

HEALTH FORCES DEFY DEATH.

una resistance of his body. She also advises all the other members of the household how to escape infection—frequently discovers some members in the early stages of the disease and is thus able to ward it off.

Life at Mont Alto.

This, however, is only one department of this life-saving work. Any one who wishes a graphic idea of the state's sanatorium work should visit the tuberculosis colony at Mont Alto. Here, at an elevation of 1600 feet above the sea, amid the breeze swept mountain pines, he will find nearly 800 men, women and children, under the care of physicians and nurses, bravely seeking to combat the disease in the fresh air and sunshine.

Ground is now being cleared for a second state sanatorium on the beautiful site at Cresson, which Mr. Carnegie has so generously given to the commonwealth, and a third site has been selected in the foot hills of the Blue mountains, near Hamburg, in the eastern end of the state.

For Pure Water.

In fighting such a widely prevalent disease as typhoid fever, the usefulness of a central state health organization is especially demonstrated. Against typhoid a local board is practically helpless. This is because the chief sources of infection are the water courses. Our rivers unfortunately do not recognize state or county lines.

A municipality may prevent water pollution from the banks within its own jurisdiction but cannot prevent it in other sections. Pittsburgh may stop its own citizens from sewerage into the streams, but she cannot stop other communities from polluting the waters from which she draws her own supply.

ter works. Under its advice and suggestion, all over the state, cities and municipal bodies have awakened and voluntarily begun to improve their water supplies. Under the supervision of the department sixty-seven sewage disposal plants and thirty-five water filter plants have been built or are now under construction.

Typhoid Cut Down.

The purification of the state's drinking water is a large task and will take many years, but already the improvements have cut the typhoid death rate in half. In 1906, 56.5 out of every 100,000 people died from this disease; in 1907, 50.3; in 1908, 34.4, and in 1909, 23.9. That is there are now living 2363 people who, had the death rate of 1906 prevailed in 1909, would have died.

I believe enough has been said to convince you that Pennsylvania's citizens have been made richer in health, happiness and industrial vigor and the state rendered more attractive, both for residential and manufacturing purposes and for the mere joy of life, by the application of the grand health laws of 1905.

You cannot capitalize human tears and mental anguish.

You cannot estimate in dollars the world's loss through the pessimism engendered by premature death, disease or the despair of poverty, which may follow both.

You cannot compute even the principal of the debt laid upon individuals, communities or states by the moral delinquencies that result absolutely from physical suffering alone.

But we can rejoice when we know beyond all doubt that in every year untimely death has been shut out of more than 8000 of our homes and that at least 50,000 of our people are annually spared the ravages of acute diseases.

And with a pride blended with thankfulness we can rejoice in the spirit of Pennsylvania's fostering care for her people which made these results possible.

A Speech to the Jury That Was Effectively Answered.

A well known English barrister, whom we will call Mr. K., was a most eloquent speaker, and his voice, particularly in its pathetic tones, was melody itself. His power over a jury was astonishing, and it was very seldom that he failed to secure a verdict for his client.

On one occasion, however, he was beaten and in such a ridiculous manner that a crowded court and even the grave judge were convulsed with laughter at the burlesque of the result.

The case was a charge of murder. Mr. K. was for the defense. His peroration was exceedingly touching and beautiful.

"Gentlemen of the jury," said he, "if you can find this unhappy prisoner at the bar guilty of the crime with which he is charged after the arguments to the contrary which I have laid before you, pronounce your fatal verdict. Send him to the dungeon, awaiting the death which he is to receive at your hands. Then go to your families, lay your heads on your pillows—and sleep, if you can!"

The effect of the closing words was really thrilling. But presently the counsel for the prosecution rose and said: "Gentlemen of the jury, I should despair, after the affecting speech which has been made to you by my learned brother, of saying anything to do away with his eloquence. I never heard Mr. K. speak that better than when he spoke it now. Once I heard him speak it in a case of stealing at Leeds and again in a case at Manchester, and the last time I heard it was when two men were tried for pocket picking. But I never knew him to speak it so affectingly as just now."

This was a poser. The jury looked at one another, whispered together, and the speaker saw instinctively that he had them. He stopped at once, closing with a single remark:

"If you can't see, gentlemen of the jury, that this speech fits all cases then there's no use my saying anything more."

And there wasn't. He had made his case and got his verdict.—Exchange.

Rules of Good Behavior in the Early Eighteenth Century.

In a work entitled "Youth's Behavior," published in 1700, there is this injunction to young gentlemen, "Put off thy Cap or Hat to persons of Desert as are Churchmen, Justices and the like, turning the Cap or Hat to thyself; making a Reverence, bowing thyself more or less according to the custom of the better bred."

In the midst of remarks which indicate the utmost refinement we come suddenly upon such directions as this: "Tis not manners as soon as you are set at Table to bawl out, 'I eat none of this, I eat none of that, I care for no Rabbit; I love nothing that tastes of Pepper, Nutmeg, Onions,' etc.

After stating that "some have been so refined in Foreign parts that they will neither be covered, nor sit with their backs to the picture of an eminent Person," the writer goes on to remark that "there are some who eat with that eagerness and impatience, they eat themselves out of breath and will pant like a broken winded Horse, but these are not to be indured."

Then the Prices Tumbled, and Dan Sold Out All His Stock.

Dan MacQuinn, who runs a general merchandise store in a country town, conducts more bargain and special sales than all the other merchants put together. And the seemingly strange part of it is that he makes a big success out of every sale.

