

Bellefonte, Pa., December 15, 1916.

#### TO DEFEND ATLANTIC CITIES

Block Island, Ten Miles From United States Coast. Could Be Made Impregnable Outpost.

According to Rear Admiral Grant, instructing the house naval committee in the matter of submarine defense, "Block island is the natural Helgoland of the Atlantic coast," says Seven Seas. The comparison, in strategical geography, is manifestly close, though Germany's Helgoland is a much smaller rock than ours, so

less useful for military purposes. Should a naval base be created in Newport harbor, such as the Germans have at Wilhelmshaven and the British at Portsmouth, Block island could be made an impregnable outpost. With submarines based at New London-an arrangement already being developed—the island would be a

Narrow waters have become immensely helpful for coast defense with the development of mines and submarines, as has been demonstrated at the Dardanelles and in the Baltic. The Straits of Dover, the English channel and France are exposed for the greater part of the coasts, but Germany, with her Baltic front secured by the tortuous Scandinavian entrance ways, also has a buffer for her shore line on the expansive North sea, staked out by the island of Helgoland, 35 miles distant.

Block island is ten miles from the Rhode Island mainland. If the strategists could move it, they might prefer to have it farther out. But, as Admiral Grant, commander in chief of the submarine flotillas, points out, the "Helgoland of the Atlantic" would serve conveniently where it stands.

#### FIFTH AVENUE THE JOYOUS

Famous Street Has Few Rivals in Any of the Great Cities of the Old World.

Perhaps the chief impression which the metropolis makes is of the vivacity of its life. It is the completest expression of our national joie de vivre. And it is pleasant to record that for the most characteristic moment of this they are better, more indulgent hus- dispensaries, 1,000 dispensary physiquality you would not cite Broadway bands than those who go to their at night, but Fifth avenue by day. The | wives at night with their troubles, and sparkle of this famous street is, perhaps, largely due to the New York move without first planning it out at an outlay of over \$100,000,000 of public climate. Climates are never perfect, home. but among the world's greatest cities the American metropolis is singularly they deprive themselves of a valuable fortunate. It is flooded with sunlight, asset in business-the clear, penetratand on its best days the air has a ing power of a woman's intuition. In ly growing enlightenment of the crisp and tonic quality. By a tacit un- the second place, it is no compliment people on the subject of tuberculosis, derstanding, ill-dressed and sad people to a woman to keep her forever a lit- ts causes, methods of prevention and keep off Fifth avenue. On a bright tle girl. morning there is no resisting the coupons at fashionable banks. Life seems indeed worth living. The whole town is gay. Even children and nurseingly clean and innocent and spirited call of happiness. It is worth while too much. noting the clearness of much of New York's air, doing justice to the clean and simple liveliness of much of its enjoyment—because its prominence as quainted with her husband's affairs. one of the world's chief centers of dissipation and pleasure-seeking has done its reputation bad service with many people of virtue and good taste.- Harper's.

#### Butter Tree of Tropics.

Mr. Yerby, the United States consul at Sierra Leone, tells of a wonderful five years. Barring jungle fires a butitable investment. Chocolate manu- Science Monitor. facturers could easily absorb the product. Candles and soap can also be made of it. Trees that can produce butter, soap and candles are worth cultivating.

Bound to Have Change. In the absence of her husband the fascinating young married woman went boating with an old admirer.

"Ah," sighed the old admirer, "if only you had married me instead of Wilkinson."

"Then I should have been with Mr. Wilkinson at this moment instead of you," said the fascinating woman. "How strangely things turn out!"

CASTORIA Bears the signature of Chas. H. Fletcher. In use for over thirty years, and The Kind You Have Always Bought.

#### ATMOSPHERE SUITED TO HIM

New Boarder's Tastes Were Musical, It Is True, but Could He Live Through This?

"So you are a great lover of music?" said Mrs. Blumley to the new boarder, who was about to take possession of his room. "Really it is almost a coincidence that you should have come to my house, for, with hardly a single exception, my boarders are musical. You will find yourself in a real musical atmosphere.

"I play the piano a little myself, and I have a little granddaughter only nine years old who plays wonderfully for one of her years. I will have her play for you this evening if you are to be in. Mr. Pinkly, the very blonde young man who will sit opposite you at table, has composed several two-steps and Miss Simpson, who will sit at your left, sings very well, indeed. You must hear her sing 'Where Is My Wandering Boy Tonight.'

"Then the lady on your right works in a piano store and naturally that to him all messages. Just before sunmakes her somewhat musical. The elstepping-stone and advance station, derly, bald gentleman tunes pianos and enabling them the more widely to ex- the small, red-headed man sells sheet tend their operations out on the ocean. Music. The lady with the gray curls has a graphophone in her room and is very nice about asking the other boarders in to hear it. Then the lady with the blonde wig-only don't tell her that I told you it is a wig-she sings in the chorus of a church and gets a dollar a Sunday for it.

