

Belletonte, Pa., April 27, 1917.

OUT OF ARCADIA.

The country boy was in love, and young, But he urged his cause with an eager tongue.

But the maiden bade him work and wait: She wanted a man who was strong and

He loved his home and the country life. And he wanted a tender, little wife, He wished to live in peace and ease,

In the shade of his spreading old elm trees But the maiden bade him go and win A name she could prize and glory in. She said she would wait and wed him

He had made his place in the ranks of

Then the boy plunged into the city's roar, And he learned the market's sordid lore, And he learned that life is an awful fight, Where the wounded fall to the left and

But on their bodies he slowly rose, And he gained new strength from his van

anished foes: As he overcame them and bent them down, He grew in wealth and in wide renown. But his heart was cold. He forgot to feel; His chilling smile had the glow of steel. His brain grew keen and his face grew

As he stood a victor, seamed and scarred. Then his words were treasured through-

out the State, And all men followed and called him great;

But he smiled when he thought of the country boy. And he sneered at love as a childish toy -Harry Romaine in the "Puritan."

A CLEAN-UP CAMPAIGN.

The Chautauqua Reading Hour

WILLIAM BYRON FORBUSH, PH. D. EDITOR.

For a number of years sometime in April or May clean-up campaigns have had an annual sporadic appearance in towns and cities throughout the country. It is only recently that municipal house cleaning has become a national spring fashion. It can truthfully be termed a national fashion. This year the National Clean-Up Campaign Bureau is co-operating with more than 6000 local communities in the organization and direction of "Clean-Up and Paint-Up Campaigns."

This bureau, with headquarters in St. Louis, was founded in May, 1912, by Allen W. Clark, editor of the American Paint and Oil Dealer. It was Mr. Clark's belief that the "spring cleaning" spirit that stirs in the breasts of most men and women and that often manifests collectively in the form of cummunity "clean ups," ought to be organized in constructive form for permanent year

make Your Hometown a Better Hometown, would you start it? Certainly! If you knew that the movement would beautify Yourtown, make for better beautify Yourtown, beautify Y aid in fire prevention, reduce fire in- House. surance premiums, cause flower beds and shrubbery to replace rubbish, and of the government conducting the war educate the children as well as with Germany will, within a few 'grown-ups" along the lines of cleanliness, thrift and civic pride-would you become enthusiastic in your un-

dertaking? Certainly!

Here is your opportunity. There should be a chairman or president as a head of the movement, a secretary, a treasurer, and then the various committees. It is usually well to have also an executive committee, not too large to act in case of emergency, and to be the general directing force in the campaign. The way in which the committees should be appointed or the officers selected, will depend upon local conditions. In some places it will be wise to effect the general organization at a mass meeting of citizens. If this is done, it is always best to plan the meeting in advance—by a preliminary conference prepare a "slate" or general program. Unless this is done, a mass meeting when people act upon the spur of the moment, may run wild and do all sorts of foolish things. The chairman of the mass meeting should be careful to confine the meeting to organization steps only. The details of the cam-paign should be referred to proper

Organize for the campaign as early as possible.

DON'T STOP WITH ONE WEEK. Don't have a "Clean-Up and Paint-Up Day" or "week" only-call it, and conduct it as a "Clean-Up and Paint-Up" Campaign, and keep it going as long as it will. But, of course, you will have to set a definite date for the opening of the campaign, and there must be definite dates for various features of this work—the cleaning of alleys, the burning or removal of trash, garbage, etc., so that everybody can co-operate effectively and economically, and that the interest may

be maintained from week to week. Some towns have special "days" for a week: Fire Prevention day, Front Yard day, Weed day, Paint day, Back Yard day, Vacant Lot day, etc. and exempting the \$2,000,000,000 of treasury indebtedness certificates authorized from all taxation, except Smaller towns and cities may merely plan for two or three days of general cleaning, and arrange to have teams cart away the collected rubbish on an alloted day, or rubbish may be collected at specified times and burned in district bonfires.

