Democratic Watchman.

Belletonte, Pa., May 9, 1913.

ONLY FOR THEE.

I have a smile my friend to greet, Hearty and pleasant for all I meet. Hidden from none: But I have a smile they do not know Lit by a deeper, tender glow. And I keep it in my heart below Only for one.

I have a song for every ear, Leaving an echo for to soothe and cheer When it is done; But I have a music of truer beat, Not to be poured at the great world's feet. Richer and softer and far more sweet, Only for one.

I have a love for all who care Aught of its warmth to claim or share. Free as the sun: But I have a love I do not hint, Gold that is stamped with my soul's imprint A wealth of gold, both mine and mint. Only for one.

SOIL HUNGER.

When Anne Paintor, seeking helpful labor and self-expression at forty-two, came to the Settlement House in Bleecker Street she brought to it a breath of the country. You first felt it in a certain prim capability and serenity. Then it appeared in her cooking and her dress and it cropped out unexpectedly in her quiet speech. It was pleasantly palpable, too, in all the Settlement activities during that first winter, though she, of course, knew it not.

Therefore, within her there was still a measure of discontent. True, her empty heart had opened wide to the children of the neighborhood and they in return liked her, eyen loved her. But they did not have need of her. That was what she hungered for-to be necessary. It is a cry as old as heartbreak.

March, when vagrant whiffs of spring blew into the occasionally open windows of the East Side or fluttered across its rear fences, Anne in exile felt an old stirring with a new poignancy.

"They'll be doing the spring plowing this week," she said, wistfully. And a few days later: "They'll be planting early peas. Mine would be in by this time. I hope Lem kept the tomato flats watered.

There was no blade of green in the streets she passed through, but she bought a pot of tulips for her room. "Poor things! You're not happy here,

are you?" she said, when she found their life a struggle against the feebleness that came from forced growth. And added, "I don't wonder!"

Then one day spring lured into the little stone-flagged rear yard and she noticed for the first time that along one side there was an old border bed, long uncultivated and almost hidden by a lum-ber pile. The soil was heavy and hard and lacking all promise. But instantly there was born in her the wish to try it, the need to have even here something to tax the skill that had always been hers, that each spring had been put to a new

she intended that the garden should be well. Anne was absurdly proud of it and a neighborhood possession. So the plants 'spent much time in its care. But the must be interesting friends for those who children! The children loved it, too, but Her their own wants were unsatisfied. the years of their short lives. Anne's purchases included a rake, a trowel, a large bag of fertilizer, a few bulbs, and numerous packages of seed. Her own wants were unsatistied. Her own especial flock were all window-sill ously guarded the integrity of the parent plot. But they were so very few among these swarming streets!

trowel, a large bag of fertilizer, a few bulbs, and numerous packages of seed. Her children spent one whole absorb-ing evening with the seeds. The packages, Now came a time when thinning was imperative. It had always been a hard with their bright-colored promises of beauty on the outside, were passed from test for tender-hearted Anne-to end ruthlessly these plant lives, even though hand to hand, felt, shaken at eager ears, it was to save their fellows. Now when discussed, and "chosen." Then little each was needed it was next to impossi-ble. She called for tin cans, and stealing holes in the corners were made and a few seeds shaken out on white paper and examined with a magnifying glass. This primary introduction to Wondermore and more earth from the bed, trans planted them into the tins. And daily applications from those who had no tinland has delighted most of us at one can garden-who had never had a gartime or another, so that we can understand in a measure the wonder of eager | den of any sort-kept the demand always ahead of the supply. baby minds to whom it was an utterly new revelation. "Please, Miss Paintor, may I have a

had never had plant friends in all

seed?" asked one.

promised Anne.

mous chorcs. "As soon as the garden is all planted,"

The result of the trip was six bags

when she was seven years old.

t melt, as had the other, in a day.

