

IT'S ALL IN THE GAME.

"You're sick of the game," well, now that's a shame. You're young, and you're brave and you're bright.

FAREWELL ADDRESS OF WASHINGTON.

President Washington was generally urged to become a candidate for the chief magistracy a third time.

"Here, perhaps, I ought to stop, but a solicitude for your welfare, which cannot end but with my life, and the apprehension of danger natural to that solicitude urge me, on an occasion like the present, to offer to your solemn contemplation and to recommend to your frequent review some sentiments which are the result of much reflection, of which no inconsiderable observation, and which appear to me all important to the permanency of our felicity as a people.

"In contemplating the causes which may disturb our union, it occurs as a matter of serious concern that any ground should have been furnished for characterizing parties by geographical discrimination—northern and southern, Atlantic and western, whence designing men may endeavor to excite a belief that there is a real difference of local interests and views.

"It is important, likewise, that the habits of thinking in a free country should inspire caution in those entrusted with its administration, to confine themselves within their respective constitutional spheres, avoiding in the exercise of the powers of one department to encroach upon another.

"In the execution of such a plan nothing is more essential than that permanent inveterate antipathies against particular nations and passionate attachments for others should be excluded and that in place of them, just and amicable feelings toward all should be cultivated.

"The government sometimes participates in the national propensity and adopts through passion what reason would reject; at other times it makes the animosity of the nation subservient to projects of hostility instigated by pride, ambition and other sinister and pernicious motives.

"Against the insidious wiles of foreign influence I conjure you to believe me, my fellow citizens, the jealousy of a free people ought to be constantly awake, since history and experience prove that foreign influence is one of the most baneful foes of republican government.

"Like produces like." "Yes; I suppose that is one reason why they have baggage smashers on trunk lines."—Baltimore American.

on one side and serve to veil and even second the arts of influence on the other. Real patriots, who may resist the intrigues of the favorite, are liable to become suspected and odious, while its tools and dupes usurp the applause and confidence of the people to surrender their interests.

"This our true policy to steer clear of permanent alliances with any portion of the foreign world. Taking care always to keep ourselves, by suitable establishments, on a respectable defensive posture, we may safely trust to temporary alliances for extraordinary emergencies.

"In offering to you, my countrymen, these counsels of an old and affectionate friend I dare not hope they will make the strong and lasting impression I could wish—that they will control the usual current of the passions or prevent our nation from running the course which has hitherto marked the destiny of nations.

GENERAL WASHINGTON WEPT. By Ammi Bradford Hyde, S. T. D., Litt. D. (It was in Philadelphia, September 9, 1777, two days before Brandywine and Lord Howe was moving up the Delaware.

Where soft, faint sunlight ever seems to rest. Could these commanding lips send forth a groan? From eyes so strongly calm could tears be pressed?

"The operating expense of our present machine has involved nothing but the electric current, and this is less than the current used to illuminate the lights that are turned off.

"The educational film companies supply us with films on Abraham, Joseph, Samson, Saul, David, Absalom, Solomon, Esther, Jephthah, Elisha, Jesus and Paul. Jersey \$5.00 per reel, plus carriage charges.

"The Bureau of Commercial Economics, at Washington, D. C., offers a service of two educational reels gratis each week. We plan to use these soon, simply as a half-hour prelude to a regular evening service.

Your Five Hundred Muscles. The five hundred muscles in the human body depend on pure rich blood for their health and contractile energy which is the ability to labor.

One Instance. "Like produces like." "Yes; I suppose that is one reason why they have baggage smashers on trunk lines."—Baltimore American.

To Preach by Motion Pictures.

Motion-pictures are becoming so familiar an adjunct of church work, even taking their place in the regular Sunday service, that "The Advance" (Cong., Chicago), recently offered a prize for the most informative article describing their use.

"For thirty-five dollars we bought a second hand Edison machine; for thirty dollars we secured a second hand galvanized-iron booth; for forty dollars we purchased electrical materials, and an electrician in the church installed the equipment himself and operated the machine.

"We have heard some criticism from other churches where the pews are always empty, but the unchurched people who attend our service are grateful, and attentive, and responsive. The loose-change offering pays for the expenses of publicity and films.

Here is Some Live, Up-to-date Gossip for the Man Who Hunts. United States and Great Britain have signed treaty for the mutual border protection of migratory birds.

The Flags Come Out Slowly. Slowly the Flag of the Nation is making its appearance on buildings in Centre Co. If ever there was a time when the colors should be flown, it is now.

An Ungallant Hobo. A hobo knocked on the back door of a suburban home, which was opened by a large, muscular, hard faced woman.

Scientific Comparison. "Do you regard the Darwinian theory as proved?" "No," replied the stubborn citizen.

Matter of Wages in Alaska.

