

FOR AND ABOUT WOMEN

DAILY THOUGHT.

Cheer hearts and smiling faces. Gentle speech and ways. Make a cloudy, dull Thanksgiving Sunniest of days.

This is the month in which there is a day set apart for national thanksgiving, though a cheerful heart is thankful every day. It is a good thing, however, for the people to be reminded periodically of the fact that as a nation we have much to be thankful for, and whether we celebrate the day simply or with enough turkey and stuffing to invite indigestion, let us mark it by a resolve to be better farmers and better citizens than ever before.

THANKSGIVING DINNER.

Serving the Thanksgiving Day dinner is of importance to those who live in New England than in any other place in the United States. However, we all try to remember that it is truly a day of thanksgiving and we must offer to others some of the bounty given to us.

A truly old-fashioned dinner is the best one to serve. That is oysters on the half-shell, or, if one prefers, an appetizer of tomato, green peppers and mayonnaise dressing on slices of toast may be served; then a soup, first with potatoes and cucumbers, the latter dressed with oil and vinegar. Mushrooms or sweetbreads, turkey with cranberry sauce, and whatever vegetables the hostess may wish to have. A salad, followed by a sweet course of some kind, then coffee and liquors.

Radishes, celery, olives and salted almonds may be placed in dishes on the serving table and passed to each guest by the maid or butler, or if the dinner is a simple one, they may be put in suitable dishes and placed on the table. They should be removed from the table before the meat course.

The service of the dinner should proceed without haste and yet without long pauses between each course.

When a dinner commences with oysters or clams two plates are laid at each cover just before dinner is announced. One, a deep plate, or one made especially for oysters and clams, contains the shell fish laid on cracked ice and this is set upon a second plate.

If the dinner begins with an appetizer of some sort, or with soup, each cover is laid with an attractively decorated plate. The napkin, folded and ironed especially, with a square of bread laid between the folds, may be put on the plate or placed at the left of the cover. If place cards are used they should be laid at the left of the cover.

At the conclusion of each course the soiled plate is removed and a fresh one put in its place. When the next course is served the empty plate, which is called a place or service plate, is removed and the plate containing the following course is laid before the guest.

A well-trained servant presents the dishes at the left hand of every guest in turn, beginning with the woman who sits at the right side of the host, unless the hostess prefers to follow the custom of having each course passed to her first in order that she may see that it is correctly served.

At a formal dinner the host never carves the meat, and the hostess does not help her guests to anything. Everything is served from the pantry. That is the portions are placed on the individual plates in the pantry and thus served to the guests. The fish, the punch, the salad and game course, the entrees and sweet course are always served on individual plates. The meat may be served in the same way, or it may be carved in the pantry and then passed on the platter to each guest. The vegetables should be served in vegetable dishes and each guest allowed to help himself or herself.

If wine is served, white wine is drunk with the first course, sherry with the soup, champagne is offered with fish and the glasses are replenished throughout the meal. Claret and burgundy may be served with the salad and game. If only one wine is served claret is the best kind to provide.

Liquors are served with the coffee. Sherry and claret are usually decanted and the temperature of these wines should not be below sixty degrees.

White wines and Burgundy are best poured from their bottles and served cool. Champagne is never decanted and must be poured while very cold.

Liquors are decanted and are served at the temperature of the room.

If one wishes, a much simpler dinner may be given by the hostess who only employ one maid, or possibly no maid at all.

In this case, the soup tureen is placed before the hostess and a pile of soup plates is put at her place. After all the guests are served the tureen is removed. After this course, the fish and fish plates are put before the master of the house and when each guest has received a portion the waitress passes on her tray a dish of potatoes and one of cucumbers. The host carves the meat and after the maid has placed the plates containing the meat before each guest she passes the vegetables. The vegetable dishes are then laid on the sideboard or serving table, but the roast is left before the carver.

