to the newest pronouncements of science regarding their causation, treatment, and in particular, prevention."

**Trial List for February Court.**

- Wallace Immel vs. Conrad Immel, in re-appointment of a guardian.
- Catharine A. Mulholland vs. M. D. Kelley and Matthew Shaddock. Trespass, not guilty.
- Burdine Butlevs. The P. R. R. Co. Trespass, not guilty.
- Kelley Brothers vs. Nathan Ichkowitz and Abram Abelson. Replevin.
- W. W. Corwell, M. D. Kelley, E. W. O'Neil, J. C. Zeigler and E. D. Thompson, trustees for the benefit of the Latta & Terra Construction Co., a corporation vs. Nathan Ischowitz and Abram Abelson. Replevin.
- Gordon Bros. vs. Kelley Bros. Assumpsit, non assumpsit.
- Roland Ickoff vs. Edward Gross. Appeal, non assumpsit.
- I. M. Bierly vs. Nathan Ischowitz. Appeal, non assumpsit.
- National Cash Register Co. vs. A. C. Mingle. Assumpsit, non assumpsit.
- W. F. Fredericks Piano Co. vs. Mrs. Roberta Smith. Replevin.
- Executors of Wm. Witmer Est. vs. Administrators of J. W. Mitterling Est. Sci fa sur mortgage.
- George Lose vs. Tillie Woods. Appeal.
- T. E. Jodon vs. Charles From and Kate From. Appeal by Kate From.
- Issac G. Decker vs. Frank E. Naginney. Appeal.
- Leo Kelley and H. P. McGrorty, doing business as the Keystone Garage, vs. Roy C. Shank. Assumpsit.
- Jared Evey vs. W. F. Reynolds and J. L. Montgomery, trading as the Bellefonte Fuel & Supply Co. Assumpsit.

**Grocers Must Sell Substitutes Also.**

Philadelphia, January 30.—Howard Heinz, federal food administrator of Pennsylvania, today ordered that grocers who have no supply of recognized substitutes for white flour shall not be permitted to sell white flour until they get the substitutes. "It has come to the attention of this office," Mr. Heinz said, "that certain retail grocers, evidently unmindful of the law, are selling white flour without requiring an additional purchase of one-sixth the weight of flour in substitute cereals. That simply means that for every six pounds of white flour purchased, the buyer must take one pound of corn meal, corn starch, corn flour, hominy, corn grits, barley flour, rice, rice flour, oatmeal, rolled oats, buckwheat flour, rye, potato flour, sweet potato flour, soy bean flour or feretita flours or meals. "The United States food administration in Washington ruled that equal weights of substitutes must be purchased with white flour, but for the present in Pennsylvania grocers are required to sell only one-sixth substitutes."

Upon receipt of word from Washington today that there is a shortage in ammonia, which is being used for the manufacture of munitions, Mr. Heinz issued a statement urging that the use of ammonia for household purposes and for the maintenance of skating rinks, cold storage for furs and other uses that can be temporarily abandoned or for which other methods or materials can be substituted, be discontinued at once. "As the ice making machinery of the country may be affected by this shortage next summer, every storage place for natural ice should be utilized and encouraged," the statement said.

**Hard Luck, John!**

The French seeress who predicted the Paris flood also predicted that the Kaiser would die in England in 1930, an exile from his own land. This would give him a dozen years for repentance, but it would be tough on the British.

—They are all good enough, but the "Watchman" is always the best.

**Parents of Soldiers, Attention!**

Unless quick action is taken by fully 750,000 enlisted men, a large proportion of whom are Pennsylvanians, they will, should they be killed or disabled in service, deprive their families or dependents of millions of dollars that Uncle Sam is willing to contribute to their support.

They will lose this aid by failure to obtain protection of the War Risk Insurance. A time limit has been fixed for the issuance of this insurance. The Pennsylvania committee of Public Safety is authorized to announce that men who entered the service on or before October 15, 1917, will not be able to secure War Risk Insurance after February 12.

This protection is offered by the Bureau of War Risk Insurance of the United States Treasury Department and is backed by the entire resources of the nation. It is a form of insurance easily obtained. It is low-priced in proportion of the protection given. It is paid over in a way that safeguards a disabled man or his family for the term of his total disability and up to twenty years in case of permanent disability. Families, in event of an enlisted man's death, are protected for twenty years, by monthly benefits.

An enlisted man, aged 25, may be paying premiums of \$6.60 a month secure in monthly sums of \$57.50 a total of more than \$10,000 paid to himself or his dependents in case of death or his permanent crippling by wounds or disease. The rate varies according to age and amount of insurance taken. As little as 63 cents per month will obtain some insurance.

