

Japanese Denied Luxuries. The most expensive single fruit in the Japanese fruit stores is the natsumikan, a species of grapefruit (Citrus decumana), which sells throughout the winter for 7 1/2 cents each.

To Cure a Cold. Coughs and Colds—An ordinary cold can often be checked in the first stages by inducing a good perspiration. A glass of very hot milk drunk after you are in bed, or the juice of a lemon added to a tumbler of boiling water, will often accomplish this.

Easily Gauged. Johnny was sent to the cellar to draw a pitcher of cider. When he got back the guest commended him. "You must have good judgment to have filled the pitcher so accurately in the dark without running it over."

Not a Pleasant Occupation. A citizen who believes that a certain thing should be done called at the Globe office and said, "You can scold the people into doing it."

Really Beyond Help. Confucius, the Chinese philosopher, though he lived nearly 2,500 years ago, said many things that are true today, among them this: "When a man has been helped around one corner of a square and cannot manage the other three, he is unworthy of future assistance."

Was Looking for It, Too. "I say, my friend," called the motorist to the farmer, as he drew up alongside of the field, "I'm looking for a decent road to take me into Squigglesville."

In the Ranks of Unreasonable. "Wasn't there something about a promise to love, honor, and obey me in that marriage ceremony?" asked Mr. Meekton.

The Lure of the Cash. "Why have you abandoned the stage?" "I haven't left it, but I'm so busy signing soap testimonials, hair-restorer ads and endorsements for piano players and safety razors that I really haven't time to rehearse properly."

The Clumsy Man. "How are you getting on with your garden?" "Not so well," replied Mr. Crosslots. "My feet are too large to permit me to be a good gardener. Whenever I get out with a sprinkling they keep half the water off the seeds."

The Voice of Misanthropy. "Suppose some power were to answer the poet's prayer and give us the gift of seeing ourselves as others see us!" "Well, for one thing, it would do a great deal to discourage the craze for dancing."

Both Credulous. She—"You vowed that it would be your aim to make my life naught but one of happiness. And to think that I believed you!" He—"That's nothing! I believed it at the time myself."

Somewhat Risque. "Twobble prides himself on calling a spade a spade." "Quite so, but what makes his conversation offensive is the fact that he doesn't confine himself to spades."

Home. This is the true nature of home—it is the place of peace; the shelter not only from all injury, but from all terror, doubt and division.—Ruskin.

Important Consideration. "The future of the race," says John Galsworthy, "depends more on the morals of the women than on the morals of the men."

Terrible. "Was is a bad accident?" "Well, I was knocked speechless, and my wheel was knocked spokeless." — Christian Register.

Daily Thought. "Patience and have faith and thy prayer will be answered." — Longfellow.

FOR STRENGTH AND GRACE

Proper Training of Boy's Muscles is Something Worth Highest Degree of Consideration.

In the American Magazine Dr. Charles K. Taylor of Philadelphia writes an interesting and practically helpful article entitled "Your Boy and His Muscles," in which he gives suggestions as to proper exercises for young boys. Following is an extract from his article:

"First of all, when a child is in a poor condition of which the basic cause is some remediable physical defect there is little use in giving special exercises until the defect is removed. For instance, breathing exercises cannot be nearly as effective as they should be for a child suffering from large adenoids, nor can you expect good results when a child has some physical irritation inducing nervous effects of different kinds. Above all, you should always know the state of the child's heart. If the heart is good, and if there are no serious remediable defects to interfere with your obtaining good results, then you can take up the matter of special exercises with some degree of confidence.

"When you find just where your boy is lacking, whether in chest expansion, shoulder girth, arms, and so on, or perhaps in posture, if he is hollow-chested with shoulders bent forward, then you can take up the exercise suggested for the different needs. And right here is a word of caution, which will be repeated now and then. Never carry an exercise beyond the time when fatigue begins. Do not continue it to exhaustion; but when the boy begins to feel tired stop at once, if it is only after two or three motions!

"It interests the boy a great deal, too, to keep account of his physical measurements. If these are taken once a month his interest is kept up, and he is stimulated when he finds that he is actually gaining. Finally, do not carry on a special exercise after it is no longer necessary. What you desire is a good, all-around development, and when this is attained special work should cease and general exercise be carefully continued. It should be said, too, that such work can never be considered as a substitute for outdoor play. This latter is vitally necessary for all children. These exercises are to be used as adjuncts—to bring up to standard any set of muscles which are under-developed."

War Drums Ordered Out.

