

epochs of upheaval which were as lacking in idyllic tranquillity as is our even seems as if the seriousness of affairs, the uncertainty of the morrow, the violence of social convulsions. sometimes became a new source of vitality. It is not a rare thing to hear soldiers singing between two battles, and I think myself nowise mistaken in saying that human joy has celebrated 1 its finest triumphs under the greatest tests of endurance. But to sleep peacefully on the eve of battle, or to exult at the stake, men had then the stimulus of an internal harmony which we perhaps lack. Joy is not in things: it is in us, and I hold to the belief that the causes of our present unrest, of this contagious discontent spreading everywhere, are in us at least as much as in exterior conditions.

To give oneself up heartily to diversion one must feel himself on a solid basis, must believe in life and find it within him. And here lies our weakness. So many of us-even, alas, the younger men-are at variance with life, and I do not speak of philosophers only. How do you think a man can be amused while he has his doubts whether, after all, life is worth living? Besides this, one observes a disquieting depression of vital force, which must be attributed to the abuse man makes of his sensations. Excess of all kinds has blurred our senses and poisoned our faculty for happiness. Human nature succumbs under the irregularities imposed upon it. Deeply attainted at its root, the desire to live, persistent in spite of everything, seeks satisfaction in cheats and baubles. In medical science we have recourse to artificial respiration, artificial alimentation and galvanism. So, too, around expiring pleasure we see a crowd of its votaries exerting themselves to reawaken it, to reanimate it. Most ingenious means have been invented; it can never be said that expense has been spared. Everything has been tried, the possible and the impossible. But in all these complicated alembics no one has ever arrived at distilling a drop of veritable joy. We must not confound pleasure with the instruments of pleasure. To be a painter, does it suffice to arm oneself with a brush, or does the purchase at great cost of a Stradivarius you had the whole paraph of amusement in the perfection of its ingenuity, would it advance you upon your road. But with a bit of crayon a great artist makes an immortal sketch. It needs talent or genius to paint; and to amuse oneself, the faculty of being happy-whoever possesses it is amused at slight cost. This faculty is destroyed by skepticism, artificial living, overabuse; it is fostered by confidence, moderation and normal habits of thought and action. An excellent proof of my proposition, and one very easily encountered, lies in the fact that wherever life is simple and sane true pleasure accompanies it as fragrance does uncultivated tlowers. Be this life hard, hampered, devoid of all things ordinarily considered as the very conditions of pleasure. the rare and delicate plant, joy, flourishes there. It springs up between the flags of the pavement, on an arid wall, in the fissure of a rock. We ask ourselves how it comes and whence, but it lives, while in the soft warmth of conservatories or in fields richly fertilized you cultivate it at a golden cost to see it fade and die in your hand. Ask actors what audience is happiest at the play. They will tell you the popular one. The reason is not hard to grasp. To these people the play is an exception. They are not bored by it from overindulgence. And, too, to them it is a rest from rude toil. 'The pleasure they enjoy they have honestly | finds more pleasure for himself than he they know that of each sou earned by to give himself that he may procure the sweat of their labor. More, they for those around him a moment of forhave not frequented the wings, they have no intrigues with the actresses, they do not see the wires palled. To them it is all real. And so they feel pleasure unalloyed. I think I see the sated skeptic, whose monocle glistens in that box, cast a disdainful glance over the smiling crowd.

And yet history shows us certain | take their pleasure as the blacksmith forges, as the cascade tumbles over the rocks, as the colts frisk in the own, but which the gravest events meadows. It is contagious; it stirs did not prevent from being gay. It your heart. In spite of yourself you are ready to cry: "Bravo, my children! That is fine!" You want to join in. In the other case you see villagers disguised as city folk, countrywomen made hideous by the modiste, and, as the chief ornament of the festival, a lot of degenerates who bawl the songs of music halls, and sometimes in the place of honor a group of tenth rate barn stormers, imported for the occabrings in its train.

perfluity. Those whom we designate with their work. as pleasure seekers forage in this delicate domain like wild boars in a garfaculty of happiness and be able to off from the world. propagate it in a sort of salutary confilling it.

