

FARM NOTES.

Confined and idleness causes the vice of feather pulling. Gravel should always be supplied to fowls being fattened in confinement. Water is as important as food and should be supplied clean and fresh.

FOR AND ABOUT WOMEN.

Never eat anything that you know disagrees with you if you want to keep a good complexion. Indigestion is one of the greatest enemies of the skin, and for this reason the simpler the food one eats the better.

Some attractive new ways of serving cheese.—White cream cheese can be made into such pretty-looking dishes for luncheon or dinner and with only a little trouble.

The cheese is so soft that it can be easily worked, or, if it is inclined to crumble, a little sweet cream, beaten in with a silver fork, will make it the right consistency to manage.

Mould it into a mound-shape, denting in the top, and fill the hollow with crab-apple or currant jelly. The red contrasts with the white in a most tempting way.

Another way is to press the cheese—without the addition of any cream—through a colander until it lies in a soft, irregular mound of light, flaky cheese.

Cheese balls.—The cream cheese rolled in little balls between wooden paddles that come for butter balls—are pretty to put on the side of the individual plates of lettuce.

Cheese crackers are made by taking long, salted crackers, spreading them thickly with cheese (not the white, but the ordinary yellow cream cheese), and laying one on top of another, sandwich fashion.

Cheese sandwiches are usually made with crackers, but occasionally of thin bread and butter. But if you use bread, cut it in round shapes, to imitate miniature cheeses, or make the thin rolled sandwiches of it.

Bread sandwiches, spread with softened cream cheese, and a layer—very thin—of currant jelly on top, are the daintiest sort of little sandwiches. Or, spread with the cheese, which has been previously mixed with chopped walnuts and cream, are equally good.

For a green luncheon, the white cheese balls may be tinted a very pale green by some of the harmless vegetable coloring matters. But the natural color is always prettiest and best.

Those useful broom bags.—For the impossible places to dust—walls and room corners—a broom bag is invaluable.

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National Election Day.

Why is the Tuesday After the First Monday in November.

Why should the law prescribe "the Tuesday next after the first Monday in November" instead of saying "the first Tuesday?" Like many other small things this provision introduces an interesting picture of the past.

Although the constitution requires the electors in all the states to meet and choose a president on the same day, it was not until 1845 that a law was passed by congress providing that the electors should be chosen on the same day throughout the United States.

Delaware voted a day later than Massachusetts, Illinois, Indiana and Pennsylvania were among the early voting states. Alabama was one of the last. This diversity, combined with slow methods of transmitting news, left the election results in doubt for many days.

The system was not satisfactory. The states that voted early had an undue influence on the result. Especially was this true as communication became more rapid, and by 1840 an enthusiastic editor told how the news from Pittsburgh had been brought to New York in thirty-five hours.

Congress accordingly decided to establish a uniform day. The original bill named the first Tuesday in November, but it was found necessary to harmonize this with the requirement that not more than thirty days should elapse before the meeting of the electoral colleges in the different states, which had been set for the first Wednesday in December.

One sign of mental health is serenity of temper and a self control that enables us to bear with equanimity and unruffled temper the petty trials and jars of life, especially those arising from contact with scolding, irascible, irritating folk.

Young Widow (to partner at ball)—Mr. Crogan, I've made a wager of a pound of chocolate that you are a single man. Mr. Crogan—Ye've lost, ma'am, I'm wan av thriplets.—Chicago Tribune.

"Always see that your campaign predictions," counseled the old politician, "rest on a solid basis of fact."

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