

SECRET BURIED IN A TOMB

"Jerome," Nova Scotia's Legless Man of Mystery, Silent for Half Century, is Dead.

Within a few hundred yards of a beach where fifty-one years ago two fishermen found him with his legs amputated, "Jerome," Nova Scotia's man of mystery, died a few days ago, silent to the end about his identity.

Although he undoubtedly possessed the power of speech, "Jerome" had not conversed with anyone in the half century he had been cared for by Didier Comeau and the latter's sons and daughters. During all of this time "Jerome" had remained a mystery to the settlers here, most of whom are known as "returned Acadians," being the descendants of the compatriots of Evangeline who returned to this part of their adopted country after their expulsion by the English in 1755.

Away back in the summer of 1861, according to tradition, a ship departed from those usually seen here, put off a small boat which made for the shore and deposited above the tide line an object that several hours later was discovered to be a man. His legs had been freshly amputated and there was a jug of water and a package of ship's biscuits beside the man, who had suffered greatly from exposure.

Physicians from all parts of the world who have visited this land of Evangeline in the fifty-one summers that have elapsed since "Jerome" was found on the beach, have studied the man's case. Most of them have agreed that he might have spoken had he desired to do so; one or two have vouchsafed the opinion that some terrible experience through which "Jerome" passed frightened him out of his senses and rendered him unable to utter an intelligible word.—New York World.

A Home Ruler Before Gladstone. Sir Wilfrid Lawson was a home ruler long before Mr. Gladstone. In 1881, when the Liberal government was engaged in a policy of active repression in Ireland, Lawson, in an address to his constituents at Carlisle, summarized the situation with characteristic shrewdness. "I am convinced of one thing," he said, "that, as surely as I stand here, a disaffected nation, hating the rule of the nation that governs it, is not a source of strength to that country, but a source of weakness to everyone concerned in the matter. Suppose you had a housemaid who was continually breaking the crockery, who went into hysterics once a week, and had to be put into a strait waistcoat, and three or four policemen brought in to keep her in order, would you keep her? No; you would say: 'Wayward sister, go in peace.'—London Chronicle.

Belated Appreciation. A workman called at the home of President Taft's brother Charlie, in Cincinnati, to perform some odd job, and he paused to note some of the priceless paintings in Brother Charlie's private gallery. He was attracted to a small original Van Dyke and moved up closer to get a better look. "Ah!" he exclaimed. "I've got that same thing down home. Yes, it's exactly like that. My wife got it some place here in town. Are they worth much?" "That one is worth \$35,000," he was told. "Hum!" he murmured. "I guess I'll have ours framed."

A Well-Meaning Bride. "Darling," said the young bride, "I don't mind you going to baseball games." "Thank you, dearie," he said. "But there is one thing I wish you'd do." "And what is that?" he inquired. "When the team is going to play an extra-inning game I want you to call me up beforehand so that I will know when to have supper ready."

ALGERNON IN DISTRESS

HAD HE GIVEN HIS OWN PILLS TO HIS SICK SISTER?

Apparent Mixup in "Medsums" Alarmed Him Exceedingly, for It Might Have Killed Her, and "Life is Very Scarce."

"Good ebenin', sah, good ebenin'," responded Algernon to Mr. Topfloor's greeting, but his voice sounded distraught and Mr. Topfloor glancing at his troubled countenance, inquired: "What's the matter, Algernon? Elevator on the blink?"

