

When a Peek into a Hand Glass May Help a Patient.

The looking glass, whether a plus or a minus quantity, plays a more important part in the sickroom than most nurses and physicians give it credit for.

"All things considered, I think it a good plan to give a sick person a chance to look at himself occasionally," said a prominent doctor recently. "Of course the indulgence must be granted with discretion. If a patient is really looking seedy a turn at the looking glass is equivalent to signing his death warrant, but if taken at a time when braced up by some stimulant or a natural ebullition of vitality a few minutes of communion with his own visage beats any tonic I can prescribe. It thrills the patient with new hope. It makes him feel that he isn't quite so far gone as he has thought and that possibly a fight for life is, after all, worth while. Fighting thus sensitive, a persistent withholding of a mirror convinces the patient that he must be too horrible for contemplation, and he promptly decides that the best thing for him to do is to give up the ghost and get out of the way."

"That is one of the mistakes few patients were apt to make up to a few years ago. When I was a young fellow getting my first practice after graduation I served on the staff of several hospitals, and in all, especially in the free wards, those aids to vanity were strictly forbidden."—Cleveland Plain Dealer.

It Was Worse in the Eighteenth Century Than It Is Now.

The tipping habit is bad enough nowadays, but in the eighteenth century it was a greater evil than it is at the present time. A writer in the Cornhill Magazine tells some stories to illustrate the old condition of things.

In Edinburgh in 1769 tipping became such an evil that the Society of Clerks enacted that all servants should be forbidden to take tips and members be forbidden to give them. This example was followed by other clubs and societies. Today there is a rule in most clubs against feeling the servants.

An eccentric Irish gentleman, Lord Taaffe, used to attend his guests to the door, and if they offered any money to the servants who were lined up with the guests' baggage the host would say, "If you give, give it me, for it was I that did buy the dinner." A well known colonel while sitting at dinner inquired the names of the host's servants. "For," said he, "I cannot pay them for such a good dinner, but I should like to remember them in my will."

Another eccentric gentleman after patiently redeeming his hat, sword, cane and cloak to the very bottom of his purse turned to the two remaining servants who were waiting obediently, each with a glove, and said affably: "Keep those. I will not trouble to buy them back. They are old and not worth a shilling."

A King's Trick.

King Gustavus III. of Sweden had been frequently invited to the little court of Schwerin. In 1783 he paid a visit to Germany, and as soon as the Duchess of Mecklenburg heard of his approach she prepared fetes in his honor. But Gustavus, who disdained the petty courts of the small rulers, sent two of his attendants—a page named Peyron and Desvouses—a valet who had formerly been an actor—to entertain by the duchess. The two personated the king and his minister, Baron Sparre, and sustained the characters throughout. They accepted as their due all the homage meant for their master, danced with the Mecklenburg ladies who were presented to them, and Peyron went so far as to ask one of the ladies for her portrait. Meantime Gustavus was enjoying himself elsewhere in secret.

Richmond Castle.

Richmond castle was originally one of the strongest of Norman keeps. It was probably founded by Alan Rufus, one of the sons of the Duke of Brittany, who took a prominent part in the suppression of the Saxons. At a later age the castle passed into the possession of Edmund Tudor, who married Margaret Beaufort and became the father of Henry VII. Henry was born Earl of Richmond, and he bestowed the title upon the magnificent palace which when king of England he built upon the banks of the Thames. Thus the Richmond beloved of cockneys has a comparatively modern origin. The curfew, by the way, is still rung from the tower of Richmond castle at 6 a. m. and 8 p. m., a custom "that has continued ever since the time of William the Conqueror."—London Globe.

Game in Manchuria.

The long tailed tiger is found throughout Manchuria wherever there is hilly country, but is never found on the plains. It is extremely difficult to bag and is by no means numerous. In addition to tiger the following game may be found in Manchuria: Bear (black and brown), wapiti, Silka deer (two species), roe deer, serow, wild pig, leopard and lynx. All, however, are scarce and hard to bag, with the exception of roe deer and pig. —London Field.

It All Depends.

Teacher—Now, boys, here's a little example in mental arithmetic. How old would a person be who was born in 1872? Pupil—Please, teacher, was it a man or a woman?—London Gentlewoman.

The Alert Man.

