

Guard Against Frost Damage.

Don't watch the moon for signs of the first frost—watch the weather bureau. And when the warning comes, as it usually will from 24 to 48 hours in advance, look to the protection of the garden produce which is not yet under cover.

First, the specialists suggest, protective coverings should be made ready. Vegetables can not scamper to cover, but the gardener can scamper covering to the vegetables and perhaps save a winter's supply in a short time, if he is prepared.

When frost is imminent and protection is not possible or practicable, vegetables likely to be injured should be gathered and canned, dried, pickled, preserved or stored.

Many vegetables, such as cabbage and turnips are not harmed by ordinary frost and need no special protection. In fact, such root vegetables as carrots, parsnips and salsify are improved by freezing and are customarily left in the ground until needed.

Watch Your Children, School Has Begun. School days are here. For weeks our children have been scattered in their respective homes and in many cases living in the open air.

This is the season that weighs heavily upon the conscientious health officer. Experience has taught him infallibly that the congregating of the sick and the well will again cause the annual increase of children's diseases.

The first thought in the morning should be the child. We should not content ourselves with greeting our sons and daughters with an impulsive and affectionate kiss and hug, and then rush to other duties that the day has brought with it.

For the child's sake it should be kept away from other children, as has been suggested, and unless the condition clears up in a very short time medical aid should be called in.

While it does not do to be pessimistic, it is better to consider an sign of illness the possible forerunner of some one of the diseases that children are so susceptible to.

Wouldn't Stand for It. The wounded Tommy writhed and squirmed as the masseuse with iron fingertips, massaged his injured leg. At last he burst out:

"What d'yer think yer a-doing of? Ow!" "It's all right," said the masseuse. "I'm kneading your muscles."

ROMANCE OF COAL.

Some of the Products This Complex Material Yields to Man.

Coal seems to be rather an uninteresting thing. Who would imagine that the great, ugly black lumps could afford any one a subject worthy of study? And yet this same coal has given civilization many of its greatest possessions.

Coal is indeed one of the most complex materials to be found in all nature. To learn what it is we must go back to the dim, geological ages.

By degrees certain gases, such as hydrogen and oxygen, were partly lost from the mass of vegetable material. Pressure and heat converted this material into what we know as coal.

MOUNTAIN CLIMBING.

Joy That Comes in Reaching the Peak and Getting Back to Camp.

A great deal has been written by mountaineers about the joys of climbing, says Walter Prichard Eaton in Harper's Magazine.

To ascend a peak, to see the tumbled world at its wildest, to sit again in camp tired and warmed with food, to hear with one ear the camp cook telling bear stories, with the other the birdlike calls of the ground squirrels.

The little ice water brooks sing a siren song in the uplands starred with violets, and woe to him whose ears have heard! He can never be quite happy again east of the Great Divide.

An Aged Gander. The birds that live to a great age are comparatively few. Gulls have been known to reach forty years, parrots frequently live eighty years and swans nearly as long.

Her Adopted Name. They were discussing the peculiarities of names, and Blobton suddenly said: "By the way, Cox, your wife's got a queer name, hasn't she—'Duty'?"

Explained. "I know a man who is very successful in business, and yet all his customers know his talk about his goods is chiefly hot air."

Sheer Idiotry. "Gadspar has a little white hen that lays an egg every day." "I guess he's proud of that bird."

The Cithern. The cithern, a musical instrument resembling the guitar, mentioned in I Maccabees iv, 54, employed by the Chaldeans, was probably introduced into Palestine by the Hebrews after their return from the Babylonian captivity.

Her Chance. He (just to make conversation)—Do you think opals are unlucky? She—I should prefer a diamond if it's all the same to you.—Boston Transcript.

Skeptical. "What is a skeptic?" "A man who always puts paste on the back of a postage stamp."—Puck.

The Making of the New Army.

The difficulties confronted in converting this nation over night to the status of great military power are staggering in their complexity, says the Springfield Republican.

