

FOOD CONSERVATION.

Extract from a lecture on food conservation, given by one of the leading Rabis of Philadelphia, before a club of Hebrew women:

We all realize that our country is at war, and there is not one of us who does not feel a thrill when she sees the Stars and Stripes, and who does not wonder how she can do her bit. Some of us are working for the Red Cross, some doing religious work among the soldiers and sailors, and others are confining themselves to the purely social and economic problems that arise in every country, through war.

Most of these ways mentioned mean hard work. Some of them are impossible for all of us to do, but there is one thing that we can all unite in doing, and one thing that will probably win this war, "SAVE FOOD."

Food conservation is nothing more or less than conserving or saving food. This does not mean that we should do without enough food, but it does mean that we must not carelessly waste a crumb.

Every man, woman and child in Europe is hungry. I do not mean that they have no food, I mean that they have not the food that their systems crave.

They are short of fats, they are short of sugar, they are short of wheat. If we wish to win this war, it is clearly up to us to help supply them with these necessities of life.

Suppose it was your mother, suppose it was your little brothers and sisters that would have to go hungry. Would you not feel that other people in the world who have an abundance of food should be compelled to supply them with part of it?

Can you imagine thousands of mothers, unable to get milk, seeing their babies die in their sight, because they cannot supply them with the only food they can take, milk. If you are grown up, and you are healthy, don't drink milk. Discourage your family from cooking with milk unnecessarily.

4th: Because we must assist our government in feeding our soldiers abroad who are risking their lives in their hands that democracy shall live, and Freedom shall not perish from the earth.

5th: Because what is asked of us is reasonable; we are not asked to starve, but only not to waste. We are asked to refuse to eat young meat, because it will only mean, that shortly we will get no meat to eat, or it will be so high that only the very rich can buy it.

6th: Because we must win this war, and only by feeding our soldiers can it be done, only by feeding our workers can the people live, and without sufficient food, they must die.

7th: Because we have no right, before God to waste his bounty, while others starve for the need of what goes in our garbage buckets.

8th: We are asked not to eat cakes with icing; the icing wasted on cakes alone, would more than give enough sugar for one-third of our allies' needs.

9th: It is only in a free country, in a country where democracy is in power, that there is religious freedom. Russia is an example of that. Democracy and religious freedom goes hand in hand.

10th: We as Jews, protected in our rights, given every legal right of other peoples in these glorious United States of America must show our loyalty and our gratitude.

11th: Last but not least: While it is our duty to help Food Conservation, it is as well self preservation, self protection. We want freedom, but we must not make it license.

12th: In conclusion, let us band together; hold up the Torah of our people, and bind around it the flag of our country, and with upraised hands, and uplifted hearts, pledge ourselves to help our country in its hour of need, for democracy and liberty; for Judaism and our country.

Many Boys Will Adopt Fathers On November 15th.

According to the program no boy will be admitted to the Father and Son banquets to be held in the churches throughout the State, on Father and Son day, Thursday, November 15th, unless he is accompanied by a man, and no man will be admitted unless accompanied by a boy—his or someone's.

Many fatherless boys are consequently planning to "adopt" fathers for that night in order to attend one of the big banquets.

Thousands of banquets will be held in the Sunday schools of the State. The banquets will be of a patriotic cast, owing to meat being eliminated from the menu.

The same general program will be followed in all the banquets. The theme will be "Success in Life—Some Things that Enter in to Make It."

The observance of the day will begin in the churches and Sunday schools the Sunday preceding November 15th. In the morning service, pastors will preach to parents a special sermon on "Boyhood."

In the Sunday school the day will be observed by a special program which will be largely in the hands of the boys.

The climax will be reached on Thursday night, the 15th, when thousands of fathers and sons will gather together in the churches in a great series of meatless, patriotic Father and Son banquets.

In order that the banquets are purposeful in character, and that the greatest amount of permanent good may result, the Pennsylvania State Sabbath School association, of 1511 Arch street, Philadelphia, has prepared a comprehensive program to aid local church Father and Son day committees, in planning for the observance of the day.

In No Hurry to Fly. "John, you ought to get in the aviation service," a York man told a negro. "You are a good mechanic and would come in handy in an airplane. How would you like to fly among the clouds a mile high and drop a few bombs down on the Germans?"

Her Curiosity Aroused. Little Gwennie felt it her duty to entertain a man who had been called in to do some carpenter work, and began by asking if he had a papa and mamma. He said yes. Then she asked if he had any brothers or any sisters. He replied by saying he had three half-brothers and three half-sisters. After looking at him for a moment intently she said: "Are you the only whole one there was?"