"Calmness is a fine trait," said Mr. Bliffy, "but does it always get there? You take the case of two men standing up in a car holding on to straps, both the same age, but one of them quiet and the other quick, and now let the man they are standing in front of get up to leave the car at a station, and suppose these two men are both at exactly the same distance from the seat, each with the same chance as the other for seizing it, which would get that seat? Would it be the calm, cool man who moved deliberately and always with some thought for others, or would it be the ever alert man, quick to move and always on the lookout, not caring a continental for what anybody thinks and always ready to jump in any seat he can nab? Why, while the calm man is thinking it over about what he shall do and beginning to turn that way the alert man is in the seat. I certainly do admire the calm, tranquil man and his good manners, but it is the man ever on the alert that gets the seat in the car—and other things."—New York Sun.

The Back of a Glove.

The meaning of the three marks on the back of a glove and the clocks on a stocking were two of the little mysteries of dress explained at a lecture on clothes in London. The lecturer said that the three marks on the back of a glove correspond to the fourchette pieces between the fingers, and in olden days these pieces were continued along the back of the hand, braid being used to conceal the seams. A somewhat similar origin was assigned to the ornamental clock on the stocking. In the days when stockings were made of cloth the seams came where the clocks do now, the ornamentation then being used to hide the seams. The useless little bow in the leather band lining a man's hat is a survival of the time when a hat was made by taking a piece of leather, boring two holes through it and drawing it up with a piece of string.

Fashions in Borneo.

According to the rules of Bornean fashion it is deemed necessary to mold one's limbs into a more shapely form than that bestowed by nature. This is done really effectively by winding strong brass wire round the ankles, wrists, under the knees and above the elbows of children. Growth at those points is, in consequence, greatly hampered, with the result that the limbs come to be deformed or, according to Dyak ideas, brought into proper shape. The headdress consists of a curious headwork cap, and wears his neck a bridegroom to be around bangles of plated fiber and strings of cowrie shells. These shells, by the way, as in other parts of the world, are used as currency. A yard of fiber or twenty to thirty cowrie shells represent the value of a penny. The white armlets are made of another species of shells. —Wide World Magazine.

What a Toad Enjoys.

There are few things more amusing than to watch a toad submitting to the operations of a back scratching. He will at first look somewhat suspiciously at the twig which you are advancing toward him, but after two or three passes down his back his manner undergoes a marked change, his eyes close with an expression of infinite rapture, he plants his feet wider apart, and his body swells out to nearly double its ordinary size, as if to obtain the most room possible for enjoyment. Thus he will remain until you make some sudden movement which startles him or until he has had as much petting as he wants, when, with a puff of regretful delight, he will reduce himself to his usual dimensions and hop away, bent once more on the pleasures of the chase.

In Hearing.

They stood upon the crest of the mountain and gazed off through the purple distances. "Darling," he whispered, bending closer, "give me a kiss—just one!" "No, Clarence," she answered timidly; "some one will hear us. There may be other ears around." "Other ears? Why should you think so, dearest?" "Oh, because I have so often heard of mountaineers I thought perhaps there might be some around, and."

Making Money Two Ways.

Our five cent pieces, of course, are merely tokens, deriving their purchasing power from the fiat of the treasury. The metal blanks for them cost only about 14 cents a hundred. When the expense of stamping the designs upon them is added they come to something like \$3.510 a million—that is to say, for this amount the government produces \$50,000 worth of nickels, making a clear profit of \$46,490 on the transaction.—Saturday Evening Post

Not Surprised.

Real Estate Agent—I tell you, sir, the death rate in this suburb is lower than in any other part of the county. Near Victim-I believe you. I wouldn't be found dead here myself.—Chicago Journal.

Not Much.

She—Well, I hope you are going to write a letter to the man who insulted you. He (an actor)—What, make him a present of my autograph? Not much. —Pele Mele.

Whatever disgrace we have merited.

It is almost always in our power to re-establish our reputation.—La Rochefoucauld.

Customs of the Natives of the Mexican State of Sinaloa.

Sinaloa is a long state, comparable almost with Chile, as it lies along the west coast of Mexico. Just as Chile lies along the Pacific shore of South America.

Like most new countries, the most interesting part of this fertile state is its inhabitants, possibly because the country is so fertile. Game is abundant and easily caught, and the fruit of the great pitahaya cactus is ripe almost from season to season. Every native, whether mounted or afoot—and most natives ride—carries a slender stick ten feet long, sharpened at one end and the point hardened with fire.

One supposes these sticks to be rather primitive lances until one sees the Indian spear a cactus fruit from a branch seven or eight feet above his head. These pitayas contain many seeds and a little blood red pulp, all of which, except the spines, is food for the Indian.