"No, sah, dat ain't it. I's mos' distress, an' I's mighty glad yo's come in, 'cos I wan' ast yo' advice 'bout a mos' serious mattah. I was to my doctah's dis a'ernoon to deport to him 'bout de condition ob my sister, an' w'ile I was dere, I t'ought I might's well git some medsum fo' mysef, too. So I ast him to gib me some pills, or a lotion or a tonic, or some'pin ob dat kin'. An' he say, 'Wot yo' wan' medsum fo', Algernon?' he say, an' I tol' him dat fo' de las' t'ree days I'b'en trouble wif a sort o' dizziness in my feet dat was mos' noyin', 'specially w'en I'm runnin' de elevator. So he say he gib me some'pin fo' dat, an' den he han' me a box pills fo' my sister an' a box pills fo' mysef. He didn't put no name on de boxes, but de one dat was my box, it had de leashes I'l brack speck on de side, so of cos' I know which it was. I lef' de medsum at my sister's do' an' didn't take notice dat I lef' her de wrong box till af'er I'b'en hesh 'bout a hour. I's f'aid, Mistoh Topflo', dat my pills wouldn't be de kin' fo' her an' dat dey mebbe kill her ef she take 'nuff ob dem, an' I's jes' b'en mos' crazy 'bout it! Wot does yo' tink, Mistah Topflo'—does yo' tink dat pills fo' dizziness in de feet would be baif fo' amonia ob de lungs?"

"I can't say, Algernon, but I think they might be," replied Mr. Topfloor; "you'd better go to your sister's house as quickly as you can and tell her not to take them."

"I cayn' leashe dis heah elevator at de presum' time, no how, dere's too much 'pendin' on me fo' dat. Yessah, I could ast de janitor to run it fo' me fo' a half hour or so. I nevah t'ought o' dat. Yessah, dat would be de va'y bes way. I know yo' w'ise me so I fin' some resolution ob de question. Yessah, I go raight down to de janitor an' tell him de state ob de 'fair. Min' yo' step, sah, de elevator ain' square wif de flo'! Yessah, I come tell yo' de 'sult ob de vestigation, des' soon as I know mysef, t'ank yo' sah," concluded Algernon as the elevator passed down the shaft out of sight.

An hour later Algernon appeared at the Topfloors' door and announced beamingly: "It's all right, sah. De janitor he resented to run the elevator fo' me w'ile I went to 'vestigate 'bout de pills. It's a mighty queer t'ing, Mistoh Topflo'. My sister she hadn't took one ob dem pills in de p'am of her raight han' dat tol' her de pills wasn't hers, an' dey couldn't git her to swallow one, no how. But de queeres ob de whole cumstance am dat I foun' dat de box I lef' her was de raight box, af'er all! So de whole t'ing tu'n out fo' de bes'. But ef it had a-b'en dem pow'ful pills ob mine, I reckon she he dat now an' I'd a-b'en mighty sorry, 'cos life is ve'y scarce, Mistoh Topflo'—very scarce."—New York Press.

A Greek Name. Greek may have gone out of fashion, but Greeks have not. The being who used to live for us only in the pages of ancient history is now a familiar figure in every American city. "Mention the name of some well known Greek," said the teacher of a juvenile class in history. "George," spoke up a curly haired little boy. "George who?" "I don't know the rest of his name, ma'am. He comes round to our house every Thursday with bananas and oranges."

Such a Nice Time. Dorothy was so homesick at her first party and cried so bitterly that the hostess's mother suggested that it would be better for her to go home. Dorothy accepted the idea, but a few minutes later, upon answering a timid ring at the door, the hostess's mother found Dorothy bathed in tears. "Well, Dorothy, I am glad to see you again. Did you decide to come back to us?" "No'm'm, I forgot t-to say I h-had such a nice time!"—Browning's Magazine.

Heirlooms. "And is this an heirloom, too?" asked the visitor, picking up a brick that lay on the center table. "Yes," said the lady of the house. "That is the brick my mother threw at the prime minister." "Ah, indeed, how very interesting," said the visitor. "And whose portrait is that on the wall?" "That is my mother herself," said the lady. "I see," said the visitor. "The power behind the throne, as it were."—Harper's Weekly.

Discovered. "That man has an idea that he understands women. He's a widower, I believe." "Nope. If he's got any such idea as that he's a black'do!"

PROPERLY MADE TEA

THE MOST HEALTHFUL AND EXHILARATING OF BEVERAGES.

