

Bellefonte, Pa., March 26, 1909.

THE SORROWS.

If this is all it will be like, I wish to die, I don't care how...

When Saturday's all out of breath, With all the living week in sight...

And nothing Done but Yesterday, And nothing Coming but To-morrow!

Don't cheer me, Please let me be, I have the Sorrows.

By Josephine Preston Peabody.

The "Comic" Nuisance.

The announcement made by the Boston Herald some months ago that it had abandoned the comic supplement...

The International Kindergarten Union and other important associations are directing attention to the evil of this adjunct...

The organizations which are now protesting against this so-called comic supplement would do well to have the chief figures and incidents brought out to these supplements collected and put together in a typical sheet...

Not protecting the eyes with glasses or thick veil when motoring on a dusty road or when traveling with open windows...

There is no class in the community whose moral and intellectual life ought to be more carefully guarded than the children...

ive period we are constantly putting before them. To call the whole supplement business a vulgar mess is to characterize it with exactness...

As for the text which accompanies these illustrations, it is beneath contempt. The only way of conveying an idea of it to those who do not read the comic supplement is to reproduce a legend written under an illustration which had wide circulation last summer:

ICK IBBITY

BIBBITY GLIBBITTY

WOCK DOOPY IP

MUGGLE ZOP OOP

GULLOOP BUZAM

UZZO RIP WOP

KERBUMP

WUGGY

BOW-WOW

The Outlook regards this outrage on children as one of the greatest evils of the country today. We are permitting the vulgarization of our children on a great scale...

Beautiful Table Customs.

Quite recently I visited a German widow living in a delightful country seat, with a little son of eight and a daughter of five...

In some families there prevails the beautiful custom of joining in the Lord's Prayer at breakfast; and in one that we visited last summer this was sometimes omitted...

Reading on the porch long after the sun has set.

Sitting on the beach with the sun shining on your back.

Staring at the water when the sun is at its brightest.

Sitting so the shifting light and the shadow of leaves from the porch or arbor play irregularly on the page.

Letting the eyes get sunburned.

Doing fine needlework in the dim light of a house shaded for coolness.

Yachting or canoeing without a broad-brimmed hat or veil as a protection from the glare.

Not protecting the eyes with glasses or thick veil when motoring on a dusty road or when traveling with open windows...

These may seem trifles not worth minding, but they often lay up stores of eye strains that give trouble for years.

Fancy a man dying of thirst, by the side of a spring of sparkling water. Thousands of thirsty people pass him, quench their thirst at the spring and go on their way rejoicing...

There is no class in the community whose moral and intellectual life ought to be more carefully guarded than the children...

When there is unoccupied habit use Dr. Pierce's Pleasant Pellets.

Subscribe for the WATCHMAN.

Forty Years in Iowa.

[Written especially for the WATCHMAN.] CHAPTER VI.

"The best laid plans of mice and men oft gang a-gley." At the closing of our last letter we intended leaving Howard for short calls on other portions of the county and State...

The word "knock" is a title applied to persons who for some fancied or real personal grievance, has become "soured" or disgruntled at some person, place or thing...

The Chicago, Rock Island and Pacific covers in length two squares of ground, roofed the entire distance with a steel arch across the intervening street. It is built of red pressed brick, two stories high, covered with slate roof...

The Polk county court house just completed, covers almost an entire square, built of massive Bedford stone, fire-proof throughout, four stories high with basement and surmounted with a sensible dome...

The winding stairways on either side of the front entrance are artistic and simply beautiful; riers and treadways of double marble, the newels and winding balustrades are massive, solid marble...

The Y. M. C. A. rents a large building from F. M. Hubbell, which they now occupy and have no "fine large brick building nearing completion" and it is with regret that we say that they do not even have the ground on which to erect a building...

It is objectionable to a certain class for the reason that on all election days, some dozen or more holidays and Sundays, the doors must be kept locked and not even a janitor is permitted to enter...

