

| found my prince!" <br> "Katherine, you don't mean"- began <br> "Yes-Jack-1 do." <br> "And so," sald Jack lovingly, after he had kissed her untll she protested, <br> "this is the end of the fairy story"? "Oh, no"" laughed Katherine soft <br> "They Hived happlly ever after, you know." <br> Exercise or Die. <br> Every man and woman must do some muscular work or take equivalent ex- ercise, else they will die long before their natural time. And if one's vocation involves the use of only one set of muscles work must be found for the other muscles, else the individual becomes disproportionate in form and eventually a prey to disease. <br> A hodearrler. who is required to use nearly all his muscles, exerting him- self close to the limit of his strength for many hours dally, never gives any thought to artificial exercise, for he 别 has no need of any. But the profes- sional man, the clerk. the typist and the saleswoman-all these find little real use for the muscles in their daily employment, and they require to take up some system of physical exercise to maintain normal health. Then there are factory operatives and the toilers in various trades, whose work brings into play certain sets of muscles, while others are out of use. These require exercise adapted to giving employment to the neglected muscles. There is also a class of wealthy people who do no regular work of any kind, who re- guire to follow some strength giving sport in lieu of work. At the opposite extreme is a class of athletes who make a business of artificial exercise and build themselves up into mounbly overdo and in consequence suffer later.-Charies H. Cochrane in Metropolitan Magazine. <br> Largest Grave In the Worid. <br> The iargest single grave in the worta occupies just exactly one acre or ground, which is surrounded by an iron ralling. This enormous grave is located at Pearto Cortez, in Honduras. and is the burial place of a woman The tombstone occuples the centeren figures representing the deceased are arranged in statuelike form in different parts of the ground. There are no fewer than sixteen of these fig. ures, which in the evening give the place a ghostilike appearance. The dehad specified the amount of ground to be purchased for her grave and the manner in which it should be deco- rated. She bad many curious notions. and the size and ornamentation of her grave was one of them. <br> Ponderous. <br> Eveljn-He's a very learned man You wouldn't think so, would you? Natica-Oh, yes! 1 suspected it at once. Evelyn-Indeed? Natica - Yes. makes me so tired!-Illustrated Bits. |
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# A BARGAIN FEAST FOR THE WISE. gez 

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