War Risk Insurance is separate from the pensions and other compensations provided for by the Government and does not interfere with them in any way nor with service or retirement pay.

The insurance is strongly recommended by the Federal authorities. Families of enlisted men, who should be vitally interested in protection against after-hardships, are urged to see that their army and navy members secure it. Application blanks may be obtained by enlisted men from their commanding officers or from the insurance officers of their particular units.

**Uncle Sam Wants Accountants at \$2,400 to \$6,000 a Year.**

The United States government is in need of several hundred expert cost accountants to fill vacancies in the accounts section of the finance department of the equipment division of the Signal Corps, War Department, and in other branches, for duty in Washington, D. C., or in the field, according to an announcement just issued by the United States Civil Service Commission. The salaries offered range from \$2,400 to \$6,000 a year. Men only are desired.

The duties of appointees to the Signal Corps will consist of the determination of production costs of airplanes and airplane motors, either as supervisors in charge at one or more of the several plants, or as assistants, or appointees may be assigned to duty in Washington, D. C.

Applicants will not be assembled for a written examination, but will be rated upon the subjects of education and experience, as shown by their applications and corroborative evidence.

The Commission states that on account of the urgent needs of the service applications for these positions will be received until further notice and that papers will be rated promptly and certifications made as the needs of the service require.

**Gen. Wood and Two Other Officers Wounded.**

Washington, January 27.—General Pershing cabled the War Department today that Major General Wood had been slightly wounded in the arm by an accidental explosion in France which killed five French soldiers and slightly injured two other American officers, Lieut. Col. Charles E. Kilbourne and Major Kenyon A. Joyce. Secretary Baker announced the accident in this statement: "A cable despatch from the headquarters of Gen. Pershing states that an accidental explosion occurring today killed five French soldiers and slightly injured Major General Wood in the arm, Col. Charles E. Kilbourne in the eyes and Major Kenyon A. Joyce in the arm."

It is understood the message was brief and gave no further details. Gen. Wood's tour would carry him both to the front and to the American training camps behind the lines, but there is no indication as to where the accident occurred.

All of the divisional commanders have been or will be sent to Europe for brief periods. Gen. Wood, commanding Camp Funston, Kansas, went over several weeks ago.

**Trouble for Kaiser.**

Zurich, January 30.—The Socialist paper Vorwaerts announces that the Berlin strikers have now become more numerous and threatening. They have addressed to the government an ultimatum, of which the following are the principal demands: First—Accelerated conclusion of a general peace without indemnity or annexations.

Second—Participation of workmen's delegates of all the countries in the peace parliaments.

Third—Amelioration of the food situation by better distribution.

Fourth—Immediate abolition of the state of siege and restoration of the right of public meeting, suspended by the military authorities.

Fifth—Abolition of militarization war factories.

Sixth—Immediate release of all political prisoners.

Seventh—Fundamental democratization of State institutions.

Eighth—The institution of equal electoral suffrage by direct secret ballot.

**With the Churches of teh County.**

**CHRISTIAN SCIENCE SOCIETY.**

Christian Science society, Furst building, High street. Sunday service 11 a. m. Sunday school 9.45. Wednesday evening meeting at 8 o'clock. To these meetings all are welcome. A free reading-room is open to the public every Thursday afternoon from 2 to 4. Here the Bible and Christian Science literature may be read, borrowed or purchased. Subject, February 3rd, "Love."

Until further notice, the congregation of St. John's Lutheran church and the congregation of St. John's Reformed church will hold union services in the chapel of the Reformed church. The two Sunday schools will hold a union service beginning at 9:30 a. m. The regular morning service will be held at 10:45 a. m. and the evening service at 7:30 o'clock. All the members of both congregations are urged to attend all of these union services, in order that they may be truly inspirational and mutually helpful. A union Christian Endeavor meeting will be held every Sunday evening at 6:45 o'clock.

St. John's church (Episcopal). Services beginning February 3: Sexagesima Sunday, 8 a. m. Holy Eucharist. 8:45 a. m. Mattins (plain). 10 a. m. church school. 11 a. m. Holy Eucharist and sermon. "The Seed on Good Ground." 7:30 p. m. evensong and sermon. "The Light of the World." Friday, Litany and instruction, 7:30 p. m. Visitors always welcome. Rev. M. DeP. Maynard, Rector.

—Call the operator, call the Bush house, call a White Line taxi. Buy a six trip ticket \$1.00. 2-4t

**ANNOUNCEMENTS.**

We are authorized to announce the name of Wm. E. Tobias, DuBois, Pa., as a candidate for the Democratic nomination for the 21st District of Pennsylvania. The counties comprising the district are Cameron, Centre, Clearfield and McKean. Primary election Tuesday, May 21st, 1918.

