Bellefonte, Pa., March 26, 1909.

THE SORROWS.

If This is all it will be like. I wish to Die,-I don't care how .-While I am Very, Very Young: As young almost as Now

They never felt what Sorrow was: They never learned their Golden Rule: They say, These are your happiest days!

When Saturday's all out of breath, With all the livelong week in sight; And Monday, coming after you, Spoils every Sunday night.

And nothing Done but Yesterday: And nothing Coming but To-morrows Don't cheer me up .- Please let me be .-

I have the Sorrows.

—By Josephine Preston Peabody.

The "Comte" Nutsance

The announcement made by the Boston Herald some months ago that it had aban-doned the comic supplement which accom-panied its Sunday issue was evidence of returning reason. returning reason among reputable newe-papers. The Herald does not belong in the ranks of the journals which have made the comic supplement a thing of horror to all Americans who care for the welfare of the country and for the education of its children. That its readers protested against the continuance of the supplement proves this statement; and the Herald did a wise and right thing in recognizing the justness of the protests of parents and teachers which poured in from many quarters. The Herald was right also in saying that comic supplements have reached the end of their usefulness; it might have gone further and said that there never was a beginning; they never had any usefulness. To say that they have ceased to be comic is to imply that they once were comic. As a matter of fact, they were always the cheap-est travesties of real fun. To say that they have become vulgar in design and tawdry in color is to suggest that there was a time when they were neither vulgar nor tawdry. In point of fact, they were conceived in valgarity and born in tawdriness. They never amused an intelligent public. They have never, as the Herald charitably suggests, played the part of the clown in the

ewspaper establishment, for even the umsiest clown has some fun in him; and

the chief characteristic of the so-called

comic supplement is the dead monotony of

The International Kindergarten Union and other important associations are directing attention to the evil of this adjunct of the sensational newspaper and emphasizing its mischievous influence on the minds and tastes of children; and this protest ought to take on National proportions. The sound of it ought to be of such volume as to penetrate every newspaper office in the United States; for there is probably at pres-ent no single influence that is poisoning America at the fountain sources more than the so called comic supplement. Not necsesarily because they have been eager to get rich as a matter of greed, but because they have had to do the unescapable work laid on their bands, Americans have suffered many stupid things to go on; but nothing must seem to a foreigner so at variance wood paip for the vulgarization of the children of the country. That is precisely what we have been doing. We have been exchanging our noble woodlands for the cheap and tawdry sheets which every Sunday morning are spread over the United States, without one redeeming feature of wit, humor, good sense, or wholeson wit, humor, gord sense, or wholesome terested in this subject secured examples of the Sunday supplement from all parts, from Boston to Sau Francisco, spread them out on the floor of a room, hoping to find out on the floor of a room, hoping to find in them some reason for their being, and was appalled at the inanity and vulgarity of illustration, text, and color which stamped them from the Atlantic to the Pacific. There have been a few motives eleverly handled, such as "Foxy Grandpa" and "Baster Brown." These pictures had and "Buster Brown." These pictures had a glimmering of an idea behind them; but the idea was obnoxious. Its possibilities were soon exhausted, and its principal effect was to call out a host of imitations in all parts of the United States. The original idea was a thin and demoralizing

one; the imitations were diagneting.

The organizations which are now pro

teeting against this so-called comic supplement would do well to have the chief figures and incidents brought out in these supplements collected and put together in a typical -beet in order that the public may see how few they are and how stupid.

The supplement has shown a depressing poverty of invention. Its stock in trade—for supplements in all parts of the United States draw on a common capital, strictly limited, of jokes—consists chiefly of making fun of old people, deriding parents by representing them in ridiculous attitudes. and of vulgar presentations of the lowest kind of marital relations between the cheapest sort of people. One group constantly reappears, and has apparently obsessed the minds of the gentlemen who pro-duce the figures for the comic supplements: a negro boy with a horrible mouth, huge feet, and expressionless eyes; accompanied by a badly drawn mule as a kind of foil.

