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THE REGISTRAR, State College, Centre County, Pa.

Democratic Matchman. ANTHRACITE AND BITUMINOUS Sunday March 20 1904.

hand, or any country to forage upon. After some questions on Jesus' part, calculated to test his disciples' faith, but to which they respond with phenomenal obtuseness, He prepares to work what, in some respects, was His most remarkable and significant miracle. . . . The material basis of the miracle was paltry in the extreme.

"But one poor fisher's rude and scanty store Is all He asks (and more than needs), Who men and angels daily feeds."

There is a vivid descriptive touch in the Greek which does not appear in our ver-sion. Under Jesus' direction the confused throng was resolved into the order of a French parterre, He had them sit platwise, so that they looked, in their high-colored garments, like veritable flower-beds with green turf intervening. . . . After the cheerful grace, which Jesus never omits, He puts a morsel of bread and fish in the hand of each apostle, and sends him forth to serve What He breaks off is larger far than that which remains. But that which remains is undiminished. And all are fed and filled. As a lesson in frugal-ity, the unused fragments are ordered to be gathered up. Each hesitating apostle holds in his hands the tangible evidence of the reality and magnitude of the miracle wrought.

#### THE TEACHER'S LANTERN.

and His apostles. They came to Him. They told Him what they had done, what they had taught. They were sure of His sympathy. If they needed correction, they knew it would be done in love. . . The eldest disciples have no monopoly, however, of Jesus' sympathy. He is tonch Lovely evidence is here of the implicit however, of Jesus' sympathy. He is touch-ed with a feeling for us too. We can come to him also; to "tell Jesus" is still the disciples' blissful recourse. . . The same considerateness which Jesus showed for the health and comfort of His toilers, He still feels for those who in this latter day are engaged in His service. Seasons of respite are indispensable for the highest effectiveness. . . But apostles nor preachers have a monopoly of Jesus' sympathy. It sweeps out to inclose all sorts and conditions of men. Jesus was as compas-sionate toward the five thousand as toward the twelve. So His Savior-heart goes out toward the great unchurched masses today. . . . Five crackers and two dried But none are more sensitive to the straiten herring-talk of feeding five thousand with en condition of the Sunday-school of to-day them! But add to the crackers and fish the almightiness of Christ, and the proposition ceases to be ridiculous. The resources of the Church for spiritual sustenance for the thousand millions of earth are palpably inadequate, until the Savior's power and blessing is added to the equation. Then there is enough and to spare. . . . The heavenliness of this miracle is evident in its orderliness. There was no unseemly

scramble, inequality, or waste. All was precision, method, order. . . Grace at meals is one of the sweetest and most impressive services of family religion. We have Jesus' example for it. If Paul could observe it in the midst of a shipwreck, there can scarcely be a domestic emergency which would justify its omission.

The spiritual significance of this whole scene is finely set forth in Mary A. Lath-bury's noble hymn: "Break Thou the bury's noble bymn: "Break " bread of life, dear Lord, to me,"

In the great throng which followed Jesus along the shore that day, a boy had gumption enough to tuck a lunch in his sash be he sun was dipping to the western horizon. fore starting. When he heard that the Bowel troubles. Easy, pleasant, safe, sure. But the commissary of the apos- Master wanted his little store for some pur- Only 25c. at Green's drug store.

tolic college suddenly awoke to the situa-tion. Five regiments ! and no stores on gift Jesus worked one of his greatest miracles.

> "The use of quinine is growing apace on the part of the general public." Edward D. Driscoll, pharmaciet, tells me, "and a large number of the people possess a ver-itable craze for it. They dose themselves with quinine on the slightest provocation, To this day every young person has ome gift or talent which, if brought out of hiding and developed, can be utilized in a practical and helpful way in the spread of the kingdom of goodness and mercy.

