

Bellefonte, Pa., Septembhr 12, 1913.

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# COLD IN THE HEAD.

### Its Constant Recurrence May Not Only Be Serious, but Fatal.

There are all kinds of colds. Spring, summer, autumn and winter, all furnish the means for a cold. In medical literature there is no such disease described as a "cold." yet almost everybody is more or less susceptible to this condition.

The writer used to suffer with "cold" in the head, throat, windpipe, bronchial tubes, stomach and bowels. That was before he learned that an abundance of fresh air-day and night air-was absolutely necessary to build up a high state of physical vigor and vitality to avoid "taking cold."

The most common form of this complaint is a cold in the head. In this condition there is an inflammation of the mucous membranes which line the nasal chamber. This is naturally self outskirts of Lisbon are some of the limiting. Nature allows the disease

And Keep on Broadening Your Sphere

of Usefulness.

Ages ago some one found music in Constitutional Amendments the twang of a bowstring, then another some one put two strings on a bow, and thus was made the first harp. String after string was added until the harp was too heavy to hold. Then they put it in a box and struck the strings with hammers worked by keys. They called that a harpsichord. It was the first piano. The finest and most costly pianola of today is just an evolution, just an improvement on the arrow shooting bow.

From the history of the piano comes the old, old saying, "He is adding strings to his bow." It means that one is evolving, improving something. It expresses caution, persistency, energy, enterprise.

Add strings to your bow-one at a time. Bring a new note into each week of work. Learn a little some-thing new and use it. Thus you will increase the harmony and effectiveness of your work. Anything that has evolved as the bow has can never stop improving. So with your work. The more simple the time. Bring a new note into each follows:

#### Bohemia's Rocky Maze, **Constitutional Amendments** The Bocky maze of Prachov, near

Jacin. in northern Bohemia, is a veri-Authorizing the laying out, opening, altering, maintaining roads, highways, streets or

table natural curiosity. It has been well described as a gigantic "freak in stone." To enter the labyrinth with-out a guide is a perilous proceeding. for an unwary adventurer would prob-ably speedily be lost in the tortuous windings of the maze, where the paths windings of the maze, where the paths

are so narrow and crooked and the eliffs on the side so high that the ex-plorer soon loses all idea of locality. In days of fiery persecution the Mora-vian and Bohemian brethren's secret prayer meetings used to be held here, just as the early Christians assembled to worship in the catacombs. The

prayer meetings used to be held here,
just as the early Christians assembled
just as the early Christians assembled
to worship in the catacombs. The
cliffs are honeycombed with cells, and
at the far end off the maze is a rock
castle, where in the old days a robber
baron lived and took toll of all wayfarers. The shape of some of the
rocks is very curious. There are, for
instance, the "bishop and miter," the
"Madonna and the child" and many
others.-London Sketch.
Portugal's Prison of Silence.
Entombed in a grim castle on the
most miserable men on earth. These
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most miserable men on earth. These
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A true copy of Joint Resolution No. 2.

ROBERT MCAFEE, Secretary of the Commonwealth

Number Three.

A CONCURRENT RESOLUTION. Proposing an amendment to section three of article eight of the Constitution of Pennsy

Proposing an amendment to article nine, section four of the Constitution of the Commonwealth of Pennsylvania, authorizing the State to issue bonds to the amount of fifty millions of dollars for the improvement of the highways of the Commonwealth. Commonwealth. Section 1. Be it resolved by the Senate and House of Representatives of the Commonwealth of Pennsylvania in General Assembly met. That the following amendment to the Constitution of the Commonwealth of Pennsylvania be, and the same is hereby, proposed, in accordance with the eighteenth article thereof:-That section four of article nine, which reads as follows:

General Assembly may by law fix a different day, two-thirds of all the members of each House consenting thereto: Provided, That such elections shall be held in an odd-numbered year: Provided further, That all judges for the courts of the several judicial districts holding office at the present time, whose terms of office may end in an odd-numbered year, shall continue to hold their offices until the first Monday of January in the next succeeding even-numbered year. A true copy of Concurrent Resolution No. 3. POREPT MCAFEE

ROBERT MCAFEE, Secretary of the Commonwealt

Number Four.