A bideous caricature and a mule are the stock in trade of a great number of the artists who furnish material for the Sun-day supplements. The scheme of color shows the same poverty of invention, the same absolute ignorance of or indifference to decency. It consists in the use of the orudest and cheapest yellows, reds, greens, blacks. It is very doubtful if in the whole field of this cheap trash which is inundating American homes the most careful ob-server can find a single sheet which shows actistic feeling, real comic ability, or genius in caricature. The illustrative work is done with a course brush in great splashes; and as for the humor, it is beneath consempt. The intelligent foreigner, who has tempt. The intelligent foreigner, who has listened all his life to the American aslistened all his life to the American assumption that it, of all nations, possesses a special and individual humor, must find these supplements very perplexing. There is hardly a suggestion of anything approaching humor in the best of them. The list has healed hundreds of thousands whose special and coming effects are been supplementations. It has healed hundreds of thousands whose listened and listened a

ing, the most outrageous caricature.

There is no class in the community whose moral and intellectual life ought to be more carefully guarded than the children; and it is in the bands of the children ments. This is the material with which, in the most susceptible years, we are making their eyes familiar; this is the interpretation of life which in their most sensi-

tive period we are constantly putting be-fore them. To call the whole supplement business a vulgar mess is to characterize it with exactness. The root evil of America from the beginning has been lawlessness. There is nothing that American children need so much for their future bappiness and for the safety of the country as education. tion in respect for law and authority.

Now, the chief function of the comic supplement, as evidenced by its pictures and its text, is to destroy all respect for law and authority. Its standard joke is the joke about the old man who either deceives the child or is deceived by him; it is the joke about the parent who is being hoodwinked, or the joke about the wife who is playing some sort of game on her hus-band. When children are introduced as most vulgar vaudeville. They are shape-less, inane caricatures; and their mischief is orude, cheap, and obvious. There is none

orude, cheap, and obvious. There is none of the fun, the touch of invention, the real bumor, which belongs to the mischief of wholesome boys and girls.

As for the text which accompanies these illustrations, it is beneath contempt. The only way of conveying an idea of it to those who do not read the comic supplement is to reproduce a legend written under an illustration which had wide circulation last anymer: celation last anmmer

ICK IBBITY BIBBITY GLIBBITY WOCK DOORY IP MUGGLE ZOP OOP GULLOOP BUZAM UZZO BIP WOP KERBUMP WUGGY BOW-WOW

The Outlook regards this outrage on children as one of the greatest perils in the life of the country today. We are permitting the vulgarization of our children on a great scale. We are allowing their eyes to become accustomed to the cheapest and orudest use of color and form, and we are saturating their minds with vulgar images. We are teaching them lawlessness; we are cultivating the lack of reverence in them; we are doing everything we can, by cheap-ening life, to destroy the American homes of the future. At a time when the inter-ests of children are attracting more and more attention, when State and National measures are being taken to protect them from overwork, it is high time that organized effort fivuld be made to protect them from contamination, from base ideals of from contamination, from base ideals of life, from mean conceptions of home and parents. Here is work in which every woman's club in the country ought to take a hand; for women, even more than men, are the guardians of the purity of children. In their hand rests the great trust of keeping the American home clean and whole some. Certain things every man and woman can do at once: The door can be bolted against the intrusion of the comic supplement. No copy of these supplements ought to lie on the table in ments ought to lie on the table in a decent American home. Every man and woman can register an individual protest in the office of the newspaper which sends this supplement to the house. Every man and woman can call attention to this National inundation of vulgarity. If the public conscience can be aroused, effective methods of dealing with this evil will be found on all sides.—In The Outlook.

Beautiful Table Customs

Quite recently I visited a German widow guest. Come, and this table bless, and do
us good." The little ones were taught by
their pious mother to think whom they
were addressing.
At several places where we visited in

Scotland the youngest child at the able asked the blessing, and the memory of those sweet, low, reverential, childish voices haunts us yet as the coho of some

rich carol. In some families there prevails the beautiful custom of joining in the Lord's Pray-er at breakfast; and in one that we visited oft last summer this was sometimes omitted, and in its place the twenty-third Psalm recited. For a Sunday, after a week of plenty and joy, what can be more suitable?