HOW KIRKSVILLE, MO., CLEANED. Before "Clean-Up and Paint-Up week the mayor issued the following

"If your store front is dingy-paint "If your awning is ragged and old,

get a new one. "If your walk is an eyesore to those

"If in your back yard there are old,

them down. The ground is too valuable, and such things detract from the beauty of your homes—and the town.
"Clean out all barn yards and stables at once-and don't give the fly a

chance to breed. "Clean out the alleys back of the business houses at once.
"Take away all ashes and rubbish from your back yard immediately. By all means do your part to help make

Kirksville a cleaner and more beautiful city." "Clean-Up and "Paint-Up" buttons in colors, are worn by the children, and help much in spreading the inter-

est in the campaign. Soon after our first "Clean-Up and Paint-Up" week we learned that many people had civic pride who could not there was a waiting list of people worthy and deserving of the use of

We aim to have our ministers incorporate something concerning the "Clean-Up and Paint-Up" movement in their sermons, and some of the churches freshen up their buildings with a coat of paint where needed, and a general cleaning up of their grounds. Each year our merchants assist us by displaying in their win-dows articles used or bought during or after clean-up week, and run display ads in sympathy with the move-ment, and there isn't a line of busi-ness that isn't quickened and benefited by such a campaign.

During "Clean-Up and Paint-Up" week our Cemetery Improvement association holds its annual flower sale. Plants, bulbs, and vines of all kinds can be procured—the proceeds are used to beautify the cemetery.

WHERE TO GET SUPPLIES. The supplies furnished practically at cost by the National Clean-Up and Paint-Up Bureau of St. Louis are most helpful to develop enthusiasm.

These supplies include jig-saws, puzzles for children, posters, window cards, store hangers, cloth banners for store-fronts and out-door use, two different window display assortments in colors, lapel buttons in the national colors, stickers, poster stamps, movie slides, a one-minute animated cartoon movie film, a five-minute motion picture film, fifty electros or matrices of complete ads or ad illustrations, and complete feature pages in plate or matrix form for newspaper co-operation. Many of these supplies are bought by local committees, many by individual local business men.

SENATE PASSES APPROPRIA-TION BILL.

Terms of Bonds and how to Offer Them Discussed

Washington, April 24.—The war finance bill, providing for issuance of \$7,000,000,000 in securities—the large est single war budget in any nation's history—was passed unanimously last week by the Senate.

In either event the executive branch hours, have authorization for the great war chest at its disposition. To expedite action, the Senate at once appointed conferees to act if the House should not, contrary to expectations, accept the Senate changes.

MONEY IN LIEU OF MEN. Of the 84 Senators present Tuesday every one including all those who voted against war except Senator

to supply men at once for the fighting lines, money should be America's immediate contribution to her allies, was the dominant thought expressed during the debate. Few Senators participated in the discussion, which was totally devoid of partisan expression. Every Senator speaking announced staunch intention to aid the government in prosecuting the war to speedy conclusion. Only two Senators, Borah and Cummins, declared opposition to the proposed allies loan. A few favored raising a larger proportion by taxation of the present generation and less upon bonds.

Amendments adopted by the Senate include these provisions.

BANKS MUST SUBSCRIBE. Limiting deposits of proceeds from the bonds in banks to the amount subscribed by the banks and their depositors; permitting deposit of proceeds in state banks and trust companies as well as federal reserve banks; providing for exchange by subscribers of

the issues authorized for bonds subsequently issued, during the war, at unlesshigher interest rates; requiring the secretary of the treasury to report expenditures of the bond proceeds, December 31 and annually thereafter; estate and inheritance levies.

An Up-to-date Pupil

rhinoceros. armored hide.'

"I see," said the bad boy of class. "An wot's this one?" "That," answered the teacher, "is giraffe."
"Gee! He's got a periscope."

Not Afraid, But-

"Won't you please leave the light burning in the hall, mother?" pleaded

unnecessary, tumble-down sheds, tear isn't anything there?"

Health and Happiness

Under these head lines will be continued a series of articles begun November 10. They have been compiled and edited with a view to progressive study and thought on subjects affecting our personal well-being.

Number 17. HOW TO HAVE BETTER CHIL-

DREN. BY CLEVELAND MOFFETT.