mistaken, for I feel nothing."

northern slopes of mountains, and that the better for serious work. There is it is so of necessity; whence the conclusion that serious people have no need of pleasure and that to offer it pany, and, conversely, to be well unto them would be unseemly, while as to the afflicted, there would be a lack than in class or examination. of delicacy in breaking the thread of their sad meditations. It seems therefore to be understood that certain persons are condemned to be always serious, that we should approach them in a serious frame of mind and talk to like all other truly precious things in them only of serious things. So, too, when we visit the sick or unfortunate, we should leave our smiles at the door, compose our face and manner to dolefulness and talk of anything heartrending. Thus we carry darkness to those in darkness, shade to those in shade. We increase the isolation of solitary lives and the monotony of the dull and sad. We wall up some existences, as it were, in dungeons, and because the grass grows round their deserted prison house we speak low in approaching it, as though it were a tomb. Who suspects the work of infernal cruelty which is thus accomplished every day in the world! This ought not to be.

When you find men or women whose lives are lost in hard tasks or in the sion, to civilize these rustics and give painful office of seeking out human them a taste of refined pleasures. For wretchedness and binding up wounds, drinks, liquors mixed with brandy or remember that they are beings made absinth - in the whole thing neither like you; that they have the same originality nor picturesqueness. Li- wants; that there are hours when they cense, indeed, and clownishness, but need pleasure and diversion. You will not that abandon which ingenuous joy | not turn them aside from their mission by making them laugh occasionally, This question of pleasure is capital. these people who see so many tears Staid people generally neglect it as and griefs. On the contrary, you will a frivolity; utilitarians, as a costly su- give them strength to go on the better

And when people whom you know are in trial, do not draw a sanitary corden. No one seems to doubt the im- don round them, as though they had mense human interest attached to joy. the plague, that you cross only with It is a sacred flame that must be fed precautions which recall to them their and that throws a splendid radiance sad lot. On the contrary, after showover life. He who takes pains to fos- ing all your sympathy, all your respect, ter it accomplishes a work as profit- for their grief, comfort them, help able for humanity as he who builds them to take up life again, carry them bridges, pierces tunnels or cultivates a breath from the out of doors-somethe ground. So to order one's life as thing, in short, to remind them that to keep, amid toils and suffering, the their misfortune does not shut them

And so extend your sympathy to tagion among one's fellow men is to those whose work quite absorbs them; do a work of fraternity in the noblest who are, so to put it, tied down. The sense. To give a trifling pleasure, world is full of men and women sacsmooth an anxious brow, bring a little rificed to others, who never have either light into dark paths-what a truly rest or pleasure and to whom the least divine office in the midst of this poor relaxation, the slightest respite, is a humanity! But it is only in great sim- priceless good. And this minimum of plicity of heart that one succeeds in comfort could be so easily found for them if only we thought of it. But the We are not simple enough to be hap- broom, you know, is made for sweeppy and to render others so. We lack ing, and it seems as though it could the singleness of heart and the self not be fatigued. Let us rid ourselves forgetfulness. We spread joy, as we of this criminal blindness which predo consolation, by such methods as to vents us from seeing the exhaustion obtain negative results. To console a of those who are always in the breach. person what do we do? We set to Relieve the sentinels perishing at their

