

HINTS TO THE HANDICAPPED

Writer in Atlantic Monthly Tells Them How They May Make Best of Life.

Grow up as fast as you can. Cultivate the widest interest you can, and cherish all your friends. Cultivate some artistic talent, for you will find it the most durable of satisfactions, and perhaps one of the surest means of livelihood as well. Achievement is, of course, on the knees of the gods; but you will at least have the thrill of trial, and, after all, not to try is to fail. Taking your disabilities for granted, and assuming constantly that they are being taken for granted, make your social intercourse as broad and as constant as possible. Do not take the world too seriously, nor let too many social conventions oppress you. Keep sweet your sense of humor, and above all do not let any morbid feelings of inferiority creep into your soul. You will find yourself sensitive enough to the sympathy of others, and if you do not find persons who like you and are willing to meet you more than half way, it will be because you have let your disability narrow your vision and shrink up your soul. It will be really your own fault, and not that of your circumstances. In a word, keep looking outward; look out eagerly for those things that interest you, for persons who will interest you and be friends with you, for new interests and for opportunities to express yourself.—Atlantic Monthly.

Traveler Finds the Seris Kindly and Affectionate and Quite Without Deadly Weapons.

Though it seems rather a pity to shatter romantic illusions and myths in a world from which romance (of that kind, anyway) is fading rapidly, yet it must be said that there are only two old, useless rifles in the hands of the tribe, and at the time of our visit only two bows and a couple of quivers full of arrows, not one of which was headed. And now they haven't those, for we bought them for souvenirs.

Among themselves, at any rate, however they may have behaved to strangers in the past, the Seris were as kindly and even affectionate a lot of people as I have ever had the good fortune to encounter. Never did we see a mother or father slap a child. Never was anger displayed or irritation. They were continually sharing with each other the little gifts we made them. Really, you know, when you see a group of alleged cannibals sharing chewing-gum (the first they had ever tasted) from a mouth to mouth and enjoying themselves hugely, respect for travelers' tales of blood and thunder goes down a peg or two.—Michael Williams in Guting.

Lessons in Etiquette.

Those who have dined in restaurants or hotels habitually will find that they have fallen into many unpleasant little ways, permissible possibly toward a landlord, but not toward a hostess. They feel that they have the privilege both to criticize openly and to imply criticism either of the food itself or of the way in which it is served. Women who cherish the ambition of making poor, forlorn habitués of hotels happy with "home cooking" have their hopes dashed by this ungracious habit. Let those, too, who have fallen into the habit of dipping a spoon or fork into a glass of water and then wiping it on a napkin before using it beware of those moments when they become deeply absorbed in conversation at the house of a friend or even at the home table. Could any habit be more insulting to a hostess?—Harper's Bazar.

A Stupid Hunter.

Returning from two months spent on a ranch he was telling a story of hunting in the hills with an Englishman.

"All of us were out hunting one day," said he, "and the Englishman shot at everything that moved. If the wind carried a cloud of dust upward, you could depend on 'is ludship to shoot at it. So it happened that he narrowly missed shooting a young woman, who, with her husband, was visiting on the ranch. When our party returned the husband, boiling angry, approached the Englishman and said:

"'Look here, you damned stupid ass, you missed shooting my wife by an inch.'

"'Aw, missed her!' said the Englishman, either astonished or perplexed. 'By an inch, by Jove! Well, old man, I'm sorry, very sorry.'"

Concrete Perfectly Handled.

A summer house in Havana built of concrete is made to represent a log and straw hut, and the illusion is said to be perfect, even after close examination.

Never Bettered by War.

No war in which this country has ever engaged has brought the slightest betterment to the homes of the people.—London (Eng.) Express.

Where Courage is Shown.

It needs more courage to fight the bothers and the worries and the humdrum of life than to meet its great emergencies.

YOUNG UNTIL THIRTY-FIVE

From That Time On Unmarried Women Are "Old Maids," Says Boston Y. W. C. A.

When does a woman cease to be young? Woman herself, for reasons that require no elaboration here, declines, as a rule, to fix the period. Masculine authorities, for the most part, are chary of venturing upon such dangerous ground. Hence the question has ever been involved in uncertainty and it would perhaps remain so were it not that a responsible authority—none other than the Young Woman's Christian association, the title of which indicates its competency—comes to the front with a decision which may fairly be accepted as conclusive. It is the Boston branch of the association that the world is indebted for the solution of the problem. The occasion for solving it arose from the completion of a new home for the young women of the association in the Massachusetts city. In framing rules for this establishment, it was found necessary to specify precisely the limit of young womanhood, beyond which the benefits of the home could not be enjoyed. This has been fixed at 35 years. Up to that age a young woman comes within the meaning of the title as understood by the association and may enjoy the advantages of membership and residence in the home. On reaching her thirty-fifth birthday she must resign her quarters. On that fatal day her young womanhood ceases and the "old maid" label is placed upon her indelibly and irrevocably. Thus the matter is settled beyond further cavil or dispute.—Pittsburgh Chronicle-Telegraph.