In other families the silent blessing is the custom; and very touching it is, too, for it seems to make us realize that God is indeed near, when we can give Him thanks, though our lips move not.—[Se-

Sins Against the Eves

Reading on the porch long after the sun

Finishing the latest novel in a joggling hammoak.

Sitting on the beach with the sun Staring at the water when

Sitting so the shifting light and the shadow of leaves from the porch or arhor play

irregularly on the page. Letting the eyes get sunburued.

Doing fine needlework in the dim light a house shaded for coolness.

Yachting or canoeing without a broad-brimmed hat or veil as a protection from

Not protecting the eves with plasses of thick veil when motoring on a dusty road or when traveling with open windows. These may seem trifles not worth minding, but they often lay up a store of eye strains that give trouble for years.

Fancy a man dying of thirst, by the side of a spring of sparkling water. Thousands proaching humor in the best of them. The so-called comic effects are brought about by the crudest distortion, the rudest coloring, the most outrageous caricature.

There is no class in the community whose moral and intellectual life ought to be more carefully guarded than the chilber m

Forty Years in lows.

Written especially for the WATCHMAN.

CHAPTER VI. short calls on other portions of the county and State, but circumstances have arisen Hawkeyes. that make it necessary to change plans somewhat, so while we tarry a week or two

persons who for some fancied or real per- growth in population" is amply offsetted sonal grievance, has become "soured" or by the success and personal worth of our inferior botels and boarding bonses, where disgruntled at some person, place or thing wandering offspring. figures, they are of the kind that one disgruntled at some person, place or thing would expect to find on the stage of the and who, though having eyes, desire to see not, except through their own unsatisfactory bifocles. The Des Moines City Railway owns a quarter blook on the North- red pressed brick, two stories high, cover- We are pleased to know that our parks west corner of Fifth and Mulberry streets. ed with slate roof. The raised space from are not weedpatches and cow pastures, our to itself this Spring the chevron stripes and It is one of the most valuable locations in the building to the track is paved with vit- libraries of many thousand volumes seem diagonal weaves of the Winter time fabrics. the city. A building was erected some rifled brick the entire length of the block to have a better covering than the profour years ago especially for the company's and covered with an artistically arranged verbial Arkansaw Traveler's home which use. A two story structure of brick, with shed, also slate roofed. a frontage of 132 feet on each of the two The Chicago, Rock Island and Pacific and did not need it in clear weather ; that streets-264 feet. A drug, jewelry and oigar store and restaurant occupy 88 feet, roofed the entire distance with a steel arch leaving 66x110 feet used almost entirely for a waiting room, being well seated, red pressed brick, two stories, and tile his son, our neighbor and Congressman. lighted and made comfortable by its own beating plant. It is kept clean, so that entire length is paved with brick. even our Governor, both U. S. Senators and their ladies avail themselves of its hospitality. The upper story is used by the company for local and general offices. If there square of ground. It is constructed of is any "rhamshackle" about it it must be gray mottled pressed brick, two stories the steel awning surrounding its outside, | high, with steel frame train sheds which covering the sidewalk and permitted by afford protection in rain or storm, in going special act of the city council for the com- to and from the trains to the waiting fort and convenience of the public; it is rooms. treated to a coat of fresh paint each yearly housecleaning time, looks well to our people whom we presume wear home pride glasses ; and the entire structure we think, would not be an objectionable feature to a Bellefonte Diamond frontage. It is, however, overshadowed by a recently completed eleven story store and office building, just across the alley north ; fire-proof, modern