All day long these Indian men wander through the jungle, a wall of green broken only here and there by the old trails of half wild cattle, gathering the cactus fruit. It would seem that some would be dried or at least taken to the brush jaca, which represents home to the Indian. But, no; he sits down and eats what he gathers immediately. If his wife wants any of the fruit she goes and gets it herself. She also gathers the food for the babies.—Forest and Stream.

Why One Man Has a Distinct Dislike For Buttermilk.

"When I was a youngster," said a state official the other day, "I was poisoned by an ivy vine. My nose got very red and swelled up twice its natural size. The infection spread to my cheeks, and they were all covered with blotches. "I was told to use buttermilk. I bought a gallon and drank it. I bought another gallon the next day and got outside of that. In fact, I drank so much buttermilk that the price went up about 15 cents a gallon in that community within a very few days. But the poisoning was not getting any better. It was not improving one bit, and I couldn't understand it.

"I told the people who had recommended the buttermilk that it was not helping me. 'Why, I bet I have swallowed a barrel of buttermilk within the past week,' I told them. "'Of course,' I replied. 'What did you expect me to do with it?' "'Why, we meant for you to bathe your face with buttermilk, not drink it,' was the answer. "I pretty nearly collapsed. To this day I can't look buttermilk in the face."—Kansas City Journal.

The Last of the Rufes.

In 1702 the rage for ruffs, such as are seen on many monumental effigies, began to decline. A writer in the London Chronicle of that year says of gentlemen's dress. "Their cuffs entirely cover their wrists, and only the edges of their ruffles are to be seen." It is said that a distaste for ruffs was first created so far back as 1613, when a woman named Turner wore them on her trial for the murder by poison of Sir Thomas Overbury. The French revolution of 1789 much influenced British fashion, and the picturesque cocked hat and ruffles then gave way generally to round hats and small cuffs. The period of their final disuse cannot be easily determined, as men of old fashioned or eccentric habits have worn ruffled shirt fronts within quite recent memory similar to those which, according to Planche's "History of British Costume," originated in the seventeenth century.

Medical.

It does seem that women have more than a fair share of the aches and pains that afflict humanity; they must "keep up" must attend to duties in spite of constantly aching backs, or headaches, dizzy spells, bearing-down pains; they must stoop when to stoop means torture. They must walk and bend and work with racking pains and many aches from kidney ills. Kidneys cause more suffering than any other organ of the body. Keep the kidneys well and health is easily maintained. Read of a remedy for kidneys only that helps and cures the kidneys and is endorsed by people you know.

Women's Woes.

It does seem that women have more than a fair share of the aches and pains that afflict humanity; they must "keep up" must attend to duties in spite of constantly aching backs, or headaches, dizzy spells, bearing-down pains; they must stoop when to stoop means torture. They must walk and bend and work with racking pains and many aches from kidney ills. Kidneys cause more suffering than any other organ of the body. Keep the kidneys well and health is easily maintained. Read of a remedy for kidneys only that helps and cures the kidneys and is endorsed by people you know.

Mrs. John Andrew, 245 S. Spruce street, Bellefonte, Pa., says: "I willingly confirm the public statement I gave in praise of Doan's Kidney Pills two years ago, after they had benefited me so greatly. I procured this remedy at Green's Pharmacy Co. when suffering from backache and severe pains in my loins and its use brought prompt and lasting relief. Another member of my family also took Doan's Kidney Pills and was cured of kidney trouble."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

Children Cry for Fletcher's Castoria.

Children Cry for Fletcher's Castoria.

The Oldest Reliable Date.

It used to be supposed that the most ancient civilization of which real records had been found dated from B. C. 3500. This had relation to Peru and its earliest known inhabitants, but Dr. Eduard Mayer, professor of ancient history at the University of Berlin, studying the Egyptian monuments at the monuments in the state museum of the Germans in Egypt, discovered that the date B. C. 4241 is frequently cited as that in which the early Egyptian astronomers first calculated their solar year from the rising of the star Sirius. This is by far the oldest reliable date in the history of the human race.

The Word "Belfry."

The word "belfry" had originally no connection with "bell," an idea which is now intimately associated with the term. The first meaning given is "watchtower," from the middle English "berfry," a watchtower. The first part of this word is connected with "borough," the second with "free." As the practice grew of hanging "bells" in such towers people reminded themselves of the fact by changing the word "berfry" into the modern "belfry."

No Chance.

"Why don't you ask that young man up to tea some evening, dear?" "I don't believe it would do any good, mother. He's a confirmed bachelor."—New York Journal.