Then one day the thinning was all done, the tins all given away. At the same time came one Mary, aged six, with The request instantly became a unanipleading eyes and tongue. There was no garden at her house, and Fanny, aged four, couldn't go out because she was sick

in bed and she cried all the time for a garden like the other children had. The heavy city soil was a trial to the Anne's newly filled heart melted and one of her treasured plant charges was soon on its way to Fanny's bedsid

experienced country woman even after a neighborly White Wings had added a load of street sweepings. The bed had again been cultivated, and the fertilizer thor-Thus began the decline of Anne's gar-den, for she could not harden her heart oughly worked into it. Her seed must against the pleas that come to her day at least have their start in a warmer bed. by day. Steadily the border grew thin-So she planned a trip to the country. With half a dozen excited youngsters, ner and shorter as the young plants and

the soil went out among the tenements half a dozen stout paper bags, the trowel, and a basket of lunch, she crossed the to banish some child's tears. Her own East River by trolley-car and was slowly flock mourned the going of the garden, carried through the long miles of Brook-lyn to the open fields. The dollar from and those that knew asked no more, pleading that the rest be saved. But the need of those that had not seemed her scant store that she spent for car fare that day yielded rich returns. For all of the children it was a first picnic, a first visit to the country. Such children were plentifully easy to find near the Setgreater always than her own, and so she

As the strip of growing things shrank Anne's tenderness for it increased, and the plants responded with a sturdy growth that utterly belied their prison walls and scant three hours of sunshine of blackest leaf-mold scraped up in a frag-ment of wood-lot that the urban advance on the brightest day. But this made her had somehow dodged and that six chilthe more willing that they should go, for. now they had a chance to live and bloom dren of tenement and pavement had found endlessly mysterious and thrilling. For the first time in their lives they had When July was over the garden of promise was a shallow trench that was found flowers that they might freely pick and possess. For the first time they saw butterflies on the wing and a chipmunk as ugly as a fresh scar and might have been some sort of grave. But at one end bloomed a strange plant with great, broad leaves in a circular cluster and long, loose spikes of white, starlike flowin a tree. It was overwhelming, epochnicotiana, the botanists call it.

In the next day or two Anne planted As the summer sun sank behind the her garden, and she gave to it a loving care the riotous, unfailing beds at home had never known. She felt the analogy towering tenements each evening, Anne slipped out alone to the yard and, sitting lipped out alone to the yard and, solves beside the plant with the white, odorless blossoms, waited. As the shadows deep-blossoms, waited are also along and along alon had never known. She feit the analogy between the tender seeds that were des-tined for so stiff a struggle in this clois-tered spot and the children growing up under the same hard conditions and gen-erally with so little understanding. All ened, the hot, overladen air of day gave place to a cooler, sweeter air from above. Then the white flowers opened the vials the tenderest seeds, like the for-get-meof their sweetness and gave richly of a nots, the poppies, and the mignonette, had special beds of leaf-mold, and there was marvelous perfume, so that Anne, breathing deeply, was engulfed in it.

The well-remembered odor carried her back to the shadowed porch of a white even some for the vegetables that would enjoy it most. It was an admirable and cottage and a life as outwardly tranquil as this was not. She heard again the whir of night-moths and the wail of the variegated garden, most ingeniously planned for the utilization of every inch of space. At home, Ann reflected with a swooping hawks, the call of crickets and sigh, she would unhesitatingly have broadcasted the whole with a single the distant jangle of cow-bells.

