

REALIZE LACK OF CONDITION

Summer Time and a Bathing Suit
Combine to Wake Up the Too
Fat Business Man.

"From the letters pouring in from the shore, it's evident I must enlarge my gym again this year."

The speaker, a noted physical instructor, swung round from his unusually heavy mail.

"It's at the seashore—in his bathing suit at the seashore—that the American business-man first realizes his weight," the instructor continued. "Stand on a sun-drenched August beach and watch the white-legged, white-armed business-man, just arrived for his vacation. Watch him puff out his chest as he walks seaward. Watch him keep a sharp eye on his stomach, lest it stick out farther than his chest does. Talk about the vanity of woman."

"But, if you keep on watching you'll see his smile turn to a worried look. You'll see his ballooning chest, tired out, collapse. You'll see his stomach resume its rightful position, on ahead of him, like a captain, leading the way."

"And as the business-man eyes with anxiety and disgust his protruding stomach, he realizes at last that he is becoming that hated thing, a fat man, and his thoughts turn to dumb-bells, golf and tennis, and he resolves to write to me."

"He writes that afternoon after an unusually abstemious luncheon. And here are his letters—50 of them—50 by every mail—dated from Atlantic City and Bar Harbor, Long Branch and Cape May, Narragansett and Bay Head."

CITY'S MEAGER MILK SUPPLY

Spanish Capital No Place for One in Any Way Fond of the Lactal Fluid.

There are no large dairying concerns in Madrid. Part of the milk supply comes from goats and a few cows pastured near the city and kept in lecherias in the city, where they are milked; some is brought in from near-by farms, usually about six gallons in tin cans in straw baskets slung across a horse upon which the rider mounts; some from neighboring villages by train or wagon, all in tin cans; and a small amount from northern Spain by train—a twenty-four-hour trip. Deliveries to regular patrons are made by moses carrying a frame from which are suspended about eighteen small pails or bottles, each holding about a quart, but it is probable that most of the families in Madrid do not receive regular supplies, such as is needed being brought in by some member of the family, or a servant, who carries any convenient vessel or picher from the house. This milk is secured from small milk shops, called lecherias, of which there are about 550 shown in the city directory. The milk is always boiled as soon as it is brought into the house. It is almost impossible to secure cream and it is almost invariably sour when obtained.

Reindeer in Alaska Increase.
From 1892 to 1902 the United States bureau of education introduced 1,280 European reindeer into Alaska at a time when the natives were threatened with starvation. At the present time these herds have increased to a total of 33,629 head. Their meat is in great demand by both whites and natives, and their skins supply the best winter clothing. It is expected that the exportation of reindeer meat will soon become an important industry. Above all, the reindeer has proved a most efficient civilizing agency. The success of the Alaskan reindeer enterprise induced Dr. Wilfred Grenfell, in 1903, to import 300 reindeer from Lapland into Labrador, where they have now increased to about 1,200, and are a great boon to the natives. Last year the Canadian government bought 50 of Dr. Grenfell's herd for introduction into northern Canada.

Stupendous Figures in Fly Descent.
Dr. Howard of the bureau of ethnology, Washington, calculates that a single horsefly, starting about April 15 with an average brood of 120, would, if all her eggs were hatched and all in turn reproduced in like ratio, see by the end of the season her progeny to the number of 1,096,181,249,311,720,000,000,000,000.

As each female usually lays four batches of eggs their unchecked development through twelve generations would make a mass of flies measuring 263,778,165,861 cubic miles, or considerably more than the size of the earth.

"Fortunately," comments the Medical Record, "there are many things destructive to eggs, larvae and adult flies, so the number of the latter is kept down to a possible figure."

Vindicate the Divining Rod.
Official experiments made in German South Africa with the divining rod as a means of detecting hidden water seem to vindicate the efficiency of the witch hazel stick. About 800 trials were made and the rod was successful in 80 per cent. of them. It has also been made use of in Hanover with some success in the location of veins of the salts of potash. These results have attracted so much attention that the French minister of agriculture has appointed a committee to make similar investigations.

The growing child has to be doubly nourished—once for the ordinary needs of the body and once for growth. A great many times there is not enough nourishing food taken to provide for the needs of growth: the body is poor, the blood thin, and every condition is suitable for the lodgment of disease in the enfeebled system. Dr. Pierce's Golden Medical Discovery is a food medicine. It furnishes the body through the blood with all the elements needed to make sound flesh and sturdy muscle. Don't let your child be handicapped in the race of life. Give it "Golden Medical Discovery" and that will give it strength.