CHILD-STUDY AND SUNDAY-SCHOOL METH-ODS.

and appear to regard it as a universal cure all, Not only is it demanded for colds and The determined effort now making to fevers, but for stomach disorders and a put the Sunday-school in more perfect ac-cord with the Science of Teaching bids fair score of other ills. One customer of mine recently became nauseated after eating, and he took quinine in the full belief that it would put a period to usher in as new and advanced an epoch as the initiation of the "uniform lessons" in 1872. The theory of education which now maintains, resultant from child study, to the sick feeling, while another entertains a theory that quinine is good for the kidneys and takes the drug regularly when he fancies there is anything wrong with his is that the mind is a thing of life, growth, and unity, and that the function of the curriculum is, primarily, to provide formal discipline, and this in connection with and organs. These are just a few of the foolish beliefs that many people entertain regard-ing quinine. I could quote scores of ideas about its use for other physical troubles if it were necessary. How such beliefs have ever sprung up I cannot imagine, but I trow persons who does themselves with not apart from the process of nutrition. There is also recognition of the stages of growth, and the essentially different methods of treatment for the successive stages. The new educational method proposes to have the children of their own motion exknow persons who dose themselves with quinine for everything, from a pain in their ercise their own powers. Not to drive a certain number of truths into a child's feet to pneumonia. "This is the time of the year when the craze for quinine is most noticeable, and I

think the people ought to know that while it is a good thing for certain ailments, when taken under the direction of a physician, it and assimilate what is put in his way. The has somewhat injurious effects when taken promiscuously and for any old trouble whatever. If the heart is weak a heavy dose of quinine will have a bad effect on it producing palpitation in many cases. It will also cause headaches, congestion in the nasal passages and quite a few other ills." children where they are, but where it is supposed they ought to be. The lesson scheme is not so much an adaption of truth

——Tommy—"Pop, how many feet make a mile?" Tommy's Pop—"Don't bother me, my son. I'm just trying to figure that problem out with this gas bill."

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Medical.

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Bellefonte, Pa., March 5, 1904. PLEASANT FIELDS OF HOLY WRIT Save for my daily range Among the pleasant fields of Holy Writ. I might despair — Tennyson THE INTERNATIONAL SUNDAY-SCHOOL LESSON. First Quarter. Lesson XII. Matt. XIV. 13-23-JESUS FEEDS FIVE THOUSAND. Crucial times had come. John Baptist was martyred. "At a drunken monarch's call. -CORN EARS, SHELLED CORN, OATS,-At a dancing woman's beck, They had severed the stubborn neck." Prudence suggested retirement. Weariness demanded it. The retreat would also afford the apostles an opportunity to report more minutely to the Master the exper-iences of their trial-trip two and two through Galilee, from which they had just BUILDERS' and PLASTERERS' SAND returned. So the boat which had been chartered for Jesus and "waited upon was employed to put the weary Him," toilers beyond the reach of the multitudes that pressed upon them even at meal-times. . . , Head winds probably drove the little bark near shore, and retarded its progress. Claudestine as the departure had been, it failed of its purpose. An ever-augmenting throng hurried around the head of the lake, and probably apprised Telephone Calls { Central 1312. Commercial 682. some pilgrim caravans to the passover of the coming of the great Nazarene. So when Jesus' boat ran its keel upon the pebbly shore, there stood five thousand men, not to mention the women and children. . . So far from being irritated by this foiling of His plans, Jesus' heart was touched to pity at sight of the shepherdless

flock, and He began at once to instruct them in many phases of the doctrine of grace. In the absorbing interest of the theme, neither Teacher nor taught observed how the sun was dipping to the western horizon.

# mind, but to have the child go out with an absorbent mind to take up of his own accord

revolution which the adoption of such a proposition would make in current Sunday-

to the stages of growth as an effort to make the circuit of the Bible in seven years. There is not wanting a significant sign of an im-pending change. Hartford Theological Seminary is the first institution in the

world to provide courses of instruction in the psychology of education, as applied to normal classes, Bible classes, and the ad-ministration of Sunday-schools. In what is here said, no disparagement of the work of Sunday-school teachers is intended. Praise of this great volume of voluntary, unremunerated toil is idle. A great, patri-

otic, and religious service is being rendered. But none are more sensitive to the straiten than the teachers themselves. Relief is a

hand. It will come through the adoption of the new method.

spective of how that result would affect

himself. Every atom of force deflected to-

ward self becomes friction. In retrospec

tion, self-consciousness and egotism are all

synonyms for wasted energy. Are you striving to rid yourself of this waste?

are ignored by those tireless, little work-ers-Dr. King's New Life Pills. Millions

are always at work, night and day, curing Indigestion, Biliousness. Constipation, Sick

Headache and all Stomach, Liver and

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This is why it is serious, and most seritle to stand the test of time. The secret of the success of one who had accomplished much in many fields was well expressed when it was said that he had learned to concentrate his powers on the result, irre-

eat, give a relish to your food, and assist in its digestion.

the world.

Accept no substitutes for