and up to date in every respect. The Polk county court house just completed, covers almost an entire square, built of massive Bedford stone, fire-proof throughout, four stories high with basement and surmounted with a sensible dome. Its extreme beight is 179 feet from the sidewalk, its outside dimensions 150x 250 feet. It provides six court rooms, all of the offices of the county, a grand jury room, a pettit jury room for each court, private offices for the judges and county officers, an abundance of fireproof vault space built from the basement up, well furnished aleeping apartments for contrary jurors, laying of the corner stone. heated throughout by a separately built heating plant, the latter "out of sight," both to the eye and to the idea, of something complete. Two elevators raise and lower the weary, while others can travel the two 20-feet wide stairways, or the other two wide, winding stairs at the main enequipped throughout with steel desk furniture ; in fact in all its appointments it is up-to-date, substantial and complete, and the hest that business ability, common sense and \$800,000 cash could buy. We are proud of it, and challenge any county in the State to near approach it, or any county in the U. S. of equal population and financial

ability, to overshadow. The floors throughout are Mosaio tile. The supporting columns on the ground floor are of the best Vermont marble, and those

on the three upper are Scagliola. The winding stairways on either side of the front entrance are artistic and simply beautiful ; risers and treadways of double marble, the newels and winding balustrades are massive, solid martile. The court rooms are of sufficient floor space and have 27 feet ceilings. The seating is in circular form with stationary opera chairs, the circular balustrade with settee attached inside, separating the court officials, attorneys, etc. Tables, circular swinging leather upholstered chairs, reporters' desk, the raised desk or bench of the judge, the enclosed jury box with twelve chairs, are all of modern make, and mahogany material. We are ashamed of nothing in con-

nection with the entire structure. of this building to the editor of the good legislation as can be made for its regu-WATCHMAN and invite any for whom it lation. inspect a very fair and not overdrawn pic-

moment attempt to cast reflections on a close until 5 next morning. of our adoption.

under a ban, it is just and proper to say of \$300 to the county; and another of that any city of our class will have to go \$300 to the city, and a license of \$600. some to colipse them. The Savery, Kirk- to the city, a total of \$12000 must be paid wood, Chamberlain, Elliott, Wellington annually, by the proprietor of each saloon, and Victoria, all first class hostleries are before he can launch his business. No capable of entertaining the most fastidious sales are permitted to drunkards, women or exacting, and not so "far below what they or minors and the two latter are not pershould be" but that Iowa's only Demo- mitsed to enter such places. The law is cratic Governor-Horace Boise, and later, well enforced in Des Moines and where Governor Leslie M. Shaw, since then Sec- violations have occurred, penalties were retary of the U. S. Treasury, could endure enforced and in some instances the business the hospitality of the first named, during closed up.

their incumbency of four years each. For the last fifteen years our State has laid no claim to a very great increase in Webster defines the word Mulct, as

Going back to a little more than half ble covered eight pairs of feet. Three sons | to preserve moisture. and two daughters have "swarmed;" some The use of these two words, as appl to assist in populating two other western to the Iowa law, are in use among two

States. Iowa is not ashamed, neither does classes of people and we leave it to the she deplore the departure of a portion of reader to make the distinction. her young, stout and healthy sons and A Psuedo German friend of "Kernell" "The best laid plans of mice and men aft daughters to assist in promoting such Com- Harter, of Centre county, known as Gottlieb gang aglee." At the closing of our last monwealths as the two Dakotas, Nebraska, Boonastiel who with his frau Polly, atletter we intended leaving Howard for Colorado, Wyoming, etc., a large propor- tempted to entertain what he later styled tion of the population of which are native a tall, flat ribbed, long eared, Yankee, who

longer we want to digress here, just slight- tion ; Governors and other State officials, pelled to listen to a severe arraignment of The word "knock" is a title applied to S. Senate, so that being "noted for the slow pared with the German.

covers in length two squares of ground, we do not have to cross our rivers on foot roofed the entire distance with a steel arch boards and pontoon bridges and that Uncle are always popular.