A College Pun.

"Can your horse jump?" "I don't know, I never asked him." "Really? Why not?" "I'm afraid he might take a fence."—Harvard Lampoon.

Castoria.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

WHAT IS CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

Bears the Signature of

CHAS. H. FLETCHER.

In Use For Over 30 Years. 54-3612m

Insurance.

JOHN F. GRAY & SON, (Successor to Grant Hoover) Fire, Life Accident Insurance. This Agency represents the largest Fire Insurance Companies in the World. NO ASSESSMENTS Do not fail to give us a call before insuring your Life or Property as we are in position to write large lines at any time. Office in Crider's Stone Building, BELLEFONTE, PA. 43-18-ly.

The Preferred Accident Insurance Co.

THE \$5,000 TRAVEL POLICY BENEFITS: \$5,000 death by accident, 5,000 loss of both feet, 5,000 loss of both hands, 5,000 loss of one hand and one foot, 2,500 loss of either hand, 2,500 loss of either foot, 600 loss of one eye, 25 per week, total disability, (limit 52 weeks) 10 per week, partial disability, (limit 26 weeks) PREMIUM \$12 PER YEAR, payable quarterly if desired. Larger or smaller amounts in proportion. Any person, male or female, engaged in a preferred occupation, including house-keeping, over eighteen years of age of good moral and physical condition may insure under this policy.

Fire Insurance

I invite your attention to my Fire Insurance Agency, the strongest and Most Extensive Line of Solid Companies represented by any agency in Central Pennsylvania.

H. E. FENLON, 50-21. Agent, Bellefonte, Pa.

The Judge's Joke.

Sheriff Guy is responsible for a court of session story. Once when the present lord justice, Clerk, was conducting a jury trial he made a small jest. The audience thought it its duty to laugh. "Silence!" shouted the mace in measured tones. "There's nothing to laugh at!"—Westminster Gazette.

A Shocking Question.

Traveling Man (to hotel clerk at counter)—Can I take a bath here? Clerk (indignant)—No, sir; hire a room. —Lippincott's.

Good roads mean as much as good crops to the farmers.

If macadam roads are to be maintained at their best, the sprinkling cart is a daily necessity. The longer the delay in building good roads the greater the cost. Until produce is hauled to market it isn't really produced. If the road is poor, good horses and good vehicles count for little.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of

Chas. H. Fletcher. In Use For Over 30 Years. The Kind You Have Always Bought.

Flour and Feed.

CURTIS Y. WAGNER, BROCKERHOFF MILLS, BELLEFONTE, PA. Manufacturer, Wholesaler and Retailer of

Roller Flour Feed Corn Meal and Grain

Manufactures and has on hand at all times the following brands of high grade flour:

WHITE STAR OUR BEST HIGH GRADE VICTORY PATENT FANCY PATENT

The only place in the county where that extraordinarily fine grade of spring wheat Patent Flour

SPRAY

can be secured. Also International Stock Food and feed of all kinds.

All kinds of Grain bought at the office. Flour exchanged for wheat.

OFFICE AND STORE—BISHOP STREET, BELLEFONTE, PA. 47-19 MILL AT ROOFBURG.

Money to Loan.

MONEY TO LOAN on good security on houses to rent. J. M. KEICHLINE, Attorney-at-Law, Bellefonte, Pa. 51-14-ly.

Fine Job Printing.

FINE JOB PRINTING —A SPECIALTY— AT THE WATCHMAN OFFICE. There is no style of work, from the cheapest "booker" to the finest

BOOK WORK, that we can not do in the most satisfactory manner, and at prices consistent with the class of work. Call on or communicate with this office.

Saddlery.

50 SETS OF SINGLE HARNESS REDUCED IN PRICE To the Buyers of Harness in Centre County. To make April the banner month of the year in sales on Heavy and Light Harness, we will offer 50 sets of Single Harness in Imitation, Genuine Rubber and Nickel, running in prices from \$13.50 to \$25.00. With the advance price of leather you cannot afford to miss this opportunity to supply your wants in Heavy and Light Harness. Remember, this sale will last only through the month of April. Give us a call before buying and see for yourself. Goods will be cheerfully shown whether you buy or not.

JAMES SCHOFIELD, DEALER IN Harness, Saddles, Blankets, Robes, Nets, Bells, Whips, and Horse Furnishing Goods. Established 1871. Spring Street 34-27 BELLEFONTE, PA.

Children Cry for Fletcher's Castoria.

Children Cry for Fletcher's Castoria.