Coming now to our main subject I may mention that over fifty years ago Herbert Spencer condemned an obvious defect in our modern educational system which requires young men afford to own a lawn mower, so our Civic League bought several lawn mowers to lend. Within two weeks that can have little practical usefulness for them, although they are left

> of children. Those lovely girl graduates (rather discontented) that we were just conknow all about men except how to be happy with a man, they can explain the mysteries of God's creations, but are quite unprepared to bring up the children that God meant them to have. And our superior young men are in similar ignorance of their father-

hood duties. Ask the average well-instructed graduate of Harvard, Yale, Bryn Mawr, Vassar, what will be the color of the offspring of a pure white male rabbit mated with a pure black female rabbit. Or the color of the offspring of a pure black male rabbit mated with a white female. Will some of the little rabbits be black and some white? Or will they be mottled black and white? Or will they show an entirely different color?

The answer is simple enough (black in all cases) and a hundred other in-finitely important heredity answers are simple enough, yet how many fathers and mothers have ever given thought to these matters? How many young couples in the ardor of their honeymoon bliss realize that they have in themselves good or bad traits that will be just as dominant in their children as that black trait is domi-

nant in the rabbit? Suppose a woman is deaf; will her children be deaf? Suppose a man has some physical deformity; will his children inherit that deformity? What if there is a tuberculosis record in a certain family? Or an alcoholism record? Or a cancer record? Will fine minds and splendid characters. Their children would inherit remark-ing with her great procreative intent.

Yes, or no? round results.

How to start in our town.

If you knew that you could start a movement in Yourtown that would make Your Hometown a Better Homemake Your Hometown a Homemake You

man mating that has prevailed for dren centuries, that has been upheld by theologians and glorified by poets with the result that while splendid progress has been made with flowers, fruit, vegetables, poultry, and domestic animals in a development towards higher and finer types, there has been practically no progress made with human types for thousands of years. In beauty of face and form, in power of mind, in nobility of soul there is no evidence that men and women of to-day are in any way superior to the I wondered what was the hereditary of Julius Ceasar.

"Both church and state," says Edwin at Princeton University, "have cheermarriage and propagation of diseased, defective, and vicious persons. . . itance of the human race has not im-

proved within historic times?" the human race might advance mag-nificently towards the establishment of a breed of supermen and superwomen, just as Luther Burbank's creations And then there is Polly." have advanced magnificently from inferior types, just as our thoroughbred cattle have advanced magnifior her inalienable right to marry and have children—that is, to propagate a race of undesirables who, in their Most women would draw back at turn, must go on endlessly peopling the thought of marrying a man in the the earth with more undesirables

Unless what? of all the things in this world needing regulation the most important is this business of creating human life. For the common good, for the future of in ten! the race certain unworthy human types must be restrained from reproducing themselves. And all citizens must be instructed and encouraged to conduct themselves as regards the "And this," said the teacher, "is the marriage relation in such a way that their children will be, not the second best or the third best, as usually happens in the hazard of accidental matings, but the very best children they are capable of producing.

I expressed these views recently to a woman who combines intelligence with rare nobility of soul, and I saw that she shrank from the thought of considering love as merely an "If there are old, unsightly traps in front of your property or in your alley, move them.

"If there happens to be a paper blowing about your street or broken limbs, burn them.

"If in your hack youd them.

"Yes, I know, but can't your later of the body," she said, "but the body is not everything. What about the soul? Think of the wonderful minds, the God-like spirits that have been housed in frail and imperfect hodies. agency for promoting racial efficiency. a teeny-weeny light so I can see there ones because of their physical weakisn't anything there?"

his weak lungs, let her marry him and tary tuberculosis."

"You mean by not having children?"

"Precisely." "But-" the lady hesitated, then put the question always asked by women at this point, a question that must be satisfactorily answered before race-betterment enthusiasts can hope to on its God-like bosom.

sounds us, to the endless and begin-ningless life-river that bears us along on its God-like bosom.

who has no musical ability. ing out to their theories.
"What about the strongest instinct that nature has implanted in women?"

she said. "You mean motherhood?" in ignorance touching their main business in life, that is, the procreation man? There are thousands of such

"I know. And there are thousands of cases where a deeply loved wife sidering, have learned everything about life except how to live, they makes her unfit to bear children. It is unfortunate, but-do you think such persons have a right to bring into the

> The lady shook her head. "That is not what women want. They intelligent children if that is possible, but, if it is not possible—they want children anyway! And they want their own children!"