5	Hardware.	Pharmacy.	Attorneys-at-Law.
		MURRAY'S	S KLINE WOODRING-Attorney-at-Law, Belle- fonte, Pa. Practices in all courts Office Room 18 Crider's Exchange. 51-1-1y.
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Hir	Galvanized Roofing	if it fails to cure YOU.	GETTIG, BOWER & ZERBY-Attorneys-at Law, Eagle Block, Bellefonte, Pa. Success- ors to Orvis, Bower & Orvis. Practice in all the courts. Consultation in English or German. 50-
	Extension Ladders Buckeye Fencings	WM. H. FIELDING, Sole Agent. Druggist,	J M. KEICHLINE—Attorney-at-Law. Practices in all the courts. Consultation in English and German. Office south of court house. All professional business will receive prompt at ention. 49-5-1y*
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		FINE JOB PRINTING	Physicians.
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		WATCHMAN OFFICE. There is no style of work, from the cheapest "Dodger" to the finest	D <sup>R.</sup> J. E. WARD, D. D. S., office next door to Y. M. C. A. room, High street, Bellefonte, Pa. Gas administered for painless extract ing teeth, Superior Crown and Bridge work, Price reasonable. 52-32
	Money to Loan.	BOOK WORK, that we can not do in the most satis- factory manner, and at Prices consist- ent with the class of work. Call on or communicate with this office.	D <sup>R.</sup> H. W. TATE, Surgeon Dentist, Office in the Bush Arcade, Bellefonte, Pa. All mod- ern electric appliances used. Has had years of experience. All work of Superior quality
IN TONE	EY TO LOAN on good security and houses to rent. J. M. KEICHLINE, Attempts at Larr		Plumbing.
51-14-1y. Attorney-at-Law, Bellefonte Pa.			
	Flour and Feed.	Restaurant.	Good Health
i		RESTAURANT	Good Plumbing
CUR	TIS Y. WAGNER,	Bellefonte now has a First-Class Res- taurant where	GO TOGETHER.
f	BROCKERHOFF MILLS, BELLEFONTE, PA. afacturer, Wholesaler and Retailer of	Meals are Served at All Hours Steaks, Chops, Roasts, Oysters on the half shell or in any style desired, Sand- wiches, Soups, and anything eatable, can be had in a few minutes any time. In ad- dition I have a complete plant prepared to aumish Soft Drinks in bottles such as	When you have dripping steam pipes, leaky water-fixtures, foul sewerage, or escaping gas, you can't have good Health. The air you breathe is poisonous; your system becomes poisoned and invalidism is sure to come.
	Roller Flour Feed	POPS, SODAS, SARSAPARILLA,	SANITARY PLUMBING is the kind we do. It's the only kind you ought to have. We don't trust this work to boys. Our workmen are Skilled Mechanics, no better anywhere. Our
Corn Meal and Grain		SELTZER SYPHONS, ETC., for pic-nics, families and the public gener- ally all of which are manufactured out of the purest syrups and properly carbonated.	Material and
Manufa following WHITE	actures and has on hand at all times the brands of high grade flour:	C. MOERSCHBACHER, 50-32-1y. High St., Bellefonte, Pa.	Fixtures are the Best
		Meat Market.	establishment. And with good work and the finest material, our
e s	HIGH GRADE VICTORY PATENT FANCY PATENT	Get the Best Meats.	Prices are lower than many who give you poor, unsanitary work and the lowest grade of finishings. For the Best Work try
S The set	place in the county where that extraor- fine grade of spring wheat Patent Flour	You save nothing by buying poor, thin or gristly meats. I use only the	ARCHIBALD ALLISON,
d dinarily	SPRAY	LARGEST AND FATTEST CATTLE	Opposite Bush House · Bellefonte, Pa
can be secured. Also International Stock Food		and supply my customers with the fresh- est, choicest, best blood and muscle mak- ing Steaks and Roasts. My prices are no higher than poorer meats are elsewhere.	56-14-1v.

with your work. The more simple the start the greater the possibilities of growth. Know your work from the very first string. Know that there is no limit to its possibilities.

Keep adding strings to your bow. harp, plano!-Joel Blank in Philadelphia Ledger.