**New Advertisements.**

**HEATED ROOMS FOR RENT.**—Two single rooms and a small apartment, all well heated by steam, are let in the Snoemaker Apartment on Spring St. 63-5-1f

**WANTED.**—Young ladies to train as nurses in a general hospital, Philadelphia. Eligible for registration. Course three years. Address The American Hospital, Wallace St., Philadelphia. 64-5-3t

**AS ENGINE FOR SALE.**—A 20 H. P. gasoline engine, with magneto and in fine condition will be sold cheap. Call or write CENTRE ELECTRIC CO., Howard, Pa. 63-5-3t

**NOTICE.**—The annual meeting of the stockholders of the Bellefonte Lumber Co. will be held at the office of the company, Bellefonte, Pa., on Monday, February 18th, 1918, at 10 o'clock a. m. for the election of directors for the ensuing year and to transact such other business as may come before the meeting. D. BUCK, Secretary. 63-5-3t

**BELLEFONTE STORE PROPERTY FOR SALE.**—The Store Building and Lot, known as the Faust property, on West High St., Bellefonte, Pa., is offered at private sale. It is a two-story frame structure with store room on first floor and dwelling above, now occupied by John A. McGinley's cigar store and pool room. Address inquiries to PATTERSON and PATTERSON, Attys., Clearfield, Pa. 63-5-3t

**ADMINISTRATOR'S NOTICE.**—Letters of administration have been granted to the undersigned upon the estate of Daniel Hall, late of Unionville borough, deceased, all persons knowing themselves indebted to the same are requested to make prompt payment, and those having claims against the same must present them duly authenticated for settlement. SARAH F. HALL, J. EUGENE HALL, Administrators. s. Kline Woodring, Attorney. Unionville, Pa. 62-5-6t



**Louis Dammers**

Philadelphia  
Eyesight Specialist,  
ONE DAY ONLY

BELLEFONTE, PA.  
Garman Hotel Parlors

**FRIDAY,  
February 8, 1918**  
8.00 a. m. to 2.00 p. m.

My Special \$1.00 GLASSES  
I offer you a fine pair of glasses, including Dammers' eye examination, clear crystal lenses, gold filled frame and elegant case as low as \$1.00

Special Ground Lenses at Lowest Prices.  
Fourth—Immediate abolition of the state of siege and restoration of the right of public meeting, suspended by the military authorities.

Eye examination by the Dammers Scientific Method, without asking questions, without drops, test cards or charts, absolutely free of charge. Don't fail to take advantage of this remarkable offer.

807 Chestnut St., Philadelphia.  
Fehl Bldg. Eckert Bldg. Goldschmid Bldg.  
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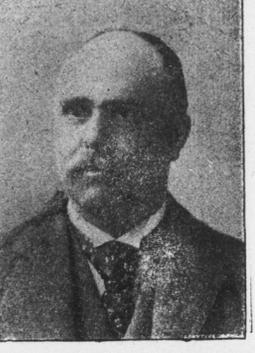
**GOLDINE**

**Demonstration Continues at Green's Pharmacy. Goldine Selling Rapidly.**

**MOTHER LOVE AND PRUDENCE.**

**A Word of Advice From Mrs. Tillman of Lock Haven, Pa.**

My daughter Winifred, who is 9 years old, was troubled with weak kidneys and bed wetting. At first I thought it due to carelessness and used severity with her, but that seemed to do no good. No matter what precautions were taken before retiring, the results were always the same. I took her to several doctors, who said it was due more to nervousness and bladder trouble than to kidney trouble. Also that the only cure was time,



JAMES SCHOFIELD, one of the best known and most respected citizens of Bellefonte. His honest integrity and stable character reflects the beauties of these ever-abiding hills, and his genial nature is like unto your sparkling fountain. To know him is to like him. Mr. Schofield has with honor represented the people of Centre county twice in the Legislature, and for several years has been afflicted with rheumatism. He has decided to try nature's best of remedies, Goldine Alterac, which is a remedy composed of herbs, roots and barks, from nature's garden. If you want to know what Goldine Alterac can do, ask Mr. Schofield, for his word is as good as his bond.



**THIS IS THE GOLDINE MAN**  
—at—  
**GREEN'S PHARMACY.**

Call and see him and let him explain this new herb treatment free of all charges. It has helped thousands; will you let it help you?

The Goldine Remedies are made from roots, herbs, barks and berries, and are as pure as nature and scientific chemistry can make them.

**GOLDINE** is used in the treatment of stomach, heart, nerves, indigestion, physical decline and debility, to build you up and create strength. Liquid. Price \$1.00 per bottle.