I have met exceptional women who hold more advanced ideas. I recall the case of a beautiful young wife from Georgia who has had no children What, then, can we do for the gen-

an alcoholic.

Another woman of unusual intelligence is the wife of a distinguished biologist who for years has been a victim of tuberculosis, although he in Denver. She also has a predisposi-

motherhood love is deceiving herself. might have been nobly fruitful, takes but he loves the girl. Her grandfather she is really acting from a selfish a dread responsibility, for that shatmetive; she wants a child for the joy tered life-strain, sacred survival of brother may be in jail, she may have it will bring to her, and forgets the heavy price in unhappiness and suf-

"It's extraordinary," she went on, types and up from the lowest, work"how little attention is paid to this ing always towards the perpetuation danger. All over the country are men of an average type. Grant Conklin, professor of biology and women, thousands of them, just on the borderland of insanity, although marry. I know of a dozen such cases . Is it any wonder that the inher- next door, for instance, is always talking about immense checks that he is All authorities agree, however, that millions. Another man stopped me on salmon out of the Connecticut River.

"Polly?" "That's what she calls herself. She is a quiet, respectable-looking woman cently, were it not for the barriers of who goes about ringing doorbells and human ignorance, egotism and sel-fishness. Every alcoholic, every con-the house. One day she came up to in my garden. I want you to come and

near-insane class and of having children by him; but how many would refuse to marry an attractive man Unless men and women realize that and have children by him (if they loved him) who showed signs of inhad a tuberculosis record? Not one

> And how many women would refuse children by him (if they loved him) who was known to be a moderately heavy drinker and whose family had an alcoholic record? Not one in a hundred!

> Alas! we must acknowledge that the majority of women are not progressive, not scientific when it comes to picking out a husband! Are we, then, facing a situation

> where the majority of women, mothers of the race, will be found in deunable to understand our supreme duties to posterity?

we owe to posterity? The answer is that we owe every-

"Not marriage," I replied, "but are, all that we have and know and tend to produce average children, parenthood. If a woman loves some enjoy we have received from those whereas parents possessing high Robert Louis Stevenson, in spite of who came before us, from those who, character units tend to produce chilby their toil, their love, their cen- dren that will also possess high charbe happy with him, but let her guard turies of slow and painful striving, acter units. And parents possessing the next generation against heredi-worked out our present civilization, extreme character units, whether high which is really not ours at all except or low, tend to produce children posas we hold it in trust from them to sessing less extreme character units. pass it on to those who will come after us. To love our children, our descendants with a racial intensity akin to fine musician the chances are ten to worship is our natural tribute to the one that all their children will be fine overwhelming life-mystery that sur- musicians. But if she marries a man

"At times, in a fleeting vision," says "Yes. Suppose a healthy woman maternal love, so striking and in most certainly inherit this talent. Other-marries an invalid or a man who becomes an invalid before they have in the solicitude of the plant for its children? Suppose she loves this seed. This love, in which some have seen the great mystery of life, may possibly deliver to us life's secret. It shows us each generation leaning over the generation that shall follow.

Leaning over the generation that do of sexual life. shall follow! world sons and daughters doomed to physical or mental inferiority? If this ents, not the full measure of it, any wife longs for a child can she not more than our children ever give back and only nine between twenty and to their children, who will pass it on fifty-five. want their own children. They want to their children. And this is as it healthy children, beautiful children, should be; this is no sign of youthful should be; this is no sign of youthful racial law: each generation leans foryard, not backward, lovingly, yearn-

because her husband developed St. Vitus' dance soon after their marriage, and St. Vitus' dance as she knew, is an inheritable disease.

What, then, th that she has never been willing to sirable for future generations as to have children because her husband is leave behind us children possessed of the finest possible bodily, mental and spiritual endowment.

How are we to have such children? How are we to give them this endowment? Is there available knowledge has held the disease in check by living on these subjects that will enable the average man and woman to have bet-We must think about these things! tion to this malady, so they have described by Suppose a woman is deaf; will her cided not to have children. A friend have had without this knowledge?