If game is served it should be carved by the master of the house. Salad should be put in a large bowl and passed to each guest by the waitress, or the bowl of salad may be placed before the hostess for serving.

The hostess also serves the ices, puddings or pastry, etc.

The coffee is usually brought to the table in small cups, but if the hostess prefers an after-dinner coffee set may be placed before her with the small cups and saucers and spoons, so that she may pour the coffee for her guests. The maid then passes the cream and sugar so that each guest may help himself or herself to whatever is needed.

The decorations for a Thanksgiving Day dinner should represent the thought of the day.

A large bowl of fruit in the centre of the table with candles shaded by bunches of grapes (imitation of course) or vases filled with wheat and the candles with shades made of yellow silk covered with wheat; or a large bowl filled with chrysanthemums surrounded with fruit, and candles set in candlesticks made in the shape of fruit and shaded with paper or silk shades made in the shape of chrysanthemums. Any of these designs would be appropriate. But, of course, many will prefer the conventional vase or bowl of flowers placed in the center of the table and the candles shaded as they are for every formal dinner that is given.

What is most important, after all is the spirit of thanksgiving, which must be shown by the hospitality, the cordiality and the courtesy which we offer to all with whom we come in contact, as well as those who are near and dear to us.

A Temperance Medicine.

There is one feature of Dr. Pierce's Favorite Prescription in which it differs from nearly all other medicines put up for women's use: It contains no alcohol, neither opium, cocaine, nor other narcotic. It is in the strictest sense a temperance medicine. "Favorite Prescription" has accomplished wonders for women. It gives weak and nervous women strength of body and nerve. It cures the drains, inflammation, ulceration, and bearing-down pains which ruin the health of women. It practically does away with the pains of motherhood. It makes weak women strong and sick women well.

Her Sound Advice.

The prominent citizen and favorite son sat at his desk, deeply immersed in the cares of his wide affairs. A delegation of party leaders was ushered in.

"Sir," said the spokesman, "you have been unanimously chosen as the party's candidate for governor of the state. Under present conditions a nomination is tantamount to election, and we urge your acceptance. The office seeks the man."

"Gentlemen," said the favorite son, "I am profoundly impressed by the honor done me, but before I accept I must consult my wife. I never take a decisive step without consulting my wife."

The committee bowed and withdrew. At home the favorite son confided the circumstances to his wife, who listened with fond pride and wifely admiration.

"And now," he said in conclusion, "what would you advise me to do?"

"John," she said, "you must get your hair trimmed."—Savannah News.

Uncle Sam's Eagle.

The eagle is the king of birds, the lord of the sky, the bravest, noblest and most independent of the feathered tribe, and probably that is the reason why he was adopted as our national bird. His image holds its place upon our national coat of arms by sheer merit and not merely from empty sentiment. The noble bird, loving liberty, soaring confinement, at home and at his best only when invested with the wide freedom of the glorious heavens, is the fit emblem of the "spirit of '76" and of the government that that spirit won and established on the earth. Other peoples entertain the same high opinion of the eagle, since from the time of the institution of the Roman standard straight down to the present day he has appeared as a conspicuous figure in the heraldry of the nations.—New York American.

Too Pretty a Lake For That.

"China gave me many a shock," said the returned traveler, "but the one that nearly carried me off was administered in the Fuchau district. Out in the country I came across a beautiful little lake drained by a beautiful little river. The scenery was marvellous, somewhat, however, by signs stuck up every few yards at the edge of the lake. I wondered what their import was, and on one of my trips to the lake I took a missionary friend along to translate. "Oh, that," said he, "there are not many of them left in this district. That is a warning that girls must not be drowned in this lake." "Somehow I could never admire my beautiful lake so much after that, although maybe I ought to have admired it more."—New York Press.

Ponies and Horses.