work to dispute his suffering, persuade posts; give Sisyphus an hour to breathe; him that he is mistaken in thinking take for a moment the place of the himself unhappy. In reality our lan- mother, a slave to the cares of her guage translated into truthful speech house and her children; sacrifice an would amount to this: "You suffer, my hour of our sleep for some one worn make one a musician? No more, if friend? That is strange. You must be by long vigils with the sick. Young ach. As the tired sometimes perhaps of your only human means of soothing grief is walk with your governess, take the have 1 to share it in the heart, how must a cook's apron and give her the key to cayenn sufferer feel consoled in this fashion? | the fields. You will at once make oth-To divert our neighbor, make him ers happy and be happy yourself. We pass an agreeable hour, we set out in go unconcernedly along beside our the same way. We invite him to ad- brothers who are bent under burdens mire our versatility, to laugh at our we might take upon ourselves for a wit, to frequent our house, to sit at minute. And this short respite would our table. Through it all our desire to suffice to soothe aches, revive the flame shine breaks forth. Sometimes, also, of joy in many a heart and open up a with a patron's prodigality we offer wide place for brotherliness. How him the beneficence of a public enter- much better would one understand antainment of our own choosing, unless other if he knew how to put himself we ask him to find amusement at our heartily in that other's place, and how home, as we sometimes do to make up | much more pleasure there would be in I have spoken too fully elsewhere profit. Do you think it the height of of systematizing amusements for the pleasure for others to admire us, to ad- young to return to it here in detail, but mit our superiority and to act as our I wish to say in substance what cantools? Is there anything in the world not be too often repeated: If you wish so disgusting as to feel oneself patron- youth to be moral do not neglect its ized, made capital of, enrolled in a pleasures or leave to chance the task claque? To give pleasure to others and of providing them. You will perhaps take it ourselves we have to begin by say that young people do not like to removing the ego, which is hateful, have their amusements submitted to and then keep it in chains as long as regulations and that, besides, in our the diversions last. There is no worse day they are already overspoiled and kill-joy than the ego. We must be divert themselves only too much. I good children, sweet and kind, button shall reply, first, that one may suggest our coats over our medals and titles ideas, indicate directions, offer opporand with our whole heart put our- tunities for amusement, without making any regulations whatever. In the second place. I shall make you see that an hour, and though we must lay all you deceive yourselves in thinking TAX TH youth has too much diversion. Aside from amusements that are artificial, enervating and immoral, that blight earned, and they know its cost as who knows how, without ostentation. life instead of making it bloom in splendor, there are very few left today. Abuse, that enemy of legitimate use, has so befouled the world that it is becoming difficult to touch anything but what is unclean; whence watchfulness, warnings and endless prohibitions. One people we meet socially? May we not can hardly stir without encountering something that resembles unhealthy pleasure. Among young people of today, particularly the self respecting, the dearth of amusements causes real suffering. One is not weaned from this generous wine without discomfort. Impossible to prolong this state of affairs without deepening the shadow round the heads of the younger generations. We must come to their aid. Our children are heirs of a joyless world. We bequeath them cares, hard questions, a life heavy with shackles and complexities. Let us at least make an effort to brighten the morning of their days; let us interest ourselves in their sports, find them pleasure grounds, open to them our hearts and our homes; let us bring the family into our amusements; let gayety cease to be a commodity of export; let us call in our PILI sons, whom our gloomy interiors send out into the street, and our daughters. D. Matt moping in dismal solitude: let us multiply anniversaries, family parties and excursions; let us raise good humor in our homes to the height of an instituhave tion; let the schools, too, do their part; let masters and students - schoolboys and college boys-meet together often-

burdens are in the shade, like the er for amusement. It will be so much no such aid to understanding one's professor as to have laughed in his comderstood a pupil must be met elsewhere And who will furnish the money?

What a question! That is exactly the error. Pleasure and money-people take them for the two wings of the same bird! A gross illusion! Pleasure, this world, cannot be bought or sold. If you wish to be amused you must de | Temple Court, your part toward it. That is the essential. There is no prohibition against opening your purse, if you can do it and find it desirable, but I assure you it is not indispensable. Pleasure and simplicity are two old acquaintances. Entertain simply, meet your friends simply. If you come from work well done, are as amiable and genuine as possible toward your companions and speak no evil of the absent, your success is sure.

(To be Continued.)

de Off Cayenne Pepper. "Did you ever try a cayenne pepper sandwich?"

This question was asked a lady to whom sleepless nights were growing to be an almost unendurable burden. "Not that, but I have tried about everything else," was the discouraged "I don't suppose, however, answer. that it would do me any more good than the thousand and one things I have tried."

