

AN OLD VALENTINE.

When slumber first unclouds my brain And thought is free...

When next in prayer to God above I bende my knee...

And when the duties of the day Demand of me...

Or if, perchance, I sing some lay, What'er it be...

For if an eye whose liquid light Gleams like the sea...

And if a wearie mood, or sad, Possesses me...

And when once more upon my bed, Full wearily...

In short, one only wish I have— To live for thee...

WHEN ST. VALENTINE CROSSED SCHOONER BAY.

"Not much chance of our getting out valentines this year," Billy Mack said...

Mother, father, Billy and Nancy Mack lived in the cabin on Schooner Bay...

"There's the hospital; why, we're almost there," Nancy shouted...

"The post won't be here for a week yet in this weather," Billy's mother said...

"So we can," Billy cried, and the brother and sister poured out the bright contents of the box...

"Oh, but they're pretty, aren't they?" Nancy exclaimed.

"This is the day February fourteenth, when we mean to be kind to every one."

"Dear Grandmother," Nancy said softly. Then she added, "Granny Thomas is over at the hospital at the Cove."

"Put your arms tight as you can around my waist, Nancy," Billy said as he held the coiled lasso tightly over his shoulder...

The dogs, little wolflike creatures, were glad to be off. They pulled the long, low sled in individual traces...

dogs, urging and guiding them. He was bundled in furs, too, and both children were as warm as toast...

"I guess Skipper Brisk's little lad, Peter, ought to have two or three valentines. We've plenty to go around," Nancy said...

"The weather changed as quickly as it often does in that strange northern place; the storm was on them."

"I'm trying to be brave," Nancy called back, her voice scarcely carrying above the wind.

After their first terror at the darkness that had settled down so suddenly, the children began to enjoy their race with the storm.

"Why not ship our corn to Europe and keep our wheat at home?" This question is still being asked in many quarters.

(1) As to shipping, cornmeal is not a staple product—it spoils easily on a long voyage.

(2) Cornbread is a home product, and cannot be handled by bakers. To be liked it must be eaten when freshly baked.

(3) Our allies are already using a mixture of wheat flour with potato, rice, rye flour and corn meal...

(4) Still another reason for shipping wheat instead of corn is to supply the need of the American troops in France.

How to Use Frozen Potatoes. Frozen potatoes are not necessarily spoiled, we are told by Mr. de Roncis, a writer in the Revue Agricole.

The potatoes must be dried—that is to say, the greater part of their water of constitution must be removed, to prevent decomposition.

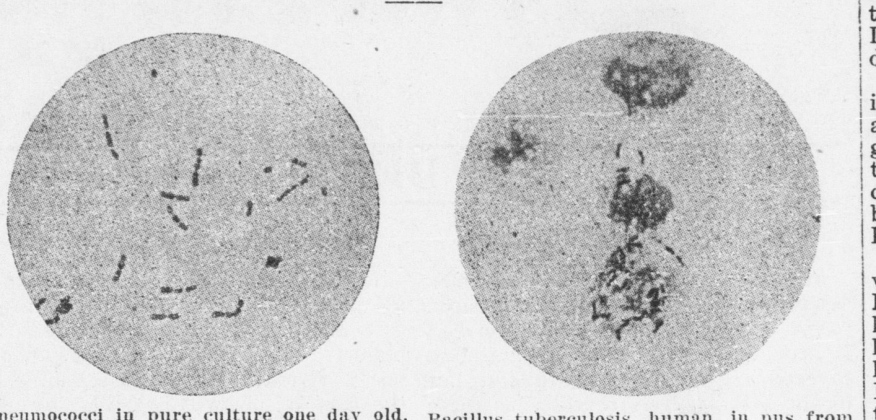
Where Lincoln and Davis Met. The Historical Society of Illinois has placed a big bowlder memorial to mark the place where Abraham Lincoln and Jefferson Davis first met.