The scale of wages paid for various kinds of labor in Alaska has at last become standardized in large measure. Before the United States began the construction of railroads in the Territory, two years ago, the wages paid was generally a matter of agreement between employer and employee, without much reference to any recognized standard.

When the Government entered this field as an employer of labor a regular scale was fixed for the different classes of railroad labor. This scale in several instances was not more than half what it should have been, measured by public opinion in Alaska.

Outside of the Government employment, the following scale of wages is customary in coast towns, and slightly higher in the interior: Stone and brick masons, \$1 an hour; painters, \$1 an hour; teststers, \$5 a day; timber fellers, \$4.50 a day; buckers, \$4, and swamper, \$3.50.

Board, according to accommodations, ranges from \$10 to \$15 a week, excepting in the case of laborers, who pay a rather uniform rate of \$1 a day. This entitles them to three meals a day and sleeping quarters in a bunkhouse.

Remove iron rust from white clothes by plunging into a solution of oxalic acid made from a tablespoonful of acid crystals dissolved in a pint of water.

There is nothing more potent for beauty purposes than the all-over warm bath. It has something sweet in it—something you know is going to improve your looks—it acts like a charm, for both the senses and the imagination count with beautifying tricks.

Common oatmeal, the coarse, cheap sort that is bought in bulk, and bran are materials any home that is not in the wilderness can have, and with the use of either of these a bath that is reviving to both looks and nerves can be had for less than 5 cents.

Keep your hat off as much as possible. Hair cannot lie too easily or loosely for its own well-being, and any sort of pressure, heat or stain about the head inflicts injury on the finest part of the nervous system.

"Woman's Home Companion" says: "Heavy traffic is the true test of good driving. The expert never attempts to make speed through traffic. She realizes her own expert operation will not save her from the mistakes of others, and so she never sees how loosely she can pass another car, but how much extra space she can give. She never insists upon right-of-way because it is legally hers. 'Safety first' is much better than 'My rights first.'"

FOR AND ABOUT WOMEN.

DAILY THOUGHT. We complain, we fret, we hurry, we strive to make a figure in the world, and chafe against our limits. Let us live firmly, quietly, trustfully, without the desire to push or make haste, yet with the constant desire to do all with our might whatever our hand findeth to do, not taking too much thought for the morrow, and our life will be victory at last.—Stopford Brooke.

These relaxing exercises for insomnia are recommended: Before retiring, stand erect and clasp the hands behind the head with elbows forward. Hold the head in this position as if you were supporting or pulling it forward. Resist the tension of the muscles of the arms and hands with those of the neck, pulling backward and forward in this position until you begin to be weary.

No housewife can expect to keep her floors looking beautiful without some attention, so, naturally, she wants to find the simplest way in which it can be given.

Shellac Finish—If water has been spilled upon the floor and it has turned white in places, moisten a soft cloth with a little alcohol and rub the spots lightly. Do not repeat this operation too often, however, or the finish will be entirely removed.

Varnish Finish—If the finish has become a badly worn, scrub with a brush, but never flood the floor with water. After it has dried out, apply a thin coat of varnish; or in case time cannot be allowed for the varnish to dry, wax may be substituted. Do not use shellac on top of old varnish or varnish on top of old shellac.

Wax Finish—Waxed floors should be dusted daily with a broom covered with cotton flannel. Keep a can of wax on hand, and should the finish become worn apply a thin coat, rubbing well into the wood. Allow the wax to dry for one hour, and then polish thoroughly. Before re-waxing the floor scrub it with turpentine and a piece of cheesecloth.

Adding a tablespoonful of solution of tartaric acid to a boiler of water before putting clothes into the boiler will soften the water, loosen dirt and whiten and bleach clothes.

Remove iron rust from white clothes by plunging into a solution of oxalic acid made from a tablespoonful of acid crystals dissolved in a pint of water.

There is nothing more potent for beauty purposes than the all-over warm bath. It has something sweet in it—something you know is going to improve your looks—it acts like a charm, for both the senses and the imagination count with beautifying tricks.

Common oatmeal, the coarse, cheap sort that is bought in bulk, and bran are materials any home that is not in the wilderness can have, and with the use of either of these a bath that is reviving to both looks and nerves can be had for less than 5 cents.

Keep your hat off as much as possible. Hair cannot lie too easily or loosely for its own well-being, and any sort of pressure, heat or stain about the head inflicts injury on the finest part of the nervous system.

"Woman's Home Companion" says: "Heavy traffic is the true test of good driving. The expert never attempts to make speed through traffic. She realizes her own expert operation will not save her from the mistakes of others, and so she never sees how loosely she can pass another car, but how much extra space she can give. She never insists upon right-of-way because it is legally hers. 'Safety first' is much better than 'My rights first.'"

FARM NOTES.