In those days the restfulness had not sort. But she was happy. Here at last was something to lighten crammed lives that she was especially fitted to bestow. All the fine tenderness of her blossomed in rested. It had seemed so dully common-place and incomplete. Now the vivid memory came as a benediction. For knew what it meant to her and (Compore) orphanage and tomorrow we to others. She had been able to bring a will all start for Agra, from which place statement, it is true. blessing from the soil to those who hun-gered for it. She had given of her The left-over seeds had all been disto a hundred eager children before the heritage freely and in the giving had fulfilled the desire of her heart. She had first seedlings were showing above been wanted. She was needed. ground. But they were germinating ex-Tenderly she bent over the white bloscellently. Not a single variety was fail-"You are all that is left," she ing to make an appearance. Within a week she could see the little rows and said, "and I love you. But I would not have kept you if you had not grown too old to be transplanted. And if I had grown too old to be transplanted I would spots of delicate green from her upper window, and they were dearer to her than any garden since her very first, never have really known that I loved you."-By Carlyle Ellis. But now there came a new demand that astonished her greatly. One day two or three children came to her with The beautiful water lilly roots in the mud below the stream. All the fragrance small empty tins. "Please, Miss Paintor, may we have a and fairness of the flower are affected as the root is affected. If the root is injured the flower droops and its whiteness is marred by blot and blemish. A woman's There was a small surplus in the least sign of trouble. garden, and she gladly filled the tins. beauty is intimately related to the health Next day the requests increased and soon the surplus had disappeared. But still the children came to plead for of the delicate female organs. No woman who suffers constantly from female weakness can retain her good looks. One of the facts noted by women who have been cured of diseases of the delicate a handful of soil, and some of them wept when they found there was no more to womanly organs by Dr. Pierce's Favorite At first Anne could not believe. Was Prescription, is the return of the color to the cheek and the brightness to the eye her garden really the only place where these children could get soil—just a little handful of the good soil that nature had when the cure has been completed. "Favorite Prescription" has been well nam-ed by women who have been healed by its use, "A God-send to women." It dries spread so freely over all the countries of the world? She remembered having read that in places on the Rio Grande it was debilitating drains, cures inflammation forty-five feet thick. Here there was none to be had. Just a handful of earth! All that stood in the way of weeks of ulceration and female weakness, and reestablishes the ailing woman in sound health. Sick women are invited to conhappy, helpful interest to these myriad children was a little of this commonest sult Dr. Pierce, by letter, *free*. All cor-respondence private. Address Dr. R. V. Pierce, Buffalo, N. Y. of God's gifts, and it was denied them. By scraping around the edges of the bed and paring the top with her trowel Anne gathered another little pile and saw

FROM INDIA. By One on Medical Duty in that Far Eastern

Country. Off for the Hills. A Traveling Outfit for a Hot Country. Comfortable Stations. Dreaded Tuberculosis. "Punka" Fanned Churches

Dear Home Folk: COMPORE, MAY 19th, Although it is only the middle of May and, as you see, I am already well on my journey to the "Hills" in search of cooler weather, yet it is so extremely hot in the middle of the day that, sitting under an electric fan, with no more clothes on than is necessary to keep from having a chill, from excessive perspiration, I can scarcely endure the fearful heat.

One redeeming feature, the nights from about three o'clock to six are very comfortable, making one feel "worth while"

for the days following. Another season I will arrange to stay in Jhansi instead of making the "Hill" trip after cooler days, for with the "kuskus tatti" (a doorway made of bamboo and filled in three inches deep with dried grass) which is kept wet and through

the effect. which the loo blowing makes our room delightfully comfortable, and with the "punkah" going constantly, it is easier to their prominence, as also does a too orstay at home than to get ready for the nate belt or girdle. In the place of these journey to the mountains.

I want to tell you what I have with me for a six week's trip: A bed, roll or monly are supposed so to do, are not always to be depended upon. They must ton) to be used as a mattress; four sheets, six towels, four pillow cases, the line. steamer rug, rain coat, sweater, pillow,

kimona, mosquito net, rain umbrella, sun umbrella, (two thicknesses of covering) tennis racquet. (as essential as any of the to them. The dog collar, similarly, is a previous articles, for one must have ex- trying ornament, and very few there are ercise in this climate,) a native fan, the camera; then my large hand grip packed full of odds and ends; another basket with everything in the way of food to last me through my train journey; my basket hamper, with their clothes and steamer bunk, with heavy and light weight apparel; two hat boxes, for one's head must be protected, and last, but most precious of all, a blanket in which

is rolled my ice supply, and a "sauri," which is an earthen-ware porous bottle, which keeps my drinking water drinka-

I have two coolies to carry my burdens, and have to count each piece at all stops, else I would in some mysterious manner be short of the very thing most killed by lightning striking or following needed at the journey's end. All these such fences. preparations seemed absurd to me at the start, but as the water on the trains and at the different stations is positively poison to "us new comers," it is absolutely

necessary that everything be prepared before leaving our own home.

past. The average woman does not rea-lize that there are several shades of white. Despite the paradoxical sound of the I will pick up four little girls from this

The whitest white is called by the tech-nical phraser "blue white." It is the color of skimmed milk—so white that it to the sanitorium, the one here having

SAVED A DOUGLAS.

