FARM NOTES.

—Many good cows give but a small quantity of milk because they are not properly managed. Some persons allow a certain quantity of feed, from which no variation is made. A cow should be fed all she can eat, and if she improves in the quantity of her milk she should be induced to eat more.

-The currant is a grass feeder. Plant the bushes 3 by 6 feet, early in spring, on heavy, rich loam. Grow an open-headed bush, of from five to seven canes, cutting back slightly the first two years. Later on pinch back new wood, to develop fruit spurs. Mulching keeps the ground moist and cool. For worms dust hellebore on the canes when the bushes are wet.

-Get your hot-beds ready for the sweet potato plants and use only seed that is free from rot. It is best to procure seed from some section where the sweet potato is not affected by rot, if possible. There are several forms of rot, one of them being generated in the soil. For this reason it is well to set out the plants on a new location every year.

-Unless there is a convenient market for the sale of vegetables the garden should be no larger than is necessary to afford a full variety, and in abundance, for the family, as the keeping down of the weeds and grass in the garden is a matter that may require attention just at the time when the farmer is busy with his spring plant-ing; but every farmer should have a garden, even if but a few kinds of vegetables

—The ground cannot be made too rich for gooseberries and currants, and any extra attention given them the first year will have its effect for years afterward, as a good start is an advantage. Plant in rows four feet apart, cultivate thoroughly, and then mulch. Cutting out the old wood should not be overlooked. It is not difficult to get large yields of fruit when the soil is rich and the cultivation is

One of the best disinfectants for the stable, drains, poultry yard or contaminated ground is to dissolve a pound of copperas and a pound of bluestone in four gallons of boiling water, adding four ounces of sulphuric acid. This mixture may have twice as much water if used once a day for a week, but it is better to use it somewhat strong for the first two or three applications. It will destroy the germs of all diseases existing in the poultry yards if sprinkled thereon.

-It is claimed that land plaster attracts ammonia from the atmosphere and combines with it, the plaster being broken up in its combination and sulphate of ammonia formed. Plaster absorbs ammonia, but does not combine with it directly. Plaster also absorbs moisture, and as moisture holds ammonia there is a certain proportion of ammonia held by the plaster for the use of plants, especially when plaster is applied where it has an opportunity to arrest that which is brought to the soil by rains.

-In setting out a plum orchard give a northerly exposure, if possible, and one of considerable elevation. A windbreak on the east is very desirable. Plant close together in the rows, 10 to 20 feet, and twice the distance between rows, running the rows north and south. Mix the varieties in the row and keep the trees headed low. Cultivate to some hoed crop, or set small fruits between the rows, and keep well cul-tivated. When in bearing thin the fruit, and market in peck and half-bushel crates or baskets, handling carefully, and packing before the fruit is too ripe.

-Grass is always an important crop, and also an evidence of good farming, as no soil will produce a large crop of grass every year unless the land is well manured or treated with fertilizer. Grass is the foundation for all other crops, as it not only produces pasturage and hay, but furnishes sod for the assistance of crops that follow. When the land is in grass it is really mulched, and of humus accumu lates. The shading of the soil by the grass is beneficial, and the roots go down deep into the subsoil for plant food, which is brought to the surface, deposited in the plants, and thus rendered available for

-It is not desirable to plant seeds of vegetables too early. If the ground is not warm the seed may rot before it can germinate. Such crops as beans, melons, squashes and egg plants will not endure even cold nights. Get the tomato plants well grown, in stocky form, and have them ready for transplanting as soon as the ground is warm and all danger from frost is past. One of the best guides in the plant-ing of garden seed is to do so when the apple trees are in bloom. Peas, however, may be planted in April, but when the apple trees are in full bloom it is then safe to put in the seeds of the tender plants. Much de-pends upon the soil. If it is plowed or spaded deep, and then worked fine with a harrow or rake, the air carries in the warmth and the soil becomes warm much sooner than when it is given careless preparation.

-This is the season of the year when preparations should be made for spring operations. One of the aunoyances of farmers when they are ready to plant is that the seeds are not on hand for that that the seeds are not on hand for that purpose. Every one who contemplates beginning spring work as soon as the weather permits should procure all seeds, tools and other supplies before the busy period arrives. The weeds will be the first crops, but they should be kept down from the start. There is nothing worthless that grows on the farm, as everything can be utilized in some manner. The weed that comes up spontaneously takes fertility from the soil, but in doing so prepares the materials derived from the soil into available substances for the next plant that follows; hence, when the weed is played under the soil is that the soil is the soil is that the soil is the soil is the soil is that the soil is that the soil is the soil is the soil is that the soil is the plowed under the soil is that much richer in available food for plants. It is true that weeds are expensive, because they entail much labor upon the farmer in their eradication, but they perform a service on some soils that is exceedingly beneficial, as sterile lands would continue unproductive but for the weeds that thrive on such soils, many weeds being capable of thriving where no other plant can exist. All ma-terials accumulated on the farm, whether in the cold or warm season, contain fertilizing elements, and when the waste materials are added to the manure heap the farmer is then manufacturing fertilizers on the farm without incurring transportation expenses, and the farm is thus made more fertile every year.

FOR AND ABOUT WOMEN.

A DAILY THOUGHT.

If we are "to do well," taking that phrase in its largest and noblest sense, we must "learn" to do it, acquiring the splendid power through attention, repeated endeavor and manifold sacri-

HAIR ORNAMENTS.

Ornaments for the hair are worn with all evening dresses, and, while there are charming wreaths and sprays of flowers which give somewhat a flat appearance, the high feather, butterfly or spray flowers is more and more fashionable all the time.