Milk exposed to bad air or placed in unclean vessels absorbs impurities, bad flavors and collects bacteria or germs.

A forestry expert makes this suggestion: In going through your wood lot cut the poor trees, the decaying and crooked ones, instead of the best ones. Do not take out the clover and leave the thistles.

Small families will find that a few of the best squab-producing varieties of pigeons will make many an enjoyable meal where a large chicken is not wanted. Two or three pairs of pigeon breeders kept in a small wire-enclosed fly will be sufficient for an occasional meal of squab or young pigeon.

High-Yielding Wheat.—Are you raising the same variety of wheat you did twenty-five years ago? Are your yields in proportion to the fertility of the soil as high as the varieties grown by your neighbors? At the Ohio Experiment Station, variety tests have shown that some strains of wheat yield 40 bushels and others but 25 bushels. It is evident that on land of the same fertility some varieties are better yielders, therefore farmers can profit by securing the seed from high-yielding varieties in their neighborhood.

The Pennsylvania Experiment Station has obtained excellent results in feeding hogs with grain mixtures of cornmeal, 4 parts; wheat middling, 3 parts, and tankage, 1 part. The addition of skim milk increases the rate of gain. If skim milk is fed with this grain mixture the amount of cornmeal may be increased to 6 parts. Other mixtures recommended are cornmeal, 8 parts, and tankage, 1 part, or skim milk, 3 parts and cornmeal, 1 part. If possible, pasture crops should be used for growing pigs. For quick growth, 2 to 4 pounds of grain per 100 pounds of live weight daily in addition to pasture crops are required.

Nearly all of the spring flowering bulbs can be forced readily in the house and require far less skill in handling than the usual run of house plants—geraniums and like commonly seen flowers which so often disappoint one by refusing to bloom.

Like a great many things we do, the easiest, simplest way is the best, and the less the bulbs are fussed with the better the results. Just get a good working idea of what is required and go to it with confidence in the result.

In a nutshell the mode of procedure is this: Get good sound bulbs from the florists as early in the fall as they can be obtained; a sufficient number of narrow, shallow window boxes or pots to contain them; good friable, sandy loam which will not pack, and plenty of drainage. Plant one hyacinth or narcissus bulb to a four-inch pot, three to a six, setting them with the tip just below the surface, water well, and set away in a dark airy cellar for from two to three months for the different bulbs, or until top growth is well established. Tulips require more time than hyacinths and narcissis, and should be kept cool after bringing up-stairs until in bloom.

They are more effective and satisfactory in window boxes of one sort. Plant liberally for your friends, and especially for the invalid and shut-in. After blooming, if the bulbs are allowed to ripen naturally, they may be planted in the open ground the following fall, where they will bloom for years.

It is none too early to prepare for an early garden. You can have fresh radishes, lettuce, onions, tomatoes, sweet potatoes, and other spring vegetables of your own raising served on your table several weeks before your neighbors have them. You can enjoy such fresh vegetables at little trouble and small expense. How? By building a hotbed.

I have obtained the best results with hotbeds by constructing them this way: I dig a pit two feet deep and the width and length I want it. Then I put a layer of straw or leaves two or three inches deep in the bottom of the pit. On top of this I place a layer of horse manure 18 to 20 inches deep, and tramp thoroughly. I cover the manure with a six-inch layer of leaf mold or good garden soil. When I desire to make the hotbeds permanent I dig the pit a foot wider than the frame and wall with brick or stone. Otherwise I don't wall up the sides. When the weather is settled in the spring I remove the frame and allow the plants to grow where they were started. Otherwise I transplant them. I have had success with each plan.

I locate my hotbeds on the south side of a building or a good windbreak where the drainage is good. I use 3x6-foot sash, which I have found to be a convenient size. Thus, as many sections of sash may be used as desired. I make the frame upon which the sash rests about six inches higher at the back than at the front.

I have used both glass and muslin in the sash. Many persons use muslin for the sweet-potato hotbed sash. I have used more glass sash than muslin.

I generally get my hotbeds started early in March for early tomatoes, lettuce, radishes, onions, and sweet potatoes. Though there is nothing to prevent their construction earlier in the year, at least the trench should be dug and covered before the ground is frozen.

I use water sparingly on the hotbeds during cold weather, as an excess of moisture cools the manure and stops fermentation. I ventilate the beds frequently during the warm part of the day. I find that hotbeds are best warmed by the fermentation of horse manure. Since the manure will not heat well if too dense, I mix it with equal parts of straw or litter. I place the litter and manure in a long, narrow, square-top pile, and allow to ferment. This process during cold weather requires at least two weeks. If the weather is too cold and the manure does not ferment, I put a little hot water on the pile to start the fermentation process. To secure uniform heating, I turn the piles occasionally and break the lumps. When the pile is steaming throughout it is ready for the hotbed. —By Jane Macpherson.