**GOLDINE ALTERAC** is used for catarrh, kidney, bladder, liver, blood, rheumatism, weak back, eruptive and skin diseases and to purify the entire system. Liquid. Price \$1.00 per bottle.

**GOLDINE LAXATIVES**, are used for constipation, costiveness, liver trouble, gall troubles, congestion of the liver and for clearing the organs of digestion and excretion. 25c per box.

Goldine or Goldine Alterac will be expressed to any address in the United States at \$1.00 per bottle, six for \$5.00. Laxatives mailed at 25c per box.

**GOLDINE COMPANY, N. C.**  
(Eastern Ohio Division)  
Youngstown, Ohio.

**New Advertisements.**

**FOR RENT.**—Two good houses on east Curtin street and the offices in Eagle Block occupied by Gettig & Bower. Apply to Mrs. R. G. H. HAYES. 64-4-1f

**QUIET PROCLAMATION.**—Whereas the Honorable Henry C. Quigley, President Judge of the Court of Common Pleas of the 40th Judicial District, consisting of the County of Centre, having issued his precept, bearing date the 11th day of January, 1918, to me directed for holding a Court of Common Pleas, Orphans' Court, Court of Quarter Sessions of the Peace, Oyer and Terminer and General Jail Delivery, in Bellefonte, for the County of Centre, and to commence on the

FOURTH MONDAY OF FEBRUARY, being the 25th day of February, 1918, and to continue as business may require.

Notice is hereby given to the Coroner, Justices of the Peace, Alderman and Constables of said County of Centre, that they be then and there in their proper persons at 10 o'clock in the forenoon of the 25th, with their records, inquiries, examinations and their remembrances to do those things which to their office appertain, be those who are bound in recognizances, to prosecute against the prisoners that are or shall be in the jail of Centre County, be then and there to prosecute against them as shall be just.

Given under my hand at Bellefonte, the 11th day of January, in the year of our Lord 1918, and the one hundred and forty-third year of the Independence of the United States of America.

GEO. H. YARNELL,  
Sheriff's Office, Bellefonte, Pa., Sheriff. 64-4-1t

**Centre Engineering and Foundry Company**

South Thomas St. Bellefonte, Pa.

All kinds of Gray Iron Castings. Sled Soles a specialty. Send us your pattern or bring sled so we can get shape.

ALL KINDS OF MACHINE WORK DONE  
Call us on Commercial phone and let us quote you on Scrap Iron and Steel.

**J. P. HARBOLD, Manager.**

**INSURANCE!**

Fire and Automobile Insurance at a reduced rate.  
62-38-ly. J. M. KEICHLINE, Agent.

**Mr. Farmer YOU NEED LIME**

NOW more than ever before.

Potash is scarce. Your soil contains considerable potash in unavailable form; an application of burned lime in some form, such as

**H-O OR LUMP**  
will make a portion of this potash available for crops. Order Lime early and be prepared.

High Calcium Pennsylvania Limes.  
Write for Booklet.  
**American Lime & Stone Co**  
62-2-1t General Office: TYRONE, PA.

The Car Load of 25  
**Caloric Furnaces**  
are all sold and in use, and everyone without exception giving great satisfaction.  
**We Expect Another Carload**  
in a few days. The cost of operating is half of what it costs to run a Steam Plant of same capacity  
Let us talk the matter over with you  
**The Potter-Hoy Hardware Co.,**  
BELLEFONTE, PA.

**DAIRY FEED**  
A Balanced Ration and a Milk Producer  
Consisting of Cotton Seed Meal, Wheat Bran, Alfalfa Meal, Molasses, Gluten Feed, Fine Ground Oats and Salt.  
GUARANTEED ANALYSIS:  
Crude Protein . . . . . 17.50 %  
Crude Fat . . . . . 3.00  
Carbohydrates . . . . . 45.00  
Crude Fibres . . . . . 15.00  
**TRY IT AND BE CONVINCED.**  
WASTE PAPER BALERS—Save waste paper. Waste Paper is worth more money than you have an idea of. Get a BALER to-day and save BOTH. Soon pays for itself and is a constant source of profit.  
DON'T feed 6 cent milk to calves. Sell the milk and feed the calves "RYDES" CALF MEAL. Is less expensive and better for the calf.  
BEEF SCRAP—55% Protein, 10 per cent. SCRATCH FEED—Lay or Bust. Grit, Oyster Shells, Charcoal, Linseed Meal, Old Process Oil Meal. Wag, ons, Sleds, Sleights, Pumps. Etc.  
**Dubbs' Implement and Seed Store,**  
BELLEFONTE, PA.