"I have suggested the remedy to a great many people similarly afflicted, and in every instance good results have followed. I wish you would let me make you one' The haggard face of the sleepless

woman told its own story. She languidly assented to her friend's request, with little or no faith in its efficacy, yet willing, like the proverbial drowning man, to "catch at a straw" that promised any relief.

A cracker was forthwith produced and quite generously buttered. A liberal sprinkling of cayenne pepper was then added, the two halves put together and the patient requested to partake of the spicy concoction. Strange as it may seem, but little inconvenience was experienced. The slight smarting sensation in the mouth was soon over, and no unpleasantness was felt in the stomach. The cracker was eaten just before retiring, and very soon after the patient was sleeping peacefully.

The pepper acted as a stimulant to the stomach, drawing the blood from the excited brain and inducing a night of more refreshing sleep than had been experienced for a long time. The remedy was repeated the next night, with the same result. A cayenne pepper sandwich is much less harmful than drugs and when taken in small quantities is a good tonic for a weak stom-

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For Foster

agents Ren

Sick

-Binks (as snow flies)--I'm afraid, Barnes, that the train you're waiting for will be badly delayed. Barnes-No, it won't. My mother-in-aw on 1 Kansas City Star. aw

Insurance. WILLIAM BURNSIDE. Successor to CHARLES SMITH. FIRE INSURANCE. Bellefonte, Pa. 48-37 S. E. GOSS, Successor to John C. MILLER FIRE, LIFE. ACCIDENT INSURANCE.

2.10 p. m., arrive at Buffalo, 7.40 p. m.
VIA LOCK HAVEN-EASTWARD.
Leave Bellefonte, 9.32a, m., arrive at Lock Haven 10.30, a. m. leave Williamsport, 12.35 p. m., ar-rive at Harrisburg, 3.20 p. m., at Philadelphia
Leave Bellefonte, 1.25 p. m., arrive at Lock Haven 2.10 p. m., leave Williamsport, at 2.53, p. m., arrive Harrisburg, 5.00 p. m., Philadelphia Represents some of the Best Stock Companies. 2nd Floor, Bush Arcade, BELLEFONTE, PA. 49-46-6m

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-NO ASSESSMENTS. ---

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INSURANCE CO.

THE \$5,000 TRAVEL POLICY

\$5,000 death by accident,
\$5,000 loss of both feet,
5,000 loss of both hands,
5,000 loss of one hand and one foot,
2,500 loss of either hand,
2,500 loss of either foot,
630 loss of one eye,
25 per week, total disability;
(limit 52 weeks.)
10 per week partial disability;

10 per week, partial disability; (limit 26 weeks.

PREMIUM \$12 PER YEAR,

payable quarterly if desired.

AND

IOHN F. GRAY & SON,

(Successors to Grant Hoover.)

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Benefits :

Arrive Harrisourg, Jose Francisco Research and Arrive at Lock Ha-7.32 p. m Leave Bellefonte, 8.16 p. m., arrive at Lock Ha-ven, 9.15 p. m., leave Williamsport, 1.35 a. m., arrive at Harrisburg, 4.15 a. m., arrive at Philadelphia at 7.17 a. m. VIA LEWISBURG.

Innadelphia at 7.17 a. m.
VIA LEWISBURG.
Leave Bellefonte, at 6.40 a. m., arrive at Lewisburg, at 9.05 a. m., Montandon, 9.15, Harrisburg, 11.30 a. m., Philadelphia, 3.17 p. m.
Leave Bellefonte, 2.00 p. m., arrive at Lewisburg, 4.25, p. m. at Harrisburg, 6.50 p. m., Philadel phia at 10.47 p. m.
For full information, time tables, &c., call on ticket agent, or address Thos. E. Watt. Passenger Agent Western District, No.360 Fifth Avenue, Pittsburg.

Travelers Guid

BRANCHES. BRANCHES. Schedule in effect Nov. 27th 1904.