Medical.

Fact

LOCAL EVIDENCE.
Evidence that can be verified.
Fact is what we want.
Opinion is not enough.
Opinions differ.
Here's a Bellefonte fact.
You can test it.

Mrs. C. Johnson, 366 E. Bishop St., Bellefonte, Pa., says: "My back was so lame and painful that I could hardly get around and dizzy spells were common. I was restless at night and my kidneys gave me great annoyance, the kidney secretions being unnatural. On one of my family's advice I used Doan's Kidney Pills, procured at Green's Pharmacy Co. and they did me more good than any other medicine I had previously taken. The kidney secretions became natural and the pains and lameness in my back was removed. I heartily recommend Doan's Kidney Pills to anyone having kidney complaint. They permanently cured me of kidney trouble. Others of my family have taken Doan's Kidney Pills and in each case benefit has been had."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

Attention Farmers.

Spraying Time

Is almost here! Are you going to spray? It will give you Good Returns. We have SMALL and BARREL SPRAYERS, also Spray Material.

Possibly you have in mind a Manure Spreader. We represent the NEW IDEA SPREADER.

You can try one and know it is the best before you settle for it.

WIARD PLOWS.
We sell all kinds of them. Both Walking and Reversible Sulkey Plows.

Spring and Spike Tooth Harrows, Hoosier and Evans two row, Corn Planters with double disc furrow openers and fertilizer attachments complete. Single Disc Harrows, Land Rollers, Grain Drills.

METAL TROUGHS
for Cattle, Hogs and Chickens. Poultry Grit, Meal, and Farm Seeds.

BROOKVILLE WAGONS, GASOLINE ENGINES, FERTILIZERS AND SAND PLASTER. In fact everything the agriculturist needs. We have BARGAINS FOR YOU IF YOU ARE LOOKING FOR THEM.

JOHN G. DUBBS,
58-60m. BELLEFONTE, PA.

Waverly Oils.

Not crude, compressed gas, but refined, distilled gasoline—call for Waverly Gasolines

Power Without Carbon
FREE—320 page book—all sizes.

WAVERTY OIL WORKS CO.
Pittsburgh, Pa.
LAMP OILS LUBRICANTS

Hardware.



We Take the Risk

We know you will be delighted with the O-Cedar Polish Mop.

We know you will welcome the relief it brings.

We know you will appreciate the hard work it saves.

We know you will be pleased with the way it dusts, cleans and polishes—all at the same time.

That is why we say:—
Try the O-Cedar Polish Mop for 2 days at our risk. If it is not satisfactory, we do not want you to keep it.

The price—\$1.50—will be returned without question if it is not all, and more, than we claim. You to be the judge.

Olewine's Hardware.

Shoes. Shoes. Clothing.

Yeager's Shoe Store

"FITZEZY"
The Ladies' Shoe that Cures Corns

Sold only at
Yeager's Shoe Store,
Bush Arcade Building, BELLEFONTE, PA.

If you want GOOD JOB WORK, the kind you are not ashamed to send out, come to this office to get it. We always aim to satisfy YOU.

Keep well-informed during the whole year
By reading the DEMOCRATIC WATCHMAN

Aggregate Statement of the Triennial Assessment of Centre Co., Pa., as made by the Assessors for 1913.