Sir William Ramsay's Quick Wit at the Battle of Poitiers.

In the battle of Poitiers (1356) a number of Scottish soldiers fought on the Dress may not "make" a woman, but side of the French, and several of them it can do a great deal toward making her were taken prisoners by the English. over, and it is because the Parisienne recognizes this and makes the most of her knowledge that she is reckoned an au-Among them was Sir Archibald Douglas. Being dressed in a suit of splendid thority in the matter of gowning, rather than because her clothes themselves are more attractive. Too many women dress armor, the victors thought they had captured-as indeed they had-some great nobleman. Several of the Engto be in fashion rather than to suit their lish were about to strip off his armor own particular requirements, which is a mistake, for the really modish woman, when Sir William Ramsay of Colluthie, while she keeps within the prescribed who was also a prisoner. happening to ividuality catch Sir Archibald's eye, gave him a in every line of her dress, and knows just meaning look.

how to make a fashion feature emphasize Pretending to be very angry, he cried out: "You rascal, how is it that you are If she is tall and angular, she does not wearing your master's armor? Come try to make herself appear stout by af-fecting bouffant hips or befrilled blouses. here and pull off my boots!" Douglas, seemingly thoroughly cowed, went Rather, by a deft arrangement of folds and lines, she contrives to turn the angles humbly forward and drew off a boot, with which Sir William began to beat into curves, and her height into a desirable characteristic by adopting long graceful trains. Nothing is more ludi him. The English onlookers at once interfered on Douglas' behalf, saying crous than a tall person in an abbrevi-ated skirt. Even a half-inch is quite that he was a person of great rank and a lord. sufficient to make a great difference in

"What!" shouted Ramsay. "He a If hips and bust are unduly prominent, lord? Why, he is a base knave and, I suppose, has slain his master. Go, you drawing in the waist only accentuates villain, and search the field for the body of my cousin, your master, and a cordeliere is a boon. Low-swung drap-eries and foot-trimmings properly treat-ed, lend height, but panels, which comwhen you have found it let me know, that I may give it decent burial."

All this was acted so naturally that the English allowed Ramsay to ransom the pretended manservant for 40 shileffectively serve this purpose when supelemented by a second feature continuing lings. The money having been paid, Sir William gave Douglas another The woman whose neck is thin, and thrashing and then bade him begone. perhaps stringy, had best forego neck-laces of any sort, for they conceal none Sir Archibald lost no time in effecting his escape, which he owed solely to the of the defects but rather call attention ingenuity of his friend.

BULLS IN PARLIAMENT.

The Welcome Sound That Cheered Lord Balfour of Burleigh.

hould be carefully considered. If hol-It would be hard to say which of England's two houses of legislature ed out the "takes the cake" for committing howlers, and still more difficult to pick out square cut neck, for the best portion of her neck is apt to be just below the collarbone. The V-shape emphasizes slenderness, but should be avoided if the the member who has taken pride of place in this respect during recent years. But perhaps for simple effecface is long and thin .-- Philadelphia tiveness Lord Balfour of Burleigh would be hard to beat when he said, "The noble lord shakes his head, and I If you are caught in a thunderstorm in am glad to hear it!"

Another noble lord during a debate the open do not carry an umbrella, and do not take shelter under a lonely tree or on Indian affairs exclaimed: "Talk of a small group of trees. Keep away from wire fences. Many cattle have been this as a loan to India! It is a flea bite in the ocean!" Nevertheless it stands to reason that the lower house is more prolific in quantity, if not in There is more danger near a body of quality, in its stock of howlers than water than in the midst of dry land, but the upper, seeing that it has so many by keeping indoors one may feel secure more opportunities.