It was some time ago that, acting upon the recommendations embodied in a report by a military commission, the French government reached the conclusion that the drum was no longer a necessary article of military equipment. The report set forth that the drum was a serious encumbrance in marching; that rain impaired its usefulness; that its calls could not be distinguished in time of battle; that it consumed a period of two years to turn out an efficient drummer; and that by abandoning the use of the drum many thousands of youths and men would be released for active service.

Since the decision of the French government other European powers have followed its example in decreeing that the "drum rust go."

The history of the drum is both ancient and honorable. The Egyptians employed it, and the Greeks ascribed its invention to Bacchus. The Spanish conqueror Pizarro is said to have found drums in South American temples. The snakes of Ireland, we are told, fled from the Emerald Isle before the drum-beats of St. Patrick. The Puritans of New England used the drum as a church bell, and it figured frequently and romantically all through the wars of the revolution and rebellion in America.

Knew Enough to Keep Dry.

"It looks like rain!" "I beg your pardon." "I say it looks like rain." "What does?" "The weather." "The weather, my dear sir, is a condition. Rain is water in the act of falling from the clouds. It is impossible that they should look alike."

"What I meant was that the sky looked like rain." "Equally impossible. The sky is the blue vault above us—the seeming arch or dome that we call the heavens. It does not resemble falling water in the least."

"Well, then, if you are so thunderingly particular, it looks as if it would rain."

"As if what would rain?" "The weather, of course."

"The weather, as before stated, being a condition, can not rain." "The clouds, then, confound you. I may not know as much about it as you do, but I've got enough sense to get in out of it, and you haven't," said the man, as he raised his umbrella and walked away in a huff.—Pearson's Weekly.

So Hot Ice Chest Blazes.

The freak trick of the season at Baltimore was occasioned when it was responsible for a fire that burned the top of a chest containing ice at the home of Harry Siegel, 326 North Front street.

Mr. Siegel placed two lighted candles on the chest. The high temperature caused these candles to melt until they bent completely over, the flames igniting the top of the box. There was a blaze and excitement prevailed for a few moments. No alarm was sounded. The fire was extinguished by members of the family.

His Lucky Coin.

In one of his Hibbert lectures Max Muller said to the students: "Many of you, I suspect, carry a halfpenny with a hole in it for luck. I am not ashamed to own that I have done so myself for many years." The case was cited by him in his lecture as an illustration of "survivals" from primeval fetishism, but on his own account Max Muller confessed that when sometimes he had left home without this halfpenny talisman he felt "very uncomfortable" until his safe return.

Insincerity. "Our civilization demands a greater or less degree of mendacity," remarked the abstruse person. "We are constantly encountering some empty phrase, some conventional remark, which is absolutely devoid of sincerity."

"That's right," answered the book agent. "That's perfectly true. I am reminded of it every time I walk up to the front step where there is a doormat with the word 'welcome' on it."—Washington Star.

Thought of Him. Papa—Are you sure that you and mamma thought of me while you were away? Grace—Yes; we heard a man kicking up a great row about his breakfast at the hotel, and mamma said, "That's just like papa."

He Was Tired. Ocean Voyager—Don't the passengers make you tired with the questions they ask? Captain—Yes, very. What else is it you want to know?—Philadelphia Bulletin.

Apple Wood. Apple wood is the favorite material for ordinary saw handles, and some goes into so called brier pipes.

A steamer noticed a sailing vessel flying signals of distress and bore down on her. When she was within hail she asked what was the matter. "Water!" came the answer from cracked lips and parching throats. "Give us water, for we are dying of thirst." Pointing to the surrounding water, the steamer's captain cried: "Let down your buckets then and drink." Unknown to the thirsty crew they were sailing in the mouth of the mighty Amazon and the water around them was river water pouring out to meet the sea. Many a woman is crying for help from sickness and suffering when help lies right at her door. There is hardly a town or a hamlet where Dr. Pierce's Favorite Prescription is not obtainable, and the use of this medicine will relieve the disorders peculiar to women in almost every case. If you are suffering from inflammation, ulceration or female weakness, get a bottle of "Favorite Prescription" and begin your cure.

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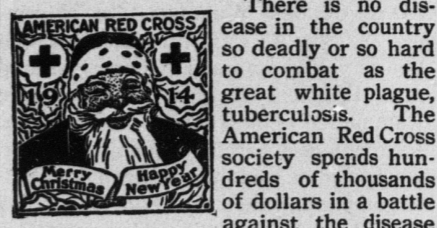
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