

WOOLING AT RISK OF LIFE

Excellent Reasons Why the Lot of a Male Spider Can Not Be Called Happy.

There are the spiders, who live and die in the shadow of a unique law which declares that the female shall be in all things stronger and wiser than the male.

At length, at the proper hour, he discovers the silken castle of a female, and observing it, hesitates, profoundly meditative.

She watches him, immobile, a tiny sphinx made of velvet; then there is a sudden rush, a fatal wrapping of the entangling mesh.

NOT GIVEN MEED OF PRAISE
Inventors and Promoters of Agencies Which Have Enriched the World Too Frequently Overlooked.

History bristles with the names of doughty warriors and rulers, describes at length their struggles and achievements, and dismisses the inventors and promoters of the great agencies which have made modern civilization possible.

The invention of printing has had more influence upon the development of the race than any act or any ruler that the world has ever known.

The men who invented and developed the steam engine did more to lighten human toil and to make possible to each of the dwellers upon earth a larger meed of comfort and enjoyment than all the generals who ever pitted men against their fellows.

Art and literature have been broad highways to fame. The high school scholar can tell you who wrote what and when he wrote it, but ask him who built the first railroad in America and when and where it was.

Lucid Directions.
The directions that an automobilist got on Long Island, when he asked a small boy the way to Oyster Bay, are almost worthy of a place beside the famous reply that Lancelot Gobbo made to his father when the old man inquired of him the way to Master Jew's.

Peru the Land of Sugar.
Heavy production of sugarcane to the acre is one of the surprises of Peru. Where it is grown the land is level and planting is an easy matter.

Dog Kidnaps Kittens.
Muffy, a tabby cat, at the home of Carl P. Meyran, Los Angeles, made a move several days ago which resulted in the kidnapping of her family, two blue-eyed kittens, by a little fox terrier dog.

"Queer People I Have Met."
I've seen Kentuckians who hated whisky, Virginians who weren't descended from Pocahontas, Indians who hadn't written a novel, Mexicans who didn't wear velvet trousers with silver dollars sewed along the seams.

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NEED FOR A DAY OF REST

Harvard Scientists Assert It is Necessary to Restore the Nervous Tone.

The refreshing influence of the weekly "day of rest" on a person subjected to the strenuous routine of a busy life is a feature which he himself can duly appreciate in the effects on his "feelings" and "spirits."

Harvard scientists have been making a careful study of the whole question of fatigue and efficiency from a physiological standpoint. A long series of experiments have been made on first year medical students who were following a regular routine of school work during six days of each week.

The routine was interrupted weekly by the Sunday recess, an interval occupied variously by the students, but in no case in precisely the manner of the week days. The daily observations made of these persons during several weeks show that at the beginning of the week the nerve reaction tends to be high, that from then until the end of the week there is fairly continuous decline, and that following the interruption of the routine by the intervention of Sunday, it returns to the original high point.

The decline is interpreted as a cumulative result of general fatigue incident to routine. "What is even more significant, however, is the added fact that a pronounced break in the routine—such as the "day of rest" occasions—may bring about a return of sensitiveness to a high point, or, in other words, it restores the nervous tone.

DOING AWAY WITH TETANUS

Disease That Has Been Considered So Deadly Really Will Readily Yield to Treatment.

The loss of life from tetanus, it should be emphasized, is almost entirely preventable. Injection of antitoxin immediately after the injury is received, together with relentless surgical cleansing of the wound under anesthesia, constitutes insurance against tetanus in virtually every case.

The Anomalous Mexican.
In the opening paragraph of one of his best stories Kipling wrote: "Let it be clearly understood that the Russian is a delightful person till he tucks his shirt in. As an oriental he is charming. It is only when he insists upon being treated as the most easterly of western peoples, instead of the most westerly of easterns that he becomes a radical anomaly extremely difficult to handle."

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How to Remove Fruit Stains.

In the "Exchange" department of the July Woman's Home Companion—a department devoted to household suggestions made by contributors out of their practical experience—appeared the following suggestions as to the best ways of removing fruit stains.

"Whenever I find a fruit stain on tablecloths or napkins, I wet it with a little camphor. If this is done before the stain has been wet with water, the stain will entirely disappear when the articles are laundered.

"To remove fruit stains from table linen easily and surely, simply moisten the stain with pure glycerin before sending clothes to the laundry. Twenty-five cents' worth of glycerin will probably last the ordinary family a year or more, at least."

To Counteract Tannin in Tea.

One of the marked characters of tea is the tannin contained in it. Indian tea has about twice as much as the Chinese growth. It has a marked effect on the digestion, even in the presence of other fluids. In all cases it retards the digestive process to an extent that would astonish those who have not inquired into the matter; and it has been recommended that a pinch of bi-carbonate of soda should be added to the brew of persons with weak digestions so as to make the infusion alkaline.

Simple Cure for Headache.

One of the quickest known ways of dispelling a headache is to give some of the muscles—those of the legs, for instance—a little hard, sharp work to do. The reason is obvious. Muscular exertion flushes the parts engaged in it, and so depletes the brain. When your head aches take a stiff walk or a short bicycle ride.

Hood's Sarsaparilla.

Get Rid of Humors and Avoid Disease
Humors in the blood cause internal derangements that affect the whole system, as well as pimples, boils and other eruptions. They affect all the organs and functions, membranes and tissues, and are directly responsible for the readiness with which some people contract disease.

Coal and Wood.
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Man of True Charity.

The man who is always abusing the motives of others is never quite certain of his own—or perhaps he is only too certain of his own, knowing them to be selfish and interested. He who can fervently cherish a certain opinion and yet believe that a believer in the exact contrary may be equally sincere is the man of a genuine charity.

"Are the bowels regular?" That is one of the first questions a physician asks when he is called to attend a sick person. To keep the bowels open and keep them regular is a prime necessity of health.

Medical.

Go No Farther
THE EVIDENCE IS AT YOUR DOOR.
Bellefonte proof is what you want and the statement of this highly respected resident will banish all doubt:

Mrs. J. T. Gordon, 130 E Beaver St., Bellefonte, says: "I had backache and a dull, constant ache across my loins. I was in misery at times and in the morning was sore and lame. I dreaded to begin my housework."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Gordon had. Foster-Milburn Co., Props., Buffalo, N. Y. 59-30-11

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Meat Market.

Get the Best Meats.
You save nothing by buying poor, thin or gristly meats. I use only the

LARGEST AND FATTEST CATTLE
and supply my customers with the freshest, choicest, best blood and muscle making Steaks and Roasts. My prices are no higher than poorer meats are elsewhere.

I always have
DRESSED POULTRY
Game in season, and any kinds of good meats you want.

TRY MY SHOP.
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RESTAURANT.
Bellefonte now has a First-Class Restaurant where

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Attorneys-at-Law.

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When you have dripping steam pipes, leaky water-fixture, foul sewerage, or escaping gas, you can't have good health. The air you breathe is poisonous, your system becomes poisoned and invalidism is sure to come.

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