Captain Craig, the flery Ulsterman, White is to be much worn this summer, cooked the following oratorical stew: just as it has been for several seasons "The naked sword is drawn for the fight, and never again will the black smoke of the Nationalists' tar barrels drift on the home rule wind to darken the hearts of Englishmen." If anything could kill home rule one would

FOR AND ABOUT WOMEN DAILY THOUGHT. Wipe out the past, trust the future, and live in

glorious now.-Elizabeth Towne.

realms of style, expresses in

every charm and conceal every lack.

should attempt to wear it.

chief claim to beauty in the decolletage

not it is a mistake to interrupt it.

shoulders, until they can be fill

The shape of the decolletage,

wise woman will confine herself to

even on the shore of a lake or river.

is the curve of the neck, and oftener than

lows exist where the neck joins the

The

test. To make a garden was for her as natural and necessary as to mother stray infants. Here in this gardenless place she realized it for the first time. Stripping bare one end of the border, she examined the caked soil critically.

"Now for the fork!"

She was in the basement before she realized that there would be no four-tined spading-fork here. They might not even have a spade. What an un-natural place was this stone-sealed part of earth!

The best she could find was the coalshovel, and she carried it out into the yard exultantly. How pleasant it was to feel the iron go cutting into the caked earth under the foot that for all its experience would slip off the unaccustom ed roundness of the shovel-top. Six feet of the border had been loosed to the full depth of the blade and pulverized to exemplary fineness before she stopped, glowing and a little breathless.

After school came the children, and be spared she called for volunteers to help her move the lumber. By this time the amazing news was public property throughout the block. Miss Paintor was going to make a garden. There was no lack of help for the transfer of the lumber pile. To have accepted all applicants would have been to divide the pile into fractions of a stick per helper.

"The next thing to do," explained Anne to her young friends, "is to dig up the earth until it is all fine and loose, so that it will make a comfortable bed for the

She began spading vigorously with the coal-shovel again, and her proficiency was an amazement both to the band of spectators beside her and to those that filled the fire-escapes and windows of spectators beside her and to those that filled the fire-escapes and windows of the adjoining tenements. "In the country," she explained, "we would do this with a spade, which is much better for digging." "Me fadder's got a spade. Use the space sp

'Me fadder's got a spade. He ain't woikin'," announced small Joseph, and dashed away at incredible speed.

The arrival of the spade was the signal for eager volunteering to its use. Some of the volunteers were hardly big enough to lift it, but each that could was permitted a trial. It was, they found, far more difficult than one would have imagined from watching Miss Paintor, but a wholly fascinating occupation filled with the charm of novelty, and the little bed had been turned over twice from end was always unfilled. to end before all were well initiated. Anne thought, with a smile, of Tom Sawyer and his job of whitewashing. had given, yet she found these people pouring out their gratitude in bewilder-

Next morning she visited a seed store —a magical place in a far downtown ing speech as if she had done som crowning thing. Just a handful of soil! And here was a street where were stored the germs of all the strange and beautiful plants that ever were grown by man. There was a thrill to the familiar annual ceremony of selection heretofore made from a portable case on the counter of the general store, and making it from this general store, and making it from this vast treasure-house of marvelous po-tentialities was a delight. Then, too, a new purpose added new flutters to the old ones in poor, plain Anne's simple old ones in poor, plain Anne's simple

Yet her new pity made her long to try to save them, as she had yearned over some of the little white-faced children. Choosing her spring seeds had always But there was a reason for their going. It would free several feet of soils for the clambering pots and tins. In less than a been to Anne next in importance to choosing her friends. As the plants were to be close companions for a season, she was careful that they should make as soul-satisfying a group as pos-sible. And now she had the children of the Settlement to choose for as well, for

life.

The Largest Flower.

Can you imagine a blossom as large as a carriage wheel? Far up on the moun-tain of Parag, in the Philippinoes 2,500 feet above the sea level, some explorers were wandering, when they came across flower buds larger than a gigantic cabage head.

