

# Democratic Watchman

Bellefonte, Pa., July 3, 1908.

### FARM NOTES.

—Cornstalk No. 4 in a hill is a crowd; No. 5 is a weed.

—Bran is good hog feed from a chemical standpoint, but mechanically it is too coarse. Shorts are better.

—While liberal fertilization will increase the yield, thorough cultivation is also necessary to keep up and improve the quality.

—Alfalfa or clover pasture is the best for the hog. A good substitute for either of these is rape, field peas or cow peas sown in a pasture.

—Remove the old raspberry canes as soon as they have fruited; also remove weak, superfluous new ones. Burn all such cuttings at once.

—Feed the cow all the hay or other roughage she will eat, even if she is running on good pasture. Her appetite tells her better what she needs than you can tell.

—Continue to cultivate and hoe the strawberry plants in this spring. When enough runners are secured in each row, cut off all others, just as if they were weeds.

—For rheumatism in young horses, it is said that three drams of salicylate of soda three times each day for three days, then omit for six days and repeat, is an effective remedy.

—Healthy animals require no medicine; conditions in them may be established and maintained by intelligently applied alterations in the quantity and quality of their food and labor.

—Use no wooden milk vessels, and after washing milk vessels set them out to dry scalding hot. Never rinse out with cold water after the final scalding. Leave them hot, so they will dry quickly and not get musty.

—One ounce each of tincture of ginger and gentian in a dose in a pint of cold water twice a day for two or three weeks will start the thin animal to laying on flesh. The medicine can be mixed with a little soft feed.

—Frequent crop rotation is the only practical remedy for the well-known strawberry crown borer. The infested end should be burned over in the fall and the next year planted to some other crop, upon which the pest cannot thrive.

—It is said that bees usually supersede their queens before they are too old for service; and when an apiary is once stocked with a good grade of queens the bees, as a rule, he depended upon to supersede their queens at the proper time.

—Manure not only enriches soil with the elements of fertility, but also renders the stored plant food of the soil more available, improves the chemical conditions, makes the soil warmer and enables it to retain more moisture and to draw it up from below.

—Thistles are spread from the seed, and if the plant is not allowed to go to seed there will be no danger of their spreading over the pasture. The best time to cut the weed is just before it comes into bloom and before there is any possibility of the seed maturing.

—A recommended remedy for enlargements on the legs of horses is a mixture of potassium iodide, one ounce; iodine, three drams; water, eight ounces. Mix well and apply over the affected parts. The application should be made at the first appearance of the trouble.

—Beware of exposing blackberries to the sun after they are picked. Sunlight soon turns the black, shiny fruit to a rusty, dull, unpleasant-looking red. Get the berries into packing shed or crate as soon as possible, and then into a cool cellar until shipping time.

—Minnesota farmers have found six pounds of timothy, five pounds of white clover, three pounds of Kentucky bluegrass and one pound of red-top seed per acre to be an excellent mixture for pastures. If the ground is inclined to be wet, the red-top will take the place of the timothy.

—Although cultivation is necessary and will increase your crops, no matter how much you cultivate, or how much you labor, it should be remembered that the plant food in the soil is the vital element of crop production. The crop removes this element, but by applying manure it is put back again.

—Impure and bad smelling cistern water is often caused by the growth within it of microscopic plants called algae. Sulphate of copper will quickly kill these germs, and any other germ. The common name is blue vitrol. Try it in stock tanks, also, which have green scum in them. A piece the size of a grain of wheat will be enough for a barrel of water.

—Extra fine grapes are secured by cutting off the weaker, inferior bunches, or where bunches are too close together, and then enclosing each remaining bunch in a paper bag. Cheap, ordinary paper bags pinned or tied into place, will do. Bagged fruit scapes insect ravages, ripens better and earlier, and is choicer in quality and finer in appearance.

—A successful farmer says that he finds that the most certain way to succeed with the clover crop is to break new ground shallow in midsummer without burning over, cultivate with a disk harrow, sow the seed two inches deep the following spring without a nurse crop, cover with a heavy roller, and then run over with a light spike-tooth harrow to leave the top soil loose and rough.

—That soils need humus is shown by the recent test at the West Virginia Station. The ash of stable manure even when applied with sodium nitrate did not show as large returns as when stable manure alone was applied. In a number of cases it is decaying humus and not latent plant food elements that the farmer's soil needs. See that the soil is rich in organic matter first, then if it fails to produce, apply the food elements in the prepared forms.

—There is more danger of overfeeding colts than underfeeding. Either one, however, is disastrous. Overfeeding injures the digestive organs and leaves the system in a condition much more liable to disease and disorders. Underfeeding means a stunted condition, which is invariably a disappointment. Even with good breeding, such a colt will not develop into a profitable animal. A healthy, vigorous growth is the ideal thing to be sought.