Sam has listened to the importunities of The new embroidered swisses are daintier and lovelier than ever. Designs are smaller. roofed, and the approach to the tracks the John A. T. Hull, and is now finishing such

privileges to all of the other lines entering the city. The building covers in length a

The three depots are all practically new, modern and up-to-date, complete in all requirements for the comfort and accommodation of the traveling public.

The writer has made four trips to the Pacific coast, over all the lines, including the Canadian Pacific from Vancouver to Winnipeg, and can say, that for its requirements, Des Moines is behind none others seen, in depot facilities for the traveling

The baggage transfer business so far pertains to the railroads amounts to little as the two larger stations are but a half block apart and the other a half mile away. Baggage to and from botels, theaters and private houses, make up the business of the Jesse Wells Co.

The Twenty-fourth General Assembly appropriated \$150,000.00 for the erection of a monument to the memory of Iowa soldiers. The writer was present as an officer of the Iowa Grand Lodge of Masone at the

The program was directed by State officials, the principal addresses made by Hon. D. B. Henderson, Speaker of the U. S. House of Representatives and ex-United States Senator James Harlan and the "women of Iowa" had nothing whatever stands is just across Walnut street, from the capitol grounds, while just across Tenth street stands one of the largest and most influential churches of the city. The ground on which this work of art stands was the site of the first capitol building and was donated by Alex Scott, a one time prominent citizen of this city. It is separated from the present capitol grounds by Walnut street, one of the most prominent paved thoroughfares. We would not know where to look for "commons" in that lo-

The Y. M. C. A. rents a large building from F. M. Hubbell, which they now occupy and have no "fine large brick building pearing completion" and it is with regret that we say that they do not even have the ground on which to erect a building. We also have some "plug" railroads that operate from Kaneas City to St. Paul and Chicago. Another from Des Moines to Minneapolis. Another from Des Moines to Keokuk. Des Moines to St. Louis. Des-Moines to Sioux City. Des Moines to Cainsville, Mo., and—well, as Billie said to the small chap that was blamed for everything "Now just look what you went and done." waiting room from which all cars start. It is a disgrace to the city, an old, ramshackle affair. As for hotels, they are far below what they should be. I have looked The Iowa law legalizing the liquor traffic at the squarty thing called a court house and wondered what they took for a pattern. is generally considered by the people who literamined is generally considered by the people who literamined is generally considered by the people who literamined me of pictures I have seen at We mail with this article a photograph are opposed to the saloon, to be about as Fort Sumter. The capitol is a right nice

may be convenient to call at his office and It is objectionable to a certain class for the reason that on all election days, some ture of "the equatty thing called the court dozen or more holidays and Sandays, the house" and if there may be any who "won- doors must be kept locked and not even a der what they took for a pattern," write janitor is permitted to enter. No back ns, for we have the information to furnish. doors or screens at the windows, no chairs We are pleased to know that Bellefonte's nor tables nor lunches inside are permitcourt house is good and we would not for a ted. At 10 p. m., promptly the doors must

single building belonging to our native All employees must be registered in the home county of forty years ago, and we county recorders office. For violations, have naught but good words for the land | beavy fines are imposed, which not only attach to the proprietor, but on the real As our hotels seem to have been placed estate, regardless as to the owner. A tax

The popular designation of this statute is "The Mulct Law."

"pecuniary punishment or penalty." The same authority defines the word that period the writer's family dinner ta- "Mulch" as trash thrown on the ground

so far forgot his good manners as to make Some of her sons sent west a few years use of the epithet "D-mn the Dutch" in ago, are foremost in councils of administra- their presence and was soon after comand one former Des Moines boy in the U. the relative qualities of the Yankee as com-

In the portion of our city and about the the loafer is want to while away the bour We have three railroad depots. The that is burdensome, the same epithet can

could not be mended during a rain etorm a magnificent etructure to furnish postal The Union Station provides terminal facilities for our ordinary passive 100,000 population. Old friends and acquaintances population. Old friends and acquaintances have not been so lethargic in blundering on to us in this "commercial and political centre." Gen. Beaver has been to see us; the Furst's from Flemington and Bellefonte and many that we could name from Lock Haven, Bellefonte, Jacksonville, Beech Centre Hall Althona Span Shore.