Greatly astonished, they searched What could it mean? She visited the further, and presently discovered a full-blown blossom, five petaled, and three feet in diameter. It was carried on lowenement homes of her child friends to find out. Everywhere on sills and on fire-escapes were the little pots and tins, their pale, spindly occupants carefully tended. lying, luxuriant vines. The natives call it bolo. It was found

It wasn't a sudden, new fad, she found. impossible to preserve it fresh, so they photographed it, and kept some dried petals to press, and by improvised scales found that a single flower weighed twen-ty-two pounds. You could not crown your May queen with flowers like that. It was a great hunger that did not die with the years. The need of touch with the soil, of companionship with growing things that had been filled for her all these years, was a need here, too, but it It was afterward found to be a species Just a handful of soil! It was all she

of rafflesia, named after Sir Stamford Raffles. The new flower was called Ruffles Schadenburgia, in honor of its dis-coverer, Dr. Schadenburgia—a big name for a big blossom.—*Selected*.

mother weeping over the little leaves that it had grown, weeping because they had brightened the last days of a baby's "If I had only known!" That is the cry of so many who pay the costly penalty Nature exacts even for sins of ignorance. There is no excuse for ignorance of the laws of health and physical being when these are taught with the purest science and in plainest English, in a book which is given away. Dr. Pierce's Medical Ad-view 1008 pages and over 200 illustra-That night after dark Anne pulled up ing at Simla. is given awdy. Dr. Pierce's Medical Ad-viser, 1008 pages, and over 700 illustra-tions sent *free* on receipt of stamps to defray expense of mailing only. Send 21 one-cent stamps for the book in paper covers, or 31 stamps for cloth binding. Address Dr. R. V. Pierce, Buffalo, N. Y.

One of the prettiest tricks is to outline

with fruit-eggs in every way, cereals other than rice and nut dishes can be the girdle of an evening gown with chiffon roses, front and back, and repeat the roses elsewhere on bodice and drapery. substituted frequently at lunche breakfast for meat dishes.

[Con

become infected with tuberculosis and has a tinge of blue in it. "Dead white" comes next, and is a sort of chalk white. must be opened to the sun, which Miss Then plain "white" comes in the list, and Webb, (who is in charge) is doing by 'oyster white" follows: This latter is a having the roof taken off. The Indian white of a grayish tone. "Cream white' and "ivory white" are other shades of child seems peculiarly susceptible to tuwhite recognized as separate hues. Oyster white is much favored this seaberculosis and a girl well, strong and fat will in a few days be having hemorrhagson, and some of the lovely cottons are es and die in a few weeks, and as it shown too in cream and ivory whites. seems to be the girls that thus far have contracted the disease, and they are the

Japanese matting makes very suitable best and brighest in the school, Miss curtains for a porch. For an out-of-door Webb is distinctly discouraged and rushes living-room, glassed in the winter and them away as fast as they develop the screened in the summer, one can have them away as fast as they develop the curtains of sun-fast materials run on small rods. The new green shading to-ward blue is beautiful in a room of that I am taking this trip in easy stages sort. One of the open-mesh sun-fast materials is better than one more closely only traveling at night, as the heat by day is too intense on the trains. In most woven. The effect should be very thin of the stations of India are very luxuriand airy. ous rest rooms provided with maids.

(avahs) "punkas," cane couches and, in Women have copied men in wearing fact, all home comforts, and one is ena-bled to get into a kimona and rest com-popular for some time. Nothing seems to supplant white for very long, but there fortably under a swinging "punka" for le shades of mushroom colors, of one, two, three or four hours in the midtan and gray, which will never be out of dle of the day or when one is compelled to wait on a good connection; and you have no idea how fresh one feels to start in an and gray, which will never be don't fashion. They can be worn with gowns of any color, especially the tan, and recommend themselves as being rather less easily soiled than pure white or cream, I have been sitting here watching the

servants clear away the debris of five A beautiful color scheme was recently carried out on a porch with the Canton chairs, Japanese wicker trays on folding legs, and dull rich blue pottery. The linen cushions in the Canton chairs gave linen cushions in the called a Spanish the color note. It was called a Spanish linen. It had a brown backgrou figures in dull blue, mulberry, and blue green. The blue dishes matched the blue, rugs and growing things the green, and some queer bags for holding fancy work and magazines the lavender. These bags were hung on the arms of the chairs and were a great comfort to any one sit-

ting there. The white iron tables with the huge umbrellas over them are very convenient for an unshaded back lawn. You can, of course, get the umbrellas separately and attach them to an ordinary table. A ceiling, and which were so arranged that large part of the expense is in the iron table, but it will last for an indefinite time. There are white iron chairs to match the table.