"My son-in-law, who lives with me, plays on the banjo and my daughter plays on the mandolin. She also plays the zither a little and my grandson is wonderfully clever getting music out of a common comb with a bit of paper over it. We have delightful little concerts in the parlor and will be glad to have you hear us. You will find yourself in a real musical atmosphere. You must hear my son give imitations of Harry Lauder. So glad you love music. I am sure that we will have a great deal in common."-Judge.

## TELL WIVES YOUR TROUBLES

Women's Advice Often Helps Men and Discussion Helps Women, Is One Writer's Opinion.

Many men seem to take a certain pride in the fact that their wives have all the "freshness and lack of experience of a little girl." They think, because they have shut their wives off from any contact with real life, that who never make an important business

They are wrong. In the first place,

Many of the moral breakdowns ocstreet's gay intoxication. The most cur, not in youth, but in the middleexpensive shops in the world are close life period, when habits are supposed at hand, the best restaurants nearby. to have been formed and character Brave men lounge at the windows of fixed. Youth is usually free from exclusive clubs, and fair women cut covetousness and greed. Middle age is less likely to be.

Almost every week the newspapers report the financial difficulties, if not maids in the park seem more engag- the downright dishonesty, of some respected man in middle life, who has than elsewhere, as if they, too, felt the sacrificed everything in trying to get

And we have noted that such catastrophes take place less often in the families where the wife is fully ac-Woman's Home Companion.

#### Peru's Wisdom.

In granting a water-power concession on the Santa river to an electric power company, the government of Peru has reserved the right to take over the plant, if ever such a course seems advisable, reimbursing tropical tree called the shea, or butter those who have put their money into A WELL KNOWN WOMAN tree. It furnishes the natives not only lt. As the situation is explained, the with nuts, which they highly prize, water power represents public wealth but with butter, which may become an which some day the state may need; article of commerce of importance, but meantime, in order that it may since it is already exported to Europe, not be wasted, the use of it by a privwhere it is used in making artificial ate company is permitted. The Pebutter. This tree produces a nut cov- ruvians might doubtless hasten the in- lines to let you know that your 'Favorered with a soft pulp which is in dustrialization of their country if they turn covered with a smooth skin, eas- adopted a free concession policy; but ily removable when the nut ripens. they have learned from Mexico. And This pulp is sweet and wholesome. they might win quick prosperity if About 60 per cent of the nut is butter, they heeded the objections of finanwhich is edible. The tree begins to ciers to the idea of government interbear when it is fifteen years old, and ference; but they have learned from reaches its full capacity in twenty- the United States. So they are building, and plainly with success, on the ter plantation is a long time and prof- doctrine of expropriation.—Christian

> New Idea in Hospital. The newly-completed hospital of the Hebrew infant asylum in New York contains one room built entirely of glass. It is divided into 12 compartments, each having glass sides through which the nurse can see the baby at all times without going in. Each compartment is ventilated separately, states the Southern Hospital Record. A child having a communicable disease can be cared for in one of these little compartments without any possibility of infecting the baby in the next one, although it may be only three feet away and the children smile at each other through the glass.

> Gun With a Record. There is a 15-centimeter gun still In service on the Champagne front which has been in action ever since the opening of the war. It is believed this gun is, about the "sole survivor" of the early days of the struggle and that its record of 18,830 shots fired is far and away shead of any other gun.

#### SIGNALING DURING CIVIL WAR

Troops Moved Too Quickly to Admit Possibility of Wigwagging or Telegraphing.

"Couriers at Verdun replace telephones" was a newspaper headline. And that reminded J. E. Hyneman, who was one of the "eyes of the army of the Potomac," about the days in front of Richmond 51 years ago. He was in the signal corps, and he tells me that it was often impossible to wigwag messages to the generals, or even telegraph to them, owing to the quick

movements of an army. "During the battle of Petersburg," said this veteran the other day, according to Girard in the Philadelphia Ledger, "I was on duty at the signal tower on the left of our lines. Messages came to this station principally from General Meade. It was necessary to send them to the front by courier.

"I was especially detailed to keep track of General Wright, commander of the Sixth army corps, and deliver down I carried my last one to him from Meade.

"General Wright's answer, given orally, was this: 'Tell General Meade I am looking into the streets of Petersburg and expect to go into the city at daylight tomorrow.'

"But Richmond fell and the army of the Potomac moved into Petersburg that night."

Mr. Hyneman said that he had completely exhausted three horses that day and General Wright sent back to the signal tower with him two orderlies with fresh mounts.

old soldier, "rode all night with a message for General Sheridan. It was from Grant." That was one of those final words which led "Little Phil" out in front of

"One of these men," continued this

## **GOOD IN HEALTH EDUCATION**

Lee's retreating graycoats at Appomat-

tox and brought the surrender.