"Also tuberculosis," I replied. and punishes them for not comforming "Perhaps not. And even if they did with it. Statistics prove that men and Before answering these questions let us consider the arguments that are advanced against intelligent efeats and are less limited by living in Denver, just as the parameter and are less liable to disease live longer and are less liable to disease than men and women who do not sweetheart, it is not the sweetheart alone that they marry, but the sweetheart alone that they marry, but the sweetheart alone that they marry, but the sweetheart alone that they marry and do not have children. forts to have better children. It is forts to have better children. It is not the sweetheart forts to have better children. It is not the sweetheart alone that they marry, but the sweetheart forts interfere with said that such efforts interfere with God's inscrutable purposes. It is said that love is an eternal mystery between the said though the doctor himself resisted with cancer of the breast than unfamily. The parents, the grandparts of the sweetheart is not the sweetheart alone that they marry and do not have children. Marland women who do not have children. Marland women who do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children. It is not the sweetheart alone that they marry be weetheart alone that they marry be weetheart alone that they marry and do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children. It is not the sweetheart alone that they marry and do not have children. It is not the sweetheart alone that they marry and do not have children warry and do not have children warry and do not have children. It is not the sweetheart alone that they marry and do not have children warry alone warry and do not have children warry alone warry and do not have children warry and do not have children warry and do not have children warry alone warry and do not have children warry alone warry and do not have children warry and d

> guishes the precious life-flame that has come down to him or to her from "I have no respect," she says, "for a the parents of our race. I am not woman who insists upon having a speaking of birth control, but of him what objections there are to a child that will be born with a tendency birth refusal. Whoever, being healthy, certain girl's family—he loves the girl to disease or to bodily or mental for selfish reasons refuses to have any weakness. The woman who tries to child, either by not marrying at all or have died of cancer, her mother may justify such a course on the ground of by keeping sterile a marriage that

the ages, may be necessary to one of God's high purposes. Another Lin-coln! Another Tolstoy! Who knows? ry the girl and not her family. Here is a simple law of heredity to Lane, of Oregon, who was absent because of illness, recorded themselves in favor of providing the funds to prosecute hostilities. Nearly all of Athenian of the time of Demosthenes, in favor of providing the funds to prosecute hostilities. Nearly all of Athenian of the time of Demosthenes, in favor of providing the funds to century American or European is in many respects inferior to the average the time of Demosthenes, in favor of providing the funds to century American or European is in many respects inferior to the average the time of Demosthenes, in favor of providing the funds to century American or European is in many respects inferior to the average the time of Demosthenes, in favor of providing the funds to century American or European is in many respects inferior to the average the time of Demosthenes, and the funds to contrary, the average twentieth contrary the contrary the average twentieth contrary the average twentieth contrary the contrary the contrary the contrary the average twentieth contrary the contrary the contrary the average twentieth contrary the contrary peril that had led this active and successful business woman to deny her ture, in all her creations, fights described en, resisting all advice (or, perhaps, receiving no advice,) make similarly

This means that in human mating it is not absolutely necessary, alfully given consent and blessing to the they remain at liberty and are free to though desirable, that the finest men marry the finest women or that the in Brooklyn, where I live. The man finest women marry the finest men, ladies that their chosen one comes of The children from such ideal mar- a tainted or enfeebled line, that his riages will tend to range downward blood-relatives are a shiftless, dishongoing to send to people, checks for towards the average (while remain- est or diseased lot, they tell you they ing above it) and may not show great- are answering the holy call of love, the street the other day and began er excellencies than the children of a they are marrying one particular, explaining how he had taken all the very fine man mated with an average predestined man (whom they adore) woman or the children of a very fine woman mated with an average man.

It is of the utmost importance, however, that men and women who are that they have married the whole below the average in any respect cor- family. This evidence comes with the rect their deficiencies by trying to se- children and grows as the children lect mates possessed of compensating grow! the house. One day she came up to excellencies. A short girl should marsumptive, every degenerate, every me very pleasantly and said: 'I am ry a tall man. A stupid man should who comes of a drinking family. His criminal in the world insists upon his Polly. My doctor tells me I must dig marry a clever girl—if he can. An father or his grandfather may have indolent person should select one died of delirium tremens. Then what? abounding in energy. A delicate person should take a life partner who he loves her. He needs her. He will has robust health. And so on.