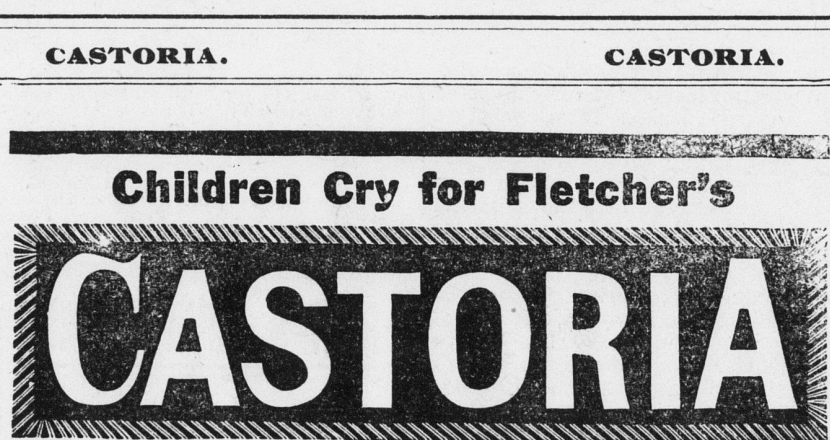
The general staff in applying itself to these problems has had its troubles. For one thing it has felt cramped by the centralization of functions in the War Department.

There is also a question as to the ultimate wisdom of the regulars, who are in the saddle, in riding roughshod over the National Guard officers, for whom they always held a rather slight professional regard.

The delay in properly training our troops, through this reorganization alone, will probably add somewhat to the time before our troops enter the trenches.

Experts differ as to the time necessary for this training. All agree that it will be much shorter in France, near the battle lines, than in this country.

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to the solution of these problems that the general staff is bending every energy, and it appears that, despite mistakes, progress on the whole has thus far been substantial.

Selected Articles.

(News dispatch in Boston (Mass.) Transcript.)

Bibles for American soldiers and sailors, to be given by the Scripture Gift Mission of Philadelphia, will carry a foreword by President Wilson urging the troops to read diligently the Scriptures.

"The Bible is the word of life. I beg that you will read it and find this out for yourselves—read, not little snatches here and there, but long passages that will really be the road to the heart of it."

"You will find it full of real men and women not only, but also of things you have wondered about and been troubled about all your life, as men have been always: and the more you read the more it will become plain to you what things are worth while and what are not; what things make men happy—loyalty, right dealings, speaking the truth, readiness to give everything for what they think their duty, and most of all, the wish that they may have the real approval of the Christ, who gave everything for them—and the things that are guaranteed to make men unhappy—selfishness, cowardice, greed, and everything that is low and mean."

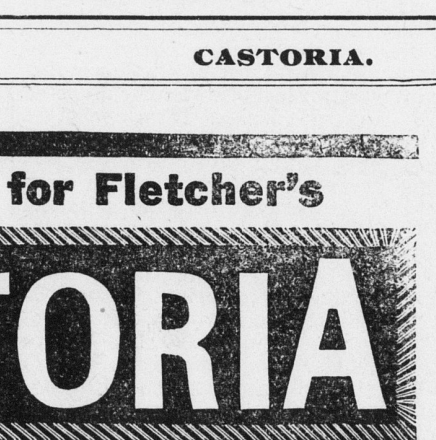
WOODROW WILSON. Here is a Rival for Santa Claus.

A writer in the October American Magazine says about a great circus executive: "When Henry Gentry was fifteen, he had three dogs that he had taught to do tricks. Today he is the president and general manager of a three-ring circus."

He gets what is said to be the largest salary paid to any circus executive in this country. And, besides that, he has developed and sold at an immense profit the world's greatest 'dog and pony show,' out of which he has made a fortune.

Fencing a Continent. Since 1891 the State of South Australia has erected 29,148 miles of vermin fences, enough to encircle the world and with the remnant build a double line of fence along the southern border of the United States.

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We are now making our MINCE MEAT and keeping it fully up to our usual high standard; nothing cut out or cut short and are selling it at our former price of 15 Cents Per Pound.

Fine Celery, Oranges, Grape Fruit, Apricots, Peaches, Prunes, Spices, Breakfast Foods, Extracts, Baking Powders, Soda, Cornstarch. The whole line of Washing Powders, Starches, Blueing and many other articles are selling at the usual prices.

COFFEES, TEAS AND RICE.

On our Fine Coffees at 25c, 28c, 30c, 35c and 40c, there has been no change in price on quality of goods and no change in the price of TEAS. Rice has not advanced in price and can be used largely as a substitute for potatoes.

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to sell at \$3.00. Made of Gun Metal and Cabaretta leather (Cabaretta meaning sheep skin). The styles are lace and button, high and low heels. Many of them are on the English walking shoe style.

These shoes are not of a quality that I can conscientiously recommend to wear, for honestly speaking \$5.00 will not purchase a pair of Ladies Shoes made to-day, that is absolutely solid.

I have these shoes for the people that do not have the money to purchase a good pair.

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