The hair is still worn in pompadour, says Harper's Bazar, but the pompadour is pushed more forward over the face, while the rest of the hair is either in a small knot on top of the head or in a soft, graceful coil low in the neck.

SPATS SMART WITH SPRING SHOES. All through the winter spats have been coming back into popular favor, and now a walking skirt is seldom worn without the ankle being modestly hidden by a light tan spat. Some of the men still prefer to wear dark colored spats—brown and black—and a few women also wear black spats over their low ties, but the majority of women consider that if they are going to wear spats they might just as well let them be conspicuous, so the light colored ones are chosen. There certainly is an advantage in wearing spats, for while high boots must needs be worn in the winter, and in the house these are exceedingly uncomfortable, for luncheon it is a far simpler matter to unbutton a pair of spats than to change the boots so often.

With a gray dress gray spats must be worn, and as gray is to be a fashionable shade of the spring, gray spats are coming forth in all possible shadings. These with the plaids and black and white checks, while tan spats can be worn, a black and white check to match the costume is infinitely smarter. Later on duck and pique spats will be worn, but these need not be hought about for the present.

With the new spring fashions it will be noticed that tan and gray shoes and stockings are going to be quite the fad with gowns of the same shade. Tan shoes will be worn with every color possible, and indeed in warm weather they are far more attractive than the black. Suede slippers are always pretty and extraordinarily be-coming to the feet, but for hard everyday wear, unfortunately are not practical.
With tan pumps and ties spats of the same shade will be worn late into the summer this is, of course, in the city.

Oxford ties after having been rather frowned upon for the last few years are once again becoming popular, for the small pump, which undoubtedly does make the foot look delightfully, has been found almost impossible to walk in. Of course, if some means can be found by which this style of shoe can be induced not to stretch almost immediately, so that with the greatest difficulty only can it be kept on the foot, then perhaps it may remain in vogue, otherwise there is great and immediate danger of it being relegated again to its proper place—that of an evening slipper.

Patent leather for the time being, at any rate, has given up its place to suede for an evening slipper. Bronze slippers and stockings are intensely smart again, and there is no slipper so attractive. Slippers with two, thre and four straps are now appearing, and in all styles from kid to satin strapped slippers are already more popular

For the street silk stockings are quite 48-18-1v unnecessary, but with the reception dress either the finest lisle thread or else the silk hose should be worn. Silk stockings are now so inexpensive as to be within the reach of almost everyone; and particularly in the variety known as spun silk— which are quite as attractive as silk and wear better-wonderful bargains are to be had.

SPINACH.

upon Dietetics the sobriquet of "The Broom of the Human System." Its virtues are manifold. It contains alterative and tonic salts, and besides being gently laxative, acts—also gently—as a nerve sedative. In cooking it, never add water. Wash carefully, picking out decayed leaves, clipping off the stems and keeping a sharp lookout or sand and gravel.

SPINACH A LA CREME.

Pick over and wash the spinach. After soaking in the fourth water, put the leaves, with the moisture still clinging to them, into the inner boiler of a farina kettle and cover closely. The moisture on the leaves and the juice on the vegetable will form enough liquor to prevent scorebing. Cook for twenty minutes, stirring well several times through the process. Sprinkle with salt and turn into a colander to drain. Press out the liquid, turn the spinach into the chopping bowl and chop as fine as possible. Cook together in a saucepan one tablespoonful of flour and two of butter, and, when they are blended pour the spinach upon them. Season and cook for several minutes, stirring constantly. Pour upon the spinach a small cupful of cream in which a pinch of soda has been dissolved, and cook three minutes longer, still stirring. Now add pepper and salt to taste, and a pinch of nutmeg, and beat hard for three minutes. Serve smoking hot, garnished with small triangles of

PLAIN BOILED SPINACH.

Wash the leaves, put into the inner vessel of a double boiler, with hot water in the outer. Cover closely and cook tender. Drain and press in a colander; crop fine, or run through your vegetable press; return to the saucepan, stir in a great spoonful of butter, the juice of half a lemon and a halfteaspoonful of sugar. Beat and stir until smoking hot, dish and garnish with hardboiled egg. Cut the white into strips, lay at the base of the moulded spinach, and cover the top with the powdered yolks.

SPINACH IN MOULDS. Boil the spinach, press out every drop of water and chop fine. Cook together in a saucepan a tablespoonful of butter and two of flour. Add the spinach with pepper and salt to taste; cook for five minutes. Butter the insides of muffin-tins or patepans and press the spinach hard into these. Set in the oven to keep hot while you

Pretty Lond.

"I heard something about you yesterday; I can't quite remember what it was,

however." "It must have been that tie my wife gave me; I wore that yesterday."-Houston

The Worm Turned.

Publisher-I can't see anything in that manuscript of yours. Struggling Author -I presume not; but, you know, some of your readers may be more intelligent.

-After walking home from the racetrack a man is in the humor to sneer at his wife for taking chances on the prize cake at a church fair.

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wards, Muncy, Pa.

Hundreds of just such testimonials could be given if space permitted, of cured Pennsylvania people. I will give \$100 spot cash if upon investigation you find any of the above names to be fictitious or the statement to be untrue. These people have now been cured for nearly a year, with no return of their troubles. Anyone desiring a box of these tablets, they cost \$1.00 a box and one box does the work, can get them from E. T. Roan, grocer, Bishop street, and R. S. Brouse, grocer, High street Bellefonte, Pa., or from Arthur Ward, State Agent, 16 W. Market street, Williamsport, Pa. They are not sold in drug stores.

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