I have been asked a great many times if ponies are really more intelligent than full sized horses. They certainly appear to be. But the intelligence of any horse will develop under petting and human companionship, and there is no doubt that other horses if given the same privileges that ponies enjoy and if their size admitted of their being handled and managed in the same way, would prove equally intelligent.—Outing.

Sheer Waste.

Wife—John, is there any poison in the house? Husband—Yes. But why do you ask? Wife—I want to sprinkle some on this piece of angel cake and put it where the mice will get it. Wouldn't that kill them? Husband—Sure, but it isn't necessary to waste the poison.

Stretches Politeness.

The Duchess of Blankshire (who has made a poor driver)—A little too much to the right, I'm afraid. Obsequious Professor (who is instructing the Duchess)—Oh, not at all, your grace; the hole has been cut too much to the left.—Golf Illustrated.

Variety.

Bloods—I never knew a woman so changeable as Mrs. Dashaway. Slobbs—I know it. She never even wears the same complexion twice.—Philadelphia Record.

One Way.

Wigwag—I never knew such a fellow as BJones: He is always looking for trouble. Henpecke—Then why doesn't he get married?

The Vitality of Seeds.

While many seeds possess extraordinary vitality, stories of the length of time certain of them have preserved that vitality must in many cases be doubted. The tale of "mummy wheat" sprouting after having lain dormant in Egyptian tombs for thousands of years is improbable one. No well-authenticated instance of such finds are extant.

The length of time seeds will preserve their vitality differs astonishingly in different plants. The seeds of the willow, for instance, will not germinate after having been once dry, and their germinating power is lost in two weeks even if during that interval they have been kept fresh. The seeds of coffee do not germinate after having been kept for any considerable length of time. Grains of wheat lose their power and strength after lapse of seven years, though wheat two centuries old has been quite capable of being used for food.

Plants frequently appear in old ground that has been trenched and in places where they have never previously been seen; and to this may be added the peculiar fact that when fires have passed over localities, apparently destroying all in their path, plants entirely strange to the locality have sprung up in the direct line of such fires. Officials of the Forest Bureau state that when an American forest has suffered the ravages of fire the trees that take the places of the burned ones are often of a different species from those hitherto seen in that neighborhood.

These undeniable circumstances have given rise to the theory that seeds may lie for long periods dormant and come to life only when some strong stimulus is exerted upon them, quite aside from the heat of the sun, the effects of rain, etc.

Medical.

To Ailing Women

A LITTLE SOUND ADVICE WILL HELP MANY A SUFFERER IN BELLEFONTE. No woman can be healthy and well if the kidneys are sick. Poisons that pass off in the secretions when the kidneys are well, are retained in the body when the kidneys are sick. Kidneys and bladder become inflamed and swollen and worse troubles quickly follow. This is often the true cause of bearing-down pains, lameness, backache, side ache, etc. Uric poisoning also causes headaches, dizziness, languor, nervousness and rheumatic pain.

When suffering so, try Doan's Kidney Pills, a remedy that cures sick kidneys. You will get better as the kidneys get better, and health will return when the kidneys are well. Let a Bellefonte woman tell about Doan's Kidney Pills.

Mrs. J. F. Thal, 23 W. Thomas St., Bellefonte, Pa., says: "I am very grateful to Doan's Kidney Pills for what they have done for me. My back ached for a long time and I had severe pains in my kidneys accompanied by headaches and of dizziness. The kidney secretions were too frequent in passage and caused me no end of annoyances. When my attention was called to Doan's Kidney Pills, I procured a supply at Green's Pharmacy, and it did not take them long to give me relief. I cheerfully recommend Doan's Kidney Pills to any one afflicted with kidney complaint." (Statement given Oct. 21, 1907.) THEY NEVER FAIL.

When Mrs. Thal was interviewed on Nov. 22, 1909 she said: "I still have unlimited confidence in Doan's Kidney Pills, for whenever I have used them in the past two years, they have benefited me. You may continue to publish my former endorsement of this remedy."

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