At his one interview with Li Hung Chang in Peking, the talk seems to have turned to religious matters.

—Subscribe for the "Watchman."

Why Die Before Your Time?

THE PNEUMONIA GERM PNEUMOCOCCUS. By Henry Smith Williams, Hearst's Magazine, Dec. 1917.



Pneumococci in pure culture one day old. As seen under the microscope and highly magnified.

Twenty million people are now living in the United States who will ultimately die of one or the other of the two chief types of lung disease—pneumonia and tuberculosis—unless medical science deals more effectively with these maladies than it has been able to do in the past.

It is a matter of statistics that the germs of pneumonia and tuberculosis are responsible for not far from one-fifth of all deaths.

The pneumonia germ—or family group of germs—is of the type known as a micrococcus, and is called specifically a pneumococcus.

The commonest type of pneumonia germ is so abundant that it may be said to be partially domesticated in the human mouth and pharynx.

DEFENSES OF THE BODY WEAKENED BY EXPOSURE CALCULATED TO LOWER THE NORMAL TEMPERATURE.

It was found a good many years ago that a chicken forced to stand with its feet in cold water is likely to develop pneumonia.

NATURE'S EFFORT TO COMBAT THE DISEASE. It should be explained that an inflammation with the accompanying rise of temperature, is in itself an evidence of Nature's attempt to combat an invading microorganism.

METHODS OF TREATMENT. To meet this condition the physician places the pneumonia patient in a well-ventilated room, or, better yet, out in the open.

Just Like Their Own. At his one interview with Li Hung Chang in Peking, the talk seems to have turned to religious matters.

Some Endurance. Knicker—The Kaiser says Germans must have the will to endure.

Lincoln's Book. Lincoln was a man of one book, and that book was the Bible.

A Visit to Lincoln in Wartime.

Major General Grenville M. Dodge, famed both as a commander in the Civil war and as the chief engineer during the construction of the Union Pacific railroad, wrote for private circulation a book of personal reminiscences of Lincoln, Grant and Sherman...

"When I arrived at Washington and went to the White House to call on President Lincoln I met Senator Harlan of my State in the anteroom, and he took me in to see the President."

"I sat there for some time and felt that I was overstaying my time with him, so stepped up and said that I had merely called to pay my respects and that I had no business and so would say goodby."

"I sat down again and waited quietly until he had disposed of the crowd. When he was through he took me into the next room. He saw that I was ill at ease, so he took down from his desk a little book called 'The Gospel of Peace'."

"Just as he asked the question we got up from the table. I answered: 'Mr. President, you know western men have the greatest confidence in General Grant. I have no doubt whatever that in this next campaign he will defeat Lee. How or when he is to do it I cannot tell, but I am sure of it.'"

"I did not appreciate then what a great strain he was under—not until reading Wells' celebrated diary, showing that Lincoln had no person around him to advise him; that everything he did was from his own thoughts and decision."

APPLICATION OF SERUM THERAPY. In recent years, however, another type of medication, known as serum therapy, has been applied to the malarial fever with gratifying results.

ANTIPNEUMONIA SERUM PERFECTED ONLY FOR PNEUMOCOCCUS KNOWN AS TYPE I. It would appear that there are at least four types or groups of pneumonia germs, each one producing a somewhat different type or grade of malady.

A Fortune Telling Game for a St. Valentine's Occasion. A fortune telling game for a St. Valentine's party makes use of a string of hearts.

Because you've touched the heart of red. This plain his (her) love for you is dead. That she loves (you love) some other fellow.

Is shown by this heart of yellow. Because you choose this heart of blue, You will be a sweetheart true.

Next week—The Great White Plague. "Do they get it?" "Sometimes they do and sometimes they don't."

Lincoln was a man of one book, and that book was the Bible. His cool vigor became his. The compressed energy of its phrases lent strength to his acts and utterances, and they became, in a measure, the salvation of the Union.—New York Times.