DENNSYLVANIA RAILROAD AND

VIA TYRONE-WESTWARD. Leave Bellefonte, 9.53 a. m., arrive at Tyrone 11.05 a. m., at Altoona, 1.00 p. m., at Pittsburg, 5.50 p. m.

p. m., at Altoona, 3.10 p. m., at Pittsburg, 6.55 p. m.
Leave Bellefonte, 4.44 p. m., arrive at Tyrone, 6.00, at Altoona, 7.05, at Pittsburg at 10.50.
Leave Bellefonte, 9.53 a. m., arrive at Tyrone, 11.05, a. m. at Harrisburg, 2.40 p. m., at Phil-adelphia, 5.47. p. m.
Leave Bellefonte, 1.05 p. m., arrive at Tyrone, 2.10 p. m., at Harrisburg, 6.35 p. m., at Phila-delphia, 10.47 p. m.
Leave Bellefonte, 4.44 p. m., arrive at Tyrone, 6.00 p. m, at Harrisburg, at 10.00 p. m. Phila-delphia, 4.23 a. m.
VIA LOOK HAVEN-WESTWARD.
Leave Bellefonte, 1.25 p. m., arrive at Lock Haven 2.10 p. m., arrive at Buffalo, 7.40 p. m.
VIA LOOK HAVEN-WESTWARD.
Leave Bellefonte, 2.32 m.

5.50 p. m. ave Bellefonte 1.05 p. m., arrive at Tyrone, 2.10 p. m., at Altoona, 3.10 p. m., at Pittsburg, 6.55

TYRONE AND CLEARFIELD, R. R. NORTHWARD SOUTHWED. DAY Nov. 29th, 1903 PRES
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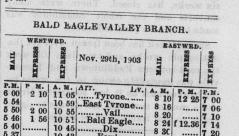
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Bitle Ball...
 EX Do not fail to give us a call before insuring your Life or Property as we are in position to write large lines at any time. ON SUNDAYS- -a train leaves Tyrone at 8:00 a. m. making all the regular stops through to Grampian, arriving there at 11:05. Returning it leaves Gram-pian at 2:50 p. m., and arrives in Tyrone at 5:35 BALD LAGLE VALLEY BRANCH. WESTWRI Nov. 29th, 1903



Poor stupid creatures, ignorant and gross. And yet they are the true livers, while he is an artificial product, a manmikin, incapable of experiencing this fine and salutary intoxication of an hour of frank pleasure.

Unhappily, ingenuousness is disapsee the people of our cities and those of the country in their turn breaking with the good traditions. The mind. warped by alcohol, by the passion for gambling and by unhealthy literature, contracts little by little perverted tastes. Artificial life makes irruption into communities once simple in their pleasures, and it is like phylloxera to the vine. The robust tree of rustic joy finds its sap drained, its leaves turning yellow.

Compare a fete champetre of the good old style with the village festivals, so called, of today. In the one case, in the honored setting of antique costumes, genuine countrymen sing the

a party at cards, with the arriere- life! pensee of exploiting him to our own selves at the disposal of others.

Let us sometimes live-be it only for else aside-to make others smile. The sacrifice is only in appearance. No one getfulness and happiness.

When shall we be so simply and truly men as not to obtrude our personal business and distresses upon the forget for an hour our pretensions, our strife, our distributions into sets and cliques-in short, our "parts"-and become as children once more, to laugh again that good laugh which does so much to make the world better?

Here I feel drawn to speak of something very particular, and in so doing to offer my well disposed readers an opportunity to go about a splendid pearing even in the rural districts. We business. I want to call their attention to several classes of people seldom thought of with reference to their pleasures.

It is understood that a broom serves only to sweep, a watering pot to water plants, a coffee mill to grind coffee, and likewise it is supposed that a nurse is designed only to care for the sick, a professor to teach, a priest to preach, bury and confess, a sentinel to mount guard; and the conclusion is drawn that the people given up to the

more serious business of life are dedicated to labor, like the ox. Amusement is incompatible with their activities. Pushing this view still further, we think ourselves warranted in befolk songs, dance rustic dances, re-gale themselves with native drinks and the bankrupt, the vanquished in life's seem entirely in their element. They battle and all those who carry heavy