## Short Lived Giants.

Giants are notably short lived, and

instances where men much above seven feet in height have reached the age of fifty years are almost unknown. Length of days does not go with excessive length of limb. But tallness which stops short of giantism usually is a sign of vitality. Tall recruits in continental armies, provided they are of proper weight, give least trouble of the Constitution of Pennsylvania, which reads as follows:--"Section 7. The General Assembly shall not pass any local or special law authorizing the crea-tion, extension, or impairing of liens: "Regulating the affairs of counties, cities, town-ships, wards, boroughs, or school districts: "Changing the names of persons or places: "Changing the venue in civil or criminal cases: "Authorizing the laying out, opening, altering or maintaining roads, highways, streets or alleys: "Relating to ferries or bridges, or incorporating ferry or bridge companies, except for the erection of bridges crossing streams which form bound-aries between this and any other State: "Relating to cemeteries, graveyards, or public grounds not of the State: "Authorizing the adoption or legitimation of children: from sickness and gain most from physical training. It must be remembered in this connection that "tallness" is not the same everywhere. Men accounted tall in southern Italy would be rather short in western Scotland or among the native stock of America. It is as if nature had fixed a standard height for each race and punished by some physical shortcoming those who varied much from that standard in either direction.-Chicago Journal.

#### Earthworms For Rheumatism.

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Your paragraph. writes a correspondent. giving as a cure for bronchitis a bag of earthworms on the chest, reminds me of a prescription I heard of thirty years ago, given also "in all seriousness.", in Nottingham market place. as a remedy for rheumatism. In this case, too. the earthworms formed one of the constituents, but it was necessary to put them into a bottle and pour upon them a quantity of powder-ed quicklime. The resultant compound, well rubbed into the affected parts. was guaranteed by the prescriber to be a certain cure for rheumatism.-London Chronicle.

Mixedgas to Definitions. Hungry Higgins-Wot! You dunno wot a miser is? A miser is a man that denies hisself the necessaries of life when he has the money to buy 'em. Weary Watkins-Oh. I have met some of them fellers. But I tought they called theirselves Prohibitionists .- Exchange

## Made Things Cheerful.

"Have you done your share toward making life more cheerful for any-body?" asked the genially serious person

"I have. I gave a crowd of people the time of their lives this morning. My hat blew off and I chased it two blocks."-Washington Star.

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behalf of the State, except to supply casual defi-ciencies of revenue, repel invasion, suppress in-surrection, defend the State in war, or to pay ex-isting debt; and the debt created to supply defi-ciencies in revenue shall never exceed, in the ag-gregate at any one time, one million of dollars. Provided, however, That the General Assembly, irrespective of any debt, may authorize the State to issue bonds to the amount of fifty millions of dollars for the purpose of improving and rebuild-ing the highways of the Commonwealth. A true copy of Joint Resolution No. 1. ROBERT MCAFEE

PROPOSED AMENDMENTS TO THE CON-STITUTION SUBMITTED TO THE CIT-IZENS OF THIS COMMONWEALTH FOR THEIR APPROVAL OR REJECTION, BY THE GENERAL ASSEMBLY OF THE COM-MONWEALTH OF PENNSYLVANIA, AND PUBLISHED BY ORDER OF THE SECRETARY OF THE COMMONWEALTH IN PURSUANCE OF ARTICLE XVIII OF THE CONSTITUTION.

Number One.

A JOINT RESOLUTION

ROBERT MCAFEE, Secretary of the Commonwea

#### Number Two. A JOINT RESOLUTION

tricts: "Creating offices, or prescribing the and duties of officers in counties, cities, bo townships, election or school districts: "Changing the law of descent or success "Reculating the practice or jurgidiction

Proposing an amendment to section one of article nine of the Constitution of Pennsyl-vania, relating to taxation. Section 1. Be it resolution A JOINT RESOLUTION Proposing an amendment to section seven, arti-cle three of the Constitution of Pennsylvania, so as to permit special legislation regulating labor. Section 1. Be it resolved by the Senate and House of Representatives of the Commonwealth of Pennsylvania in General Assembly met. That the following is proposed as an amendment to the Constitution of the Commonwealth of Pennsylva-nia, in accordance with the provisions of the eighteenth article thereof. Amendment to Article Three, Section Seven. Section 2. Amend section seven, article three of the Constitution of Pennsylvania, which reads as follows:-