### FOR AND ABOUT WOMEN.

#### DAILY THOUGHT.

The torrid sun melts mountain snows, When anger comes, then wisdom goes. —From the Hinduists.

The corset gives support to the clothing and prevents the skirts from dragging downward from the hips. Properly made corsets prevent a sloppy appearance.

A slouchy or sloppy figure cannot have properly oxygenated blood, and if the blood does not receive a sufficient amount of oxygen, anemia is very likely to follow.

For the Complexion.—Don't use any but a pure soap. Don't neglect the daily bath if you want a radiant complexion. Don't use hard water for face or hands, as it roughens the skin and causes it to lose its satin-like texture.

Don't be afraid of sunbath; it gives bloom and color. "Where the sun does not enter, the doctor must," is an old Japanese proverb.

Don't be afraid of friction for the face; freshness is prolonged by the tepid bath, followed by long friction; this keeps the blood at the surface.

Don't fail to expose the skin to the air as well as to the sun at least once daily; this makes the flesh firm and hard, and the harder the flesh the more perfect the skin.

Don't use violence in massaging the face, for it will not stand being pounded. The manipulation must be gentle and even, or the skin will become coarse and leathery.

Don't flex the last joints of the finger. In all forms of massage this joint should be extended, flexation being limited to the second joint and the knuckle. In this way one gets a broad surface for contact with the part, which gives a pleasanter, as well as more effective massage.

A unique garden luncheon table was arranged as follows: The cover to the table was of soft green with ferns laid upon its surface. The odd centerpiece was a green watering pot filled with flowers, and from the holes in the spout trailing vines reached to the table. The little rakes which were the souvenirs were the invention of the hostess—small wooden handles with a crosspiece, the under side of which was padded like a long thin cushion, covered with a green silk. In these rakes six three-inch "flower pins" rested. These were novelty pins with jeweled heads, not real, of course, but just the thing to pin the flower to a pretty bodice. Small flower pots held the bonbons and all of the "goodies" were decorated with the flowers.

One who gets a cinder in the eye must first of all exercise self-control. He must not rub the eye. He may take a glass of clean water, throw in a pinch of salt, then put the head down so that the eye is in the water, and wink several times rapidly. If this does no good, the particle can sometimes be dislodged by taking hold of the lashes and drawing the upper lid down over the lower, and letting it slide back into place.

If the speck can be seen on looking into the mirror it may often be removed by the tip of a comb made by folding a handkerchief several times. Sometimes a friend can see the speck by looking into the eye with a magnifying glass, and can remove it by gently touching it with the handkerchief edge.

This is all any one should attempt, and if these gentle efforts fail to dislodge the cinder no time should be lost, says the *Youth's Companion*, in seeking the help of a physician, who may take it away before inflammation or ulceration comes to complicate the accident.

Eyes which have become weakened from the summer glare may be considerably strengthened by bathing them with a solution of boracic acid and water.

Careless and inaccurate hasting will ruin any gown. The pattern is often blamed for an ill-fitting waist or bad-fitting skirt when the fault is all in the hasting.

The proper removal of the threads is as important as their proper putting in. Have you ever watched a novice catch the end of a thread, and, pulling the seam in a tight bunch, use all her strength to break the thread? Have you noticed the seam afterward?

If it were silk, lawn or other thin material there were probably holes all the way up, or the threads pulled all across the breadth.

If velvet, the nap was hopelessly marred, or the materials were so mused and creased that only a damp cloth and strenuous pressing would remove the defects.

Basting threads should be clipped at intervals of three or four inches, and each length carefully removed without wrinkling or creasing the goods in the slightest degree.

Clipped in this way, the thread will yield to the least pulling. An ivory or bone stiletto is a good implement for this work, and should always be kept in the workbasket.

Where straight and bias edges are brought together great care must be taken not to stretch the bias edge or hold it too much, causing it to pucker in an unsightly way.

The breadths should be straightened by smoothing down and across the threads of the fabric. This will bring the bias edge in correct position. It should then be pinned at intervals of three or four inches, and afterward basted in a three-eighth-inch seam.

The stitches should be quite short, as when long basting is used the goods are apt to slip out of position in stitching on the machine.

In basting a waist, the seams should be put together with the greatest of care. Knots should be brought together and pinned, so that there is no possibility of holding in one side more than the other, thus keeping the parts in their true position.

In basting, it is always best to use as fine a thread and needle as possible, especially for silks, velvets or fine sheer materials. A coarse basting will leave a mark of tiny holes in the fabric after the stitches are removed.

Velvet garments are easily ruined by coarse basting.

In basting seams of any sort never use the running stitch, as in so doing one will invariably pucker the goods.