Recently he conducted a tinware sale. All kinds of tinware household utensils were displayed on tables and shelves about the storeroom. Directly in the center of the room was an immense standing case with eight shelves, on which was arranged a wide variety of pieces of tinware marked in bold figures.

About the time the store was packed with bargain seekers there came a terrific crash from the center of the room. A lumbering expressman had tipped over the case, and the tinware scattered everywhere, but not damaged to any extent. Dan immediately rushed to the scene of the confusion. So did all the women attending the sale. After giving the driver a severe calling down Dan, who appeared to be in a terrible rage, announced that rather than pick up one piece of the ware he would sell every piece for 6 cents. The original prices, marked plainly on each piece, were from 10 to 15 cents. Dan sold every piece right from the floor and did it in less than five minutes.

If any one of the bargain seekers had happened around the store after the sale was over they would have been surprised to see Dan handing the expressman a piece of money, apparently very well satisfied with the result of a clever ruse which had brought a big day's receipts.—Modern Methods.

A Great Work of Art.

It was Apelles who visited the studio of Protogenes in Rome and, finding the artist absent, drew a thin colored line in such a way that the Roman knew that only his Grecian brother could have done it. But, not to be outdone, Protogenes drew a thinner line upon that of Apelles, and when this was seen Apelles drew a third line upon that of Protogenes. This panel was then looked upon as the greatest work of art, so says the story, in the palace of the Caesars.

A Shady Place.

A hotel keeper near New York city is a Frenchman, and his family know little more about English than he does. His suburban hotel stands in the center of a square filled with large trees. When the proprietor wanted to call attention to this advantage he put on his cards, "The most shady hotel around New York." The reputation of the place is beyond reproach, and the proprietor does not know yet why so many persons smile when they read the line quoted.

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not at all stylish. Madam—What a funny looking hat that woman has on! Adam—Don't see anything funny about it. Looks mighty sensible to me. Madam—Yes; that's what makes it so funny looking. Tell me!—New York Times.

Just as Good.

"Have you any postage stamps?" asked the man entering the drug store, "I have not," replied the druggist, "but I've got plasters that stick just as good."—Yonkers Statesman.

If you wish any blessing look for it yourself.—Arrian.

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On the Wrong Back. Charitable Lady—I gave your father the money to buy you a coat last week. I see you're not wearing it. Why—No mumm; 'e put it on a 'orse. Charitable Lady—On a horse? But he should have thought of your comfort before that of an animal.—Throne and Country.

Blissful Ignorance.

He (pointing with his whip)—There's a tobacco field. She—Give me the lines, dear, and see if you can find a ripe cigar for yourself.—Harper's Bazar.

Power is a fretful thing and hath its wings always spread for flight.—Wallace.

Hood's Sarsaparilla

BLOOD HUMORS

It is important that you should now rid your blood of those impure, poisonous, effete matters that have accumulated in it during the winter. The secret of the unequalled and really wonderful success of

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as a remedy for Blood Humors is the fact that it combines, not simply sarsaparilla, but the utmost remedial values of more than twenty ingredients.—Roois, Barks and Herbs,—known to have extraordinary efficacy in purifying the blood and building up the whole system. There is no real substitute for Hood's Sarsaparilla, no "just as good" medicine. Get Hood's today, in liquid form or tablets called Sarasatabs.

Groceries.

Groceries.

Sechler & Company

COFFEE

When goods advance on the market the retail price usually follows. But in regard to the recent advance in Coffee we have not followed the ordinary course, either by marking up the price or reducing the quality. We have found a new and more favorable market in which to buy the goods and maintain the high standard of our leaders at 18c, 20c and 25 cents per pound.

If you are using a Coffee at 20 cents per pound try our 18 cent grade.

If you are paying 25 cents for your Coffee try our 20 cent goods.

Or if you are buying at 30 cents try the high grade goods we sell at 25 cents per pound.

This is a severe test but we are very confident we can make good. Give us a trial, and please mention in which paper you saw this advertisement.

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Travelers Guide.

CENTRAL RAILROAD OF PENNSYLVANIA.

Condensed Time Table effective June 17, 1909.

Table with columns: READ DOWN, STATIONS, READ UP. Rows for No 1, No 5, No 3.

Table with columns: a. m., p. m., Ar., Lve., Ar., Lve. Rows for Bellefonte, N. Y., etc.

(N. Y. Central & Hudson River R. R.)

Table with columns: a. m., p. m., Ar., Lve., Ar., Lve. Rows for Jersey Shore, etc.

WALLACE H. GEPHART, General Superintendent.

BELLEFONTE CENTRAL RAILROAD.

Schedule to take effect Monday, Jan. 6, 1910

Table with columns: WESTWARD, EASTWARD, STATIONS, Read up. Rows for No 1, No 3, No 1.

Table with columns: a. m., p. m., Ar., Lve., Ar., Lve. Rows for Bellefonte, etc.

F. H. THOMAS, Supt.

Patents.

PATENTS, TRADE MARKS, COPYRIGHTS, &c. Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is probable patentable. Communications are strictly confidential.

Hair Dresser.

FOR THE LADIES.—Miss Jennie Morgan in her rooms on Spring Street, is ready to meet any and all patients wishing treatment by electricity, treatments of the scalp, facial massage or neck and shoulder massage.

Children Cry for Fletcher's Castoria.