And the mating of two inferior per- love will reform him. sons is evidently a crime against the race; a lazy or stupid man mated to a will reform him, but one thing is cerlazy or stupid woman, a diseased or tain that the greatest love of the finloved him) who showed signs of in-cipient tuberculosis or whose family or degenerate woman, a feeble-mind-form the germ plasm of an heredied or criminally disposed man mated tary drunkard, nor prevent that germ to a woman of the same class, will plasm from transmitting an alcoholalways produce inferior children, al- ic craving to the drunkard's children. to marry an attractive man and have though nature may try to push these though nature may try to push these did young women should be warned in children up towards the average level our colleges and High schools, girls or, failing in this, may kill them off should be taught in our homes to hate with her inferiority-destroyers, the the alcohol habit chiefly for the harm microbes.

denly, as happens in breeding fine having defective children. horses, nature steps in with her law termined opposition to child-betterment ideals? Are women the ones
who will cling desperately to the ancient live-as-you-please errors that

termined opposition to child-betterof cultural limitations (so named by scientist of Lausanne, after hundreds of comparative autopsies of alcoholic and normal persons, finds that "morthere." And she proceds to end our bid changes in the essential cells of for centuries have kept the human Superman dream by making the im-race from advancing? Are women proved type sterile! Were it not for men occur in 82 per cent. of the this racial restriction we might, in a cases.' high!

The answer is that we owe every-thing to prosperity, since all that we Galton's law, is that average parents (continued on page 7. Col. 2.)

Suppose a girl is a fine musician.

The same responsibility rests on a Henri Bergson, "the invisible breath young woman who is a brilliant arthat bears the living is materialized tist or writer. If she mates with a before our eyes. We have this sudden man who has the same talent as her-illumination before certain forms of self, then their children will almost self, then their children will almost

> Dr. Charles A. L. Reed, of the University of Cincinnati, believes that the children of mature parents are more apt to attain success in life than chil-dren born when the parents were either at the crescendo or decrescen-

In support of this theory is an in-To our children we pass on the love vestigation made by Havelock Ellis, that our parents gave to us. We who analyzed the ages of 299 fathers to us a full measure of the love we and only nine between twenty and give to them. They will pass it on twenty-four, and only sixteen over

Paolo Mantegezza, the Italian philosopher, says that the best parentingratitude and should cause no grief in parents' hearts, for it happens in accordance with nature's eternal en between eighteen and twenty-five. Statistics of all countries show a

larger proportion of deaths among the children of young parents than among the children of older parents. Eugenists tell us that frenzies of the inhabitants of colder climates. And the children of sexually self-indulgent fathers have a less favora-ble racial inheritance than the children of fathers who have learned

moderation. Lovers are right in worshipping physical beauty, for beauty in either sex is nature's stamp of approval. Beauty in a woman, especially when accompanied by a reasonable round-

through a family cancer tendency. Young men and young women must

young lover, in the glow of his desire, insist that it makes no difference to him what objections there are to a be in the last stages of tuberculosis, two or three degenerate cousins, but

And every day lovely young womunfortunate selections of husbands. They accept a life partner for the most trivial reasons, because he dances well, because he is amusing or good-looking, because he has nice eyes or a pleasant voice; it never occurs to them to ask what his family inheritance may be or whether he is fit or unfit to be the father of their children. And if you point out to these young

and not the whole family! Alas! These hasty lovers have the crudest evidence forced upon them

Take the case of a drinking man stop drinking for her sake. Her great Perhaps this is true, perhaps she

it does to the children of those who Unless we know this secret it would are enslaved by it. They should be seem best for the race that superior told plainly that the procreative powmen should always mate with super- ers of the heavy drinker or even of. ior women. As a matter of fact, mag- the steady "moderate drinker" are nificent offspring are obtained in this seriously impaired, not always suffiway for a few generations; then, sud- ciently, however, to prevent him from

Dr. Bertholet, the distinguished

few centuries, Burbank up a race of What do Bismarcks or Napoleons twenty feet if nothing can stop her from casting her lot with his, let her at least re-(continued on page 7. Col. 2.)