TO RELIEVE THE HICCOUGHS

Sucking Ice or Taking Salt and Vinegar Often Will Cure Simple Cases.

Simple cases of hiccough are often relieved by such measures as sucking ice or taking salt and vinegar. Pulling the tongue forward and holding it for some time is an effective procedure.

Sometimes obstinate hiccough is relieved when the patient is strong by having him hang with the arms extended and grasping some beam or pole, so that his feet do not touch the floor. With all the abdominal muscles tense, have him hold his breath as long as possible.

The spelling "hiccough" is recent, being a combination of the syllables "hic" and the latter term of "cough," which is without either physiological or etymological basis; the pronunciation, with perhaps the rarest exception, is still that of the older form "hiccup," earlier given variously—as "hickup," "hickupenleup," "hickop," "hickcock," "hickcock" and "hickett," with quasi-diminishing suffixes ack, etc.; but the "hick," a syllable aptly expressive of the spasmodic sound produced by the conditions giving rise to the particular disturbance, is found in all references to the origin of the term which the writer has been able to obtain. The term singultus is rarely used.—New York Medical Journal.

Curing Forgetfulness.

I used to be very forgetful, and could not remember half the time where I had put things around the house, says a writer in Harper's Bazar. Finally I hit on this scheme.

I live in the upper flat of a two-family house, and there are just eight rooms in our flat. I got a big white sheet of paper, and wrote on it the names of the eight rooms, and beside the name of each room I wrote the name of a certain place in that room. I decided that every time I put anything out of my hands for a minute I would put it in the place beside the name of that room on the paper.

The paper I tacked up in a conspicuous place in my own room. By using this system I always knew just where to look for things, and after a little while I got so in the habit of putting things in certain places and of remembering where I put them that I no longer needed the paper.

Lifting Fire Hose by Elevators.

The latest idea for raising water for fire-extinguishing purposes to the uppermost floors of tall buildings is to lift the hose by means of the passenger or freight elevators. A simple attachment is provided for affixing the hose to the floor of the elevator, the pipe being coiled up in the bottom of the shaft so as to be easily raised.

In a recent demonstration at Memphis, Tenn., says Popular Mechanics, it was said that the water arrived at the sixth floor of a building practically as soon as the floor was reached by the elevator, and the fire chief of that city recommended the compulsory adoption of the device by all buildings provided with elevators. The hose is inserted in the attachment about two sections behind the discharge nozzle, these sections being coiled on the elevator floor.

The Broken Heart.

"The party will recover from this check," said Mayor Craig of Covington, apropos of a temporary setback. "They say the party will be broken. I'd reply that it will be about as much broken as young Lansing's heart. 'A chorus girl who had refused young Lansing said to a friend: 'I have broken his heart, I fear.' 'You have. You certainly have,' the friend replied, 'You've broken it right in half.' 'In half? What do you mean?' 'I mean that he takes two girls out to supper every night now.'"

League is Formed to Keep Foreign Words and Deformities Out of the Language.

A league has been formed for the protection of the French language. The president of this league is Adolphe Aderer, a well-known dramatic critic, who is its founder and promoter. He has given it a name which at the same time comprehends a program, "The Friends of the French Language."

This is to be a national society for the defence of French genius and of the French language from foreign words, from useless neologism and all the deformities which now menace it.

The new league is distinguished from its predecessors in that it will not only be composed of literary men and professors who pretend to a monopoly of pure language but the committee will also include besides men of letters and of the universities some well known artists, some great merchants, a great advocate and a great man of science. The committee will vigorously protest against the foreign words that are increasing in our streets, in our shops, in our places of amusement, in the catalogues of our great stores, in our plays, in all our worldly relations, in the language of commerce, of industry, of agriculture.—Le Cri de Paris.

Hood's Sarsaparilla.

Scrofula

Is commonly inherited. It may, however, develop so slowly as to cause little if any disturbance during childhood. It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

In the treatment of this serious disease do not fail to take the great blood-purifier and tonic, Hood's Sarsaparilla. "My boy suffered with scrofula, which covered his face entirely. I gave him Hood's Sarsaparilla, and when he had taken three bottles he was completely cured."—Mrs. Elsie Hotelling, Voorheesville, N. Y.

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25 per week, total disability. (limit 52 weeks) 10 per week, partial disability. (limit 26 weeks)

PREMIUM \$12 PER YEAR. payable quarterly if desired.

Larger or smaller amounts in proportion. Any person, male or female, engaged in a preferred occupation, including house-keeping, over eighteen years of age of insured under this policy.

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