	Is a good tonic for a weak stom to headache has also been known old to a cup of hot water to which been added a generous pinch of ne pepper and a nip of soda as s a pea.—Table Talk.	Larger or smaller amounts in pro- portion. Any person, male or female engaged in a preferred occupation, in- cluding house beging	5 54 10 59 East Tvrone 8 16 7 06 5 50 2 00 10 55 Vail 8 20 7 10 5 46 156 10 55 Dix 8 24 7 12 5 46 156 10 45 Dix 8 24 7 12 5 46 156 10 45 Dix 8 24 7 12 5 37 10 43 Fowler 8 33 7 23 5 35 1 46 10 41 Hannah 8 35 7 25 5 21 10 28 Martha 8 49 7 39 5 21 12 128 10 20 Julian 8 58 100 7 48 5 03 1 22 10 11 Unorville 9 07 1 067 57 5 03 1 22 10 11 Unorville 9 07 1 067 57 4 56 1 71 00 04 Snow Shoe Int 9 15 1 1 18 08 14 48 4 32 12 55 9 41 1 328 28 1 4 48 1 14 8 08 4 20 9 30 Mount Eagle 9 53 1 4 8 08 1 4 18 08 4 20 12 26
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$ \frac{1}{128} \text{ Momental fine Table effective Nor. 29, 100, } \\ \frac{1}{128} $	DECT. DECT. DET solat in prime confision	and Fernwood (16 miles). Returning leave Fernwood 6:30, 8:45 a. m. 1:00, 3:40, 5:50 p. m., artiving Philipsburg 7:25, 9:45 a. m. 2:00, 4:37 and 6:45 p. m. Connections.—With N. Y. C. & H. R. R. And Penna, R. R. at Philipsburg and Penna, R. R. at Osceola, Houtzdale and Ramey. C. T. H.L., J. O. REED, Gen. Passg'r Agt. Superintendent	EAST WARD. Nov. 29th 1903. WEST WARD MAIL. EXP. STATIONS. MAIL. EXP. P. M. A. M. Lv. STATIONS. MAIL. EXP. 2 00 6 40 Bellefonte
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member the name – Doan's – and take ibstitute $BELLEFONTE CENTRAL RAIL- ROAD. Schedule to take effect Monday, Apr. 3rd, 1899. BELLEFONTE & SNOW SHOE BRANCH. Time Table in effect on and after Nov. 29th 1903. Mix Mix $	s. James Rine, of 239 West High St., "My trouble was a torturing pain and grinding and kept me in mis- I tried several remedies without ng relief. Finally my husband who used Doan's Kidney Pills for the trouble advised me to try them and as a box at Green's drug store. Be- I had taken the contents of one box sentirely free from pain in my back. "S Kidney Pills are reliable and cer- y worthy of recommendation." rsale by all dealers. Price 50 cents. er-Milburn Co., Buffalo, N. Y., sole	(N. Y. Central & Hudson River K. R.) 11 45 8 38Jersey Shore 3 16 7 50 12 29 10 Arr. WMs'PORT Live 2 40 47 20 (Phila. & Reading Ry.) 7 30 6 50PHILA	P. M. A. M. Ar. Lve. A. M. P. M. 4 06, 9 18
ES A cure guaranteed if you use R. M. A. M. A. M. Lv Ar. A. M. P. M. P. M. 5 30 110 14	member the name—Doan's—and take ibstitute	BOAD. Schedule to take effect Monday, Apr. 3rd, 1899. WESTW ED read down EASTWARD read up	Image: Problem Image:
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Free Sample. MARTIN RUDY, Lancaster, Pa.	atisfaction." Dr. H. D. McGill, Clarks- enn., writes: "In a practice of 23 years found no remedy to equal yours "	4 40 11 20 7 12Krumrine 8 07 1 22 5 37 4 45 11 35 7 25State College. 8 00 1 15 5 30	Money to Loan.
	Free Sample.	4 55 7 31Bloomsdorf 7 46 5 10 5 00 7 35 Pine Grove Cro. 7 35 5 00	J. M. KEICHLINE,