Attorneys-at-Law.

J. C. MEYER—Attorney-at-Law, Rooms 20 & 21 Crider's Exchange, Bellefonte, Pa. 49-41-ly.

S. KLINE WOODRING—Attorney-at-Law, Bellefonte, Pa. Practices in all courts. Office Room 18 Crider's Exchange. 51-1-ly.

N. B. SPANGLER—Attorney-at-Law, Practices in all the Courts. Consultation in English or German. Office in Crider's Exchange, Bellefonte, Pa. 40-22.

H. S. TAYLOR—Attorney and Counsellor at Law. Office, Gorman House block, Bellefonte, Pa. All kinds of legal business attended to promptly. 49-49

J. H. WETZEL—Attorney and Counsellor at Law. Office No. 11, Crider's Exchange, second floor. All kinds of legal business attended to promptly. Consultation in English or German. 39-4

G. ETTIG, BOWER & ZEBBY—Attorneys-at-Law, Eagle Block, Bellefonte, Pa. Successors to Orvis, Bower & Orvis. Practice in all the courts. Consultation in English or German. 50-7

J. M. KEICHLINE—Attorney-at-Law, Practices in all the courts. Consultation in English and German. Office south of court house. All professional business will receive prompt attention. 49-5-ly

Physicians.

W. S. GLENN, M. D., Physician and Surgeon, State College, Centre county, Pa. Office at his residence. 35-41

Dentists.

D. R. J. E. WARD, D. D. S., office next door to Y. M. C. A. room, High street, Bellefonte, Pa. Gas administered for painless extracting teeth. Superior Crown and Bridge work. Prices reasonable. 52-32

D. R. H. W. TATE, Surgeon Dentist, Office in the Bush Arcade, Bellefonte, Pa. All modern electric appliances used. Has had years of experience. All work of Superior quality and prices reasonable. 48-3-ly

Veterinary.

D. R. S. M. NISSLEY, VETERINARY SURGEON, Office Palace Livery Stable Bellefonte, Pa. 3-20-ly\* Graduate University of Pennsylvania.

Business Cards.

UPHOLSTERING—Have your Sofas, Chairs, Mattresses or anything in that line repaired? If you have, call me on Commercial phone. He will come to see about it. H. M. BIDWELL. 54-21-ly\*

Restaurant.

RESTAURANT. Bellefonte now has a First-Class Restaurant where

Meals are Served at All Hours

Steaks, Chops, Roasts, Oysters on the half shell or in any style desired, Sandwiches, Soups, and anything eatable, can be had in a few minutes any time. In addition I have a complete plant prepared to furnish Soft Drinks in bottles such as

POPS, SODAS, SARSAPARILLA, SELTZER SYPHONS, ETC., for picnics, families and the public generally all of which are manufactured out of the purest syrups and properly carbonated.

C. MOERSCHBACHER, 50-32-ly. High St., Bellefonte, Pa.

Meat Market.

Get the Best Meats. You save nothing by buying poor, thin or gristly meats. I use only the LARGEST AND FATTEST CATTLE and supply my customers with the freshest, choicest, best blood and muscle making Steaks and Roasts. My prices are no higher than poorer meats are elsewhere.

I always have DRESSED POULTRY Game in season, and any kinds of good meats you want. TRY MY SHOP. P. L. BEEZER, High Street. 43-34-ly. Bellefonte, Pa.

Coal and Wood.

EDWARD K. RHOADS Shipping and Commission Merchant, and Dealer in ANTHRACITE AND BITUMINOUS COALS CORN EARS, SHELLED CORN, OATS and other grains. BALED HAY AND STRAW Builders' and Plasterers' Sand. KINDLING WOOD by the bunch or cord as may suit purchasers, respectfully solicits the patronage of his friends and the public, at his Coal Yard, near the Pennsylvania Passenger Station. 16-18 Telephone Calls: (Central 1312, Commercial 682)

PILES.—A cure that is guaranteed if you use RUDY'S PILE SUPPOSITORY. D. Matt. Thompson, Supt. Graded Schools, Statesville, N. C., writes: "I can say they do all you claim for them." Dr. S. M. Devore, Raven Rock, W. Va., writes: "They give universal satisfaction." Dr. H. D. McGill, Clarksville, Tenn., writes: "In a practice of 25 years I have found no remedy to equal yours." Price 50 cents. Samples Free. Sold by Drug-gists, and in Bellefonte by C. M. Parrish. Call for free Sample. 52-25-ly. MARTIN RUDY, Lancaster Pa.