DISTRICTS.	Houses and Lots.	Seated Lands.	Unseated Lands.	Horses and Mules.	Cows.	Occupations.	For State Tax.	Dogs.
	Number of Resident Taxables.	Aggregate Value.	Aggregate Value.	Aggregate Value.	Aggregate Value.	Aggregate Value.	Aggregate Value.	Aggregate Value.
Bellefonte Boro, N. W.	556	432,836,430		278,000	73	5,490	75	21
Bellefonte Boro, S. W.	596	353,574,410		106,000	47	3,345	71	2
Bellefonte Boro, W. W.	249	153,227,050		21,700	51	4,290	84	4
Centre Hall Boro.	231	198,158,970		2,500	60	4,400	73	16
Howard Boro.	225	167,78,655		17,200	47	2,855	61	21
Milesburg Boro.	265	303,176,530		30,600	14	710	50	21
Millheim Boro.	332	211,290,450		32,300	70	5,225	75	21
Phillipsburg Boro, 1st W.	422	341,454,310		43,200	43	2,330	65	10
Phillipsburg Boro, 2nd W.	422	386,178,425		32,900	31	3,775	46	6
Phillipsburg Boro, 3rd W.	230	132,32,675		56,000	24	680	28	14
Snow Shoe Boro.	492	452,650,425		20,400	54	2,410	45	45
State College Boro.	217	153,37,000		1,992,000	81	6,605	81	11
South Phillipsburg Boro.	250	153,37,000		4,700	8	265	33	6
Unionville Boro.	373	250	13,974	565,878	941	1,365	26,500	351
Benner Twp.	503	15,427	249,170	15,107	17,100	14,600	272	16,430
Boggs Twp.	125	7,381	84,537	38,178	41,126	10,600	45	2,330
Burnside Twp.	339	5,284	103,347	17,376	23,833	11,500	303	24,240
College Twp.	229	26,500	585,938	4,712	8,874	33,000	405	26,790
Curtin Twp.	537	22,022	575,137	2,210	2,144	32,100	448	40,210
Ferguson Twp.	478	17,114	488,607	4,903	5,324	32,000	375	28,362
Gregg Twp.	175	10,010	308,050	3,385	3,506	15,500	51	1,440
Haines Twp.	157	9,097	146,780	3,455	4,414	5,500	103	6,415
Half Moon Twp.	223	10,958	95,232	4,042	7,883	10,650	140	8,325
Harris Twp.	285	10,314	467,853	364	1,000	11,500	156	9,105
Houston Twp.	285	10,787	153,952	5,502	5,463	12,200	306	12,935
Liberty Twp.	460	23,297	446,418	11,947	19,917	26,200	319	28,100
Marion Twp.	289	10,709	260,714	3,495	3,136	16,400	213	16,085
Miles Twp.	243	12,085	353,945	1,121	1,034	20,000	232	19,755
Patton Twp.	554	25,177	626,890	2,797	2,732	32,600	543	32,540
Penn Twp.	1,104	7,711	471,485	68,879	244,202	29,600	252	12,655
Potter Twp.	654	3,491	183,989	61,465	74,212	25,500	153	6,210
Rush Twp.	195	12,192	722,229	1,902	3,139	15,000	398	27,203
Spring Twp.	240	13,559	83,275	1,692	1,953	12,600	100	7,545
Taylor Twp.	407	7,750	131,890	12,097	14,883	10,000	144	9,680
Union Twp.	497	14,909	440,314	11,331	13,731	25,000	313	21,470
Walker Twp.	256	9,195	117,802	3,630	10,632	10,600	138	8,140
Worth Twp.								
Totals	14,853	4,312	3,666,265	317,112	8,079,530	288,387	151,421	3,850,213

In accordance with the Act of General Assembly, regulating the Triennial Assessments and constituting a Board of Revision, the County Commissioners of Centre County publish the above statements made by the Assessor for the several districts of Centre County for the year 1913 upon all property taxable by law.

And further give notice that Friday, February 23d, and Saturday, March 1st, 1913, have been fixed upon which finally to determine whether any of the valuations of the Assessors have been made below a just rate; reserving, however, the right to perform the duties of a Board of Revision upon the same day, and at the same time and place, of holding the appeals for the several townships and boroughs, as provided by Act of 27th of April 1909, P. L. 244.

The rate of millage for 1913 has been fixed at 7 mills, and includes millage to raise funds for the annual sinking fund, and interest on county bonds, and for outstanding notes and other current obligations of the county.

NOTICE OF TRIENNIAL ASSESSMENT APPEALS FOR 1913.
Notice is hereby given that the Commissioners of Centre County, Pennsylvania, will meet the taxpayers of the various districts of the county for the purpose of hearing appeals, at the following times and places:

Monday, April 7.
Bellefonte Borough, at the Commissioners' Office.
Tuesday, April 8.
Benner and Spring Townships, at Commissioners' Office.
Wednesday, April 9.
Milesburg Borough and Boggs Township, at Commissioners' Office.
Thursday, April 10.
Snow Shoe Borough, Snow Shoe Township and Burnside Township, at the Mountain House, Snow Shoe.
Friday, April 11.
Phillipsburg Borough, South Phillipsburg Borough, and Rush Township, in the Public Building, Phillipsburg.

Spring Suits Ready for Easter

You can make your selection quickly and satisfactorily from a complete showing, embracing the newest ideas in model, fabric and color. Special attention is directed to the moderate cost of these garments; men who incline toward economy are invited to study our values.

Stylish Models, \$10.00 and up.

FAUBLE'S.

Keep well-informed during the whole year
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