Where It Does Harm the Fault is Always With the Maker—Unwholesome Qualities Are Brought Out in the Steeping.

It is said that we tan our stomachs and become, therefore, incapable of digesting food—that we turn into nervous wrecks if we drink tea. And this would be so if we used tea immoderately and made it carelessly. Let us investigate a little and see what can be done to preserve to our use the cup that cheers.

Analysis shows that tea is rich in proteid, that it contains alkaloids—thein—and a volatile oil and tannic acid. Its stimulating effect is due to thein and the oil—its astringency is caused by the tannic acid. Thein is so soluble that it is almost immediately drawn from the leaf when brought into contact with boiling water. Thein stimulates gastric digestion, but the tannic acid and oil are harmful. Experiments show that tannic acid is developed in very small quantity as soon as tea comes in contact with boiling water, and that more tannic acid is developed when tea has steeped five minutes than when it has steeped three minutes, and that the longer it stands the more this acid is drawn out.

It is known that tea is stimulating, refreshing and an alleviator of headache and bodily fatigue. It has a slight influence in regulating the circulation of the blood and the temperature of the body. It is one of the most warming drinks in winter and cooling drinks in summer.

In view of these facts all will admit that to get the good and reject the unwholesome qualities of tea it is necessary to make it with freshly boiled water—fast boiling because the stimulating property, thein, cannot be extracted below the boiling point—and for this reason also the teapot should be thoroughly scalded before the tea is put into it; freshly boiled water, because long cooking causes its atmospheric gases to escape and renders it flat and insipid. (Soft water is best used when it first comes to a rapid boil, hard water may be boiled fifteen to twenty minutes before using.)

Tea should always be made as an infusion—never boiled—and with but one infusion to each measure of tea. The habit of renewing the boiling water over the first measure of tea, or of using and reusing the tea leaves with a small additional supply, is a very objectionable one and is most strongly condemned by all health and food authorities. This is the way to obtain all the benefits of a pot of tea. No wonder people tan their stomachs when they follow such a method.

Here is the way to make one cup of tea without a teapot: Heat a cup to boiling point with boiling water, measure one-half teaspoonful of best tea, pour the water from the cup, put in the tea, pour over enough fresh boiling water to fill the cup three-quarters full, cover closely and let stand in a warm place (not in a draught and not over the fire) for three minutes. Have ready another hot cup and a hot strainer; strain the tea into the cup and serve at once with sugar and cream or milk, or with thinly sliced lemon and sugar.—Chicago Record-Herald.

Cream of Watercress Soup. Wash, pick over and chop fine one bunch of watercress, add to three cups of veal stock, bring to a boiling point and let simmer ten minutes; then strain through double thickness of cheesecloth. Melt four tablespoonfuls butter, add five tablespoonfuls flour and add to the stock. Cook until mixture thickens, add a cupful of cream or rich milk, season with salt and pepper. Put in a few drops of green vegetable color, reheat and serve with squares of bread nicely browned.

Furniture Polish. Beeswax and turpentine is a capital polish for furniture which is not French polished. To make it, shred half an ounce of beeswax very fine and add to it a quarter of a part of spirits of turpentine. Stir well and put aside until the next day. Then stir again and let it stand for another day, when it will be ready for use. Never melt beeswax and turpentine over a hot fire, as it is highly inflammable.

Beef Roll. Take a large round steak about an inch thick, spread flat on a board or table, then make a dressing of bread crumbs as much as you want and season with salt, pepper, sage and one egg, then spread on round of steak and roll up and tie a cord around it; use skewers to keep it together; then, bake till nice and done.

American Toast. To one egg, thoroughly beaten, put one cup of sweet milk and a little salt; slice light bread and dip in the mixture, allowing each slice to absorb some of the milk. Then brown on hot buttered griddle, spread with butter and serve hot.

Fruit Loaf. One pound dates, one pound nuts, three-fourths cup English walnuts, grind through grinder and mix thoroughly together, knead into a roll and roll in powdered sugar.

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