Take one stitch at a time, and that a short one.

It is not at all uncommon to see a novice in sewing baste up a seam, and finding a difference of an inch or two on one side, recklessly take the scissors and cut off the extra length.

The pattern is then blamed for an ill-fitting garment when the fault lies entirely with the unskilled basting.

Many persons in putting on braid are tempted to stretch it on the machine without basting.

### A Wasted Opportunity.

"Ole Bill" Foote and "Ole Bill" English were political traveling companions, and many stories were told of their joint journeying.

The two hardy Democratic campaigners were doing southern California one election time and got into the country at the back door of Los Angeles. One night they reached a farmhouse where they had expected to find lodgings. The farmer had nothing but two arm-chairs. Foote and English pleaded for beds—cots, trundle beds, anything that looked like a bed. Nothing doing.

The campaigners, like Napoleon or Grant or like Washington at Valley Forge, slept in their chairs.

When the first advance agents of dawn scudded out of the west, the politicians laboriously got out of their chairs and went out for fresh air. They met the old farmer milking the cow with the crumpled horn.

"Do you know, gentlemen?" he said blandly and without contrition, "you could have had a bed, after all? I was expecting two Democratic orators here last night and saved the beds for them, but somehow or other they never showed up, dang 'em."—San Francisco Call.

### The King Had Rights.

Once when Macready was performing at the theater at Mobile, Ala., his manner at rehearsal displeased one of the actors, a native American of pure western type. This Claudius in "Hamlet" resolved to "get even" with the star for many supposed offenses, and in this way he carried out his purpose. When in the last scene Hamlet stabbed the usurper he reeled forward and after a most spasmodic finish stretched himself out precisely in the place Hamlet required for his own death. Macready, much annoyed, whispered fiercely:

"Die farther up the stage, sir." The monarch lay insensible, upon which in a still louder voice the Hamlet growled:

"Die farther up the stage, sir." Hereupon the Claudius, sitting up, observed:

"I believe I'm king here, and I'll die where I please." The tragedy concluded without more ado.

### Broke Up His Speech.

Judge Norton was solemn, stern and dignified to excess. He was also egotistical and sensitive to ridicule. Judge Nelson was a wit and careless of decorum. He did not like Judge Norton. At a bar supper Judge Norton in an elaborate speech, referring to the early days of Wisconsin, described with tragic manner a thunderstorm which once overtook him in riding the circuit. The scene was awful, "and," said the judge, "I expected every moment the lightning would strike the tree under which I had taken shelter."

"Then," interrupted Nelson, "why in thunder didn't you get under another tree?"—Philadelphia Ledger.

Can anything be more offensive than foul breath in man or woman? Who has not had the experience of a conversation with some one whose every word seemed to reek with corruption? Foul breath is only one symptom of a foul stomach. The work of the stomach and organs of digestion and nutrition is not being properly performed when the breath is tainted. Dr. Pierce's Golden Medical Discovery will sweeten the breath by curing the stomach and organs of digestion and nutrition. It removes accumulation of effete matter from the system, cleans the machinery of the body from clogging waste, and increases the action of the blood-making glands. When it sweetens the breath it also brightens the eye and clears the clouded complexion.

### A Sustaining Diet.

These are the enervating days, when, as somebody has said, men drop by the sunstroke as if the Day of God had dawned. They are fraught with danger to people whose systems are poorly sustained; and this leads us to say, in the interest of the less robust of our readers, that the full effect of Hood's Sarsaparilla is such as to suggest the propriety of calling this medicine something besides a blood purifier and tonic,—say, a sustaining diet. It makes it much easier to beat the heat, assures refreshing sleep, and will without any doubt avert much sickness at this time of year.

### Medical.

CONFIRMED PROOF. RESIDENTS OF BELLEFONTE CANNOT DOUBT WHAT HAS BEEN TWICE PROVED. In gratitude for complete relief from aches and pains of bad back—from distressing kidney ailments—thousands have publicly recommended Doan's Kidney Pills. Residents of Bellefonte, who so testifies years ago, now say their cures were permanent. This testimony probably proves the worth of Doan's Kidney Pills to Bellefonte kidney sufferers. J. Curtis Johnson, living at 345 E. Bishop St., Bellefonte, Pa., says: "I can recommend Doan's Kidney Pills as a remedy that acts up to the representations. I made a statement some years ago concerning my experience with Doan's Kidney Pills that I have had but one occasion to use them since. About a year ago I took a cold which settled in my back and I noticed some return of my former complaint. I appealed to Doan's Kidney Pills and they helped me in every way. I gladly confirm everything I said in my previous statement for I know others who have used the remedy and received the best of results. I recommend Doan's Kidney Pills at every opportunity." For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

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