Organized Fight Against Tuberculosis Has Been Productive of Some Wonderful Results.

All within a decade or so has sprung ap the present organized fight against the white plague. The field that, ten years ago, was almost barren of any organized machinery for the control of the disease, includes at present 1.200 local antituberculosis organizations, 575 hospitals and sanitariums, 540 special cians, 4,000 nurses, and 400 open-air schools. The total cost of creating and operating this machinery represents and private funds.

But there are results to show from all this expenditure. They may be summarized as follows: (1) The steadtreatment: (2) the gradually falling mortality from the disease (in the regstration area in 1902 the rate was 16.3 per 10,000; in 1911, 13.2); and (3) the Impetus given to the entire public health movement through concentration of public attention on a disease, the gradual eradication of which is dependent on the realization of higher zeneral health standards.

The present lower mortality marks the effect of the intensive educational campaign, of the steadily expanding system of institutional and home control of the disease, and of the general Improvement in the sanitary and economic conditions of the people. Tuberculosis, however, is still with us, with ts appalling though reduced mortality, and with some of its fundamental problems still awaiting solution.

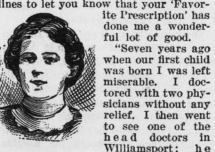
Vegetables of Medicinal Value. Most of our common garden vegetables are reputed to have some medical value. Among them so reputed

# SPEAKS.

In Every Town in Pennsylvania Neighbors Say the Same.

Bodines, Pa.-"I will drop you a few ite Prescription' has done me a wonder-

"Seven years ago



to see one of the head doctors in Williamsport; he said I must have an operation at once and that I should quit work, but that was something I could not do. I then began taking your 'Favorite Prescription,' and it helped me so much. I always suffered so until our last child was born when I got along nicely. I shall never go through it again without your medicine."—Mrs. F. W. Myers. The mighty restorative power of Dr. Pierce's Favorite Prescription speedily causes all womanly troubles to disappear—compels the organs to properly perform their natural functions, corrects displacements, overcomes irregularities, removes pain and misery at

and strength to nervous, irritable and exhausted women. It is a wonderful prescription, prepared only from nature's roots and herbs, with no alcohol to falsely stimulate and no narcotics to wreck the nerves. It banishes pain, headache, backache, low spirits, hot flashes, dragging-down sensation, worry and

certain times and brings back health

sleeplessness surely. Write Doctor Pierce, Invalids' Hotel, Buffalo, N. Y., for free and confidential medical advice, also for free medical book on Diseases of Women.

are asparagus, beans, beets, carrots, celery, cucumbers, lettuce, tomato, hubarb. Each of these has a different influence from the others, but combined they make for health. The family having a garden will certainly con-

sume a far greater variety of food than one that has to buy everything. In some prisons where the prisoners are given a very limited range of food the physicians report the principal sicknesses to be intestinal disorders. Every family should have as big a vegetable garden as it can find space

A Deserted Village. The first time you see a destroyed and deserted village you have strange feelings, especially when you know that the smashing process may be resumed at any minute. Can you imagine a village which has no inhabitantsnouses with only parts of walls standng, perambulators, chairs, bedsteads and pictures heaped up in confusion, churches destroyed as if stepped on by a giant, tombs a tumbled-up heap in the church yards, no children at play, no shops, no sounds except the echo of your footsteps and the roar of distant guns?—Capt. Louis Keene, in Cartoons

Mental Effect of the War.

According to Dr. William Graham. an alienist of high repute in Belfast, the war, so far from causing madness and mental overthrow, as many have supposed it would do, is having a tonic value. It is natural to suppose that the stress and agony that are inseparable from the great struggle would lead to profound and general psychic disturbances and to much insanity, but Doctor Graham says the fact is indisputable that insanity, like crime, has lessened during the war.

Fishing for Ice.

Tourists aboard vessels in Alaskan waters are often entertained by watching a ship's crew fill the vessel's ice chests. Heavy nets are let down into the sea and fastened about floating cakes of ice, which are then easily lifted aboard by means of a crane. The material used for the refrigerators in this way is from glaciers, which extend down into the ocean. These glaciers are continually discharging great masses of ice into the water, which finally find their way out to the channels followed by the snips. In ten minutes three or four tons can be brought on board if the floating fragments are plentiful.

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Medical.

#### It's Three Years Old

BUT MR. RINE SAYS IT'S JUST AS FIRST MADE.

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James H. Rine, carpenter, 239 High St., Bellefonte, says: "My back was so weak I could hardly put my shoes on. I had severe pains through my limbs and could hardly drag myself around. Doan's Kidney Pills, which I got at Green's Pharmacy Co., cured me.

Over Three Years Later, Mr. Rine "I have had no occasion to use Doan's Kidney Pills since they cured

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