SUCCESS. I hold that man alone succeeds. Whose life is crowned by noble deeds. Who cares not for the world's applause. But scorns vain custom's outgrown laws; Who feels not dwarfed by nature's show; But deep within himself doth know That conscious man is greater far Than ocean, land, or distant star; Who does not count his wealth by gold. His worth by office he may hold. But feels himself, as man alone, As good as king upon a throne; Who, battling 'gainst each seeming wrong, Can meet disaster with a song. Feel sure of victory in defeat. And rise refreshed the foe to meet; Who only lives the world to bless, Can never fail—he is a success.—E.X.

Scrap Pile Now a Mine of Wealth. In ordinary times the scrap pile is a neglected avenue for the escape of profits. Now that war has pushed up the prices of raw material, the American plant owner and factory man have begun to analyze their scrap heaps. Usually they find large accumulations of damaged or worn machinery, tools, "short ends" and other material that represents considerable profit thrown away.

Recently an engineer for an oxy-acetylene concern made an investigation in a western mining field. At one big mine he found in the scrap pile dies for drill sharpening worth \$9 each that could be welded and put into service at a cost of about \$1 each. The mining company was on the anxious seat, too, as to when it would be able to get more material.

Nowadays any kind of metal—steel iron (both cast and malleable), brass, bronze, copper, aluminum, sheet iron and precious metals such as gold, silver and platinum—can be welded and broken parts made as good as new.

Dusty But Not Rusty. The tramp sauntered up the garden path and asked the old lady who stood in the porch for a drink.

"Here, my man," she said, returning. "Here is a glass of iced water for you." The tramp sighed. "I daren't touch it, mum, thank you." "Why ever not?" "Well, you see, mum, I've got an iron constitution, mum, and water makes it rusty!"

American Soldiers' Equipment. Rife (this alone weighs 83 pounds); ammunition (220 cartridges; 100 worn in the belt, 120 in the bandoleers slung over the shoulders); bayonet, bayonet scabbard, intrenching shovel (or pickaxe or wirecutter). This would seem to be something of a hardware store to start with, but the list has just begun: Cartridge belt, haversack, pack carrier (these latter two items, with their suspenders form the cylindrical roll, carried on the back, commonly called the pack); shelter tent half and rope (each man carried one-half of a tent, the halves buttoning together); metal canteen; padded canteen cover; drinking cup, meat can, bacon can, fork, knife, spoon, one extra suit of underclothes, two extra pairs of socks, extra shoe laces, comb, toothbrush, soap, towel, housewife (a small handy sewing kit); identification tag (a metal disk) and tape (to fasten around the neck); whatever rations may be issued.

All the articles mentioned above the American infantryman carries upon his person—and he is given frequent inspections to see that he does carry them, and not a single thing is missing. One tent-pin gone, a comb or tooth-brush or pair of socks not there—and trouble results. But these articles are not all. Each squad of eight men has a squad kit-bag which is carried in the wagons, and in this bag each man must always have the following things: An extra pair of breeches, an extra flannel shirt, two additional pairs of socks, an additional suit of underclothes, a spare pair of marching shoes, in good condition; extra shoelaces.

Dehorned Cattle Bring Higher Market Price. Dehorned cattle ordinarily bring about twenty-five cents per hundred pounds more on the market than horned cattle. Dehorning may be done as soon as calves have disappeared and before the weather becomes too cold. Dr. I. D. Wilson, of The Pennsylvania State College, warns against the all too common practice of dehorning cattle in the spring. Cattle which are slow in recovering from spring dehorning will be attacked by flies later in the season. The best time to dehorn calves is when they are three or four weeks old. At this age dehorning may be done at almost any season. Dehorned cattle are more congenial in the feed lot, injure each other less and hence make better gains. To dehorn, tie the animal securely in stanchions. Clippers or a saw may be used. While the dehorning operation is more quickly accomplished with clippers, a greater loss of blood results than when a saw is used. In case hemorrhage continues longer than an hour, saturate a piece of cotton with tincture of chloride of iron and bandage it over the wound. Another method recommended is to tie a strong cord tightly around the base of the horns before the operation. No after treatment is necessary provided the operation is performed at the proper season.

An alienation suit dating back to 1880, in which plaintiff and defendant have become grandparents, was recently dismissed in New Jersey.

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