constant wave like motion, added to It would be just as sensible to fill your pockets with coal and expect to keep warm, as it is to fill the stomach with which the storm almost drove us into a pandemonium of fright. The rain, which food and expect to keep strong. Coal is followed, was so hard that we all rejoicconverted into heat only by combustion. Food is converted into strength only by digestion. When the digestive and nutri-tive system is deranged the food crowded at feeling the air cleared, but an hour after we got into bed you could have wrung water from our sheets, so you see ed into the stomach is an injury to the body it should sustain. Many a severe illness would be saved if people would our joy was short-lived. I am writing this en route, but the train "jiggles" so very much that I will finish upon arrivpay more attention to the warnings of the deranged stomach. Many a person the deranged stomach. Many a person pays a doctor's bill for treatment for "heart trouble," nervousness, sleepless-ness or other ailments caused by "stom-ach trouble," who could have been cheap-Macaroni and spaghetti dishes with Macaroni and spaghetti disnes with cheese, cheese ramekins and omelets, pea and bean souffles and purees, dishes of rice—curried, served with tomato, pep-per or fish, moulded and chilled or served ly and completely cured by a few doses of Dr. Pierce's Golden Medical Discovery the great remedy for diseases of the organs of digestion and nutrition.

> ----For high class Job Work come to the WATCHMAN Office.

think that would

Sir W. Hart Dyke was criticising the standing order forbidding peers from speaking during general elections. Some one had quoted Lord Halsbury as doing so, and Sir William solemnly said. "I must admit that the honorable gentleman has gone to the top of the tree and caught a very large fish." -London Tit-Bits.

Easy.

"Henry," she said, "I wish I could organize a society of some kind. It seems to be the only way to secure social recognition in this town." "Well, why don't you go ahead and

organize one?" "I can't think of anything that I'm an authority on. If I should organize

a drama club some other woman who knew more about the drama than I would butt in and get herself elected president. It would be the same way with suffrage, ethical culture and child study and music. I'm unfortunately not an authority on any of these things, and if I got up a society I should, of course, want to be the head of it."

"Well, why not organize a Browning club? You can pretend to know all about Browning, and the other women who pretend to know all about him won't know whether you're fooling them or not."-Chicago Record-Herald.

Five Varieties of Salmon. Kamchatka has five varieties of salmon-chavitcha (king salmon), krasnaja (red salmon), keta (dog salmon), gorbusha (humpback salmon) and kishutch (sockeye salmon). The run of chavitcha begins about May 10 to 20 (old style) during the period of spring rains and the overflow of muddy water. They run in large schools, and the run continues for several days. The fish, which weigh twenty to twenty-five

pounds. is purely a Kamchatka fish and is not found in the Okhotsk and other districts .- Consular and Trade Reports.

He Didn't Hush.

"Mamma." queried little Willie. what is 'hush?' "

"Why do you ask, dear?" said his mother.

"Because." explained the observing archin. "when 1 asked sister what made her hair all mussed after her beau was here this afternoon she said. 'Hush, dear.' "-Chicago News.

Deadlier and Safer.

"Let's send the czar a bomb conceal ed in a plum pudding."

"Why not merely send him a plum pudding?" suggested the other callous plotter. "If he eats it our work is done and we run no risks."-Louisville Courier-Journal.

If you would raise others live yourself as a mountain.-Farrar.

trees, uprooted during a storm last night, the first I have experienced in this country; it was a frightful one and means hotter weather, so on the advice of friends I have changed all my tickets and plans and will go straight to Simla tonight, as it seems I am running all sorts of risks to my health in traveling about in this heat. I thought of you last night in church.

again after a comfortable "siesta."

and wondered how you would have fancied the Methodist Episcopal church here; a big, barren room, the only decorations of which were the "punkas" placed at three-foot intervals over the entire ceiling, and which were so arranged that rope, keep three punkas moving. Could you enjoy a service with that ceiling in a