All employees must be registered in the county recorder's office. For violations, heavy fines are imposed, but not only attach to the proprietor, but on the real estate, regardless as to the owner...

The popular designation of this statute is "The Mule Law." Webster defines the word Mule, as "pecuniary punishment or penalty."

States. Iowa is not ashamed, neither does she deplore the departure of a portion of her young, stout and healthy sons and daughters to assist in promoting such Commonwealths as the two Dakotas, Nebraska, Colorado, Wyoming, etc., a large proportion of the population of which are native Hawkeyes...

Some of her sons sent west a few years ago, are foremost in councils of administration; Governors and other State officials, and one former Des Moines boy in the U. S. Senate, so that being "noted for the slow growth in population" is amply offsetted by the success and personal worth of our wandering offspring...

We have three railroad depots. The Chicago and Northwestern covers in length a block of city ground, 284 feet, built of red pressed brick, two stories high, covered with slate roof...

The Chicago, Rock Island and Pacific covers in length two squares of ground, roofed the entire distance with a steel arch across the intervening street. It is built of red pressed brick, two stories high, covered with slate roof...

The Union Station provides terminal privileges to all of the other lines entering the city. The building covers in length a square of ground. It is constructed of gray mottled pressed brick, two stories high, with steel frame train sheds which afford protection in rain or storm...

The three depots are all practically new, modern and up-to-date, complete in all requirements for the comfort and accommodation of the traveling public.

The writer has made four trips to the Pacific coast, over all the lines, including the Canadian Pacific from Vancouver to Winnipeg, and can say, that for its requirements, Des Moines is behind none others seen, in depot facilities for the traveling public...

The baggage transfer business so far as pertains to the railroads amounts to little as the two larger stations are but a half block apart and the other a half mile away...

The Twenty-fourth General Assembly appropriated \$150,000.00 for the erection of a monument to the memory of Iowa soldiers. The writer was present as an officer of the Iowa Grand Lodge of Masons at the laying of the corner stone.

The program was directed by State officials, the principal addresses made by Hon. D. B. Henderson, Speaker of the U. S. House of Representatives and ex-United States Senator James Harlan and the "women of Iowa" had nothing whatever to do with it...

The Y. M. C. A. rents a large building from F. M. Hubbell, which they now occupy and have no "fine large brick building nearing completion" and it is with regret that we say that they do not even have the ground on which to erect a building...

We also have some "ping" railroads that operate from Kansas City to St. Paul and Chicago. Another from Des Moines to Keokuk, Des Moines to St. Louis, Des Moines to Sioux City, Des Moines to Des Moines, Mo., and—well, as Billie said to the small chap that was blamed for everything—"Now just look what you want and done."

The Iowa law legalizing the liquor traffic is generally considered by the people who are opposed to the saloon, to be about as good legislation as can be made for its regulation.

It is objectionable to a certain class for the reason that on all election days, some dozen or more holidays and Sundays, the doors must be kept locked and not even a janitor is permitted to enter. No back doors or screens at the windows, no chairs nor tables nor benches inside are permitted. At 10 p. m., promptly the doors must close until 5 next morning.

All employees must be registered in the county recorder's office. For violations, heavy fines are imposed, but not only attach to the proprietor, but on the real estate, regardless as to the owner. A tax of \$300 to the county; and another of \$300 to the city, and a license of \$600, to the city, a total of \$1200 must be paid annually, by the proprietor of each saloon, before he can launch his business...

FOR AND ABOUT WOMEN.

DAILY THOUGHT.

By the street of By-and-By one arrives at the house of Never.—Cervantes.

Newest of the new is the white cotton crepe that Paris has taken to her heart. Years ago, perhaps it was worn, but the present generation knoweth it not, and to them it has all the charm of newness. Soft, fine, "crinkly," it is being used to make both waists and dresses. For trimming it takes preferably a lace of the nature of Cluny rather than flatter kinds.