Proposing an amendment to section one of article nine of the Constitution of Pennsyl-vania, relating to taxatio. Section 1. Be it resolved by the Senate and House of Representatives of the Commonwealth of Pennsylvania in General Assembly met. That the following is proposed as an amendment to the Constitution of the Commonwealth of Pennsyl-vania, in accordance with the provisions of the eighteenth article thereof:-Section 2. Amend section one of article nine of the Constitution of Pennsylvania, which reads as follows: "All taxes shall be uniform, upon the same class of subjects, within the territorial limits of the authority levying the tax, and shall be levied and collected under general laws; but the Gen-eral Assembly may, by general laws, exempt from taxation public property used for public purposes, actual places of religious worship, places of burial not used or held for private or corporate profit, and institutions of purely public charity, 'so as to read as follows: All taxes shall be uniform upon the same class of subjects, within the territorial limits of the authority levying the tax, and shall be levied and collected under general laws, exempt from taxation public property used for public purposes, actual places of religious worship, places of burial not used or held for private or conjected under general laws, such the subjects of laying graded or progressive taxes; but the General Assembly may, by general laws, exempt from taxation public property used for public purposes, actual places of religious worship, places of burial not used or held for private or corporate profit, and institutions of purely public purposes, actual places of religious worship, places of burial not used or held for private or corporate profit, and institutions of purely public purposes, actual places of religious worship, places of burial not used or held for private or corporate profit, and institutions of purely public charity. A true copy of Joint Resolution No. 4. <u>ROBERT McAFEE</u> children: "Locating or changing county-seats, erecting new counties, or changing county lines: "Incorporating cities, towns. or villages, or changing their charters: "For the opening and conducting of elections, or fixing or changing the place of voting: "Granting divorces: "Erecting new townships or boroughs, chang-ing township lines, borough limits or school dis-tricts:

ROBERT MCAFEE, Secretary of the Commonwealth

Number Five. A JOINT RESOLUTION.

Pennsylvania. Section 1. Be it resolved by the Senate and House of Representatives of the Commonwealth of Pennsylvania in General Assembly met, That the following is proposed as an amendment to the Constitution of Pennsylvania, in accordance with the provisions of the eighteenth article thereof:-"Regulating the practice or jurisdiction of, or hanging the rules of evidence in, any judicial proceeding or inquiry before courts, aldermen, ustices of the peace, sheriffs, commissioners, ar-itrators, auditors, masters in chancery, or other ribunals, or providing or changing methods for he collection of debts, or the anforcing of judg-nents, or prescribing the effect of judicial sales of eal estate: Article IX.

The provisions of the eighteenth article thereof:-Article IX. Section 15. No obligations which have been heretofore issued, or which may hereafter be is-pliedelphia, to provide for the construction or acquisition of waterworks, subways, under-ground railways or street railways, or the appur-tenances thereof, shall be considered as a debt of a municipality, within the meaning of section eight of article nine of the Constitution of Pennsyl-vania or of this amendment, if thenet revenue de-rived from said property for a period of five years, either before or after the acquisition thereof, or, where the same is constructed by the county or municipality, after the completion thereof, shall be even sufficient to pay interest and sinking-fund charges during said period upon said obliga-tions, or if the said obligations shall be secured by liens upon the respective properties, and shall impose no municipal liability. Where municipal-ities or counties shall issue obligations to provide for the construction of property, as herein pro-vide, said municipalities or counties may also is approprize shall have been completed and in op-eration for a period of one year; and said munici-palities and counties shall not be required to levy a tax to pay said interest and sinking-fund charges exporties shall have been operated by said coun-ties or municipalities during said period of one year. Any of the said municipalities or counties may also involve the said municipalities or counties may also involve the said municipalities or counties may properties shall have been operated by said coun-ing on the respection ten of article nine of the constitution of Pennsylvania, until after said properties shall have been operated by said coun-ies or municipalities during said period of one year. Any of the said municipalities or counties may incur indebtedness in excess of seven per-centum, and not exceeding ten per centum, of the assessed valuation of the taxable property therein, if said increase of indebtedness shall have be real estate: "Regulating the fees, or extending the powers and duties of aldermen, justices of the peace, mag-istrates or constables: "Regulating the management of public schools, the building or repairing of school souses and the raising of money for such purposes: "Fixing the rate of interest: "Affecting the estates of minors or persons un-der disability, except after due notice to all par-ties in interest, to be recited in the special enact-ment: "Remitting fines, penalties and forfeitures, or funding moneys legally paid into the treasury: "Exempting property from taxation: "Regulating labor, trade, mining or manufac-

**ROBERT MCAFEE**, ary of the Commonwe 58-31-13t

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