The white goods counters inst now are the second support of the second sec Creek, Centre Hall, Altoona, Snow Shoe, Howard, Curtin, Mt. Eagle and other points. Away out on the "Commons" and just across the street from another portion of the main capitol grounds, stands the historical building recently completed, 100x264 feet, covering a full half block of ground, a stone and fire proof structure throughout, modern up-to-date, well equipthroughout, modern up-to-date, well equip-one, two and three-piece gowns of rajah ped for the purpose for which it is intend-silk we have hats of the same stuff. When ed, owing its existence to the State Histor-

> water in Dickinson county, lie near the Minnesota line, 175 miles northwest of the capital city. It is a noted summer resort for Iowa, Minnesota, the Dakotas, Nebraska and other States. Almost the entire border of these lakes are lined with enumer homes and with tents in season. On Sundays during the heated term, special trains from three directions deliver thousands at this popular resort. A "noted historical event attended its settlement." The Spirit Lake Indian Massacre.

S. W. BAKER, Des Moines, Iowa, March 10th, 1909.

> [To be continued.] Attack on fown Resented.

and Des Moines that appeared in the col-umns recently of The DEMOCRATIC WATCH-difficulty. MAN of Bellefonte, Pa., one of the oldest publications in the state, by Daniel Mc-Bride of Fort Dodge, the state historical department has risen to arms and will refute the statements by bistorical and com-

Mr. McBride asserts that Iowa has had no place in the national union history and came quietly into the Union. The historical department, through the same paper, will show that Iowa suffered many Indian massacres aed did ber part toward the civil war. The caustic letter of Mr. MoBride is in answer to the eulogistic letters of S. W. Baker, of Des Moines in that paper. In his remarks against Des Moines Mr. Mo-Bride was unusually caustic and says: McBRIDE'S ATTACK.

"Des Moines, the capital, is the largest city in the state and is the commercial and political centre. Some claim that it is quite a railway centre, but I do not see it that way. I do not know of but one great trunk railway. Of course, some of the translation, there are three second class depots. The backmen and the baggage haulers have a pionic at the expense of the traveler. The street railway has a general waiting room from which all cars start. It waiting room from which all cars start. It sponges from the depths. In some of the slands the father of a marriageable daughten the stows her upon the most successful longest under trunk railway. Of course, there are plugs out to the main lines. Instead of one grand little building, far short of what it should be for such a state. It is no comparison to some I have seen. Off quite a distance stands a lone, forsaken looking but magnificent monument by the women of Iowa to the memory of the state's heroes

A PESSIMISTIC VIEW.

"No noted historical event ever attended the settlement of Iowa. It became a state very quietly. The state is noted for many m sized cities and a total absence any large cities, unless you could call Des-Moines a city. It is also noted for its slow growth in population—in fact, some say it is decreasing."—The Des Moines Evening

A simple leak has sunk some of the stortest ships that ever sailed. When a ship springs a leak, it is no good to crowd on more sail and hope to escape. The first thing to do is to find the leak, and then to stop it. It is the leakage of health which ruins many a splendid woman. It's no good in such a case to take tonics and stimgood in such a case to take tonics and stim-ulants. The first thing to do is to locate the leak, the next thing is to stop it. There is a constant leakage of health in every woman who suffers from disease or derangements of the delicate womanly or-gans, such as unhealthy drains, inflamma-tion, ulceration and female weakness. tion, ulceration and female weakness. This leakage can be stopped by the use of Dr. Pierce's Favorite Prescription. Over half a million women have testified to the wonderful curative power of this medicine. Sick women can consult Dr. Pierce free. All correspondence confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

"Pshaw! I waw a tumbler made of ficel and blood last night." "At the circus,"

FOR AND ABOUT WOMEN.

DAILY THOUGHT.