Another exquisite white goods is the embroidered French pique. Vanish all former ideas of pique when one sees it, with its tiny ribbed cords of a wonderful softness and fineness, with delicate, almost lace, stripes and scattered tiny embroidered designs, it has a style individual and fascinating.

Our old friend white madras has taken to itself this Spring the chevron stripes and diagonal weaves of the Winter time fabrics. Very smart they are, too, in this snowy weather.

Stripes and Plaids.—Stripes seem to preponderate in the new styles, though, of course, figured effects in this favored fabric are always popular.

The new embroidered sweaters are daintier and lovelier than ever. Designs are smaller. There is a tendency to stripe and block effects and conventional and geometrical figures.

Fine sheer linen embroidered daintily is always useful in the Summer wardrobe. Designs are small this season, are frequently with a note of color.

The dainty plaid muslins are ever lovely in their fine sheer prettiness, cross-barred and striped in shadowy beauty. Then there is the whole army of plain white goods, the Paris muslins, chiffonettes, batistes and such old-time favorites.

The white goods counters just now are happy hunting grounds for the woman in search of snowy prettiness for Summer wearing.

With shoes and stockings and gloves to match the gown is it any wonder that the same requirement should be made for the hat? Not only is the same color being used, but the same materials as well. With darker shades, or even of a contrasting color. For trimming the material may be used, or flowers, the latter being newer. The flowers should be of the two tones used for the hat if possible. Where only one tone is used they may give the contrasting note.

Among the folk fashions borrowed from Poland is that curious one of the dangling curls at the sides of the face. Some of the daring women in Paris are trying the little curls which fall over the temples and account for the stray looks about the ear.

No matter how handsome the dress, a color combination that is the least shade "off" will utterly spoil it. When two colors do not look quite right together, separate them with white.

Black "tones" some colors, but not all. The effect is sometimes merely to dull the color and itself, without remedying the difficulty.

Gray may be combined with pale pink, rose color, lemon, pale yellow or burnt orange. Deep blue and dark red are a safe choice if the blue predominates.

Some blues and yellows are good together, but the blue must predominate. Tan looks well with almost any shade of blue, and gray blues are very good with tan.

Genuine shades of bell-trope are charming with pale, dull yellow.

Pale pastels give beautiful with the new shade known as wistaria.

Faint shell pink is possible with coppery brown and is very effective in brightening olive green.

The new hats, almost without exception show exaggerated crowns, and the rough braids of the bird's nest variety are much in evidence, though many of the prettiest models have their crowns covered completely with small flowers.

The inhabitants of the Green Islands, in the China Sea, are largely engaged in diving for sponges. No girl there marries until she has shown skill in bringing sponges from the depths. In some of the islands the father of a marriageable daughter bestows her upon the most successful diver—who can stay longest under water and bring up the biggest load of sponges.

Creamed Sweetbreads.—As soon as the sweetbreads are brought from the market put them in cold water. When ready to parboil free them from fat, cover with boiling water and let them simmer 20 minutes. Take from the fire, drain, throw into cold water and when cool enough to handle, remove all the membrane and break into small pieces. Melt one tablespoonful of butter without browning; add one tablespoonful of flour, mix until smooth; add one eggful of cream and stir until it thickens. Add the sweetbreads and place over hot water until these are heated through, then season to taste with salt, pepper and one tablespoonful of chopped parsley.

To Make Cream Whip.—Many housekeepers who like whipped cream as an accompaniment for broths, chocolate or desserts think they must order cream of a special richness. This generally must be done the day before and always costs double the price of ordinary cream.

One young woman discovered last winter a way of easily making her daily supply of cream whip. She merely added a teaspoonful of granulated sugar to every pint, had it ice cold and quickly whipped it to a thick froth in the churn.

A special whipped cream churn is, by the way, an investment that pays for every housekeeper. The old methods of using a fork and skimming off froth as it comes to the surface is a waste of time that the modern woman cannot afford.

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