By the street of By-and-By one arrives at the

Newest of the new is the white cotton crepe that Paris has taken to her heart. Years ago, perhaps it was worn, but the present generation knoweth it not, and to them it has all the charm of newness. Soft, fine, "orinkly," it is being used to make both waists and dresses. For trimming it takes preferably a lace of the nature of Cluny rather than filmier kinds.

Another exquisite white goods is the embroidered French pique. Vanish all former ideas of pique when one sees it. With its tiny ribbed cords of a wonderful softness and fineness, with delicate, almost

Our old friend white madras has taken Very smart they are, too, in this snowy

Stripes and Plaids .- Stripes seem to pre ponderate in the new styles, though, of course, figured effects in this favored fabrio

There is a tendency to stripe and block effects and conventional and geometrica

Fine sheer linen embroidered daintily is always useful in the Summer wardrote

The white goods counters just now are happy hunting grounds for the woman in search of snowy prettiness for Summer

With shoes and stockings and gloves to match the gown is it any wonder that the same requirement should be made for the bat? Not only is the same color being used, but the same materials as well. With ical Society.

It is teeming with authentic information of "noted events which attended the settlement" of the State. We cite one. Lake Okoboji and Spirit Lake, twin bodies of making it all of one tone, the under side of the brim is made of a slightly lighter or darker shade, or even of a contrasting color. For trimming bands of the material may be used, or flowers the letter hairs. buying the material for the gown get from

> Among the folk fashions borrowed from Poland is that curious one of the daugling curls at the sides of the face. Some of the daring women in Paris are trying the little curls which fall over the temples and account for the stray about the ear.

No matter how handsome the dress, a color combination that is the least shade "off" will utterly spoil it.

When two colors do not look quite right

together, separate them with white.
Black "tones" some colors, but not all.

Gray may be combined with pale pink, rose color, lemon, pale yellow or

orange.

Deep blue and dark red are a safe oboice if the blue predominates. Some blues and yellows are good together, but again the blue must predominate.

Tan looks well with almost any shade of

blue, and gray blues are very good with

Genuine shades of belitrope are charming with pale, dull yellow.

Pale pastel blue is brautiful with the new shade known as wistaria.

Faint shell pink is possible with coppery brown and is very effective in brightening. olive green.

The new hats, almost without exception show exaggerated crowns, and the rough braids of the bird's nest variety are much in evidence, though many of the prettiest models have their crowns covered com-pletely with small flowers.

diver—be who can stay longest under water and bring up the biggest load of

Creamed Sweetbreads .- As soon as the sweetbreads are brought from the market put them in cold water. When ready to parboil free them from fat, cover with boiling water and let them simmer 20 minutes. Take from the fire, drain, throw into cold water and when cool enough to handle remove all the membrane and break into small pieces. Melt one tablespoonful of butter without browning; add one tablespoonful of flour, mix until smooth; add one enpful of cream and stir until it thickens. Add the sweetbreads and place over hot water until these are heated through, then season to taste with salt, pepper and one tablespoonful of chopped parsley.

To Make Cream Whip .- Many housekeepers who like whipped cream as an ac-companiment for broths, chocolate or des-serts think they must order cream of a special richness. This generally must be done the day before and always costs don-

ble the price of ordinary cream.

One young woman discovered last winter a way of easily making her daily supply of cream whip. She merely added a teaspoonful of granulated sugar to every pint, had it ice cold and quickly whipped it to a thick froth in the churn.

A special whipped cream churn is, by the way, an investment that pays for every bousekeeper. The old methods of using a fork and skimming off froth as it comes to the surface is a waste of time that the modern woman cannot afford.

Lettuce Salad .- Mix one teaspoon Lettuce Salad.—Mix one teaspoon of German mustard, one-half teaspoon salt, one-eighth teaspoon of ground pepper, four tablespoons of clive oil, two tablespoons of claret; have a head of lettuce washed and drained dry; tear into bits, never out lettuce, put it into bowl, pour the dressing over it and tose about until well dressed.